

To Whom it May Concern:

Following a recent meeting of the Ministerial Association of Charlottetown the work of Canada's only home for Colored Orphan and Neglected Children situated in Halifax, N. S., was investigated and met with the approval and endorsement of the body. We hereby commend this public charity to the citizens of Charlottetown and P. E. I. as an Institution worthy of support.

Signed, Henry D. Raymond, W. M. Ryan, R. C. Eaton, E. H. Ramsay, Nell Herman, Adj. Davis.

The Markets

(Canadian Press) OTTAWA, Ont., March 2. — Eggs—Egg markets generally are unchanged today. Heavy snowfalls in Eastern Ontario and Western Quebec are retarding receipts in those sections. Toronto market is easy. Wholesale fresh extras 39 to 40, firsts 35 to 36, seconds 30 to 31. Montreal egg market is steady owing to stormy weather. Ontario receipts are light although local receipts show a slight increase. American fresh plentiful. Wholesale fresh extras 42 to 43 cts, firsts 37 to 39 cts, seconds 31 to 32 cts. Winnipeg jobbing fresh extras 42-44 cts, firsts 37 to 38 cts, seconds 32 cts. Edmonton fresh egg receipts show a slight decrease. Dealers are quoting country shippers delivered extras 27, firsts 24, seconds 19. Poultry market is quiet. Vancouver fresh extras 33, firsts 31, seconds and pullets 26. Saint John, N. B., wholesale fresh extras 47, firsts 44, Halifax, N. S., wholesale fresh extras 50, firsts 42, seconds 30.

MONTREAL, Que., March 2. — The export trade in all lines of grain was again dull today, there being practically no demand from foreign buyers for supplies. There was some demand from local buyers for Canadian western oats and sales of a few cars were made. Spot prices were unchanged. The weaker feeling that developed in the market for spring wheat grades on Monday was more pronounced today and prices scored a further decline of 20 cents per barrel. This makes a net reduction of 40 cts per barrel in two days, but even at the lower level little business was done. First patents were quoted at \$8.50, second patents at \$7.80 per barrel, jute bags, extra, less 10 cts per barrel for spot cash. An unsettled feeling continues to prevail in the millfeed situation and it was reported that prices in cases were being cut one dollar but there was no official announcement of any change in price. The condition of the baled hay market continues unchanged. The only change in the local egg situation was a further reduction of 1 ct per dozen in the price for fresh firsts other grades being steady. Supplies were ample and an active trade was done in a jobbing way with extras selling at 42, firsts at 37 and seconds at 32 cts per dozen. The demand for storage 1 sts was somewhat limited, but as offerings were small prices ruled steady and unchanged. A steady feeling prevailed in the market for potatoes and prices show no change. The trade in beans was quiet but as the offerings were not large the tone of the market was steady and prices were unchanged. The tone of the butter market continues strong and steadily tending towards a higher level, prices having scored a further advance of 1-2 cts to 1 ct per pound. There was a fair inquiry for supplies but the volume of business was small owing to the fact that holders were not free sellers as they expect values will still be higher. No. 1 pasteurized was held at 47 cts, and No. 2 grades at 45 to 45 1/2 per pound. The trade in a jobbing way was fairly active with sales of finest creamery at 46 cts per pound in solid packages and at 47 cts per pound in one pound blocks. The condition of the cheese market was unchanged, the demand being limited and prices were unchanged.

Queen Hotel

Since taking over this Hotel we have spent many thousands of dollars in repairs and improvements. It is now the finest Hotel of its class in the Maritime Provinces. It appeals to those who want a comfortable Hotel and splendid table and excellent service at a moderate price.

Rates \$3.00 a day. Charlottetown Hotel Co., Ltd. Proprietors. MISS L. McQUAID, Manager.

CLASSIFIED ADVERTISEMENTS

One insertion 10c per line of 5 words. Four insertions 75c per line of 5 words. Eight insertions 1.25 per line of 5 words.

Agents Wanted

MAN OR WOMAN TO INTERVIEW mothers and distribute religious literature. \$225 per 90 days work. May work spare time. Winston Co., Toronto. A.W.S.&W.I.F.

AGENTS WANTED—ELECTRIC Incubators, Temperature sustained through Thermostat control. \$21.60 complete with Thermometer and Hoyer. Write Jones Electric Supply Co., Ltd., St. John, N.B. 7857 3-3 31.

