

Now is the Proper Time to Take BRITISH Beef, Iron and Wine

At this time of the year most people need a tonic and by that we mean a preparation that will really tend to build up your physical condition.

Start using it now and mark the improvement \$1.00 Bottles.

E. A. FOSTER CENTRAL DRUGSTORE

CLASSIFIED ADVERTISEMENTS

HELP WANTED - FEMALE

WANTED A MAID FOR GENERAL housework in family of three. Apply 13 Fitzroy St. 4103-2-21mtf.

FOR SALE

FOR SALE 1 25 H. P. GREY MAR- line Engine, with shaft and propeller used part of one summer. For price supply to Prowse & Sons, Ltd. Murray Harbor. 3732-2-1stttf.

FARM FOR SALE CONSISTING OF ninety-four acres situated on Wins- loe Road, seven miles from Char- lottetown half mile from church, brook running through farm. Apply to Leslie Bryenton. 4255-3-1M6fpd.

FOR SALE YATCH 35 FT. LONG, 11 foot beam, schooner rigged. Steel centre board plank with Belfast pine spars, crownpoint spruce Deeked with self-bailing cockpit. Water tight compartments. Finest sailing yacht ever built in the province suitable for gasoline engine. Apply to Mac McRae, Pownal, or F. B. McRae, Vernon. 4300-3-4m3fpd.

LOST

LOST, MONDAY A PAINT CAN WITH 12 paints and brush. Finder please leave at Morris and Smiths. 4268-3-1M1f.

LOST - SATURDAY NIGHT A gentleman's gold Waltham watch. Finder please leave at this office and receive ward. 4289-3-3M3f.

LOST - Between Euston Street and Guardian Office, a gold medal engraved "half-mile championship 1913. Finder please leave at Guardian Office. 4279-3-3M2f.

HELP WANTED - MALE

WANTED - A GOOD MAN TO work on farm, liberal wages. Apply to John R. Dinns, City. 4267-3-1M4f.

MALE HELP WANTED - BE YOUR own boss. Start a cut-rate grocery of your own. \$25 weekly. Plans free H. V. Martin, Windsor, Ont. 4277-3 M 21 pd

FOUND

FOUND FEBRUARY 21st IN THE Meat Market-bunch of keys. Owner can have same by applying at Guardian Office and paying for ad. 4299-3-4m1f.

GROWING DEAF WITH HEAD NOISES? TRY THIS

If you are growing hard of hearing and fear Catarrhal Deafness or if you have roaring, rumbling, hissing noises in your ears go to your druggist and get 1 ounce of Parmit (double strength), and add to it 1/4 pint of hot water and a little granulated sugar. Take 1 tablespoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who is threatened with Catarrhal Deafness or who has head noises should give this prescription a trial.

MISCELLANEOUS

ENVELOPES WITH ADDRESSES or Initials 65c per 100; \$2.00 per 500; \$3.00 per 1,000. Guardian Job Printing, Charlottetown. 4085-2-20ME1f.

NOTEPAPER AND ADDRESSES - Single sheet 75c per 100, \$1.50 for 500. Double sheet \$1.00 per 100, \$2.00 per 500. Guardian Job Printing, Charlottetown. 4085-2-20ME1f.

FASHIONABLE WEDDING STATION- ery - 25 for \$3.00; 50 for \$4.50. Guardian Job Printing, Charlottetown. 4085-2-20ME1f.

THE GODDARD HOSPITAL BROCK- ton, Mass., offers a course of 2 1/2 years training for young ladies desir- ing to become nurses. Apply to superintendent. 4184-2-26ME6fpd.

MULTIGRAPH LETTERS, SAME AS typewriting on customer's sta- tionery: 100 for \$2 per 40 lines; 500 for \$2.50; 1000 for \$3.50. If you supply stationery: 100 for \$2.75; 500 for \$4.50; 1000 for \$7.50. Guardian Job Printing, Charlottetown. 4085-2-20ME1f.

IN MEMORIAM

DOROTHY KELLY

There passed peacefully away at her home in Maplewood, Dorothy, dearly beloved child of Mr. and Mrs. Chas. Kelly at the early age of five years after an illness of a few weeks of Dis- tinct. The sincere sympathy of their many friends will be extended to Mr. and Mrs. Kelly and family in their sad bereavement.

