

# Woman's Realm—Social and Personal—Fashions—Literature

## DOROTHY DIX SAYS—

### Sickly Fiancees

#### Youth Asks Advice On Troth With Unhealthy Girl

DEAR MISS DIX: I am a young man nearly 21 years old. My girl friend is practically three years my senior. We are very congenial and happy when we are together, but there are a few matters which I regard uneasily. She is very anemic. She eats hardly anything, and when we are taking part in sporting events she always tires when I could enjoy it further. If we go out to places of amusement for several nights in succession, or do anything strenuous, her face becomes pale and dark rings form around her eyes, and that makes me wonder how she will be able to stand the wear and tear of life.

Don't think that I expect too much of her, but I would certainly hate to think that I would be marrying a girl who might become a chronic invalid. What is your advice?

ANSWER: One of the things that men seldom seem to take into consideration in picking out their wives is the health of their prospective brides, yet the success of every marriage depends largely upon whether the girls they marry are going to be just doctors' bills to them, or helpmates.

HEALTH PREFERRED  
It is all very well for a man to fall in love with a frail little Dream Girl, who might get her angel wings at any minute, but when he marries he wants a wife who is strong and husky and who can do a hard day's washing and then dance half the night. He doesn't want any neurosis in his. He doesn't want a wife who breaks down under every strain. He wants a wife who can take life as it comes and buck her husband up when things go wrong, instead of being a drugstore around his neck.

Of course, hale and hearty girls often turn into sickly wives. That can't be helped, and to the honor of men be it said that most husbands under such circumstances bear with their wives with the patience of he-angels.

But, all the same, it is a wise thing for any lad contemplating matrimony to get a health certificate from his girl, just in case.

DEAR DOROTHY DIX: Do you think that a divorced man has, or should have, as much attraction for a single woman as a single man would have? Would he have as good a chance of making a desirable marriage? Also, do you think that a single girl or woman should date a divorced man?

ANSWER: From my observation I would say that divorce is no handicap to a man so far as the ladies are concerned, unless he was unlucky enough to have the court award him the children in the divorce settlement. That cramps his style as a Romeo, for there are few women who want a husband badly enough to take one with a ready-made family.

Whether a bachelor should be penalized for having muffed his chances with single women and thus be condemned to marry widows, is a problem beyond my powers to solve.

As to your question as to whether a single girl or woman should date a man who has been married, the answer is: Why not? Widowers are always preferred risks.

DEAR DOROTHY DIX: I am 23 and am in love with three different men. Number One tells me that he loves me and we have had some good times together, but he has never asked me for a second date. Number Two is older than I am and all he ever does is to feed me when he takes me out. Number Three says he loves me, but he only comes to see me once every two weeks.

All of the men are past 40 and have been married. One of them is three times my age, but none of them have wives now. What shall I do to matter? Or how can I get any rich man, for that matter? These men are not rich, but they have enough money for me to live on in the style I want to live.

ANSWER: As none of the men have asked you to marry them, it seems to me that you are borrowing trouble about trying to decide which one to take. Love talk is the cheapest thing in the world and the least to be depended upon.

However, I should regard Number Two as your best bet, as you say that he feeds you when he takes you out, and that's "sumping," as Amos and Andy would say. Any man who will buy you good food has a charm that is not to be scoffed at.

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## Legends Of P. E. Island

### THE IMAGE OF A STRANGE GOD

(By Uncle Joe)

Over the entrance of the old Micmac's wigwam, which stood a tiny Indian village in Prince Edward Island, was carved the figure of a strange god. The old Indian chief had done his work well, but the god he had created was a horrible thing to look upon, with long gaping mouth showing a set of teeth as long and sharp as a row of knife blades. Along the back could be seen a set of powerful wings while the lower part of the body tapered off into a short powerful tail.

The old chief was very proud of the unique figure he had carved out of wood, and never lost an opportunity of showing it to other Indians who occasionally crossed to the island to visit the Micmacs.

