Woman's Realm / Social and Personal / Fashions / Literature

DAILY LENTEN MEDITATIONS

IN THE SIGHT OF GOD

By a Journalist

In respect both of God's revelation of Himself and of the fellowship which men can have with God and with one another, the New Testament shows an advance upon the Old which has profound consequences for human knowledge and human conduct. This fact is widely recognized; but it is probable that the sense of the distinction to be drawn between the two Testaments has led to an exaggerated reaction, and that in consequence, while the most splendid literary passages of the Old Testament are well known, the characteristics of its teaching in its principal and recurrent themes are less clearly borne in mind. Yet one of these themes, deeply significant for man's earthly life, is of special relevance at the present time, and is developed in the Old Testament in a manner to which there is no parallel in the New. Its subject is the religious character of the nation.

It is a familiar thought that the value of the individual man or woman in the sight of God is, in the Old Testament as a whole, sub-ordinated to the value of the nation. Even though, especially in the Psalms, much piety is met with which suggests that the relation of the individual to God expressed by the phrase, "God and the soul, the soul and its God," is an essential element in true religion, it is only occasionally that the manifastation of God's care for the individual anticipates the pictures of God's providence and tenderness in which the New Testament is so rich.

But this comparative lack of emphasis upon the more individualistic aspects of religion is not without its compensations. The stress falls upon the claim and care of God directed towards the nation, upon His promises and His warnings, upon His abandonment of the nation to the will of its enemies, and His restoration of the nation when the dross has been burnt away in the fires of judgment. Whoever wishes to hear a word of God calling for national righteousness will find it in the Old Testament as he can find it nowhere else. There is much truth in the saying that the Jews went into captivity at Babylon a nation and returned a Church, yet the hope for Israel that lived on was a hope that looked with ardent longing towards the future of city, people, and nation.

A selfish nationalism, which sees the rights but not the duties of the particular nation, and is more intent on finding the way to superiority over other nations than the way of mutual help and joint service, may easily become a very evil thing. That will certainly be the result if there is no acknowledgement of the great truth to which the Old Testament bears continuous witness, that the nation, no less than the individual, stands under the judgment of God. When judgment passes into condemnation, that truth is summed up in the utterly unexpected sentence which Amos pronounced as the word of the Lord to Israel, "You only have I known of all the families of the earth; therefore I will punish you for all your iniquities." But prophecy can point also to a nation that does justice. "Open ye the gates, that the righteous nation which keepeth truth may enter in."

The word of God is addressed to all nations. The universality of the Christian Gospel makes that clear, as it could not be clear even to the greatest of the prophets before Christ came to be the Light of the world. In the presence of that word our nation stands to give account of itself before God. The more that is realized, the steadier will burn the flame of a humble but vigorous determination to carry a cause, honestly and rightly undertaken, bravely and unflinchingly through to the end.

THE COOK'S CORNER

SYRUP SPICE COOKIES

1 cup syrup
3-4 cup shortening
1 1-2 cups hot mashed potatoes
1-2 teaspoon salt
3 cups flour
3 teaspoons baking powder
1 teaspoon cinnamon
1-2 teaspoon cloves
1-2 teaspoon nutmeg
1-2 cup chopped raisins

Method: Heat corn syrup and add the shortening. Stir this until the shortening is dissolved. Now add the hot mashed potatoes. It is best to put the potatoes through a ricer or sieve, to be sure that there are no lumps. Sift together the flour, salt, baking powder and spices, and add these to the first mixture along with the raisins. Drop by small spoonsful on to greased paper and bake in a slow oven (about 325 to 350 deg. F.) for from 10 to 12 minutes. Remove from paper when baked and cool.

SYRUP GINGERBREAD

1-2 cup shortening
2 tablespoons sugar
1 egg
1 cup syrup
2 1-4 cups sifted flour
1-2 teaspoon salt
1 teaspoon soda
1 teaspoon ginger
1 teaspoon cinnamon
1-4 teaspoon cloves
1-4 teaspoon nutmeg
1 cup boiling water

Method: Cream the shortening with the sugar. Beat the egg and add this and beat into the creamed mixture. Now add the syrup and mix well.

Sift the flour, measure, and sift again with the soda, salt and spices Add this to the first mixture alternately with the hot water, beating until smooth. Pour into a greased pan and bake in a moderate oven (350 deg. F.) for about 45 minutes. Serve this hot or cold.