MISS MARGARET GORDON

After having reached the rare old age of almost ninety-three years, Miss Margaret Gordon, the oldest re- sident of New Perth, passed away yesterday morning at the old home- stead, the residence of her nephew, James A. Gordon.

Death was due to pneumonia, with which she was attacked eleven days ago.

Miss Gordon was born at Bruden- ell River on March 27th, 1826 and was therefore twenty five days short of her 92nd year.

She was the daughter of the late James Gordon one of the pioneers of three Rivers.

When she was very young her pa- rents removed to New Perth, and here she has ever since made her home until the call came to the Home Eternal.

Miss Gordon during her long life has seen the forest give way to the cultivated farm and the comfortable homestead. As the oldest of a family of twelve in these pioneer days, in the early stages of the agri- cultural development of this province Miss Gordon had an important part to play in assisting in the work of the household and she nobly rose to the occasion. These were the days of home handicrafts and in these she excelled. She was a skilled weaver and year after year she carried off prizes for home woven cloth, at the County Fair. Along other lines of home industry she was also very proficient.

On her 91st birthday, two years ago the ladies of the Red Cross Society of New Perth came to visit her, brought their spinning wheels, and all set- tled down to an old-fashioned spin- ning frolic, Miss Gordon, despite her advanced age, "doing her bit" with the others in preparing com- forts for the soldiers.

LENTE PASTORAL

The following pastoral letter was read in all the Catholic churches throughout the Island yesterday: Dearly Beloved:

The approaching holy season of Lent is a time of mortification, pen- ance and prayer. In commemoration of the forty days' fast of Our Sacred Saviour and to honour His Sacred Passion and Death, we are called upon in a special manner to mortify our bodies and bring them into subjec- tion by sincere and earnest penance, and to purify and sanctify our souls by the holy exercise of prayer. St. Paul compares our struggle in this life against the powers of darkness and the allurements of the world to the efforts of the athlete to win an earthly crown. Just as the athlete in striving for the mastery refrains from many things, so the earnest christian will deny himself many things in or- der that he may conquer human pas- sions and win an incorruptible crown of eternal glory. Let us, then, during this holy season reflect earnestly upon the tenor of our lives. Let us ask ourselves sincerely whether we are striving vigorously and whole-heart- edly for the mastery over our faults and vices, ever keeping our minds upon the eternal crown of Heaven's Kingdom. In this struggle we need not look in vain for encouragement. The success of others gone before us nerves us to be bold and daring. Faith bids us look up and behold the ex- amples of the saints who strove for the mastery as we have to do, - the saints who overcame themselves and brought their bodies into subjection, mastered their passions and despised the enticements and false pleasures of earth, which vain would have drawn them from the path of virtue, and bat- tled against evil spirits and tempta- tions by prayer, humility and the sac- raments.

A still greater encouragement have we in the fact that we serve a master who is ever willing to grant us all the aid and strength necessary to do His will. To do this He is waiting only to be asked. In humility, therefore, let us ask pardon from God for all the wasted energy and effort of our past, for the abuse of His many gifts and graces. Let us beseech Him to grant us a pure faith to see and realize what is required of us; and courage and strength of purpose to continue the struggles of life until we achieve the victory.

Let us pray in particular for Our Holy Mother, the Church, and for our Country. Let us beseech God to look down upon His children who are gathered around the Peace Table in an endeavour to settle this world's serious problems, that they may receive light and guidance to bring to this world a just and lasting peace so that mankind may again be united in the bonds of christian charity and brotherly love.

We recommend as exercises of de- votion particularly adapted to this season: The Holy Rosary, assistance at Holy Mass, frequent Communion and the pious exercises of the Way of the Cross.

