

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## The HOUSEWIFE and HER ACTIVITIES

**TAPS**

"Day is done,  
Gone the sun  
From the lake  
From the hills,  
From the sky;  
From the rest,  
All is well,  
God is love."

### WORLD'S SMALLEST MOTOR CAR

A Captain Burgess of London, England, has invented what is supposed to be the world's smallest motor car, and which has been a success. Captain Burgess pilots himself around the busy London streets in the little car. It is but three-quarters horsepower and runs on pneumatic wheels about the size of dinner plates. The car is built on racing lines and is so simple that a child could operate it. The acceleration, brakes and stopping are all one operation. Beside the big bus the little car looks like a joke to onlookers.

### JUST A FEW NICKELS AND DIMES

A small queue had formed before the savings account desk in the bank. Before me was a slatternly Japanese woman, down-at-heel, that every, dragging by the hand a small, very dirty child. In her other hand she clutched a crumpled paper bag.

"I have a little money to put in the bank," she told the clerk. "Just dimes and nickels mostly. Too small maybe?"

"No, it's all right. Let me have them," she was told.

The paper bag was plunked on the counter and turned upside down. Out rolled half a dozen paper packages of coins, at least three hundred-dollar bills, and many of smaller denomination. Solemnly the clerk counted them while the "poor whites" waited, green with envy.

"A credit of \$600," the poverty-stricken Japanese woman was told as she turned away.

### WAIT AND SEE

The church trustees were discussing the advisability of buying a chandelier for their little country meeting house. They had about decided to get one, when one member spoke up:

"Say, hadn't we better wait and see if there is anybody in the church can play the blamed thing?"

### IMAGINE CHRISTMAS TIME

The Peluso family of Chelsea, Mass., will appear at the Italian village at the World Fair in Chicago as being the largest, healthiest and most attractive Italian family in the country. There are fifty-four children and grandchildren and 275 relatives.

### ACTRESS MUST LIVE LIKE A JOCKEY, SAYS CECILIE SOREL

How to keep young and fit like Cecilie Sorel and Mistinguett, puzzles no easy job, according to the Dame Aux Camelias and the owner of the most beautiful pair of legs in the world.

Both of these celebrated exponents of the theatre, more particularly of the drama and the dance, are past 60 and going strong on the vaudeville stage.

Madame Sorel, who in private life is the Countess de Segur, says, "An artiste must live like a jockey; if she puts on weight she cannot act. Every morning when I get up I go through a series of physical culture exercises for the body must be sculptured before it can be dressed."

**DANCING LIMBERS UP MUSCLES**

"After that I dance a few minutes to make my muscles limber and then I am thoroughly massaged." And

here, she explained, is where the rub (literally) comes in. "This is painful, but it has to be done. Deep breathing and abdominal exercises require greatest of all care, for if they are badly performed they do more harm than good."

After being sufficiently battered about by her masseuse Madame Sorel is brought to life by a quick cold shower which brings her immediate relief and puts her in form for the day.

### APPETIZING MEALS TEMPTING

"Then I lie down and read a book," she adds, "I never eat bread. My meals consist of grilled meats, a glass of high-grade Bordeaux wine and fruit. When I dine out I admit I am tempted by all the appetizing dishes I see, but if I indulge, the next day I have to punish myself by a little warm water with a squeeze or two of lemon juice in it."

And the Polles Bergeres' headline attraction, Mistinguett, corroborates these bitter facts.

"An actress' life is nothing but pure hard labor. When my muscles begin to get stiff after dancing I have to go through vertebrae torture."

But those million dollar legs must be preserved at any price in cash or pain. Her leg insurance amounts to so much that it has to be distributed amongst several well known companies.

### RASPBERRY PLANTING

During September, or even as late as early October, raspberries can be planted with as much success as in the early spring before the canes have budded out.

The distance at which the rows and plants are to be placed depends largely upon the type of training to be followed, says the Dominion Horticulturist. In Eastern Canada two systems are in general use, the hill system and the hedge-row. In the hill system the plants are set at least four or five feet apart, which permits, with care, the use of a single horse cultivator either way. Where land is cheaper and the labor hand, the distance may be increased to seven by seven feet, permitting the use of a double cultivator and eliminating most of the hand hoeing.

If the hedge-row system is adopted, the rows may be placed six feet apart, or wider, and the plants set three feet apart in the row. If the plants are checked in rows so that they come opposite, a single horse cultivator may be used the first season and thus cut down maintenance costs by a considerable amount.

In the West, some growers prefer the linear system, which is in reality a modified hedge-row. It consists of rows of canes six to eight feet apart, with plants set two to three feet apart and from which no suckers are permitted to grow. Cultivation is practiced only one way.

