Woman's Realm — Social and Personal — Fashions — Literature

SLEEP DON'T COUGH Take BUCKLEY'S MIXTURE
CANADA'S LARGEST SELLING COUGH AND COLD REMEDY!

BETTER ENGLISH

By C. D. Williams

1. What is wrong with this sentence? "The idea is practically worthless."

2. What is the correct pronunciation of "bury"?

3. Which one of these words is misspelled? Indefatigable, navigable ,changable.

4. What does a word beginning with sa that means "promoting health"?

ANSWERS

1. Say, "The idea is almost worthless." Practically means capable of being turned to use. 2. Pronounce ber-i, e as in bet, not burr-i. 3. Changeable. 4. Capable of being held, maintained, or defended. "I would be the last man in the world to give up his cause when it was tenable" — Sir Walter Scott. 5. Salutary.

MORNING SMILE

"Hullo, you back again?" said the warder as he locked the burglar in a cell.

"Yes," replied the burglar bitterly, "and all because I need glasses."

"How's that?" asked the warder. "I was twiddling the knobs of a safe and a dance band started playin'."

A JOB ONLY YOU CAN DO

Prince Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. When the war first started, it seemed reasonable that the bulk of our cotton and woollen goods should be used to outfit men in the armed forces. What I don't understand is the present shortage when there are so few men needing clothes now compared to the number back in '42 and '43.

A. Your question is a frequent one and here is information that may help you to understand the picture. Last year, each man in uniform required one hundred and fifty yards of cotton for clothing, fighting equipment and bedding. This is enough in other non-military fabrics to make ten men's shirts, four housedresses, four girls' playdresses, four pair of sheets, five pairs of floor-length curtains and a dozen diapers.

Q. A few weeks ago I exchanged my canning sugar coupons in ration book three for preserves coupons. When I wanted to buy preserves with these coupons the other day my grocer wouldn't accept them. Was he right when he said they were no longer valid?

A. Yes. All coupons in ration books three and four expired on December 21st.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Iodine Stains

If iodine has been spilled on clothing, cover the spots with white laundry soap and allow it to remain in cold water for at least two hours. It can then be laundered in the usual fashion and the stains will wash out.

Mouth Wash

If a little lemon juice is added to a glass of water it will make an excellent mouth and tooth wash. It removes tartar and sweetens the breath.

Old Blankets

When blankets have become thin and worn, lay them between sheets of sateen or other material, and knot them with bright-coloured silk or wool.

Why is Friday a good day to bake?

It is a favorite day for week-end baking--and among Canada's best cooks the favorite flour for bread, cakes and pastry is PURITY FLOUR "Best for All Your Baking"

COOK'S CORNER

FRENCH DRESSING

½ teaspoon salt
1 teaspoon sugar
¼ teaspoon paprika
¼ cup vinegar
½ cup salad oil

Mix salt, sugar and paprika in a pint sealer. Add vinegar and oil. Seal the sealer and shake well. Store in a cool place and shake well before using.

MODERN ETIQUETTE

By Roberta Lee

Q. When an engagement is announced, who gives the toast, and what should one say?

The father or a male relative of the girl should rise to propose her health and that of her fiance. It would be nice for a father to say, "I propose that we drink to the health of my daughter Mary and to James Smith, who is to become my son."

Q. Is it propr to issue the dinner invitations in the name of the hostess only?

A. This invitation should be in the names of both the host and the hostess.

Dorothy Dix Says—

SECOND MARRIAGES SUCCESSFUL

Happiness Depends On Circumstances In The Individual Case

DEAR MISS DIX: Is the marriage of a divorced man or woman less likely to turn out successfully than a marriage between people in which neither one had been divorced?

WONDERING.

ANSWER: It depends altogether upon the individual circumstances in the case. Also about the cause for which the divorce has been granted.

