

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

YOUR CHILD NEEDS the sustaining energy of Quaker Oats

CHILDREN expend twice as much energy before noon as they do in all the rest of the day. That's why they need a hot Quaker Oats breakfast.

Quaker Oats is best for children because it contains 16% protein, for growth; 65% carbohydrates, for energy, and minerals and vitamins in abundance.

Children enjoy Quaker Oats. They're different... better, because only firm, plump, sun-ripened grain is used... rolled to a succulent, flaky tenderness... roasted, to bring out the fresh, nutlike flavour.

Quaker Oats costs only one cent a meal. Because of pre-cooking, Quick Quaker is ready to serve 2 1/2 minutes after the water boils.

No other breakfast is so sustaining. Order Quick Quaker Oats today. See that the Quaker figure and the Quaker name are on the package. You can't expect Quaker quality unless you get the Quaker brand.

In large household packages with or without chinaware... smaller 10c size. Never in bulk. All Quaker packages contain coupons with which you can get valuable premiums.



A surprise in every package marked "Chinaware"

Every Quick Quaker package marked "Chinaware" contains a piece of genuine English chinaware, attractively patterned. As pretty as you can buy. Beautifully coloured... distinctively shaped and bordered.



MADE IN CANADA

QUICK QUAKER OATS

Cooks in 2 1/2 minutes after the water boils

Dorothy Dix Letter Box

Why Old Married Couples Fail to Display Their Affection in Public—Shall This Man Return Her Love Letters to His Old Sweetheart—May an Illegitimate Child Marry?

Dear Miss Dix—When I see a young couple just married they seem very loving, but when I see an old married couple they seldom show each other any affection. Why is this? Do the old couples still love each other as they did when they were married, or are they indifferent to each other?

A WONDERING YOUNG GIRL.



Answer: A young married couple are loving to each other because youth is the time of hot passion, or ardent emotional experiences, the time of billing and cooing and petting. Their demonstrations are part of the hangover of their courting days. They are still new to each other and filled with the rapture of possessing each other.

But you will find that the young married couples quarrel as fiercely as they love, and the percentage of divorces among them is much greater than among the old.

Sometimes old married people do not show each other any affection because love is dead in their hearts, and the only feeling they have for each other is mere toleration, and they have too much dignity and honesty to stage a show of an affection that they do not feel.

But the reason that the great majority of middle-aged couples are not always kissing and caressing each other is because they have settled down into a surety of love that needs no outward demonstration to prove it. They have accepted love, as we come to accept other good things in life, as something that blesses them and makes them happy, but which doesn't call for any display.

It is like when we first get a diamond ring or a new car or a pretty frock. We exclaim over it at first and show it off to our friends and are always calling attention to it, but after a while we cease to brag about it and just take it for granted as if we had always had it.

And, anyway, the husband and wife who have loved each other for years and who have done everything in their power to make each other happy feel that they have said it in something more tangible than words. For them to go about assuring each other that they love each other would be as absurd as for a man to go about proclaiming that he is an honest man, or for a woman to tell everybody she met that she is a virtuous wife.

Don't imagine that only the young married people who hold hands in public, and who have to telephone each other half a dozen times during the day while the man is at work, are the only husbands and wives who love.

The greatest romance, the most beautiful love idyll in the world, is not that in which a boy and girl are united at the altar and that ends in a fade-out of a long-drawn-out kiss. It is the story in which the hero and heroine are an old couple who have loved each other for forty or fifty years, who have worked shoulder to shoulder together, who have hoped and planned together, who have struggled and triumphed and wept and laughed together so long that they have really become one.

They know each other as only a husband or wife can know any other human being. They know all of each other's faults and weaknesses and love them because they are their Maria's or their John's. And that is the kind of love that lasts.

The love of the young married couple is based on illusion. It may stand the shock of finding out that its object is a mere being and not a demigod. The lips that kiss today may be turned away in loathing tomorrow. The hands that caress today may stab tomorrow. But the love of the old does not change. It has been tried in the fire and has come out pure gold.

DOROTHY DIX.

Dear Dorothy Dix—Should a young man keep old love letters? Not long ago I was in love with a girl and she with me, but we had a misunderstanding and broke off our engagement, though I love her still. I have a number of her letters and she has many of mine. I have thought of burning them, but I don't like to do that. Shall I return them to her? G. J.

Answer: Return the letters to the girl by all means. It is the only honorable and chivalrous thing to do, and while you are about it you had just as well ask her to return yours to you and let them go into the furnace.

Old love letters are just about as safe to have around the house as an unexploded bomb. In fact, if you get married and your wife comes across a lot of old love letters from girls, you will find yourself in as much of a mess as you would be if some one had put a stick of dynamite under your doorstep and then touched it off.

Never, never, never will you be able to explain why Maud or Geraldine or Sally or Sue addressed you as the angel of her soul, the darling of her heart, her man of men, and so on and so forth, nor why she wrote pages upon pages about how she longed for your kisses and the feel of your arms about her, and how many ages it seemed since you said good-by last night. And though you talked with the tongue of men and of angels you will never convince your wife that you still haven't a lingering tenderness for the authors of these warm missives, and every time you have a quarrel she will come back with a fresh quotation from Maud or Geraldine or Sally or Sue.

