

Woman's Realm Social and Personal Fashions Literature



THE HOUSEWIFE —AND— HER ACTIVITIES

YOU HAVE TO BELIEVE You have to believe in happiness or happiness never comes. I know that bird chirps none the less all that he finds is crumbs. You have to believe the buds will bloom. You believe in the grass in the days of snow. Ah, that's the reason a bird can sing— On his darkest day, he believes in spring.

You have to believe in happiness. It isn't an outward thing. The spring never makes the song. I guess, As much as the song the spring, I've many a heart could find content. If I saw the joy on the road it went. The joy ahead when it had to give. For the joy is there—but you have to believe. —Douglas Malloch.

It is well to write on the label of jellies, preserves, pickles, etc. the year in which it was done up. In this way the older preserves can be used first, and nothing spoiled and wasted because it is kept too long.

So many folks are making samplers these days that it might be well to bring to mind the tweezers when it comes to removing the canvases from the cross-stitching. They are for more effective than scissors or fingers.

If Sunday is a busy Church day for the family, it is wise to have the big week-end dinner on Saturday night and then have it warmed up for Sunday. It will certainly help out the housekeeper if the rest of the family is gracious about the idea. It is particularly desirable during the warmer months.

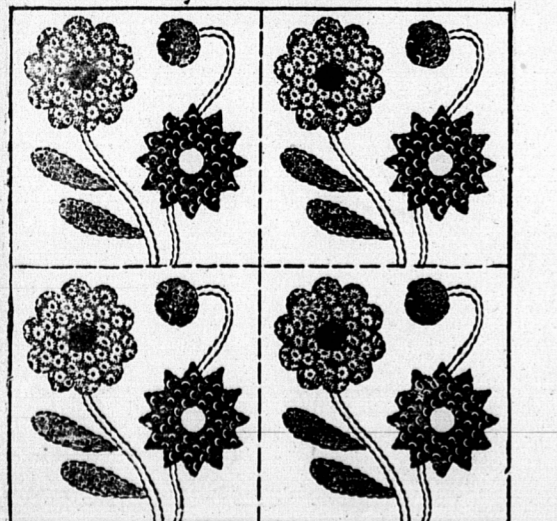
"They take away BABY'S TEETHING FEVER"

SO writes Mrs. B., of North Sydney, then a Toronto mother says: "I used Baby's Own Tablets also for the babies were always so good. No cramps, pain or trouble when teething. In fact, I hardly knew they were cutting their teeth as they never were any trouble at night."

And so the evidence pours in from thankful mothers everywhere, who praise Baby's Own Tablets also for the relief of simple fever, diarrhoea, upset stomach, irritability, simple croup, colds and other ailments. Speedy and effective in their work. Safe and harmless in their action. Sweet-tasting and easy to take. Contain no opiates or stupefying drugs whatever. Can be given with safety to the most delicate baby. Analyst's report with every box.

Try Baby's Own Tablets. Your money will be refunded if you are not satisfied with the result. 25 cents.

To-Day's Popular Design By Carol Aimes



NOTE: Miss Aimes receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

POPPIES IN THE BREEZE QUILT BLOCK
DESIGN NO. 618

Dear Readers: Our designer said "this was my grandmother's idea." Well, don't, grandmother-of-our-head-designer, we think you have good ideas! We know our readers will ask for flower applique quilt patches will agree with us and add their vote of thanks to ours.

The pattern includes the pattern for the appliques, complete instructions for assembling finishing, quilting, material requirements and stitches.

Send 15 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.
To The Charlottetown Guardian
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BAG-DAD DATES OF QUALITY



JONES-SCHOFIELD-HATHEWAY, LTD.
(DRIED FRUIT DIVISION) SAINT JOHN, N.B.

Household Scrapbook (By ROBERTA LEE)

To Whiten Clothes
Yellow and dingy clothes can be made white by washing them in water to which a cup of equal parts of lime-water and turpentine, shaken until creamy, has been added.

Chamois Gloves
When buying chamois gloves, always hold them up to the light and see if they have any weak spots. Be sure to choose a pair through which the light cannot penetrate.

Serving Ice Cream
Everyone has seen the clerk at a confectionery store use a wet scoop before serving ice cream. If this is done to the spoon at home, it will take less time to serve the ice cream. Wet the spoon each time before taking the cream from the container.

