

Woman's Realm / Social and Personal / Fashions / Literature

Household Scrapbook

By Roberta Lee

Pie Crusts

When making pie crusts that are to be filled with fruit, moisten the edges with a little milk and press down tight. Two or three small pieces of macaroni should then be inserted in the center of the pie. The juice of the fruit will bubble in the macaroni sticks and not saturate the crust.

Ink-Stained Hands

If the hands are stained with ink, rub the spots thoroughly with a ripe tomato, or with the inside of a banana peel, and see how readily the stains will be removed.

Remove Tarnish

If the gold trimming in the dress is tarnished, sprinkle with fuller's earth and then rub with a stiff nail brush.

Cook's Corner

BASIC TEA BISCUITS

This basic biscuit recipe can underlie an infinite number of variations and can make possible many dishes from meat pie to fruit short-cake.

2 cups once-sifted pastry flour or 1 1/2 cups once-sifted hardwheat flour
1/2 teaspoon salt
4 teaspoons baking powder
2 or 3 tablespoons chilled shortening
2-3 cup milk (about)

Measure and sift together twice, the flour, salt and baking powder; add the shortening and cut it in finely.

Lightly mix in sufficient milk to make a soft dough that is not sticky.

Turn dough out onto a lightly floured canvas or baking board and knead lightly for a few moments.

Pat or roll dough out to 1/4-inch thickness; shape with a floured cutter.

Arrange on a greased pan. For crusty biscuits arrange them some distance apart. For soft-sided biscuits, arrange them just touching each other.

Bake in a hot oven, 450 degrees, 12 to 15 minutes.

BROWN TEA BISCUITS

In these biscuits, the flour responsibility is carried about half way by the white flour and the rest of the distance by whole-wheat or Graham flour.

These biscuits taste richer than



Delicious!

KING COLE TEA AND COFFEE

Better English

D. C. Williams

1. What is wrong with this sentence? "Either of these three cakes are good."
2. What is the correct pronunciation of "legislative"?
3. Which one of these words is misspelled? Beneficence, benignancy, Benjamin.
4. What does the word "irreconcilable" mean?
5. What is a word beginning with ap that means "a short, plitty sentence"?

ANSWERS

1. Say, "Any of (or, any one of) these three cakes is good."
2. Pronounce le-jis-lay-tiv, first syllable as ledge, and principal accent on first syllable, not the third.
3. Beneficence.
4. Not capable of being friendly or in harmony. "Their divergent views and opinions were irreconcilable."
5. Aphorism.

the amount of shortening in them would lead one to expect—a pleasant thing to happen, when we use our cooking fats so carefully.

The spicing is pleasant, and rounds out an interesting biscuit to serve with a beverage, with a fruit salad, with any type of sweet spread.

- 1 cup once-sifted pastry flour
Or 3/4 cup once-sifted hardwheat flour
4 teaspoons baking powder
1/2 teaspoon salt
1/2 teaspoon ground cinnamon
1/2 teaspoon ground ginger
Few grains grated nutmeg
1/2 cup granulated sugar
1 cup graham (or whole wheat) flour
1/2 tablespoon chilled shortening
1 egg, well beaten
1/2 cup milk
1/2 teaspoon vanilla

Tenth Trip South in Iron Lung



Waiting in the Chicago, Ill., station to start their annual southern trek are plucky Fred Snite, Jr., 34-year-old lung prisoner, and his family. With Mr. and Mrs. Snite are, left to right, Pinky, 6, Marie, 14 months, and Katherine, 3. This was Fred's tenth yearly trip to Florida.

How Can I!!

By Anne Ashley

- Q. How can I clean polished surfaces, such as woodwork?
- A. Dissolve two tablespoons of borax in a cup of boiling water. Then add three pints of cold water. Wash with a flannel cloth, and dry with a soft linen or chamois. Finally, use a little linseed oil or a good furniture polish.
- Q. How can I relieve tired feet?
- A. Boracic acid will not only relieve tired, sweaty feet, but will also remove the unpleasant odor.
- Q. How can I prevent the cracking of an egg when boiling?
- A. An egg will seldom crack during the boiling if an end is first pricked with a pin.

Modern Etiquette

By Roberta Lee

- Q. Should the relatives of a widow or divorced woman use "Mrs." before her name when sending out invitations or announcements for her second wedding?
- A. No.
- Q. If a hotel employee, or taxi driver, demands a larger tip than the one offered, should one comply?
- A. No; the amount of the tip is entirely optional.
- Q. How many courses should the menu for a formal dinner contain?
- A. Five or six courses, with coffee.