A man, for example, whose wife has divorced him because he was a drunkard or a gambler, or too lazy and trifling to support her, is certainly a poor matrimonial risk for any girl to undertake. Likewise a man has small prospect for happiness who marries a woman whose husband has divorced her because she was a virago or unfaithful to him. People who possess these faults rarely change, and if one man or woman finds them unendurable to live with another husband or wife would be apt to find them equally difficult

EXPERIENCE GAINED

Generally speaking, both men and women who have been married make better husbands and wives than those who have never been married, and this is true whether they are either grass or sod widows and widowers. Whether a marriage is happy or unhappy, it is a great educational experience and teaches men and women forbearance, self-control, to give and take and to be good sports. Also, in marriage men and women learn not to expect too much of each other and to make excuses for the faults of others as they expect excuses to be made for their own.

And all of this counts in a second marriage: Then, too in making a second venture both men and women are apt to use more judgment in their selection of their mates. They are burnt children who dread the fire. They have been through all the misery and heartaches of living with one who made their lives a torment to them, and they want to be very sure when they risk their happiness again, they are putting it into the right hands.

And for this reason the divorced man or woman frequently makes an ideal husband or wife and such marriages are often great successes.

DEAR MISS DIX: I have been married six years and have never had a single peaceful day. My husband continually is finding fault with everything I do. He complains about his food, though I spend hours preparing his meals. He says I don't read enough. Then when I read, he says I am wasting my time and neglecting my housekeeping. He finds fault with me because I am not stylishly dressed, yet when I get a new dress he grumbles over my extravagance. How can I please such a man as this?

DISHEARTENED.

ANSWER: You can't. A lady angel from heaven couldn't. The only way to deal with that kind of a disgruntled grouch is to let him alone, and go along and do as you wish without referring to him. He wouldn't be pleased, anyway, so you might as well please yourself.

DEAR DOROTHY DIX: I am a girl with plenty of money, in love with a man who has nothing. I love him so much that naturally I want to make everything easy for him, and when we go out I pay all expenses and even lend him money, which he forgets to pay back.

I am beginning to think that perhaps I am spoiling him and am doing him more harm than good. What do you think?

MARY L.

ANSWER: I think your young man has developed into a first-class deadbeat and that you are demoralizing him. Perhaps no man can resist taking the easiest way and sponging on a woman who lets him, but it is bad for his morale. It makes him a grafter and kills his self-respect.

That is where the trouble comes in when the woman holds the purse instead of the man. It subverts the law of nature which intends that the man should be the provider and not the woman; that the man should be the giver and the woman the receiver. When this order is reversed, it invariably spells disaster.

My advice to you is to quit financing this young man and let him do a little of the spending himself. He is costing you too much if he is costing you your respect for him.

HOW CAN I!!

By Anne Ashley

Q. How should chamois gloves be washed?

A. Wash in mild soap suds and when rinsing use clean water, but just as soapy as the water in which they were washed. It will keep them nice and soft. After washing, slip off the hands, squeeze in a towel, blowout the fingers, and hang in an airy spot to dry.

Q. How can I soften a sponge that hardened from not being used?

A. Cover with cold water, to which has been added 1 teaspoon of borax. Then boil for about one minute. Remove the sponge, rub dry borax into it, and then rinse in cold watre.

Q. How can I make matches waterproof?

A. Dip them in melted paraffin. Use the paraffin while hot.

DAINTY EDGINGS FOR GIFT HANKIES

DESIGN NO. 1058

Four pretty crocheted edgings for handkerchiefs are the sweet violet, wire fence butterfly and lacy shells. All are easy to create. Pattern No. 1058 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.
Design No. 1058

Name

Street Address

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ELLEN'S DIARY

By An Island Farmer's Wife

Judy need have had no uneasiness about the coal-oil situation at Alderlea over the week-end. Like so many similar worries, the worst never happened. Our lights shone brightly though the Sabbath's evening hours when both of us were a little fearful, because company had come. Once Judy moved the room-light to say: "There's not much there Mrs. Ellen!" There could be no borrowing from Jeanie in the house across the lane. She had barely sufficient for her own needs and visitors as well. There was not the least flicker of protest from our lights, when our company went in their car, confidently over the slippery hill and beyond. We watched the bright lights on the road ahead and on the bare maple grove and then there was only a bright spot almost on the sky and once more everything was held in the nights darkness. Then as we sat in the coziness of the fire, loath to retire, the visitors from the house across the lane came to sit awhile and chat. Judy whispered to me: "I suppose, I should . . . but then Sunday is different." I'm not altogether certain whether all Sundays are included in New Year resolutions. I am certain this one was outside Judy's! Too soon, our latest callers went across the field, a lighted-lantern to help avoid the icy-spots. No moon, nor star-light now, but flakes of snow fell athwart the light as we saw them leave the yard.