THE COOK'S CORNER

WATERMELON PICKLE

Three pounds peeled watermelon rind, brine 2 tablespoons salt to 1 quart water, 5 cups sugar, 1 cup water, 2 cups vinegar, 1 tablespoon stick cinnamon, 1 tablespoon whole cloves, 1 tablespoon whole allspice 1 lemon.

Method: Cut rind into small pieces. Let stand overnight in brine. Drain cover with fresh water and boil until tender. Mix sugar, water, vinegar, spices tied in cheesecloth bag, and sliced lemon. Boil 5 minutes. Add watermelon and cook until transparent. Remove spice bag and can immediately.

Beet Relish

Four cups chopped cabbage, 4 cups chopped cooked beets, 1 cup grated horseradish, salt, 2 cups vinegar, 1 cup sugar.

Method: Mix cabbage, beets, and horseradish. Sprinkle well with salt. Combine vinegar and sugar and pour over mixture. Seal jars at once.

Chowchow

One pint small onions, 1 large cauliflower, 18 small cucumbers, 6 small green peppers, 2 small red peppers, 4 quarts water, 1 cup salt, 2 tablespoons mustard, 1 tablespoon turmeric, 1-2 cup water, 4 cups vinegar.

Method: Peel onions and cook 10 minutes; drain. Separate cauliflower into sections and soak 30 minutes in salted water. Place onions in one bowl, cucumbers, cauliflowers, and peppers in another. Boil water and salt 10 minutes. Pour over vegetables in the bowls; let stand overnight. Pour off brine in morning and combine vegetables. Mix mustard and turmeric with water. Add vinegar and pour over vegetables and heat to boiling. Simmer 1 hour, then can.

HELPS Sickly Women Who are Depressed

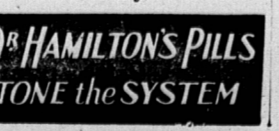


To Get "PEP," AMBITION, Test DR. HAMILTON'S PILLS

The following letter tells how a very sick lady recovered health and strength.

"Last winter I was sick with grippe, and when spring came I was weak, bilious, and rheumatic, my head ached every morning, I didn't get any help till I tried Dr. Hamilton's Pills. They took the yellow color out of my face, put new tone in my stomach, and increased my appetite. The bilious attacks and rheumatic pains gradually departed. Dr. Hamilton's Pills made a new woman of me."

This was the experience of Miss Nanette Cadieux. What Dr. Hamilton's Pills did for her they may do also for you. Commence treatment without delay.



Dorothy Dix

Clergyman's Advocacy of Marriage Under a Contract at Stipulated Number of Years Plan Fails to Take Children Into Consideration

A clergyman has devised a ten-year-plan marriage that he believes is the solution of the divorce evil. He proposes that marriage be made by civil contract for stated periods, ten years for the initial term, with renewal of the contract at five-year intervals thereafter at the pleasure of both parties.

He contends that this arrangement will tend to prevent the hasty break-up of marriages that are so common nowadays when husbands and wives can call a day off whenever they lose their taste for each other. Also, he thinks that husbands and wives who have lived together for the term agreed upon in advance would have adjusted themselves to each other and be likely to renew their contract, even if they had not been particularly happy together, on the principle that it is better to endure the ills we have than to fly to those we know not of.

Of course, there is nothing new in the theory of the trial marriage. Many opinions have been toyed with the dream of marriage bonds so elastic that they could be taken off and put on as pleasure instead of being a steel chain that is riveted on for keeps. But nobody has ever been able to materialize the vision into a satisfactory working proposition. Marriage seems to be one of the things that you have to stick to and work at if you make a success of it. It is something that you can pick up when you are in the mood for it and drop when you are tired of it.

However, let the facts in the case be what they may, no one can deny that the idea of the short-term marriage is full of allure, as they say in Hollywood, for one thing it takes away from marriage that cold and clammy life sense that lurks every bride and groom's secret to let and makes their knees shake under them at the altar as they suddenly realize what they are letting themselves in for. Undoubtedly it is the jail motive in marriage that makes many men and women want to break out of it, and the reason so many husbands and wives fight like cats and dogs is because they feel they are tied together until death shall them part.

Probably nothing else gets on the nerves of husbands and wives so much as the sense of the awful finality of marriage. They could stand almost anything or a little while, out the thought of having to endure each other's faults that rub them raw as long as they live drives them mad. The man thinks: Have I got to look at this eyesore for the next forty years? Have I got to listen to her nagging until I get so deaf I can't hear anything? The woman thinks: Is death the only respite from having to watch John eat his breakfast eggs? Have I got to hear him tell me that I'm a million times better than the boss and the boss said to him and about his golf score until I perish of boredom?