\$75. WEEKLY EARNED BY MANY agents selling our guaranteed made to measure suits \$24. up. Exclusive Durco finish. Sells on sight. Complete outfit and instruction free. No investment or experience required. Advertising assistance. House of Service, 468R, Richmond West, Toronto.

Lost — SUNDAY NIGHT, BETWEEN Y. M. C. A. and Hillsboro Square, lady's eye-glasses with guard and chain attached. Finder return to 79 Hillsboro Street. Reward. 7892-3-11

For Sale — NICELY HOOKED stamp mats. Apply 80 Upper Queen. 7801-2-25M61.

For Sale — GENERAL PURPOSE mare, six years old, perfectly sound and a good driver, weighs around eleven hundred lbs. Apply Peter Crokan, Kingston. 7834-3-21

Miscellaneous

JNO. A. McDONALD, LAND SURVEYOR, Hermanville. 7749-2-20-1mo

LOST—LADY'S HIGH CUT OVer shoes between Charlottetown and Cornwall. Finder notify Guardian Office. 7864-3-2-21

Female Help Wanted

WANTED—MAID FOR GENERAL housework. Apply 86 Edward St., or Phone 562. 7887-3-3-1f

WANTED—IMMEDIATELY A maid for general housework an experienced one preferred. Apply Mrs. W. L. Prowse, 17 Villa Ave., Brighton. 786-3-2-4f

Female Help Wanted

WANTED—DINING ROOM GIRL. Apply Strathcona Hotel. 7838 2 27 31.

Wanted

OLD P. E. I. COINS WANTED — Presbyterian Communion tokens. Large silver piece stamped P. E. I. One of copper with sheet of wheat. Isle taken in lead. Good prices paid. F. E. McLeod, 19 Broadway Ave., Ottawa, Ont. 7782-2-24-ws-4f

Male Help Wanted

FIREMEN, BRAKEMEN, BEGINNERS \$150, later \$250 monthly (which position) Write Railway Box 116, City. 7858 3 2 21.

Central Guardian

HOCKEY, SPORT, and skating at Cornwall Rink, Friday, March 5th, 7.30 p. m. sharp. 7882

SPORTS AT 7.30 doors open at 7. WHO WINS the cup in tonight's races?

THE MEETING OF LADIES interested in the G. W. V. A. which was to have been held March 3rd has been postponed till Thursday, March 4th. 7899 3 11.

IF YOU WANT to laugh or if you want to cry come to the play "Fisherman's Luck" New Glasgow Hall Friday, March 5th, presented by East Royalty Dramatic Club. 7898 3 31.

FIDDLING CONTEST —The Intercolonial Club of Boston in conjunction with the lady associates staged a good old fashioned get-together party, including quadrilles, schottisches, Portland fancy, Dutchess polka and other dances on February 12. It was a tremendous success. Over fifteen hundred persons were present. The club building was crowded and there were many Prince Edward Islanders in attendance. The principal feature of the evening was an old time fiddling contest. The entrants included: Hugh McInnis, Roxbury; Charles Dagle, Allan Gillis, Mel. Beaton, of East Boston; Sime Bourke of Milford Mass; Frank Power of Somerville; Mrs. Caroline Ahern of Dorchester, Mass. Readers may no doubt recognize some Prince Edward Islanders in this list. Fiddling contests are now planned soon to be quite the rage following the lead of Henry Ford whose engagement of Melodie Dunham has been given so much publicity of late. Lt. Archibald F. Campbell formerly of Prince Edward Island is president of the Intercolonial Club.

FREDERICTON AND VICINITY. —Some of the young people of Fredericton attended the Bean supper in New Glasgow on Thursday evening. Miss Edith Culliffe is visiting in Cape Traverse, the guest of her cousin Miss Bertha Culliffe. —Recent visitors to Fredericton were Mr. Jack Keir, Granville, Mr. Louis Haslam, Springfield; Mr. Harold Sharpe, Elliotts; Mr. Roy Carter, Charlottetown; Mrs. Everet Haslam, Springfield. —The many friends of Mr. Herbie Weeks are glad to see him out again after his recent illness. —The young people are busily engaged practising for a concert which will be held in the near future. —Mrs. Wallace McNeill, Milton, is visiting her daughter Mrs. Lorne Weeks. —Mr. Herbie Stevenson New Glasgow paid a flying visit to Hazel Grove. —Mr. C. D. Morrison was a passenger to Summerside on Saturday last. —Mr. Hector Keir, Granville, was a passenger to the city on Monday. —Miss Myrtle and Edith Culliffe were passengers to Hunter River on Saturday. —Mr. Russel Jewell, Boston, spend Sunday here.