MRS. J. HERBERT HOGG

The community of Kelvin and sur- rounding districts were shocked and saddened on Sunday last to hear of the death of Evelyn M. Lowther, be- loved wife of J. Herbert Hogg and eldest daughter of Isaac and Mrs. Lowther, Kensington after an illness of only two days of pleuro-pneumonia following influenza. Deceased who was only thirty three years of age was a general favorite with all who knew her and her sudden death leaves a blank in the lives of her numerous relatives and friends which will be hard to fill. Of a quiet unassuming disposition she was always first in every good work and took an active part in the social and religious life of the community. Through her in- strumentality, the Kelvin Red Cross was organized about two years ago and she was a faithful and tireless worker in that society till the end of the war. She was also a consistent member of the Methodist Church and died trusting in the saving merits of Jesus whom she had known from early childhood as her personal Sav- iour. She leaves to mourn their loss, besides a heart broken husband and two small children, Edith and Norman her sorrowing parents and the follow- ing brothers and sisters, Harrison in Vancouver; Brenton in Girvin, Sask.; Norman, in Charlottetown; Lewis of the 8th Br. France; Mrs. Wilfrid Woodside, Kensington and Miss Katt- erine at home. The funeral services were held outside the home at 4.15 on Sunday afternoon and was very large- ly attended. Owing to the illness of her pastor Rev. Geo. Sellar the Rev. T. W. Goodwill officiated at the house and grave. The pall bearers were five brothers-in-law of the de- ceased, John Hogg and George Hogg, Summersde, Wm. Casely, Kelvin, A. C. McNeil and Wilfrid Woodside, Kensington and a near neighbor, Robert Crozier, Kelvin.

For your children's injuries nothing is equal to Zam-Buk - it ends pain so quickly! Children know this and when they have once had it applied will cry for it again.

Mrs. T. D. Ruston of the Children's Aid Society, Belle- ville, Ont., says: "We never use anything but Zam-Buk for our children's cuts, burns, bruises, etc. We have found it superior to all other reme- dies for ending pain and healing, and we have also found, by experience, that an injury treated with Zam-Buk never festers. With so many children in our Shelter, we really could not afford to be without Zam-Buk, not only for their injuries, but also for their sores and skin troubles."

Mothers! Be sure to keep a box of Zam-Buk on the medicine shelf. It will save you much needless anxiety as well as expense. Zam-Buk does not deteriorate with keep- ing, but retains its strength and purity to the very last. For eczema, ringworm, boils, pimples, ulcers and piles, Zam-Buk is equally good. If you have not already tried this herbal balm, cut out this advertise- ment, write across it the name of this paper and send it with 1c stamp to pay return postage to Zam-Buk Co., Dupont St., Toronto. We will then send you a free trial box. All dealers 50c. box.

Men serving in the army or the navy are allowed by Papal Indult to eat meat on all days of the year, ex- cept Ash Wednesday, the Vigil of Christmas, Good Friday and the fore- noon of Holy Saturday.

The time for the fulfillment of the Easter duties in the diocese is pro- longed by indult, beginning on Ash Wednesday and ending on Trinity Sunday inclusive, notwithstanding the prescriptions of the New Code of Canon Law, unless you are notified to the contrary in the meantime. All the faithful are earnestly exhorted to fulfill with proper dispositions the great duty of their Paschal Commu- nion, rendered obligatory by the com- mand of the Church.

Solemn blessing of nuptials is for- bidden from Ash Wednesday to Easter Sunday, inclusive. The Bishop may, however, permit this solemn blessing within the forbidden times, provided there be no unusual pomp, provided the liturgical prescriptions be observ- ed, and provided also there be a suf- ficient reason.

This circular shall be read in each Church of this diocese by the pastor, or priest, delegated by the pastor, on the first Sunday on which Divine ser- vice is held therein after its recep- tion.

Given at Charlottetown, on the feast of St. Matthias, 1919.

HENRY JOSEPH O'LEARY, Bishop of Charlottetown.

We desire in the interest and wel- fare of our Catholic people to obtain from each and every parish a com- plete record of our soldiers who have enlisted during the course of the war. For this purpose, schedules will be forwarded to each Pastor to be filled out and returned to me. We earnestly exhort all the faithful to give in these names of their friends and relatives of this diocese who have entered the service whether at home or abroad, at a time and place to be indicated by their pastor. We hope and trust that every possible diligence will be shown to make these returns as complete and exact as possible. When the returns have been made up, we request the Pastors before sending them in, to read the completed list to the assembled parish in order to as- certain whether it is correct in every particular.