Our legend tells us that old Thundercap, the Indian chief, patterned his grotesque art after a strange god he had encountered while on a hunting trip in the wilds of the island; and that he and this unknown deity frequently met and held long talks while the rest of the red men lay about their wigwams in deep sleep.

All went well until the real god became jealous of the attention the Indians were paying to his image. Then one day in a fit of anger he started out to find the image of himself and see just how the chief had executed the job of sculpturing such a great spirit as he himself boasted he was.

Three days and three nights the god flew over the beautiful island country before he finally sighted the Indian village. Then he landed on the earth to rest and decide what course he would follow. But first he must look upon his own likeness.

The news of his arrival soon spread about, and a great fear fell upon the people, frightening them as they had never been frightened before. Quickly they sought the old chief and demanded to know why this strange and terrible creature had come amongst them. All the while the ugly thing lay near their camp, crying in a loud voice for somebody to come to him. The chief, unable to control the excited people, went out to meet the spirit being himself.

But Chief Thundercap was not prepared for the reception he got when he drew near the spot where the mighty god lay stretched out on the grass.

"What is the matter," he cried, "that you keep me waiting so long? Take me at once to your tent so that I may see for myself this image which you have wrought after my own likeness."

The old chief, now thoroughly frightened himself, led the way to the spot where they were in sight of the odd creature which had caused all the ado.

"There," said Chief Thundercap, "there is the image."

The chief looked about him, but nowhere could he see any members of his tribe. They had, every one, vanished to the shelter of his own wigwam.

When his eyes returned to look upon his strange guest, the god had settled down on his stubby tail and was leisurely surveying his own image. He would twist his huge head this way and that, emitting strange noises that seemed of diet, etc. (Pronounce ree-l-men, both e's as in bet. Unrested, accent, first syllable). "Preserving the health by too strict a regimen is a wearisome malady." — La Rochefoucauld. 5. Personification.

But the people were sorely afraid and wanted to be rid of the god; so they sent one of their number that night to their leader's wigwam, beseeching him to let them put an end to the evil one's life.

But the chief would not. "Thou art a coward," said his interviewer. "If you are not with us we are against us, and this night we shall rid our village of you and your strange god."

So saying, he turned on his heel and left the tent.

## That Body Of Yours

### TOO MUCH LIQUIDS AND SALT MAY CAUSE HEADACHE

(By James W. Barton, M. D.)

If there are two things the human body needs daily, it is water and salt. The cells of the body are like little fish and must have water all about them to do their work properly. Thus, the cells of a chicken that have been kept alive for many years are kept in water containing a certain percentage of salt. Salt enters into the formation of the various cells of the body.

However, that certain individuals would be free of various disturbances of the body if they drank less fluids or ate less salt. Has been definitely proved.

For years, physicians trying to reduce in overweight persons have advised cutting down by one-half on all liquids and on the use of table salt on foods or foods rich in salt.

As every pound of fat holds three pounds of water, removing a pound of fat by exercise or eating less food means loss of four pounds of weight.

That attacks of epilepsy can be caused by too much water in the brain tissues is now known. Where the physician is in doubt about convulsive attacks being epilepsy, he has the patient drink a great amount of water and gives him pills, which holds water in the tissues. Convulsions will occur if attacks are due to epilepsy.

Recently, research physicians investigating attacks of headache for which no apparent cause is present, are finding that too much water in the body tissues is the cause of migraine (one-sided headache) and other headaches.

In the "American Journal of Medicine," Dr. Joseph W. and Max A. have stated that it is generally recognized that migraine is more common just before the monthly period and the menopause, when there usually is a disturbance of the manner in which the body handles salt and water.

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## Ellen's Diary

### By an Island Farmer's Wife

(By James W. Barton, M. D.)

