

Kellogg's Bran delights father by bringing health to children

Poor little kiddies—they needed bran badly. But they wouldn't eat ordinary bran. They didn't like them. Most folks don't. Then their father tried Kellogg's Bran, cooked and krumbled. What a difference! He tells the story in his letter:

"Dear Sirs: I wish to express my appreciation of your Krumbled Bran, which I have used for my children this summer. We had a great deal of trouble with them through constipation, and bran had been the most satisfactory remedy but they could not be induced to take the old varieties because they disliked them so. They enjoy the Krumbled Bran and consider it an essential ingredient of their porridge. No one whose children have not been troubled in this way can appreciate the relief there is in having their bowels more regularly."
(Name and address on request.)

Constipation is a dangerous disease. It should not be neglected. But do not try half-way measures in seeking relief. Kellogg's Bran is ALL bran. And it takes ALL bran to be 100% effective. Kellogg's Bran is guaranteed to bring permanent relief, if eaten regularly, in the most chronic cases. If it fails, your grocer will return your money.

Eat two tablespoonfuls daily—in chronic cases, with every meal. Eat it with milk or cream. The flavor is delicious. Sprinkle it on other cereals. Cook it with hot cereals. Try it in the recipes on every package. It will bring you health. Begin eating it to-day. Made in Toronto, Canada. Sold by all grocers.

ESTABLISHED 1894
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St. John's, Nfld.
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P. E. Island Produce

Consignments of
LIVE STOCK
Will have our careful attention
Reference: The Bank of Nova Scotia

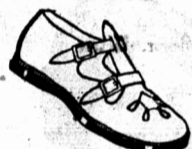
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\$3.50, \$4.20, \$6.00

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Holeproof Hosiery

Boys and Girls remember this is

SANDAL TIME

and

GOFF'S IS SANDAL PLACE

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We thank you.

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Imperial Biscuit Co., Ltd.

Box 448

Charlottetown, P. E. I.

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THE CHARLOTTE TOWN GUARDIAN

President, W. Chester S. McLure; Vice-President, J. R. Burnett; Secretary, Lieut. Col. E. A. MacKinnon, D. S. O.; Editor and Manager, J. R. Burnett; Associate Editor, D. K. Currie; New York Representative—Frank R. Northrup; Chicago Representative—E. J. Fawer

THURSDAY, JUNE 5, 1924

A SAD SIGHT

"What sadder sight could there be than an eloquent man speaking that which is untrue?"

This is one of the few quotations that have come down to us from the first session of the first Canadian Parliament. It is from a speech by the Hon. Thomas D'Arcy McGee, one of Canada's greatest statesmen. Quotations of similar import have come down to us from the dawn of Christianity associated with such striking symbols as "Whited Sepulchre," "the outside of the platter," "scribes and pharisees, hypocrites," etc.

During the past few days the oratory in our Canadian House of Commons has been the subject of much comment in the press. Three men are freely named as the outstanding orators of the present parliament and worthy to be classed as such with the most eloquent of their predecessors. These three are the Rt. Hon. MacKenzie King, the Rt. Hon. Arthur Meighen and the Hon. Ernest Lapointe. By a fairly general consensus of opinion Mr. MacKenzie King is awarded first place as a "stump orator," Mr. Meighen as the keenest and most convincing debater and Mr. Lapointe as the most eloquent.

The Ottawa Journal in paying tribute to Mr. Lapointe's eloquent and touching reference to Sir Wilfred Laurier, added, "the statement, of course, is inaccurate but one is tempted to forgive much to a passage of such beauty and eloquence."

Mr. MacKenzie King's "stump oratory" is, unfortunately, open to the same comment "of course it is inaccurate." All of Mr. MacKenzie King's declamation and wing-flapping which constitutes his claim to first rank in "stump oratory," cannot conceal the fact that the tariff policy which he defended with such wordy oratory was neither his nor that of his party but had been forced upon them at the point of a Progressive revolver as an alternative to going out of office.

Mr. Meighen's strength as a debater lies in the fact that he has nothing to take back, that he preached the same gospel to producer and to consumer, the simple gospel of "the principle of protection" in the tariff, the unchanging gospel of the Conservative party and the gospel that has carried Canada along successfully under both Conservative and Liberal administrations up to the unfortunate double headed aggregation of today which has no policy but the animal instinct to hold on to life.