In view of the constantly increasing call for priests, the Church Extension Society of Canada has recently au- thorized us to expend, if necessary, the whole amount of the collection for Church Extension Society in de- fraying the expenses of young men for the priesthood who would be content to labour in any part of Canada to which they might be assigned by that Society. This matter will be cared for by a Committee of Clergymen to be appointed later. We therefore again exhort all the pastors who have not yet organized this society in their parishes to do so as soon as possible in view of the fact, namely, that the money collected will be expended for the education to the priesthood of our worthy young men.

The regulations for Lent will be as follows this year: All the week-days of Lent, begin- ning with Ash Wednesday, are fast days, on which those bound to fast may take only two ounces in the morning, and a slight lunch or supper which should not exceed eight ounces. The principal meal may be taken in the evening and the lunch at noon. From this fast are excused: All per- sons under twenty-one years and those over fifty-nine years of age; those who have heavy work that calls for great physical strength; women bearing or nursing infants; those who are sickly or convalescent after an operation or serious illness. Persons so dispensed, however, are obliged by the law of abstinence to abstain from flesh meat on Fridays and other days specified in the next paragraph, un- less the doctor prescribes otherwise.

Flesh meat is allowed at the prin- cipal meal on all the days of Lent, except Wednesdays and Fridays, Em- ber Saturday and the forenoon of Holy Saturday. The use of eggs, milk, butter, cheese, is by common custom allowed at the principal meal and at lunch. Dripping and lard may be used in the cooking of all foods. On days when meat is allowed, fish, oysters, and other sea food, may be taken to- gether with the meat.

Men serving in the army or the

PEACE BRINGS MANY JOYS

The war taught us to save and to serve. It brought the supreme test of patriotism - and now comes Peace with countless blessings - among them

Shredded Wheat

You couldn't get all you wanted during the war but now your grocer can supply the normal demand. It is the same Shredded Wheat you have always eaten - clean, pure, wholesome, nutritious. There is no "substitute" for it. Eat it with milk or cream. Salt or sweeten to suit the taste.

MADE IN CANADA

LETTERS OF SYMPATHY

To Mrs. John M. Johnston, Peters' Road, P. E. I.

Dear Mrs. Johnston: - We, the members of Peters' Road Auxiliary of the Woman's Missionary Society, desire to express our deepest sym- pathy with you and your family in the great loss sustained in the deaths of your husband and son. We feel that more words fall to comfort in such a time of great sorrow, but we know the One who said, "I will not leave you comfortless," will be with you to strengthen you; and although "His ways are past finding out," we know He does all things well, and so we pray that He will sustain you in this great affliction.

Signed on behalf of the Peters' Road Auxiliary W. M. S. ANNIE MACL. JOHNSTON, Secretary.

To Mrs. William D. Johnson, Peters' Road, P. E. I.

Dear Mrs. Johnston: - We, the members of Peters' Road Auxiliary of the Woman's Missionary Society, convey to you our most sincere sym- pathy in the great sorrow you have

been called upon to bear in the death of your husband. We cannot understand why such promising young manhood should be cut off so suddenly, but our Heavenly Father knows what is best for us. His ways are not our ways, and so we pray that in His loving kindness He will care for you and your little boy and give you strength to bear your great sorrow.

Signed on behalf of the Peters' Road Auxiliary W. M. S. ANNIE MACL. JOHNSTON, Secretary.

KENSINGTON MARKETS

Butter 38 to 40 Eggs 45 Oats 60 Pork 17 1/2

Time works wonders. So would a man if he put in twenty-four hours a day, as time does.

Time wasted can never be recall- ed. You should remember this when you carve a boarding house steak.

A rose by any other name would be just as expensive in midwinter.

Advertising!

THE biggest men in the country have found that the easiest way to success is to A-D-R-T-I-S-E. Suppose newspaper did not publish the news, how would the people know what is happening? If you don't publish the Store News how will the people know about your goods? You can never sell the goods people do not know you have. Advertising is telling about your stock. The firm that advertises gets ahead, every time, of the firm that does not adver- tise. Shopworn and out- of-date stock is the pen- alty merchants pay for not advertising.

PRINTING

- Counter Check Books Let or Heads Posters Envelopes Menu Cards Loose Leaf Ledger Forms, etc. Statement Heads Programmes Dodgers Calling Cards Memorial Cards Circulars Bill Heads Wedding Cards Note Heads Neatly and promptly done

harlottetown Guardian