

Woman's Realm -- Social and Personal -- Fashions -- Literature



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Milady Beautiful
By Lois Leeds



SUCCESSFUL PERMANENT WAVES

This is the season of the year when beauty operators who do skillful permanent waving reap a golden harvest. Almost any girl or woman with straight hair would be glad to buy a permanent wave if she could be sure that it would be pretty and would not harm her hair. No one, of course, wants her hair turned into a fuzzy, dry mop; but few realize that the success of a permanent lies chiefly in two factors that are within their own control, namely, the health of the hair and the care given it before and after the wave.

It is easy to blame the operator for a poor wave, but it is not always her fault. She cannot put your hair into good condition if you have ruined it by too much marcelling or bleaching. Nor have you the right to expect the wave to be a success if you will not take the trouble to give it the proper care.

Regular oil treatments are very important to the beauty of the hair. Castor oil or olive oil may be used. The day before your shampoo apply the oil to hair and scalp at bedtime; tie up your head and leave the oil on overnight. Next day have a thorough shampoo. Begin it by applying wet towels to your hair five or six times to make it easier to get the unabsorbed oil off. Now wash with plenty of shampoo liquid, giving the scalp a vigorous massage while working up the lather. Lather and rinse three or four times.

It is difficult to rinse the hair thoroughly without the aid of a bath-spray, so that every girl who washes her hair at home should have such a spray. Vinegar may be used in the final rinse to soften the hair and make the waves looser. It also brings

If Baby is Fat—

watch well for chafing and irritations of the skin. Many skin troubles will be avoided by careful washing with

BABY'S OWN SOAP
Best Soap for Baby

out the reddish lights in the hair. Use two tablespoonfuls of cider vinegar in a glassful of water from the cold-water faucet. Pour this mixture over the hair after all the soap has been rinsed off; leave for four or five minutes, and then rinse off in clear water.

Before the hair is dry the waves must be set. Some types of permanents can be pushed into even waves with but little effort; others must be finger-waved with the aid of a curling fluid. Lotions of this sort are made with a base of quince seed, gum tragacanth, flaxseed or other similar substances. Here is a simple recipe that has been published here before: Boil one tablespoonful of flaxseed in a pint of water until the liquid is reduced to half. Strain and add 1 1/2 ounces of bay rum and 1 ounce of Cologne water.

Tomorrow — Beauty Questions Answered.

Womans Page ... CARMEL SQUARES

3/4 cup brown sugar.
1/4 cupful of butter.
1 egg.
1 cupful of pastry flour.
1/2 teaspoonful of vanilla.
1 teaspoonful of baking powder.
1/4 teaspoonful of salt.
1-3 cup of nuts.
1-3 cup of pitted dates.
Melt the sugar and butter together over a low flame, cool, add the unbeaten egg and beat until light. Stir in the flour, sifted with baking powder and salt, and beat again thoroughly before folding in the whole nuts, the dates, shredded, and vanilla.

Spread about a quarter -inch thick in a shallow pan and bake in a moderate oven—350 degrees Fahrenheit—until brown—about twenty five minutes.
When done, cut in two strips about an inch wide and two inches long and keep on hand for future use, as they keep fresh much longer without losing their original "chewing" quality than do most small cakes.

LEMON CREAM SALAD

Beat the yolks of three eggs very light, add gradually 1 small cup of sugar, 2 teaspoonfuls of flower and the juice of two lemons. Melt 1 tablespoonful of butter in 1 3-4 cups of boiling water, add the beaten yolks and boil until thick. Remove from the fire and cool then whip in 1 cupful of whipped cream.
Chop 1 large tart apple, peeled and cut in small pieces, with 4 sliced bananas, 6 thick slices of canned pineapple.
Chill the fruit, mix it with the dressing and heap on lettuce leaves.

THE CANE AND GLOVE HABIT.

London Daily News
—Canadian visiting London are enjoying a joke about the walking stick and wash-leather glove complex of the well-dressed man about town.

In Canada and the States it is considered peculiar and foppish to wear gloves and carry a cane; spats are positively degenerate, and only the very courageous, artistic, or daring do it! So naturally the men from Canada arrive in Piccadilly with neither.