PERSONALS —Mr. Archie Vessey, York, was in the city yesterday. —Mr. Fred Buchanan, Churchill, was a visitor to the city yesterday. —Mr. Neil J. Nicholson, Harrisville, was a visitor to the city yesterday. —A wide circle of friends will regret to learn of the illness of Father Allen McDonald, Fort Augustus. —Mr. Robert Stewart, Winsloe, was in the city yesterday. —The many friends of Mrs. Thomas Wallace, St. Avaris, will regret to learn that she has entered the P. E. Island Hospital for treatment and all will hope for her a quick recovery.

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GOOD ROADS LOW PRICES

Come and Buy NOW

On the corner of Prince and Kent Sts., you will find P. J. McDonald's store, renovated, repainted and piled full of a stock of the freshest in groceries, meats and fish—and most important the prices are the lowest in the city.

CHECK THIS LIST

- 10 lbs. Beans 60 cts. 10 lbs. best Onions 30 cts. 3 lbs. Prunes 35 cts. 2 tins Plum Jam (heavy syrup) 30 cts. 3 tins Soup 29 cts. 3 tins Peas, Corn or Tomatoes 43 cts. 2 Tins Syrup 43 cts. 2 Tins Pickards 43 cts. 2 Tins Cross Fish Sardines 43 cts. 3 Tins Clams 43 cts. 3 Tins Snacks 23 cts. 2 Tins Best Salmon 65 cts. 3 Cans Sardines 17 cts. 3 Cans Peas 40 cts. 3 Cans Peaches 73 cts. 2 Cans Blueberries 25 cts. 2 Cans Waxed Beans 38 cts. 2 Cans Pineapple 40 cts. 2 Cans Corn Beef 48 cts. 2 Cans Clarkes Beans 25 cts. 2 Cans Boneless Chicken 47 cts. 4 lb. Tin Jam 47 cts. 1 Bottle Certo 29 cts. 6 Cakes Toilet Soap 25 cts. 6 Cakes Lennox Soap 25 cts. 4 Cakes P and G Soap 25 cts. 6 Pkgs. Toilet Paper 25 cts. 2 Pkgs. Cornflakes 25 cts. Best Tea 60 cts.

BROOMS

2 Red Hardie Brooms 94 cts. Reduced prices on everything in the store. Buy today

MEAT AND FISH

Full line always on hand and always fresh

P.J. MacDonald PHONE EAT—EAT—EAT

HON. RODOLPHE LEMIEUX



Re-appointed Speaker of the Canadian House of Commons and highly commended by all parties for his statesmanlike qualities.



N. C. HENSON Of the Saskatchewan Co-operative Creameries, Limited, and winner of the Gold Medal for Unsalted Creamery butter at the Dairy Show London, England.

Annual Meeting Red Cross

(Continued from Page 1)

4432 pupils examined, weighed and measured. 96.9% of the children had defects. 81.9% of the children had defects other than teeth. 17.8% of the children were 10% or more under their average weight and many showed other signs of malnutrition. Total defects were 11,331 or 2.5 defects for each child.

In addition, 1405 children in 49 classrooms in Charlottetown and Summerside were examined in health inspections. These consisted of an examination of the throat, teeth and skin, noting corrected defects and ending with a health talk. The total number of health talks given to school children was 268, and 55 general meetings were held. These latter included talks to groups of parents and to large gatherings, lessons and demonstrations to C. G. I. T. groups, and meetings for the organization of Junior Red Cross branches.

Enough cannot be said towards urging the parents to have the physical defects of the children corrected. It is most distressing in school after school throughout the province to see the health of young children being greatly impaired owing to the shocking condition of the teeth, throats filled up with diseased and unhealthy tonsils, children who are mouth breathers owing to the presence of adenoids, and eye defects. These defects, if not corrected, undermine the health and resistance of any individual, and how can one expect to find really healthy children when such conditions are allowed to run on. Although the children are inspired to improve their health habits following the visits of the nurse to the school, the need also the encouragement of the parents for the constant practice in the daily care of the teeth, sleeping with windows open all the year-round, drinking milk, eating more vegetables, fruit and whole wheat bread. Particularly in the rural districts more substantial and nourishing lunches are needed for the children carrying their noon meal to school. It is by following these simple little daily health rules and having defects corrected as they develop, that children will have a better chance of growing into healthy and useful adults.