### HOUSEHOLD HINTS

Pieces of felt cut to shape and glued to the bottom of your dining room chairs will prevent any scratching of your floors.

Large colored pictures, when cut up, make fine jigsaw puzzles to keep the children interested for hours.

A neckband may easily be replaced by sewing the inside of the new one on before cutting the old band off.

Place a rubber mat on the washstand in the sick room; it will prevent clatter of glasses, spoons, medicine bottles, etc.

**SEASONED.**

George—What does it mean in this book by "seasoned troops?"

Jim—I expect they were mustered by the officers and peppered by the enemy.

## Dorothy Dix's Letter Box

### What Type of Girl Should Fine, Straight-Thinking Man Marry?—Lazy Parents Who Condemn Children to Slavery, to Support Them

Dear Miss Dix—I am a young man 21 years of age. I am fond of studying. Like swimming, baseball, football and other sports. Don't dance. Don't indulge in petting parties. Despise drinking. Smoke to excess. Can you tell me from the above description of myself what type of girl would be suited for me? WONDERING PAT.



**Answer:**

I should think that what I call the Lady Type of girl would best suit you. I use the term Lady Type to designate the girl who has held on to the old-fashioned virtues of women with one hand, while grabbing the new ones with the other hand.

She is modern without being crude. She is intelligent without posing as a high brow. She is athletic without parading around in breeches all the time. She is a good sport with one hand, while grabbing the new ones with the other hand.

without making an imitation man of herself and cursing and swearing as no gentleman does. She is no prunes-and-prisms miss, yet she doesn't give her lips to every man nor let every Tom, Dick or Harry paw her over.

She is a good scout, but she never forgets that she is a lady nor sacrifices her womanly reserve nor forfeits her maidenly modesty.

I think that sort of girl would suit a man of your type—a girl who would be interested in study, a girl who read and could talk about what was happening in the world, a girl who liked quiet things and who would be satisfied to stay at home of evenings instead of wanting to be perpetually taken about to places of amusement, a girl who was domestic in her tastes and looked forward to home-making as a career instead of a chore.

I don't think that a wild girl or a drinking girl or a flapper would suit you.

But how wise you are to consider before marriage the type of girl who will be congenial to you, instead of waiting until after marriage to find out that you have got a misfit, as so many men do? The average man in selecting a wife seems never to take his own personality into account. His concern is solely with the surface attractions of the girl, and he never asks himself whether she has a single quality that will be what he wants in a wife.

A girl is pretty. Or she is a good dancer. Or she has a cute way. Or she is a swell dresser. And a man marries her without reflecting upon his needs in a wife. He doesn't say to himself that while beauty is undeniably attractive in a woman, it is also expensive to maintain, and that he is in no position to set up a living picture that will require a costly frame. What he needs is a strong, healthy, practical wife who would be a good working partner.

Nor does he pause to consider that there is more walking the collar after marriage than there is dancing the rumba or that the kind of a line that makes a hit with a husband is good, hard horse sense and not baby talk or that a poor man cannot afford to provide a fashion plate wife with the proper scenery.

Hence we have the unhappy marriage in which disgruntled husbands complain that their wives fail to give satisfaction, yet the poor wives are just what they were when their husbands picked them out. The little Dumb Dora is still a little Dumb Dora. The spoiled mamma's darling is still the spoiled mamma's darling. The lazy good for nothing, who was never on time, is still lazy and good for nothing and never on time.

And the intelligent man is bored with the stupid wife who never knows what he is talking about. And the man who married the selfish girl, who never considers anybody but herself, rebels at being a doormat for her to trample over. And the man who married the lazy, shiftless girl has to live in a pigsty where nothing is ever done on time.

And all this grief comes about through men not finding out the type of wife they really need. So my advice to every young man is to study himself even more than he does the girl before he poses the question to any young woman.

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Dear Dorothy Dix—I am a man 31 years of age. Single. For the last fifteen years my entire salary has gone for the support of the home. So has that of my sister, who has worked for the last twelve years. We have done this, although until lately, our father has not only earned good money but has had several legacies, but he has been such a poor manager that he could never pay the bills. Now at 60 is penniless, depending upon our support. Like all human beings, my sister and I have our ambitions in life. We would like to become somebody and do the things that would make us feel that life is worth while, but what can we do under the circumstances? I would like to clear out and start my life thousands of miles away, and but for my mother I would have gone long ago. Why should men and women be permitted to marry and have children when they are such fools? But perhaps, after all, I am the fool. Have you a solution to our problem? I. W. D.

**Answer:**

There is no problem more heart-breaking or more insoluble than that of children with improvident parents. And that it is a very common one is proved by the fact that statistics show that more than half of the fathers and mothers more than 60 years of age are dependent upon their children.