DAILY Sugar-Saving MENUES

BREAKFAST

Orange Juice
Cracked Wheat Porridge
(Sweetened with Corn Syrup)
Shirred Eggs on Brown Bread Toast
Coffee (Honey Sweetened)

LUNCH

Cheese and Onion Soup
Large Vegetable Salad
Honey Sweetened Corn Starch Pudding
*Honey Hermits
Tea

DINNER

Roast Lamb Yorkshire Pudding
Frauconia Potatoes
Frozen Green Peas Mint Relish
Celery Cress
*Lemon Sponge Pudding Coffee

You'll find honey adds a rich vital flavor as well as sweetening your desserts. And you'll need half or less of the amount of sugar you would have had to use. Try these delicious honey hermits and the lemon sponge pudding, both with Canada's flower-nectar sweetener.

HONEY HERMITS

1-2 cup shortening
1 cup honey
1-2 cup brown sugar
2 eggs, well beaten
3 tablespoons milk
2 1-4 cup flour
1 teaspoon baking soda
1-2 teaspoon cinnamon
1-2 teaspoon allspice
1 cup seedless raisins
1 cup currants
1-2 cup peanuts

Cream shortening, add honey and sugar then well beaten eggs, milk and dry ingredients and fruit and nuts. Drop from teaspoon onto a greased cookie sheet, bake at 400 F., for 10 to 12 minutes. Makes about 7 3-4 doz.

LEMON SPONGE PUDDING

2 tablespoons butter
3-4 cup honey
4 tablespoons bread flour
1-8 teaspoon salt
Juice of 1 lemon
3 egg yolks
1 1-2 cups milk
3 egg whites, beaten

Combine honey and the flour, add the egg yolks, which have been beaten until light. Add the milk, salt and melted butter. Stir until smooth. Fold in the stiffly whipped egg whites and lemon juice. Pour into individual moulds holding 1-2 cupful each, and place in a pan of hot water. Bake in a moderate oven (350 F.) until firm. Serve with cream.

Dorothy Dix Says—

FAULTS ALWAYS STAND OUT SO DON'T BE BLIND TO THEM

There Is Always Ample Evidence As To The Kind Of Wives Or Husbands Women And Men Will Be

Among the tens of thousands of letters that come annually to my desk in which every phase of the troubles of matrimony is discussed, nothing is so strange as that the faults in their mates of which husbands and wives most frequently complain are blemishes which must have stuck out like a sore thumb during the days of courtship, and how those who were taking on these men and women for life partners failed to observe their peculiarities in time to save themselves, passes all comprehension. We think of marriage as being unhappy as the result of cruelty, of infidelity, of coldness, or laziness and shiftlessness on the part of one or the other of the high contracting parties. But where one marriage fails because of some crime that the husband or wife has committed against the other, a hundred fail because of some disagreeable personal peculiarity of the other that got on a husband's or wife's nerves. Undoubtedly the alibi of these disgruntled husbands and wives is that they were deceived, and that they never dreamed that their Marys and Johns had the faults and habits to which they so seriously object concealed about their characters, but this is unbelievable.

For while it is true that a man who is trying to persuade a girl to marry him and a girl who is on the husband hunt do put the best foot foremost, they are incapable of sustaining a long act. Their make-believe is bound to break down and show them as they are. And why this conveys no warning to even the most love-sick boy or girl is one of the mysteries of human conduct.

SOME PERTINENT QUESTIONS

How is it possible, for instance, for a couple who can never be together for half an hour without getting into a bitter argument not to perceive that they are so antagonistic in temperament and taste that they would fight like a cat and dog if they were tied together in marriage?

When a man sees a girl who is the boss of her own family, whose parents tremble before her, who makes him go to symphony concerts when he had planned to take in a funny show, why doesn't he figure out that she will make the sort of wife who wears the pants and whose husband says "Yes ma'am" to her?

And why doesn't a man who sees that a girl always sticks to her point and harps upon it until she gets her own way recognize that she has nagger written all over her so that a blind man should be able to read it?

Why doesn't the man who sees a girl is clothes-mad and dresses far beyond her means realize that she will make an extravagant wife who will keep her husband's nose to the grindstone to pay her bills?

CASE OF THE VIRAGO

Why doesn't a man see that a high-tempered girl who goes into tantrums and who has to be handled with gloves will turn into a virago whose husband will cower before her as soon as she gets him? Why doesn't he see what kind of slob the lazy, self-indulgent, plump girl is going to be fifteen years later on?

And so on and on. For none of these characteristics in a girl is hidden. They are there for all men to see who will take the trouble to look.

And the same way with women. Like men, they also apparently never take a second look at the men they marry until after they have gotten them home from the wedding, so they miss seeing the little peculiarities that get on their nerves and are so hard to live with.