We would seriously doubt the courage and the capacity of a man of giant physical strength who boasted of his prowess in having emptied his pockets at the command of a foot-pat! Eloquence, to be convincing must carry with it the element of sincerity and truth; without these it is but the whitewash on the sepulchre, the make-believe cleanliness of the outside of the platter.

PROTECT THE CITY

Charlottetown is now getting into its summer dress and probably never in its history has there been a better promise of summer beauty. A marked improvement is evident in the protection of our street sides and lawns and the effect is most encouraging. It should not be necessary in a city like Charlottetown to build fences to protect the city's beauty spots and it is hoped that the present efforts will result in curing the very improper habit of "cutting corners." There are unfortunately a few youngsters who require a little police surveillance to keep them off private grounds and we trust this attention will be forthcoming.

NOTES BY THE WAY.

Women of thirty years of age have had votes in parliamentary elections in England a brief period only. The Labor Government in the Mother Country now propose to extend the voting franchise to women of twenty-one years and upwards. This will call forth no surprise in Canada, or in other British and foreign countries which have adopted and tried out the principle of equal suffrage. Any surprise that has been produced among the men of Canada by the extension of the parliamentary vote to women in this country has arisen from the fact that it has so far produced so little effect in changing the course of government or legislation.

The women of Canada had no ardent desire apparently to be given the voting privilege for which their sisters in England were prepared to fight, break the laws and suffer imprisonment. But when the responsibility of taking part in elections was thrust upon them they accepted it and went to the polls in comparatively equal numbers with their brothers. It was open to them to seek election to seats in the federal parliament and the provincial legislatures, but so far with one or two rare exceptions they have not shown themselves ambitious of the honor. One woman, Miss McPhail, sits in the parliament of Canada. Eight sit in the British parliament.

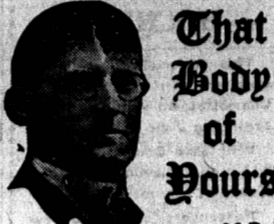
Is there one woman to be found in all the nine provincial legislatures of Canada or among the defeated candidates at the last election? If any, there are few indeed. Probably this will not always be so. In the election now pending in British Columbia a number of women candidates have appeared, some six or more in a total candidature of 160. It may be that the number of women candidates will multiply rapidly from these small beginnings. Hitherto men alone have been delegates to political nominating conventions, and they, selfish creatures! have nominated men to represent them. How long will it be until there is an equal number of women and men in these nominating conventions?

At least half the voters now are women. It is that way in Prince Edward Island now. In Great Britain, when the women are permitted to vote at the age of 21 instead of 30, there will be six women to every five men whose names will be on the voting lists—12,000,000 in all to 10,000,000. There are unmeasured possibilities in this preponderance of feminine voting power. Especially is this true in regard to the many social questions now coming before the law-making and governing authorities in many lands. Politicians will be quick to shape their policy and propaganda to meet the wishes and demands of this new and prodigiously large addition to the electorate.

The enormous extension of the voting franchise in English-speaking countries constitutes a marked feature of the first quarter of the twentieth century. What a past generation knew as universal suffrage and regarded as a reckless experiment of republican countries, was but a half measure of the condition that has come over our own sober, conservative and monarchical British Empire. The change is in its way revolutionary. Rich and poor, men and women, aristocrats and laborers, the learned and the illiterate, the wise and the simple, the moral and the immoral, all have an equal power one with another at the ballot box to mould the destiny of the country.

It is too late now to enquire whether the vast extension of the voting privilege is for good or ill. The gift once bestowed may not be recalled. For obvious reasons no attempt has been made in any land to take it away. It will not be said that the women voters have so far misused their greatly extended powers. They have voted mainly as their fathers, husbands and brothers vote. No political party appears to have been greatly strengthened or weakened by the woman vote, no great political overturn has resulted, no distinctly women's party has been formed in any country. These are all hopeful indications for the future.

Occasions of adversity best discover how great virtues of strength each one hath.—For occasions do not make a man trail, but show what he is.—Thomas A. Kempis.



By James W. Barton, M.D.
YOUR MOST IMPORTANT ORGAN

That Body of Yours

There have been many arguments about which is the most important organ in the body. One will maintain that the brain is the most important because it guides everything we do, whether those movements are conscious movements such as breathing, or the beating of the heart, an unconscious movement.

Another will argue that the kidneys are the most important as they separate out harmful substances from the blood, which if retained would cause death in a short time.