• • •

Again the countryside was folded in a white blanket beautiful too as it gleamed in today's sunlight. This, I think is one of the fascinations of our Island climate, this variableness. One day bared melancholy fields — charming too, the next, even the tops of fence posts dressed in fairy-white. There was no disfiguring mark across the country-side this morning, nothing to mar the expanse of white where it lay smoothly on the level and up the hills. Like a fresh white page it was, or a new day or a year unlived. Presently life and industry would leave their marks. The miller from the hill-top; teams to the mill. The sheep about the nearer field and the cattle to the stream.

• • •

I saw the mail-man come in along the snow-covered roadway, the "red" horse pausing at Evret's box, then carefully down the hill, to increase his speed briefly before drawing in to halt at our mail-box among the alders at lane's end. The rural mail-man's horse—and he himself!—are among this world's unsung heroes. There must surely be a reward — a valhalla—laid up for such horses, those faithful warriors with almost unbelievable intelligence that day by day in sun and rain, in fair or foul weather, go quietly and faithfully to the work of delivering His Majesty's mail. Our mailman is blessed with several that do their best to humor those of us on the route who may casually wonder as I did earlier to Judy in the snow of this morning: "Is the mail in?" Only that to me and later the papers to unfold, beside the fire, but many long cold miles to both mail-horse and man. The red horse "on the mail" this morning has been at the work, so James tells me for fourteen years. Year in and out bringing the pleasant news with the not so good but most truly now with "news of nations." Carrying too, my yeast-cake and those for other farm-wives as well. Carrying also this or that necessity to the farmer so that the workings of agriculture may run smoothly. The mail-man barely put our mail in the box before the red horse was off at a trot, as if sensing he was a little later he was anxious to recover the lost minutes somewhere on the long, tiresome route ahead.

• • •

Judy begged to go to the corner-store this afternoon "for that oil" she said She was only to the hill-top, when she caught a ride on a passing-sleigh." And didn't I see Pat" she told me when she returned "cutting wood away over?" Not much news around Braeside, she said other than the mumps are still on the go. "No one feeling more miserable than I?" I asked hopefully since misery likes company. "Nor more comfortable, if I may say so" she answered smilingly. I was snug in a chair beside the fire. "No, new babies in the community?" I inquired. Judy maintained a silence. "Any marriages?" I said. "You know that yourself Mrs. Ellen. Don't you remember, I told you there was a bride and groom in Church, Sunday morning?" Sure enough and our thoughts and good wishes are with those and any young couple setting out together in the new year on the long voyage down the stream of life.

• • •

"There now" she said taking her purchases from her shopping-bag and placing them one by one on the kitchen-table. "We'll have this for supper" indicating a tin of mushroom-soup. "And this" pointing to a jar of molasses. "Well me for ginger-snaps. What I wouldn't give for one right now!" Well, there was a hot fire but Judy was away to other things. When she came indoors later to brush the clinging-snow from her ski-suit she asked: "Do you suppose it would kill that animal to sup a little earlier this evening?" So the youngest calf got his drink not according to James this evening and Judy's chores were all laid before James returned with Jock—from the wood-cutting and burning up the stream.

• • •

And again the day is gone before I know it. Its lunch-time and Judy informs me, as we go to have a cup of tea: "Do you know Mrs. Ellen, there's not a speck of tea left in the cannister?"

• • •

Such times as the house-keepers have at Alderlea? We shall trust to Jeanie for a pinch for breakfast, for James is not partial to coffee, and then, well we'll send with the mail-man for some, in the morning!

Until tomorrow — Diary—Goodnight.