Of course, in many cases this could not have been prevented. The parents' earnings were so small that after they took care of their children there was nothing that they could put aside to provide for their old age. But in many, many other cases, as in this one for instance, it is sheer selfishness on the parents' part. They wanted to eat and drink and be merry and to leave their children to pay the score. They indulged themselves in whatever they wanted as they went along and depending upon their children's supporting them when they were too old to work.

Such parents literally sell their children into bondage. Mere children have to go to work to pay for Father's and Mother's indulgences. Young shoulders bend and break under the load that Mother and Father dump upon them. Ambitions are thwarted. Love's young dream is

**Answer:**

"Gentlemen of the jury," said the counsel for the plaintiff in a damage suit against a railroad which had turned a farmer's cow into mince-meat, "this is a clear case of murder in the first degree on the part of a soulless corporation. If this here train had a-been runnin' as slow as his ought to of been rang, if that there bell had a-been rang as hit ought to of been rang, and if the whistle had of been blowed as hit ought of been blowed—none of which was did—this innocent cow would never of been hit when she was killed."

**Answer:**

Dear Dorothy Dix—Do some girls never fall in love? If so, why don't they? How can a girl tell whether she is really in love or not? EVA.

**Answer:**

Some girls never fall in love because they are not sentimentally inclined. Others because they never meet any man who comes up to their ideal, or who fires their fancy.

You know when you fall in love by the symptoms. You just have that gone feeling. It is unmistakable. DOROTHY DIX.

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## Between you and me..



"YOU CAN PROVE TO YOURSELF HOW LONG OLD DUTCH WILL LAST BY PUTTING THE DATE ON THE NEXT PACKAGE YOU BUY."

"THAT'S AN IDEA, AND I'LL DO IT. I'VE NOTICED ALREADY HOW MANY MORE THINGS YOU CAN CLEAN WITH OLD DUTCH."

Old Dutch does it because

it's made with pure "SEISMOTITE"

"Seismotite" (pronounced sis'-mo-fite) is a fine, scratchless cleaning and polishing material of volcanic origin. It cleans more things, cleans quicker and doesn't scratch. Seismotite particles cover more surface because they are flaky and flat-shaped like this. That's why Old Dutch goes further and does more cleaning per penny of cost. Avoid cleansers containing destructive grit.

Old Dutch is ideal for cleaning any surface on which water may be used—floors, woodwork, painted walls, kitchen utensils, glassware, etc. It polishes as it cleans fine porcelain, enamel and tile. Buy a package of Old Dutch today.

**Doesn't Scratch**

Made in Canada

suppressed. Lives are blighted because boys and girls must give up the careers they long for and establishing homes of their own, to make good on their parents' deficiencies.

It is hard. Cruel hard. No one can deny that, but what can they do about it? They are bound upon the wheel. They cannot let their parents starve; neither their love nor their sense of duty would let them do that. And the only suggestion one can make is a half remedy, that they should try to salvage a little of their own lives by trying to cut down on their parents' unreasonable demands and by making all the other children do their part.

For, curiously enough, parents nearly always elect some one child as the family goat and feel that the others should go free.

.....

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## Grandmother's Quilt Patterns

**JONQUIL**

Out out all applique pieces and sew as indicated on small block. Set applique blocks together with plain blocks as shown on quilt diagram. Plain blocks may be white or colored to match applique blocks. Finish edge around quilt with 3 inch binding and match blocks.

Allow for seams when cutting patterns.

**Material Required:**

2-3 yards material for applique blocks.

2 yards material for plain blocks.

24 applique blocks.

18 plain blocks.

3 inch border around quilt.

When ordering give Number 24-2. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs — every pattern different.

## A Morning Smile

"Gentlemen of the jury," said the counsel for the plaintiff in a damage suit against a railroad which had turned a farmer's cow into mince-meat, "this is a clear case of murder in the first degree on the part of a soulless corporation. If this here train had a-been runnin' as slow as his ought to of been rang, if that there bell had a-been rang as hit ought to of been rang, and if the whistle had of been blowed as hit ought of been blowed—none of which was did—this innocent cow would never of been hit when she was killed."

## SMART FROCKS FOR FASHIONABLE PEOPLE

Illustrated Dressmaking Lessons Furnished With Each Pattern

Today's model is an essentially youthful fashion for the junior wardrobe.

It can be carried out as a complete two-piece dress or as a separate blouse and skirt. Have your way about it!

A novelty wool jersey in rust tones is pictured with tiny rust colored velvet buttons. A pert bow tie of the velvet accents the smart collar of white starched linen. The slender sleeves have linen cuffs. Be sure to make the collar and cuffs detachable so as to be readily laundered.

Plaid angora woolen skirt in brown tones is fetching with the blouse of orange velveteen.

Many of the rayon novelties that suggest wool are also smart for its development.