Monday—commencing with amber and golden cloudlets floating away serenely from the sunrise above the trees down stream and bringing to us at Alderlea a day when the first sods of the Fall plowing were turned redly in a near field. It is evidently a most insistent work since only to mention other possible endeavours to the farmers is to be met with: "But we couldn't think of it—no before that mornure we spread has all been plowed down!" The carpenters returned with the flooding of sunlight into our valley, taking up again their work of repairing. Speaking of the shed-like structure left at week-end only partly completed, I am reminded of a saying: "It was just a miracle—that's what it was, that the whole thing didn't blow down" in yesterday's high and gusty wind. At dawn, on the Sabbath morning when even in barnhouse inhabitants are inclining toward another nap, a man eased himself quietly out of our wide old bed, and from the new window made an anxious survey of our surroundings, then presently descended into the wind-swept day. There followed a brisk closing of any doors a-swing; a checking of our buildings to see that all was intact and return with a report of his findings.

Not inclined to "look for the silver lining" at any time, the damp windy morning lent him reason for his finding. He was "just afraid" that those hay-stacks up by the inn would blow down—they would be certain to, if the wind increased any more; but beyond a slight puffing of the "heights they backed in the clearing" listening. There were also "those young horses back in a pasture, without shelter from the cold blasts," a condition which was soon remedied by fetching them to the barn, and there was the chance "that you won't be able to keep your feet in this Ellen, though, if you take advantage of the calmer spells between the gusts, you may be able to get as far as the stables" where "come day go day", storm or calm, the chore of the milking waits.

In the delightful calm of the evening when night had settled down in content, I respiced a silted over fields and woodlands and nestling, lighted farmhouses, Jeanie came from the house across the lane bearing to us the news of the young Prince's birth. "Just in the event that you weren't listening to your radio," Tears, that have strange ways with them, now very close at hand or again far and ever away, welled up and would have fallen, had James had not commented brusquely: "It's dead you are, Ellen! Can't a baby come to the world without a body cry ing over it? Are you disappointed that it's not a girl?" "No, it's glad, it's wonderful!" "The Prince of the Realm," it will be day-to carry on in the footsteps of a line of good Sovereigns, to head our Democracy and uphold its ideals as the present Royal Family are doing, the occasion being truth and all the virtues of the past to make good living, to be an inspiration and a worthy example to the least of their subjects." "Ay," I am agreed, "there's no doubt but that they're..."

And Jeanie and I nodded knowingly, when a saying age-old and common to the lips of those who some day will have their own "the greatest battle that ever was fought" came to mind and I said: "Well, isn't it good that it's over?" And James and I spoke of the new grand-sons, recalling the occasion that had been ours to ride one of Jamie's birth, and the thankfulness later that Providence had been kind to bring a new and exceedingly precious interest into our lives, and remembering the pride of holding a first-born grandchild. And we thought not only of the new Prince born to fine robes and every comfort in a palace, but also of others none-the-less dear, and happy pents in farm-house or cottage, the occasion blessed by the ministrations of skillful and kindly doctors and nurses. These were ones too, are gifts from the gates of heaven, cementing more strongly than ever the marriage bonds and "bring their own with them." (Only last Saturday, and within the walls of a city hospital, a grand-niece, whose expected advent had been of much interest to us, was born to James—and me.)

But deary me, how one does ramble on! And James, poor man, begging for a clean pair of socks to the weary feet that have gone many a mile for the family since sun-up!

Until tomorrow... Diary... Good-night...

## Modern Etiquette

### By Roberta Lee

Q. In what color and where should monograms be engraved on letter paper?

A. They may be engraved in gold, silver, plain white or in colors at the top of the paper, the size and shape of the paper determining the correct position.

Q. At dinner, how and in which hand should a maid hold the dish she is serving?

A. The dish should be held on a folded napkin in the left hand. Then, if necessary, the right hand can be used to steady the dish.