Another item influencing the health of school children is the condition of the school buildings and their equipment. The Women's institutes deserve great praise for the improvements they have effected in many of the schools. But I would recommend that Institutes and School Trustees when planning improvements and the redecorating of walls, etc. be guided by the printed suggestions on the Red Cross Report of the school inspection which is sent to the Secretary of the Trustees following the visit to each school. Too often the nurses find that sums of money have been expended on painting the interior of schools, using dark shades of paint instead of light buff for walls and white for ceiling. This has been done in the interests of economy, that dark interiors have on the eyesight of the pupils. Cross lighting, the result of windows on both sides of the schoolroom, is another menace to good vision. The old uncomfortable double desks found in most of the country schools are greatly responsible for the poor posture of the children, for the flat chests, round shoulders and wined backs. If parents only realized the influence that modern lighting and decorating of classrooms, good blackboards, adjustable desks and hygienic equipment all have on the physical well-being of their children, when contemplated changes are being discussed the question would not be "How cheaply can this be done?" but "How best can it be done to benefit our children?" In the last few years two or three schools have been built on the same plan as the ones with cross lighting erected thirty years ago, but the combined efforts of the department of education and the Red Cross nurses have resulted in the schools most recently built being well planned and having much better lighting and equipment. There is hardly a one room school in the province but what with an up-to-date plan to follow and the expenditure of a comparatively small amount could be made into an almost ideal school.

Men and Hospitals —We are most grateful to the doctors, dentists and optometrists who have so generously given their time and services in helping our work. Not only have the school children been examined, but the doctors and dentists have assisted in giving the course of nine lectures on health topics to the students of Prince of Wales College. Through the co-operation of the professional men a number of children have had tonsil and adenoid operations, special examinations and treatments, dental treatment, and many have had eye examinations. At a Tonsil and Adenoid Clinic conducted in Souris in November, 22 children were operated upon. The hospitals also have co-operated most heartily in arranging for operations and treatments, and in loaning supplies. We wish to take this opportunity of thanking all for their help, without which our work would be much less successful.

Home Follow-up Visits —The number of home follow-up visits made during the year was 1589, an increase of 420 over the number made last year.

Visits to school children 1303. Visits to pre school children 470. Visits to infants 702. Visits to TB cases 15.

General visits Total 1589

Health Centre Visits —The number of visitors to the Charlottetown Health Centre for height and weight and general health advice was 3155, as follows: School children 2080. Pre school children 223. Infants 226. Parents with children 212. General 414.

Total 3155

Home Nursing Classes —Last winter the Red Cross course in Home Nursing was given to six groups of women—the Institutes in Montague and Georgetown, for the three Short Courses conducted by the Women's Institute in Charlottetown, and to a group in Summerside. This winter a class for French women is in progress in Summerside. We are greatly indebted to the graduate nurses who have given voluntary service in assisting with the instruction of the classes.

British Settlers —Notification of the arrival of British settlers with small children is sent to us from the Red Cross Port Nurseries in Halifax, St. John and Quebec, and the families arriving this year have been visited by our nurses.

Diagnostic Chest Clinics —Under the direction of the Canadian Tuberculosis Association free Chest Clinics were held in nine centres last summer. Dr. G. G. Brink, Chest Diagnostician for the Ontario Board of Health, and his assistant conducted these clinics. In each centre a public meeting was held at which both Dr. Brink and Dr. R. E. Wodehouse, Secretary of the Association, spoke on the prevention and care of tuberculosis. All local arrangements were made by this Division and our Red Cross car was provided for the personnel. The Provincial Government supplied transportation for the equipment, which included a portable X-ray machine. The response to this demonstration was indeed splendid, both from the physicians and the general public. People drove many miles to have the advantage of a thorough examination by the specialist, and there was enough work to have kept Dr. Brink here much longer than the one month allotted to him.

Exhibits —Our booth at the Exhibition was as usual a busy spot. Particularly do the scales have a lure not to be denied as 1146 people were anxious to know if they measured up to their ideal weight. One end of the booth was arranged as a Home Nursing exhibit, representing a room in a home with all the appliances necessary for the care of a case of communicable disease. The "Ark of Health" with its unique and amusing animals made of vegetables and fruit was a source of delight to the children. Besides other exhibits of interest, quantities of health literature was distributed.

Home Nursing exhibit was also prepared for the Annual Meeting of the Women's Institutes held last spring.