Style No. 705 is designed for sizes 11, 13, 15 and 17 years.

Size 15 requires 3 1/4 yards of 39-inch material with 3/4 yard of 39-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 705. Size .....

Name .....

Street Address .....

City .....

State .....

**THE COOK'S CORNER**

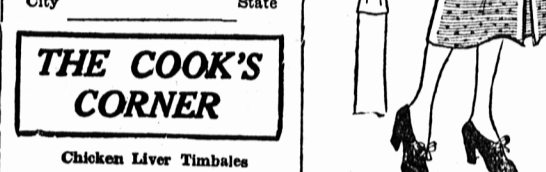
Chicken Liver Timbales

12 chicken livers  
1 teaspoon butter  
1/4 teaspoon chopped onion  
5 eggs  
1/2 teaspoon salt  
Pepper  
1 teaspoon chopped parsley  
1 tablespoon bread crumbs  
Chop the raw livers and rub through a sieve, after removing cores and skins. Place this puree in a pan with the butter and onion and cook for 5 minutes. Remove from stove and cool, then add seasonings, egg yolks and crumbs and blend thoroughly. Whip egg whites to a stiff froth and fold into the mixture. Sprinkle with fine bread crumbs. Fill with the mixture and bake in a panful of water, in a medium oven for 15 minutes. Serve with hot mushroom or sherry sauce.

**Fresh Corn Timbales**

When fresh corn begins to be a little tough to enjoy on the cob it will make delicious timbales thus:

1 cup corn pulp  
2 egg yolks  
1 teaspoon salt  
Pepper  
1 tablespoon melted butter  
1 teaspoon sugar  
1/2 cup soft fresh bread crumbs  
2 egg whites  
Scrape enough corn from cob to give the necessary amount of pulp through a sieve. Add to this the well-beaten egg yolks, seasonings, melted butter and the bread crumbs. Mix well, then fold in the stiffly-whipped egg whites. The mixture should be stiff enough to drop from the end of a spoon. If too thin add a little cream. Turn into well-buttered small timbale molds and cook as usual. Serve as a light luncheon course, with cream or cheese sauce, or make very tiny and use to garnish a platter of roast chicken.



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## WHAT ONE GIRL WORE

**BY BETTY BROWNLEE**

Wool frocks are the fashion interest of the moment. It's too soon yet to get the Winter coats out of the moth balls, but here's apt to be a chill in the air that calls for something warm.

Especially attractive at this time are the new velveteen frocks being shown around town. Checks and plaids are popular, smart and youthful. One two-piece velveteen frock we saw was done in a solid color and was especially practical—since the skirt could be worn with any number of blouses and sweaters to make a change of costume.

Then, to get off the subject of wools for a moment, we must tell you of an afternoon fabric we saw that especially intrigued us. Quilted fabrics will be prominent in the afternoon style picture. It is so quilted in the weaving that it has both a quilted and ruffled surface that robs it of the cold look which has heretofore barred taffeta from being a success during the Winter season, and at the same time the padding makes it as warm and practical as wool.

Today's sketch shows a chic little frock fashioned of a velvety woolen woven in a tan and brown criss-cross. There are two patch pockets—one at the bodice and one at the hip. The white pique collar and cuffs are detachable. The skirt is cut on bias lines with the weave of the material used two ways. Back interest is added to the bodice with a center seam w. h ends above the belt in a small inverted pleat.



## The supper for LITTLE FOLKS

CHILDREN always love Kellogg's Corn Flakes. And there's nothing better for their evening meal than a bowl of this crisp, delicious cereal with milk or cream. Rich in energy. Easy to digest. Invites restful sleep.

Kept oven-fresh by the heat-sealed inner WAXTITE bag. Made by Kellogg in London, Ont.



**Babies GROW and GROW**

On this easily digested milk

SO many mothers write us telling show their babies began to make normal gains in weight as soon as put on a Carnation Milk feeding formula. Many medical authorities are convinced that Carnation Milk is better for infant feeding than cows' milk in any other form.

Carnation Milk agrees with babies. It is much more easily digested than raw or pasteurized milk. It is as completely nourishing as the best bottle milk. It contains the same food elements—supplies the same minerals and vitamins that any other milk is depended upon to furnish. Nothing but water has been removed from Carnation Milk. Nothing has been added. And the purity and uniformity of this sterilized, safeguarded milk protect the baby from upsets.

Your doctor will give you a correct Carnation formula for your baby. Write for two free booklets—"100 Glorified Recipes" and "Contented Babies". Address Carnation Co., Limited, Toronto, Ontario.

A CANADIAN PRODUCT—FROM CONTENTED COWS

**Carnation Milk**

WORLD'S LARGEST MANUFACTURER OF EVAPORATED MILK