And then they either rush to the divorce court, or settle down into a marriage that is sheer martyrdom. But they could meet the situation with philosophy if they knew there was a time limit on their sufferings and that in a few years they would be freed from their obnoxious partners.

Undoubtedly also the short-term marriage would make better husbands and wives in those cases in which men and women were satisfied with their mates and desired to keep them. The trouble with most marriages is that the husband is a husband and the wife is a wife and he has to treat his wife with the same consideration and politeness that he shows his secretary because she can't give notice and quit as she doesn't like the tone of voice he uses in speaking to her. Nor does a woman feel that she has to do herself up for her husband and yes-yes him and take his criticism meekly as she would her boss. It is hard to be a good housekeeper, can't she hear for talking back to him and being a sloppy housekeeper.

But far otherwise would it be if the ten-year contract was nearly up and a husband was getting anxious about whether his good looking, clever and capable wife was going to renew her contract or not. Or if the wife who had a husband who was her heart's desire was wondering if he was going to sign on the dotted line again. There would be no more of their lips trying to tell themselves and each other.

BUT, and there is always a "but" that wakes us up in every pipe dream, what about the byproducts of marriage? The children. It is hard enough for a man and a woman to get along as they are now, but they would be a thousand times worse off if they never had any stable home and were just thrown in with the trade when their parents swapped partners every ten years or so. And that lets the trial marriage out.

DOROTHY DIX.

MISS NAPOLEON

By VIOLET METHLEY

(Continued)

"Of course not, I shall be delighted to see you. Well, I've got a few things to do before we leave—that isn't till this evening is it? Good-bye till then."

It was some moments after Leonie left her room before Wilson Hall walked slowly back towards the Palace in search of Chrissie Struan. He found her on the balcony, pale and heavy-eyed and sat down beside her.

"I feel pretty washed-out too," he said. "But Miss Valencia has been out riding already."

"Nothing tires Leonie! It makes her almost—almost tiring!" Chrissie's laugh was forced.

"Perhaps that's what she feels herself; it would account for something she's just told me."

"What is it?"

"Why—"

"She asked me to tell you that she's shifting her quarters, but she's very anxious you shouldn't feel hurt. I believe she realizes she's too strenuous for anyone, like yourself at the present moment, who ought to rest."

"You mean she's going away—right away?"

"Well, soon I gathered."

"Oh, I can't help being glad!" The words seemed to escape Chrissie involuntarily. "It sounds hateful—I'm ashamed of myself—you'd like your husband to yourself at present, I'm sure Struan will agree."

"Ranny? I—I'm afraid I'd forgotten—"

"Why are you only thinking of myself?" Chrissie faltered.

CHAPTER XIV
AS WOMAN TO WOMAN

Standing in the amber-scented dusk of the woman's apartment of Khotalgar Palace, Leonie Valencia wondered how much longer the old Maharani would keep her waiting. Penicils of light through the fretted woodwork of the shutters, touched her some vivid embroidery over the girl's pale-grey dress. But her face and eyes were shadowed under a wide dark purple hat, as she remembered her words to the Maharajah and his answer half an hour before.

"You'll leave me to make friends with your mother alone?"

"My mother is not an easy person, Miss Valencia. She was once very beautiful and ruled my father—as she still wishes to rule me." He laughed softly, shrugging his shoulders. "She is masterful, prejudiced, obstinate. If she makes up her mind against you as my son's governess, she mustn't then; that is all." Leonie had replied calmly—and now she was still waiting the Maharani's pleasure, or displeasure.

A hoarse cackle came from what has seemed mere piled cushions on a divan; they stirred through the less form as a figure, swathed from head to foot in dark blue, waddled forward, chattering.

"You are patient, Englishwoman! I've been trying to tire you out."

"Yes, I am patient, your Highness—not not a bit less."

"Oh?" The muffled shape moved nearer; black eyes glittered through

They're Four Years Old... AND THE DIONNE QUINS HAVE NEVER USED ANY SOAP EXCEPT PALMOLIVE!