Ellen's Diary

By an Island Farmer's Wife

The wind blew coldly today and following in the wake of last night's rain storm clouds, dark and sullen moved boldly across the face of the sun. Then it was, that I caught sight of White's garments in the frequent furries of snow. Jamie was delighted. "And did you" he inquired with obvious enthusiasm "see the flakes of snow? We'll soon be out in lots of it, shovelling tracks for my sleigh!" James described my feelings accurately, when once in the course of our work I started for the house too soon. "You're just like the dog, Ellen—if we want either one of you we have to rout you out from beside the stove!" So there it was. When the flurry of snow advanced from a hill top, I shivered and hastened my outdoor work and then when the sun shone again I blessed its warmth and longed for a day out of Summer or Autumn. This can be a pastime on a raw Fall day. Then one recalls the many things they should have done in the more pleasant weather and sighs for the hours that have vanished so quickly. But there was really no time for idle retrospection today. For as a unit, the family lived and moved in the present.

Indeed, we moved so fast, that tonight as the wind whistles blustering around the house and down the stove pipe, so that James rises from his chair in alarm to regulate the dampers, we have completed the very last of our harvesting home. Beets and carrots and all. On the very last load, that arrived in the yard, when I came from the house across the lane to hurry the supper fire leaving my precious care to Kariolyn, I saw the few surviving cabbage. There they were, proclaiming to those who could read the signs that the last of our crop had been gathered. "I'm thinking" James remarked at supper "things will be pretty well frozen up tomorrow, and us with so few of the cobs turned yet. But" he added "it's a relief to have all

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HOT
Serve a **^** cereal without cooking

NABISCO SHREDDED WHEAT

SOUNDS LIKE MAGIC, doesn't it? Well, here's the way to the quickest, easiest HOT breakfast ever. Place Nabisco Shredded Wheat in a strainer—pour boiling water on the biscuits. Drain, salt to taste, and serve with cream and sugar. Delicious? Yes! Nabisco Shredded Wheat is nourishing whole wheat—steamed, shredded, baked—Rich in hearty goodness and brimful of flavor. For the original Niagara Falls product ask for Nabisco Shredded Wheat.

Living & Leisure

—THE WOMAN'S REALM—

AGAIN, OPPORTUNITY

So here we are back to Opportunity. There is a story told that in an ancient Greek city once stood a statue of which every trace had vanished, but the inscription on which had been preserved. It was in the form of a conversation between the statue and a traveller. It ran:

What is thy name, O Statue?
I am called Opportunity.
Who made thee?
Lysippus.
Why art thou standing on thy feet?
To show that I stay but a moment.
Why hast thou wings on thy feet?
To show how quickly I pass by.
But why is thy hair so long on thy forehead?
That men may seize me when they meet me.
Why then is thy head so bald behind?
To show that when I have once passed I cannot be caught.
We do not see such statues nowadays, but on every hand are enduring monuments to successful men and women. These monuments are in every conceivable form—Improved farms, great industries, banks, and successful sou-livers.

DON'T PAMPER CHILD

An appeal to parents to permit their children to take life's little knocks, in order to develop self-discipline and adjust their behavior to social standards, is made by the Department of National Health and Welfare, Ottawa. "Larning the hard way has advantages," the department states. "A pampered child has little opportunity to learn to solve life's problems in the school of hard-knocks, through trial and error. Only through personal experience can we learn to conform to the

TOUGH JOB FOR SOME

Mexico has appointed a commission to learn why living costs are so high.

that coil diagonally around the figure are one of the highlights of Mad Carpentier's slim dress this season.

Hair brushes, tooth brushes and scrub brushes should not be turned on their backs to dry, as is the common practice.

PROFESSIONAL RINGS

Rings of Brazilian professional men signify their calling. Doctors wear emeralds, lawyers rubies, en-

Needlecrafts

—FOR THE HOME—

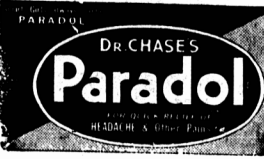
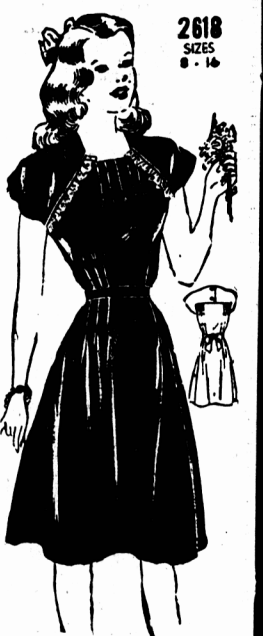
MATINEE PERFORMANCE

The perfect dress to wear to a matinee in town, or to an important party. Make it in plush velvet or velveteen and trim it with frothy white ruffles.

No. 2618 is cut in sizes 8, 10, 11, 14, and 16. Size 12 requires 2 1/2 yards 35-inch, or 2 1/2 yards 39-inch with 1/2 yard ruffling.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2618



This Home Mixed Cough Relief Is Hard To Beat

Very Easy to Make. This makes 16 ounces of excellent cough relief—about 4 times as much for your money. Tastes fine—children love it—and it never spoils.

No Cooking. Saves Money. No matter what you've been using for coughs due to colds, you'll be the first to admit that this surprising relief, mixed in your own kitchen, is hard to beat, for real results.