How else can you explain the fact that a woman can be engaged to a man for years and years and never find out that he is so dull and tedious that he bores her to tears? How can she step out with him without observing that he gargles his soup and eats peas with his knife, and his table manners are so atrocious that she has to shut her eyes and pray for grace to endure it when he eats an egg?

BEWARE THE PINCH-PENNY

When a man takes a girl to the cheapest places of amusement when he is courting her; when he thinks he is giving her a real treat when he blows her to a hamburger; when he never remembers her birthday or Christmas, and when he never gives a beggar a penny, why doesn't she suspect that his wife is going to have a mighty thin time of it and will have to use chloroform to get a dollar out of him?

When a man assumes before marriage the right to boss a girl, why doesn't she know that his wife is slated to be a doormat and that he will wipe his feet on her?

Pity we don't take the hints that men and women give us about the kind of husbands and wives they will make. It would save so much grief.

DOROTHY DIX.

THE WADE KIDNAP CASE

By LESLIE CARGILL

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CHAPTER I.

CLUE OF THE BROKEN ORCHID

Major Mosson was hurrying along the corridor to his department tucked away in the rabbit warren of offices which make up the interior of that much-criticized architectural curiosity known as New Scotland Yard. It was not unusual for him to be seen moving at a smart pace, for, like most consistently unpunctual people, he was generally trying to make up for lost time.

Presumably the Major's executive duties were important, though it was a standing joke that nobody knew what they were, particularly the departmental chief.

Somebody was just coming out of the Assistant Commissioner's room as he passed, and the Major muttered a brief apology to mark the occasion of a collision narrowly missed. Captain Caythers came to the door at that moment and stood watching his recent caller stalk away. And that was exceptional, though it might indicate parting with a close friend—or perhaps mean that his suspicions were aroused.

"Late again," he quizzed. As his face cleared at the sight of Major Mosson there was apparently no intention of serious complaint. "Come inside a minute, will you? That is if your pressing work can afford to wait a little longer!"

"As a matter of fact I have rather a lot to do, but . . ."

"But you don't mind procrastinating if a suitable excuse can be found, eh Seriously, I'd like to have a little chat."

He lead the way back into his barely furnished office and began pacing up and down, while Major Mosson made himself as comfortable as possible on a chair that was not designed to tempt callers to overstay their time.

"That fellow you barged into outside was Bellair Broome," Caythers remarked, frowning.

"Thanks!"

"Eh!"

"I thought you were contributing a new specimen to my collection of odd names."

"That's a queer hobby. First time I've heard about it. Hang it, you're trying to be funny."

Mosson grinned. "Well, it was a trifle queer to be dragged into your august presence and presented with an apparently inconsequential scrap of information. Now I am here, wouldn't it be as well to get it off your chest at once."

"That is the idea," Caythers said "Somehow or other you always stimulate my thought processes. Goodness knows why?"

"Sort of stooge, old man. All great detectives need a Dr. Watson."

"M'yes! Maybe that's right. But Broome has come here with a story which, frankly, I find incredible. You've heard of Sir Timothy Wade?"

"Tim Wade the teaman?"

"That's him, though it isn't a good descriptive nickname. Ranks as one of the wealthiest of our commercial princes. Consistently refuses to accept higher honours than a knighthood. . . ."

"Because a peerage would cost more to keep up!"

"Maybe! Anyway, he isn't in the front rank of philanthropists, although noted as a good employer, because it pays to have satisfied workpeople. Not that all these details have anything to do with the business. Suppose, however, that he was kidnapped?"

"Has he been?" Mosson demanded visibly startled.

"I don't know. Bellair Broome thinks so."

"Huh! Another crank with a fancy yarn!"

"He didn't strike me that way. We get dozens of imaginative stories told us here most days, as you know. But somehow it is always possible to tell the crazy creatures by the way they look and behave. Broome betrays none of these symptoms. I saw him without hesitation as he is Wade's confidential secretary, and he insisted on coming straight to the fountain head, so to speak."

"Thanks for letting me be the basin in which your precious splashes drip," Mosson murmured.

Caythers flung himself down in his swing chair so heavily that it sprang back alarmingly. "I'm not in a mood for joking," he snapped. "If there's anything in the story there's going to be the devil to pay! If there isn't it will stir up trouble, anyway. That's where you come in. Wade wasn't even in our effective area, but down at his place in Surrey, so I can't delegate one of the regular officers to the job. Why not take a few days off and nose around. Strictly unofficially, of course, although as a Scotland Yark executive you'll be readily acceptable to Broome. But don't make a mess of things by antagonizing the local force. You know how they hate us butting in without invitation."