Of course, many men keep the love letters girls have written them to prove their prowess with the fair sex, as the head-hunters preserve the skulls of their victims to show what mighty hunters they are. But it is a childish thing of a man to boast of his conquests among the ladies, and satisfied vanity is a poor recompense for putting yourself in that category.

Besides, to keep a girl's letters is most unfair to her. Every woman when she dips her pen in ink takes leave of prudence and writes things that she would never dream of saying to any man alive, merely because it makes her feel poetic and romantic, and she gets a kick out of thinking of herself as a great lover penning an immortal love lyric.

A real gentleman never kisses and tells, and he always sends a girl's love letters back to her so that she can destroy the evidences of her folly.

DOROTHY DIX.

Dear Miss Dix—I am 80 years old and very much in love with a young woman of the same age. We are not engaged, although I know she loves me, for I feel that I am not worthy of her or any one else because I am an illegitimate child. I have always worked hard and tried to do as nearly right as I could, but was never able to do any good where I was born, so I went away, worked my way through school, and have had several good jobs. But it matters not where I go, some one bobs up from my home town and tells all about me, and the result is that my associates avoid me, so I feel that I have to move on to some other place and start all over again. However, at 30 I find it is mighty hard to do that and, anyway, I want to settle

23,723 WORLD-FAMOUS BEAUTY EXPERTS ADVISE PALMOLIVE

"Don't use just any soap Palmolive is best... safest for lovely skin"



Discriminating women of Chicago turn to Eva O. Stern of the Congress Hotel and the Stevens Hotel for expert beauty advice. Miss Stern says: "Don't think any soap will do what Palmolive does. Its penetrating, soothing vegetable oil lather cleanses without irritation, leaving the skin smooth, colorful, lovely."

Eva O. Stern The Congress Hotel Beauty Shop The Stevens Hotel Beauty Shop

and Beauty Specialists in every city in Canada concur



"To the smart women who come to my shop for my exclusive beauty treatment, I recommend the daily use of Palmolive soap as the most successful home method of retaining beauty," says A. Cook, of Westmount, Que.

THESE experts agree that soap and water are needed to keep the pores free of accumulations and the skin conditioned to the abuses of modern life. "But not just ordinary soap," they say. "Palmolive, with its delicate olive oil content, is best."

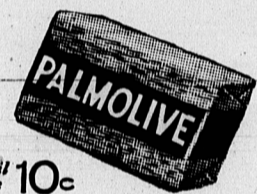
The choice of world's experts No soap could win universal approval unless it was truly unusual. And 23,723 experts, in Canada and all over the world, advise Palmolive! They consider it best because they have found its results superior to ordinary soaps.

Vegetable oils have a unique action in soap. They make it efficient but gentle and soothing in its action. Palmolive is safe for the most sensitive skin—it leaves it smooth and lovely.

The celebrated Palmolive treatment

Massage a fine lather of Palmolive Soap and warm water tenderly into the skin for about two minutes. You can actually feel this lather

Retail Price 10c



routing out the impurities in your pores—those hidden accumulations that so often are the cause of blackheads and pimples. Rinse with both warm and cold water, gradually letting it cool till it is almost icy. This astringent treatment will close the pores and keep your skin safe from dirt and germs. That is the treatment advised by 23,723 beauty experts today—experts whose business it is to know what is best, experts who have studied for years the best methods of protecting facial beauty. They find Palmolive best because it is a fine vegetable oil soap, untouched by artificial coloring methods, with a delicate odor that makes the addition of heavy perfumes unnecessary.

Try Palmolive tomorrow. Use it for the bath as well as the face. It costs no more than ordinary soap, you know, and the results will delight you.

Made in Palmolive's Canadian factory, one of the finest soap factories in the world.

PALMOLIVE SOAP

Palmolive Radio Hour—Broadcast every Wednesday night—9.30 to 10.30 p.m., Eastern Time; 8.30 to 9.30 p.m., Central Time; 7.30 to 8.30 p.m., Mountain Time; 6.30 to 7.30 p.m., Pacific Time—over stations WEAF, CKWG and 39 stations associated with The N.B.C. red network.

down and get married, so please tell me what to do. Should people marry who are born into the world as I was? JUSTICE.

Answer: Why not? The important thing is not how you were born, but the kind of a man you have made of yourself. You seem to have made a mighty good job of that, so I do not see why any woman who loves you would not be glad to marry you and forget all about your birth.

My earnest advice to you is to try to get over the inferiority complex that your unfortunate birth has fastened upon you. It has made you morbid and you attach far more importance to it than it deserves. Several of the most famous men who have ever lived were illegitimate, but they had courage and strength of character enough not to let it ruin their lives, but to make something of themselves in spite of their handicap.