Make a syrup by stirring 3 cups of granulated sugar and one cup of liquid honey, instead of sugar syrup, in a few moments, until dissolved. Once tried, you'll swear by it.

No cooking is needed—anyone can do it. Or you can use corn syrup or apricot preserves instead of liquid honey. Pinex is a special compound of proven ingredients, in concentrated form, a most reliable soothing agent tanned from any drugstore into a 16 oz. bottle, and fill up with your syrup. money will be refunded.

Brings FAST relief from **KIDDIES' CHEST COLDS**

new throat - bronchitis

Child's size **MUSTEROLE**

DOROTHY DIX SAYS—

Broken Engagements

Affairs Severed Before Marriage Save Post-Ceremony Misery

DEAR MISS DIX: I have gone with a girl three years. During this time we became engaged. Recently she broke off with me and it took the light out of my life. Since then I have not been able to do a darn thing. I have tried going with other girls, but cannot have a pleasant time. I can't even have any fun when I go out with a bunch of boys. I don't know what to do.

ANSWER: Well, I wouldn't think you would be bored with all that trouble on your mind. I should think you have plenty to worry over. There is nothing like a fickle sweetheart to keep a chap on his toes in trying to figure out what she is going to do next and which way the cat is going to jump.

But see here, son, you know that sometimes a trouble is a blessing in disguise and the things that happen to us at that seem at the time to be a great misfortune turn out to be the very things that make us. And this is particularly true of love affairs, especially boy and girl romances.



WOMEN CHANGE

Apply this to your own case. You have been going with Mary Jane, or whatever her name is, for three years and you were engaged to her. No doubt at first she loved you, but in three years a bobby-soxer grows up and develops into being a woman. Her tastes change in boys just as they do in hats or dresses. She gets emotionally mature just as she does bodily. And, without her intending it or wishing it, she finds that she no longer loves you, and she does the only honest and honorable thing in the circumstances. She breaks off the engagement.

Of course, you are wounded in your heart and in your vanity, but think how much worse you would be hurt if all of this happened after marriage and you found that you had a wife who had ceased to love you. You would have trouble for sure then, and after you had stood it for a little while you would probably get a divorce, and maybe there would be a little child for you to have to give up, and that would be a heartbreak.

I think that any man and woman who find out that they no longer love the person they are engaged to should call the wedding off, even if they are on the very steps of the church.

You can keep yourself from thinking about this girl, who is really doing you a kindness instead of a wrong, if you will only use some will-power. Concentrate on your work. Work is the best remedy for any sort of trouble.

DEAR MISS DIX: I have a sister 20 years old who hates all housework and will never do a lick of it if she can help herself. She is considering marrying a widower who has two children, 8 and 4 years old, and before she does it I want her to realize what a job she is assuming in undertaking to do the cooking, washing and ironing for such a household.

I fear she will be very unhappy.

ANSWER: Unless marriage works some miracle in her that changes her tastes and habits, she certainly will not only be unhappy but tired, and so will her husband and the poor little children. A girl of 20, especially one who is allergic to housework, should marry a man with a ready-made family because she is not fitted for the responsibility she assumes.

Little children are not the pin-feathered angels that they are represented as being in song and story. They are noisy, mischievous, dirty, fighting, howling little bundles of energy that require incessant care and that would try the patience of Job himself. Only a mother's love can make the task of rearing them anything but a life of slavery, and no young girl should undertake it.

DEAR DOROTHY DIX: I am a young man recently discharged from the air force. Have obtained a job as boss in a canning factory. I have fallen in love with one of the girls who works there, but I have a wife who has always been good to me, and a small daughter I love very much. Because of this I am unable to decide whether or not to obtain a divorce.

What should I do?

ANSWER: My advice to you is to can your romance and stick to your good wife and little daughter. You will be happier living with a clean, faithful woman who has been true to you than you will be if you start out to be a wolf who pursues every skirt that flutters across your path.



Happy a few days ago over the birth of his first son, Roy Rogers today mourns the death of his wife, Ariene Rogers, seen with the cowboy star and their children. In hospital at Hollywood, Mrs. Rogers died of a blood clot following a caesarean operation.



Uppermost in current Arctic planning of the Department of Health and Welfare, is the training of Eskimo mothers in scientific child care, taught in St. Luke's Anglican Mission Hospital at Pangnirtung, Baffin Island, by Nurse Beatrice Kitchen of Toronto, who holds Eskimo baby Quaga, while watching its mother, Soudlo, pour into sterilized bottles the feeding formula she has learned to prepare. Soudlo, proud of her thriving child, is an enthusiastic booster for the white man's war. St. Luke's and St. Therese's Roman Catholic Mission Hospital at Chesterfield, on Hudson Bay, both government subsidized and in charge of government doctors, are the only hospitals operating in the Eastern Arctic.—Photos by George Hume.