They join the fashionables in the West End and for a few days they feel sorry for the smart men of Bond street and Saville row laboring with a walking stick and chamois leather gloves. At the end of the week the visitors capitulate; they choose the smartest shop in Piccadilly and buy a walking stick and a pair of gloves for themselves.

During the past week four Dominion Cabinet Ministers, a Montreal financier, an author, and several important business men have gone to the same shop for their hats and gloves.



Weather reports from the Indies

TEA plucked in the rainy season loses much of its quality. We get weather reports from India and Ceylon every three or four days by cable. In this way we can check the effect of the weather on the crops of all the famous tea gardens. We buy only when the tea is at its best.

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They all know each other at home, and the full flavor of the joke came out when they all met at the Canadian High Commissioners office at Canada House.

Mr. Larkin, always faultlessly dressed, smilingly observed the London style of his friends from home; each carried the latest yellow gloves and gold-mounted canes. Rather shyly they all placed their canes and gloves on Mr. Larkins Table, and there was a round of laughter when the author arrived with the swagger Piccadilly cane and the lightest of wash-leathers in his hand.

"I've fallen too" he confessed.
"I began to feel abominable without them when I walked in the streets of London; besides, the policemen and liftmen pay more attention to a cane and glove inquiry.

"After all its no use for Canadians to try to defy the ancient and honorable institutions of old London, even when it comes to fashion. However, I compromised with my Canadian prejudices and bought a walking stick that has a dual personality. You slip off the stick, so, and you have an umbrella! The man who served me was a sympathetic chap; he gave me a few lessons on how to carry a stick and gloves. He didn't suggest it, but I found the easiest way to manage is to tie the gloves to the stick with an elastic band.

Household Hints

By Roberta Lee

The Coat Closet

To help keep winter coats free from moths, have a small window light in the coat closet. It will also afford air to clothing that might otherwise become musty.

Plants

A little ammonia added to the water makes a rich fertilizer for plants and aids in keeping off the bugs.

The Rolling Pin

When it is desired to bleach the rolling pin or the bread board, rub thoroughly with the half of a lemon.

Minard's Liniment for Chapped Hands

Dorothy Dix Letter Box

Dorothy Dix Explodes the Theory of the Cruel Stepmother—Will Children Chum With a Parent?—Can a Boy Be Cured of Conceit?

Dear Miss Dix—Just how much does a father owe to his motherless children? For four years I have been engaged to a young man whose two daughters are in their first and second year of high school. He does not want to marry until both girls have completed their education and are both married. I have tried to be sensible and unselfish and have kept the thought in mind of how I should want my children treated by another woman if they were motherless, but do you think their father should stay single because they are not willing for him to marry again? Have I no right whatever to be considered in his life and should I be sacrificed to them? What do you think of the situation?
DISCOURAGED.



Answer:
I think that the man is making a very silly and futile sacrifice of both you and himself in yielding to the girls' selfish demand that he should not marry again. It is ridiculous to let two schoolgirls be the arbiters of the fate of two people who are older and wiser, and much better able to judge of what is best to be done under the circumstances.

To begin with, the girls are making a great mistake in preventing their father from marrying, even from their own standpoint. Having no mother, they must either live with some female relative, or have some hired housekeeper to look after them, and they would certainly be far better off if they were in their own home with a snappy up-to-date, young stepmother at the head of it. She would know how to help them select their clothes, how to bring the right sort of people about them, how to help them make the most of themselves, and she would give them the home background that is such a help to girls socially.

I have known numbers of young girls whose lives were absolutely transformed by their father's marrying and giving them a stepmother, who not only took their mother's place, but did far more for them than their own mother could possibly have done, because she was a more modern and intelligent woman. I think now of two frumpy, shy girls whom nobody ever noticed, and who went nowhere because they lived with an old grandmother who dressed them as girls were dressed in her time, and who could give them no social position because she never went anywhere except to church.

Well, these girls' father married in spite of their wailing and weeping over his doing so, and the first thing the stepmother did was dress them up and turn them into regular beauties, and then to make her house so gay and attractive that the girls were soon in the midst of everything and having a perfectly wonderful time, and eventually they made marriages that they never could have made except for their stepmother.