ANNETTE EMILIE MARIE YVONNE CECILE
"PALMOLIVE IS THE ONLY SOAP USED IN THE DAILY BATHS OF THE DIONNE QUINTUPLETS. THEIR SKIN IS CLEAR, NORMAL AND HEALTHY."
(Signed) *Allen Roy DePier*

MADE WITH OLIVE OIL TO KEEP SKIN SOFT, SMOOTH, YOUNG

Modern Etiquette (By ROBERTA LEE)

Q. When is the double card, reading Mr. and Mrs. sent?
A. The double card is sent with a wedding present, with flowers to a debutante with flowers to a funeral, and is also used in paying formal visits.

Q. Is it required that one send a gift to a debutante when she is being introduced to society?
A. No. Relatives and friends often send flowers.

Q. What are appropriate flowers to place on the dinner table during early autumn?
A. Asters, daisies, goldenrod, and zinnias are all nice.

A Morning Smile

"Are you doing anything for the preservation of antiques?"
"You bet I am, I sell cosmetics."

Mr. Henpeck was being shown over the large works. "That machine," said his guide, "does the work of 30 men."
"Ah," sighed Mr. Henpeck, "at last I've seen what my wife should have married!"

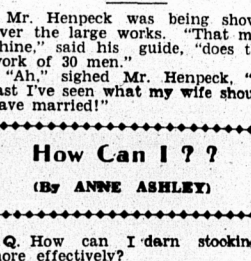
How Can I?? (By ANNE ASHLEY)

Q. How can I darn stockings more effectively?
A. Darn the stockings diagonally across the weave, and the darn will give as the stocking stretches, preventing holes from appearing around the darn. Stockings can be more effectively darned at night over a lighted flashlight.

Q. How can I clean alabaster ornaments?
A. The best method is to immerse them for a length of time in milk of lime, made by mixing a little slaked lime in water, followed by washing in clean water, and when dry, dust with French chalk.

Q. How can I prevent olive oil from becoming rancid?
A. Add a small amount of sugar to the oil.

Every Day Styles For The Home Sewer



A new looking subdued woolen dress for school or college, that's smart as it is practical. It's also a favorite for office and for casual town wear. It's early fall, it has two important kick plaits. Another detail of interest...two patch pockets...with monogram.

With the same pattern, you can make a slim line vee neck princess dress...without the front kick plaits. It's lovely of black rayon novelty crepe. An effective bicolor scheme may be had with embroidery—in fuchsia or green. It's perfect for afternoons, cocktails and theatre and yet conservative enough for town. To make it! You've practically one-piece shaped pattern to join with Style No. 3253 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, 38, 40-inches bust. Size 16 requires 3 7/8 yards of 39-inch material.

Seventeen cents (16c in stamps or coin) (coin preferred) wrap coin carefully address to Charlottetown.

Style No. 3253 Size.....

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Faulty Table Manners Make a Bad Impression



Avoid Public Blunders
How embarrassing! When the sophisticated Witherspoons pause at Jim and Doris's table, she betrays her social inexperience by rising as she's introduced.

Yet Doris wonders why she's never been accepted by the smart crowd she admires!

Nothing shows poor breeding so quickly as bad table etiquette. And some girls never learn the correct thing.

Look at bustling Betty, who covers the table with her bundles, purse and gloves; independent Amy, who loudly discusses the menu with the waiter instead of telling her escort what she wants.

Nervous Nancy rearranges the food on her plate before she starts to eat, makes absent-minded gestures with her fork, pushes her plate away as soon as she's finished a course.

Why not be sure your table manners are pleasing? Our 32-page booklet gives course-by-course directions for formal dinners. Tips on restaurants, buffet suppers, teas, clubs.

Send 20c in coins for your copy of Good Table Manners to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of your booklet.

Name _____
Street Address _____
Town _____ Province _____

NEW...a CREAM DEODORANT which safely STOPS under-arm PERSPIRATION

1. Does not rot dresses, does not irritate skin.

2. No waiting to dry. Can be used right after shaving.

3. Instantly checks perspiration for 1 to 3 days. Removes odor from perspiration, keeps your armpits dry.

4. A pure, white, greaseless, stainless vanishing cream.

5. Arid has been awarded the Approval Seal of The American Institute of Laundering for being Harmless to Fabric.

39¢ a Jar
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TEN MILLION Jars of Arid have been sold. Try a jar—at any store selling toilet goods.

ARRID

"Did you say Paradol?"

"Oh, yes, I always use Paradol and you know that I do not miss my engagements."

Relief comes quickly and lasts longer when you use Paradol and you feel fine. No disagreeable after effects, no interference with digestion. Paradol is new, up-to-date—different. Try for any kind of pain and you will appreciate

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PARADOL