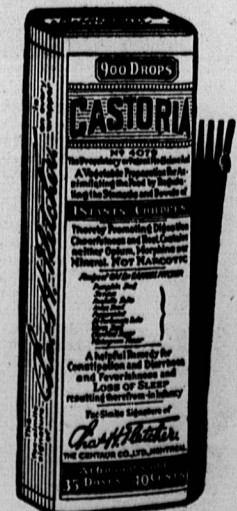
Ask the girl you love to marry you. If she is worth while, she will do it, and then settle down and make your place in society. Don't move any more. And if your cruel and malicious old neighbors pursue you with their gossip, just laugh it off, and ask what of it? If you are making good, neither your employer nor your new friends will care a rap about your pedigree.

DOROTHY DIX.

For TEETHING troubles

FUSSY, fretful... of course babies are uncomfortable at teething time! And mothers are worried because of the little upsets which come so suddenly then. But there's one sure way to comfort a restless, teething child, Castoria—made especially for babies and children! It's perfectly harmless, as the formula on the wrapper tells you. It's mild in taste and action. Yet it rights little upsets with a never-failing effectiveness.

That's the beauty of this special children's remedy! It may be given to tiny infants—as often as there is need. In cases of colic and similar disturbances, it is invaluable. But it has every-day uses all mothers should understand. A coated tongue



calls for a few drops to ward off constipation; so does any suggestion of bad breath. Whenever older children don't eat well, don't rest well, or have any little upset, a more liberal dose of this pure vegetable preparation is usually all that's needed. Genuine Castoria has Chas. H. Fletcher's signature on the wrapper. Doctors prescribe it.



Weak After Operation

"After having an operation, I was very miserable, weak, nervous and very near unfit to work. I saw Lydia E. Pinkham's Vegetable Compound advertised and tried it and believe it helped me wonderfully. I have no weak spells any more, the pains have left me and my nerves are much better. I feel safe in saying Lydia E. Pinkham's medicines have helped me wonderfully."—Mrs. Wm. H. Bechtler, Box 143, Port Colborne, Ontario.

Lydia E. Pinkham's Vegetable Compound

Annual Examination of Your Eyes will Safeguard Your Vision and Comfort

See J. W. JOHNSTON Optometrist 157 Kent Street Phone 420-Charlottetown

A Morning Smile

HIS SURPRISE

Dinner was over and the wife was tidying up the room, when she came upon a pile of weighty books.

"Good gracious, Jack!" she said to her husband. "Wherever did all those books on astronomy come from?"

The husband smiled triumphantly. "That's my little surprise for you," he said. "This morning you said we ought to study astronomy, and when I got to the city I went into a bookshop and bought a whole lot of books on the subject."

The wife paled slightly. "But, Jack, dear," she said patently, "I didn't say astronomy; I said economy."

Minard's Liniment for Frost Bites.

Etiquette

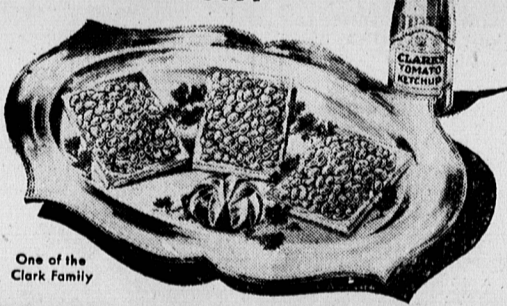
By Roberta Lee

Q. Where should a man walk when accompanying two women? A. The man should walk on the curb side, not between the two women.

Q. Is it necessary that the china used throughout a dinner should exactly match? A. As a rule, it does, but if preferred, different sets may be used for different courses.

Q. Where is the best place to give a ball? A. At a large hotel or assembly hall.

MELT-IN-YOUR-MOUTH DELIGHT



One of the Clark Family

RECIPE: Try this tasty meal. Empty contents of tin of Clark's Pork and Beans into frying pan. Add small quantity of butter or bacon fat and allow beans to heat thoroughly. Serve on hot, buttered toast.

It's a real melt-in-your-mouth delight... thanks to Clark's Pork and Beans.

Let the Clark Kitchens help you for quicker and better meals.

CLARK'S PORK and BEANS

(With Tomato, Chili or Plain Sauce)

W. CLARK, LIMITED. Establishments at Montreal, P.Q., St. Remi, P.Q., and Harrow, Ont.

CAN YOU DESIGN A NEW SOUP LABEL?

\$500 IN PRIZES

We want suggestions for a new label design for Clark's Soups. Write to W. Clark Limited, P. O. Box 294, Montreal for full details of contest.

1st prize, \$300; 2nd prize, \$100; and four prizes of \$25.

MORE OVERSHOE BARGAINS

Women's Wool Jersey Overshoes, balance of all broken lines \$2.75

Women's Black Velvet, a few pairs left at \$3.95

Misses Overshoes, worth up to \$2.60, for \$1.95

Childs Overshoes, worth up to \$2.50, for \$1.65

Men's 3 buckle Overshoes, now \$2.45

Women's All Wool Hosiery

Worth up to \$1.50, now 75c

We have received another shipment of Ladies' Brown Overhose \$1.00