"Now isn't that nice of you! First I'm appointed stooge-in-ordinary, then I'm promoted to the position of whipping boy. If anything goes wrong you can blame the poor inquisitive semi-amateur, but if all is well, Assistant-Commissioner Caythers get the praise."

(Continued on page 8, Col 7)

A Morning Smile

Mrs. Jones was having her house cleaned, preparatory to letting it to a new tenant. Assisting her was a "cleaner" who proved to be very inefficient.

Finding a room supposed to be in order but still very dirty, Mrs. Jones swept it herself, and when she met the charwoman in the hall she said to her:

"Why, Mrs. Downey, I thought you told me you had swept the front room, and here I have got a whole dustpan full of dirt out of it."

Nothing disconcerted, Mrs. Downey responded, with a beaming smile:

"Did ye now, mum? I got two."

Living & Leisure

The Woman's Realm

JUDGED

He strolled into a gallery of Art,
Where beauty spread her work for us to scan;
Dreams, visions, meet to charm the seeing heart—
Of earth, sky, sea, and of the soul of man.

No wonder filled his eyes, and as he went,
He muttered in disdain: "Nothing was there,
My time had otherwise been better spent"—
Which judgment did his blindness full declare.

The keeper answered thus: "Sir, be it known
There have they hung for nigh five hundred years;
Meantime their wonder been to thousands shown,
Many who viewed them oft been moved to tears;

And while they are beyond man's common thought,
They judge all those who are before them brought."
—Alexander Louis Fraser.

The following amounts of beef, economy cuts, will serve 4 persons: 1 pound ground beef, 1 1-4 pounds top round (with small bone), 1 1-2 pounds flank steak (requires long cooking) and 1 1-2 pounds stew meat (shank, flank, neck).

Baby's silk jackets need special laundry care. Wash in suds of mild soap and warm water. Rinse thoroughly and gently in clear water of same temperature. Wrap in turkish towel until almost dry and then press on wrong side with warm iron.

ANTIMACASSAR

Macassar, a section of Celebes which borders the Strait of Macassar, where a Japanese convoy has been battered, was famous in the 19th century as the source of Macassar oil, used as a hair oil. The oil was so popular that cloth covers, known as antimacassars, came into use to protect the backs of chairs from hair on which it had been employed.—Sault Ste. Marie Star.

ODD CUSTOM

The natives of Timbuktu put up roosting poles on minarets to serve as resting places for the returning spirits of their dead.

LITTLE TIPS FOR HOME SHAMPOOS

A tablespoonful vinegar in the last rinsing water will give dark hair a beautiful sheen and make it silky-soft and manageable. And did you know that a few drops of peroxide (10 vols) used in your rinsing water, if you are blonde, is a very good substitute for lemon juice, and helps to keep the hair light? And don't forget how important thorough rinsing is. You can never rinse the hair too much. See that every scrap of soap is out. A lotion made by pouring hot water over camomile flowers, will also help to keep fair hair golden. And if your hair is very dry—have you ever tried spraying brillantine on it immediately after a shampoo, whilst it is still wet and before even applying setting lotion? You'll find it will feel — and look—like satin if you do.

DAILY CARE OF TEETH IS A BIG FACTOR IN HEALTH

Pyorrhea, the dread disease of the gum tissues, has been the object of much searching by dentists for a reasonable cure for many years.

It was found that the direct causes were "non-existent," that is to say, different forms of "attack" were discovered in each individual case encountered.

Although this disease is more frequent among older people, ever increasing cases have been found in teen age persons.

The manner in which pyorrhea can be checked in its early stages vary with conditions present and can probably be prevented by observing a few simple rules in moth hygiene.

First, what can you do about pyorrhea?

Look at your gums, are they pink and translucent? Do they tightly hug the enamel around the tooth and fill up the spaces between the teeth? Do they form a thin knife-like margin at the neck of the tooth? Can they stand pressure without bleeding?

If you can answer yes to these questions, your gums are healthy. If not see your dentist. He may prevent pyorrhea from gaining a foothold or from progressing in your mouth.

If a tooth is lost it should be replaced in order to insure an even biting strain. Watch decay, have cavities filled immediately. If your teeth are irregularly placed, if fillings or inlays are too high or too low, see your dentist immediately. If the tartar you may see on your teeth is not removable by a tooth brush, you should find out the cause of the tartar, maybe incorrect dieting, but have your dentist remove it.

Learn to use your tooth brush correctly and be sure to include foods rich in minerals and vitamin C in your diet.