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HELENA RUBINSTEIN
Exquisitely scented . . . smooth as silk . . . Helena Rubinstein's Face Powders are finely milled, brushed and blended, to give your complexion a young, natural perfection. Apple Blossom, 1.25; Flower Petal, 1.25; Water Lily, 2.00; Town & Country, 3.75.

Living & Leisure
THE WOMAN'S REALM

SUNSHINE AND SHADOW

What matter how dark the outlook
The sky will soon be bright,
Your trouble on wings will vanish,
"Like eagles in their flight."
Life is too short to worry,
When little things go wrong,
'Tis sunshine makes the shadows,
Just jolly them along.
Soon the worries will join the retreating throng,
And life will flow by like a grand old song.

Old King Coal

Needs nursing along . . . yes, it is important to save one ton in five. Not just for the family on the next street but for you. Period here are three ways:

Clean your furnace. When soft coal is burned a soot deposit of 1 1-6 of an inch results in a 34 per cent waste. Clean it out once a week.

Take care of the hot water tank. An insulating jacket will save heat. The accumulation of sludge in the bottom of the tank should be drained off through the tap provided for that purpose. Take a look at it now . . . even if you are a woman you can turn a tap.

Draw your window shades or curtains at night. Helps keep radiator heat from taking a walk outside your window. It's cozier anyhow.

I'm Baked

Said one apple, bursting with pride. "So am I," said the other. "Naturally," say we, being extra partial to such, even at breakfast time. Keep apples from splitting by pricking the skin with a fork before putting in the oven.

Warm, dry air takes the life of more than your potted plants . . . it is lingering death for any prized leather possessions, from Great Uncle Henry's leather topped desk to the youngest's ski bitts. Leather needs a preservative treatment every so often to keep it in good health. Saddle soap is one of the best known of these. Remember . . . once it is allowed to get real shabby leather cannot be made to look like new . . . but its looks can be improved. A good way to improve suede is to rub it with hot bran and a special brush for the job.

No fishy odor will remain on your hands if you soak them thoroughly in icy cold water before handling raw fish . . . frozen fish should never be put into water to thaw out—in that way all the flavorful juices are lost. Cook it frozen or put fish in the refrigerator and let it thaw gradually.

THIS GRAND MEDICINE made especially to relieve 'PERIODIC'
FEMALE PAIN
With Its Nervous, Tired Restless Feelings—

Take heed if you like so many girls and women—on such days—suffer from cramps, headache, backache, feel nervous, "dragged out", a bit blue—all due to functional monthly disturbances!

Start at once—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms because this medicine has a soothing effect on ONE OF WOMAN'S MOST IMPORTANT ORGANS. Thousands upon thousands of women and girls—rich and poor have reported benefits.

Pinkham's Compound is made from effective roots and herbs (plus Vitamin B1). Here's a product that helps nature and that's the kind to buy! Just see if you're not delighted with results. Follow label directions.

Lydia E. Pinkham's VEGETABLE COMPOUND

Needlecraft
FOR THE HOME

NEW AND SLIM

Especially for the larger figure, the surplice neckline is a nice detail. This frock has a beautifully cut skirt; the front gores fall in soft fullness at the hemline, giving you ease and a slim silhouette.

No. 2583 is cut in sizes 14, 16, 18, 20, 40, 42, 44, 46 and 48. Size 36 requires 3¼ yards 39-inch fabric.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

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Help prevent irritations, keep baby's skin healthier. Buy this highly advised, medicated oil today! Economical. Big value!
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WARNING! CLOTHES MAY LOOK "HALF-WASHED"
—unless you get after those extra-dirty spots with Sunlight's extra-soapiness

See for yourself— BRIGHTER CLOTHES all over—without hard work

THE way Sunlight whips up into richest, deepest cleansing suds, is a joy to see. Best of all, no more "half-washed" looking clothes. With Sunlight on the job, everything—even your finest washable colors and grimy work clothes—come brighter and cleaner *all over.*

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DISSOLVED ORAL VACCINE FOR CATARRH

SEE PAGE 5