Young girls are too ignorant of the world to know the advantages and help that an older woman who has their interest at heart, can give them, but their father certainly should have sense enough to perceive this and brush aside as immaterial their baseless prejudices against having a stepmother. Of course, the girls have their heads all filled with the bugaboo stories of cruel stepmothers that they have heard, but these will vanish with actual contact with a kindly, affectionate woman like yourself.

I am a great believer in men and women marrying the second time, not only for their own sake but because in the end it is best for the children, for it keeps the young people from having to stay single to bear father or mother company, because father or mother gave up marrying for them when he or she was young; or else, if they do marry, from having to have lonely father and mother come and live with them which imperils their own marriages, for few in-laws desire to be burdened with their husbands' or wives' parents.

As for your fiance's demanding that you wait until his daughters are married, that is a preposterous proposition. It may be for years and it may be forever, because there is no certainty that any girl nowadays will find a husband. Certainly it will be mere luck if they are snapped up as soon as they are out of school, and if it is foolish to bank on that.

Therefore, if your sweetheart cannot see that you will be an asset to his daughters as well as to himself, and if he is willing to put the gratification of their baseless whim over your happiness, I think that he cares very little for you, and that you won't lose much if you lose him.

Certainly you will be foolish to waste your life in waiting for such a lukewarm lover. His grandchildren might object to you, you know, and where would you be then?
DOROTHY DIX.

Dear Dorothy Dix—Do you think a mother can be strict and firm with her children and also be pals and companions with them? Will children tell their mother their little troubles and secrets if the mother corrects their faults? Don't think from the way the world is going that parents should be firmer and stricter with their children than they are?
MRS. H. F.

Answer:
I certainly do. Undoubtedly the reason there are so many disobedient, self-willed youngsters who defy their parents and go hurtling on their way to destruction is that the fathers and mothers are too weak-kneed and cowardly to enforce any discipline on their children.

Children are like grown people. They only love those they respect, and they have no respect for the parents who are wishy-washy and afraid of them, and who lay down no laws that have to be observed. All the great generals in history whose men have followed them to death have been martinetts. Every firm that gets loyal service from its employes has at its head some man who enforces his authority and who makes his subordinates toe the mark.

Children feel this same way about strong parents who make them behave. They like the feel of a firm hand over them. They know that they are ignorant and not able to cope with life and they want somebody upon whom they can rely to direct them.

Of course, the old-fashioned autocrat is as much deposed in the family circle as he is in politics. The day of the domestic tyrant is ended. There are no fathers and mothers who say arbitrarily "Do this, or don't do that, or out of the house you go," but between that and a wise and wholesome restraint over children is a long distance.

Nor does it do to be too narrow and puritanical in your code. You can't hold your children to the standards of fifty years ago. Many things are proper now that were considered improper then. There is greater liberty for everybody and you can't rear your children entirely differently from the children about you.

But you can keep them from running wild. You can teach them to obey you. You can make them show you respect, and you can hold up to them ideals from which you will suffer no departure, and if you do this you needn't be afraid of losing their affection, or that they won't chum with you. As a matter of fact, children don't want their parents to be their equals. They want to look up to them as their superiors.
DOROTHY DIX.

Dear Miss Dix—How should a girl treat a boy who is conceited and egotistic? Is there any cure for this dreadful disease?
M. A. C.

Answer:
Time is the only remedy and even that doesn't always work. Sometimes bumping up against the world deflates a boy's head. Sometimes it doesn't. Depends altogether on what is in it. If there are brains in it, eventually he will find out how little he knows and what a poor miserable worm of the

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CHARLOTTETOWN, P. E. I.

Just he is. If he is a fool, he will go on believing himself a world's wonder to the end. Nearly nine-tenths of the import into Porto Rico are from this country.

The only way to treat a boy who is conceited and egotistic is to give him the absent treatment, unless she has the patience of Griselda and the heroism to stand being bored to tears, for no other human being is more tiresome. An ex-police sergeant in England has retired after selling his interest in a dog race track for \$150,000.
DOROTHY DIX.

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