NAIL POLISH NOTES

The new nail polish sealer, which is colorless, shortens the drying time of polish. It is applied over the polish when it is partly dry, and those who produce it claim it protects the polish from chipping or peeling.

Inexpensive, washable cotton gloves, which are loose fitting, are marvelous to use during special overnight oiling of nails and creaming of hands. If you get those which tie at the wrists you may sleep the night through quite unconscious of wearing gloves and your bed linen will be protected.

If you ski have your own little hallmark. It may be a white ski shirt, gabardine downhill ski pants a garbardine shirt tucked in, a turtle sweater or even the way you plait your hair but be sure to have an original touch.

SPRING Masterpieces by . . .

KAYSER

Gloves made of that wonderful-wearing, wonderful-washing rayon "Kay-Spun". (above) shirred darling for gay moments. (below) for dashing about these busy days.

$1.00

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CHILD'S COLDS

Relieve misery direct —without "dosing." RUB ON→ VICKS VAPORUB

Vivid Indian Rug You Weave Easily

Warp Is Candlewick or String

A bold, bright Navaho rug to give Son's room a Wild West flavor! You'll have fun making it—and he'll be thrilled.

In black and white, or dark green and vermilion, it could also be a striking living-room rug. And the whole thing, 21½ by 33 inches, is made simply and quickly of candlewick and muslin, on a home-made wooden frame. Our rug booklet gives directions.

To warp the frame—that is, prepare it for weaving—drive 87 small nails, ¼ inch apart, into each of the short sides.

Tie black or green candlewick yarn (or dyed string) to lower right corner of loom and wind it up and down around the nails, as shown in our sketch. First and last nails have a double warp for selvage.

Now start weaving over and under warp threads, with ¾-inch, three-yard strips of unbleached muslin dyed whatever color you choose.

For the Navaho pattern just follow the diagram in our 32-page booklet. Has complete directions for making Navaho rug and frame; also shows, with diagrams, how to make many beautiful hooked, crocheted, pile, braided and other popular rugs.

Send 2c in coins for your copy of "How To Make Your Own Rugs" to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name

Street Address

City Province

LUMBAGO ACHES AND PAINS DR. THOMAS' ECLECTRIC OIL

Needlecrafts For The Home

Do your part for victory! Show your colors and wear a bright V right over your heart! This classic tailored blouse will go with any skirt in your wardrobe. Its soft lines are right for all ages, any type of figure.

Style No. 3148 is designed for sizes 12, 14, 16, 36, 38, 40, 42 and 44. Size 36 requires 2 1-4 yards of 39-inch fabric; 1-8 yard 5-inch contrasting for applique. Applique is included in pattern.

Send twenty cents (20) coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish.

Style No. 3148 Size .....

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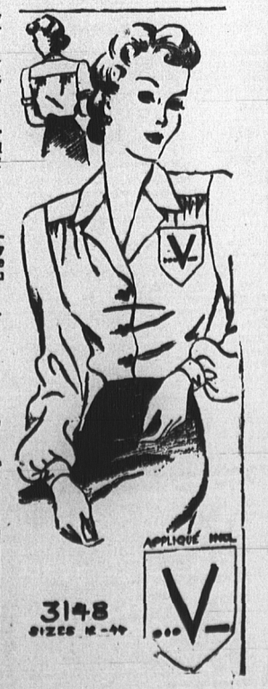

Relieves distress from MONTHLY FEMALE WEAKNESS

Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly pain but also weak, nervous feelings—due to monthly functional disturbances. It helps build up resistance against distress of "difficult days." Made in Canada.

No washing job is complete without . . .

SUNLIGHT'S "EXTRA-SOAPINESS" for the extra dirty parts

CLOTHES get badly soiled in the same difficult places week after week. Pillow cases are dirtiest where sleepy heads have rested . . . shirts at the collar bands and cuffs. Almost everything in the wash has extra soiled parts which require an additional soaping to get them really clean.

Any soap—bar, powder or flakes—will remove the general dirtiness. But much of the grime clings tightly, and only the Sunlight method of washing will remove it. Sunlight has a wonderful "extra-soapiness" which enables you to get right at the extra dirty spots at once. Just apply lightly—scarcely more than a mere touch—and you leave a film of soap right in contact with the dirt. And because it is Sunlight Soap this film is sufficient to loosen the last tiny speck of stubborn grime.

In the rich Sunlight lather every particle of dirt is carried away, yet its action is gentle—safe for the finest materials. It is all good pure soap—and that purity means perfect safety for everything in the weekly wash: It's gentle to your hands, too.

You can't do without SUNLIGHT SOAP. A LEVER PRODUCT