And still another will consider the heart the most important because it is the force behind the flow of blood through the body, thus maintaining the tissues and supplying the organs with materials from which to make the juices which are absolutely essential to life.

Now you have to get along with the brain, kidneys, and heart with which you were born. You keep your brain busy trying to make a living. Your kidneys look after themselves pretty well, unless you eat too much.

Does the vein help it, not by pushing the blood along, because they haven't that power, but having valves that prevent the blood flowing back, as it might otherwise do.

And so when I suggest that you take a few minutes exercise daily such as walk, or a run at a slow pace, you can see that by strengthening up your heart muscle you are strengthening up your most vital organ.

There's no other way of doing it. You may not be able to do much for your brain by care. Your kidneys react to the kind of food you eat.

Your Birthday

JUNE 4.—You are bright, humorous, and very optimistic. You are sure everything will turn out right, even though when you do take the trouble to look ahead, you can see nothing but disaster. You are able to do things well and thoroughly, and generally work with enthusiasm. You have many friends, and will have the devoted love of your mate. Never give way to spiteful feelings, and don't listen to evil tales.

Your birthstone is a pearl, which means health and long life. Your flower is the honeysuckle. Your lucky colors are light blue and white.

JUNE 5.—You love with depth, hate with bitterness, play with your whole heart, and work with zeal. You are apt to make decisions quickly, and to act upon your decision with equal quickness. While you are usually kind-hearted and considerate, you will say very sharp things under provocation. Cultivate kindness and generosity, and treasure love.

Your birthstone is a pearl, which means health and long life. Your flower is the honeysuckle. Your lucky colors are light blue and white.

Daily Selections FOR Guardian Readers

SILVER POPLARS

God wrote His loveliest poem on the day He made the first tall silver poplar tree, And set it high upon a pale-gold hill, For all the new enchanted earth to see.

I think its beauty must have made Him glad, And that He smiled at it—and loved it so— Then turned in sudden sheer delight and made A dozen silver poplars in a row.

Mist green and white against a turquoise sky, A shimmer and a shine it stood at noon; A misty silver loveliness at night, Breathing beneath the first small wistful moon,

And then God took the music of the winds, And set each leaf a-flutter and a-thrill— Today I read His poem word by word Among the silver poplars on the hill.

—Grace Noll Crowell.

W. G. Y.

THURSDAY, JUNE 5

790 Kilocycles (380 Meters)

WGY (Schenectady, N. Y.)

General Electric Company

Eastern Standard Time

11:30 a. m.—Stock market report.
11:40 a. m.—Produce market report.
11:55 a. m.—Time signals.
1:00 p. m.—Music and address, "America, the Child of Progress," Mrs. J. F. Slater, Women's Club of Schenectady.
5:00 p. m.—Produce and stock market quotations; news bulletins; baseball results.
5:15 p. m.—Report on condition of New York State highways, furnished by Captain A. W. Brandt, State Highway Commissioner.
5:30 p. m.—Organ recital by Stephen E. Bolsiclar, organist, from Proctor's Harmanus Bloecker Hall.
7:45 p. m.—A Few Minutes with New Books, L. L. Hopkins, Assistant Librarian, General Electric Company.

7:50 p. m.—Music program. Sonata in C Minor, for piano and violin.

First Movement—"Allegro Molto"
John McLaughlin, Jr. pianist
Edward Rice, violinist

Tenor solo, Aria "O Paradiso" from "L'Arlesienne" .. Meyerbeer
John Lloyd

Piano solos,
a. "Arabesque" .. Debussy
b. "Caprice" .. Paderewski
John McLaughlin, Jr.

Tenor solos,
a. "The Taupeter" .. Dix
b. "The Willow" .. Goring Thomas
c. "Love Went a Riding" .. Bridge
John Lloyd

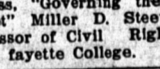
Violin solos,
a. "Romance" .. Rachmaninoff
b. "Aus Der Heimat" .. Smetana
Edward Rice

Tenor solos (American group),
a. "Infer No" .. McFadyen
b. "Spirit Flower" ..
c. "Campbell-Tipton" .. Curran
John Lloyd

Sonata in C Minor for piano and violin
Second Movement—"Ala romanza" .. Grieg
John McLaughlin, Jr.
Edward Rice

Address, "Governing the Government" Miller D. Steever, Professor of Civil Rights, Lafayette College.

INSURANCE AGENCY IN PRINCE EDWARD ISLAND



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