Junior Red Cross —Our Junior Red Cross with its 583 members and 45 branches forms just a small part of the Canadian organization with 100,000 members, which in turn is a part of the international Junior Red Cross organized in 32 different countries with millions of members. These children throughout the world are carrying on in their own way the peace time program of the Red Cross.

The promotion of health. The prevention of disease. The mitigation of suffering. The motto of the Juniors is "I Serve," and every child who joins accepts the obligation of trying to keep the Health Rules so that he may be healthy himself and help others to be the same. Thus the ideals of Health, Service and Good Citizenship are developed.

Through the practice of the daily health rules a more practical hygiene is taught, as "knowing" is converted into "doing" and in the end good habits are formed. Teachers report much improvement in the personal hygiene of the children and in the general tidiness and cleanliness of the classrooms following the organization of Junior Red Cross. The Juniors are also interested in undertaking the hot school lunch system. The School Inspectors find a difference. In his last annual report Mr. L. W. Shaw states that a great deal has been contributed to the sanitary and hygienic condition of many schools through organization of these splendid little Societies among the pupils. Whenever these Societies have appeared the open pail for drinking water and the common cup have disappeared, the hygiene taught has been of a more practical nature, and in general the school-room and its surroundings have been rendered more homelike.

heartily recommend the idea to all teachers. Mr. W. W. Smith also reports "With the aid of the Junior Red Cross Societies better work is being done in Hygiene."

The Junior meetings, conducted in approved parliamentary manner are devoted to health talks, readings, discussions and debates. The children give health plays, make health posters, and some beautiful portfolios about the Island have been exchanged with Junior groups in British Columbia, New Zealand, England and the United States.

The 25c annual fee, which is money earned or saved by the children themselves, makes the Junior Red Cross Fund, every cent of which is used to help handicapped children on the Island. By means of the Fund seventeen needy children have been provided with eye glasses this year, making a total of 89 children helped in this way. Iron foot braces have been given to two crippled children, and the hospital fees paid for the past seventeen months to enable an Island child with a severe burn to receive special treatment in Montreal. This fund is not practically exhausted. The Juniors are ever thoughtful about their fellow members who are

ill. Particularly at Christmas time their gifts to the Orphanage Dispensary, Alias Santa Claus Fund and to poor families are most generous and given in a happy spirit of service. Recently a letter was sent to every school requesting the help of the teachers in making a survey of handicapped children in the province. The teachers responded splendidly and as a result we know of 24 cripples and one case of blindness. So that we may help some of these we expect to hold a Junior Red Cross Clinic for Crippled Children in the Spring, and have been promised the services of an orthopedic specialist for it.

Respectfully submitted, MONA G. WILSON, Chief Red Cross Public Health Nurse.

Pour hot milk over SHREDDED WHEAT Better than mushy porridges

SIR HUGH JOHN MACDONALD



Son of Sir John A. Macdonald, Canada's first Confederation Premier, who has just recovered from a severe illness in Winnipeg. He is seventy-five years of age.

ADAM BROWN



Canada's Grand Old Man, who left an undelivered speech in which he reviews his philosophy of life. "Duty begins with life and ends with death," he said. "Only those who seek to benefit others can be happy." is his conclusion, after a hundred years of life.

Abram Rhinewine



Jewish newspaperman of Toronto, who has written a book in the Hebrew tongue in which he claims a Jew was one of the first white men in the St. Lawrence Valley and that he was seeking to discover if the Indians were the lost tribes of Israel.

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Hotel Victoria One of the largest and best equipped Hotels in Eastern Canada. Contains 120 rooms, 44 of which have private baths. Completely renovated in the past few years. Few Hotels throughout Canada and the United States have its splendid table. Courteous service to all guests. Telephone in rooms. Rated \$4.00 to \$5.00 per day. Charlottetown Hotel Co., Ltd. Proprietors HARRY C. BROWN, Manager.

HUGHES' SPECIAL REMEDIES Are in general use to-day with most satisfactory results. You may avoid serious illness and save money by the prompt use of these Special Remedies.

Hughes' Cough Mixture The most successful remedy for young and old.

Hughes' Cold Tablets Check and break up Colds quickly.

Hughes' Digestal Tablets For all Stomach and Bowel Trouble.

Hughes' C. C. C.'s Tablets For Constipation.

Hughes' Digestive Tonic For loss of appetite and a general builder.

HUGHES' SPECIAL REMEDIES ARE REGISTERED under the Proprietary Medicine Act and are LICENSED by the HEALTH DEPARTMENT at OTTAWA. Prepared and sold by Hughes Drug Co Limited.