Q. Is it proper for a man to assist a woman in putting on her rubbers or overshoes?

A. This is a courteous act which is proper for a man to perform.

## The Stars Say--

### By Genevieve Kemble

For Tuesday, November 23

THERE are indications of a definite upsurge of many projects of major importance, with a concentrated drive in putting these over with vigor and initiative. While preparation and technique seem constructive and practical, yet an error of judgment, confused thinking, or other form of rush rather than reason, is likely to alienate the interest of those disposed to cooperate. Under such dubious rule, it might be easy to invite litigation, to offend friends, involve contracts or cause separations, in business as well as personal relations. Pause to analyze and to put over clever ideas or innovations.

Those whose birthday it is may find themselves under a strong drive to inaugurate new projects, innovations or exceptionally brilliant plans or propositions in which special skills and ingenuity are ready for demonstration. However, a reckless or over-played hand may block the enterprise and result in withdrawal of those already interested. Shun cause for separations, offending friendly interests both in business and social or domestic affairs. Sign all contracts with precaution. Shun all carelessness and stick to facts and logic.

A child born on this day may have an ambitious and aspiring nature, with excellent opportunities for reaching high places. However, such drastic chances and surmises may not measure up to expectations.

## Morning Smile

### A FISH STORY

The old man fishing from the river bank landed a pike about two feet long, but threw it back. Later he caught a large bass. This he also threw back.

Five minutes later he caught a small perch and put it into his bag. As he rose to go, a fellow fisherman asked him why he had thrown two beautiful fish back and kept a small one.

"Well," he replied, "my frying pan is only nine inches wide."

## Living & Leisure

### THE WOMAN'S REALM

(By James W. Barton, M. D.)

YOU: You are the fellow that has to decide whether you do it or toss it aside; You are the fellow who makes up your mind whether you lead or will linger behind; Whether you'll try for the goals afar Or just be counted to stay where you are Take it or leave it, here's some- thing to think over, it's all up to you!!!

## POCKETS LARGE, DEEP

### New York — Pockets on casual coats are large and deep, with buttons and occasionally a single-button trimming.

The loose coats also have detachable back belts that suggest a man to a lower waistline. Deep box pleats, front and back, on other coats are another way to nester fullness.

Pieces cut from an old felt hat or slippers and glued to the bottom of table legs and chests will overcome destructive marks on kitchen linoleum.

Little link sausages, delicately browned corn cakes and skillet-simmered canned peach halves taste wonderfully good for a Sunday morning brunch. Simmer the peaches half an hour in a small amount of syrup made with equal parts of syrup from the peaches, brown sugar and granulated sugar with a lump of butter thrown in to round out the flavors.

Add a few grains of salt in making a cup of cocoa or chocolate, vanilla and cinnamon are also good flavor additions.

The biggest change of all for the fall will be the trimming down of skirt widths. No more voluminous sweeps of fabric to pick up the dirt on steps, to drag on the floor when you sit, to catch in the door when you ride in a car.

Bread puddings are a popular way to use left-over scraps of bread, and a good tasting sauce or topping will keep it from becoming monotonous. Pureed dried apricots, sweetened, thickened and combined with a bit of orange pineapple, make a real party topping for it.

## FOOD PRECAUTIONS

1. Store food you can where it's cool, dark, dry. Protect the jars against bad conditions.

2. Keep milk clean, covered and cold. No matter how carefully milk is handled before it reaches the home, it will not keep well if it is then carelessly treated.

## How Can I!!!

### By Anne Ashley

Q. How can I make a good roach powder?

A. Equal parts of plaster of Paris and powdered sugar make an excellent roach powder. One of the favorite haunts of roaches is around the sink. Watch this place for any signs of them.

Q. How can I remove scratches from shoes?

A. Rub Vaseline jelly into the scuffed shoes before they are polished and the scratches will barely be noticeable after the shining process.

Q. How can I prevent the whites of eggs from falling after whipping?

A. Add a pinch of cream of tartar to the whites while they are being whipped, and this can be avoided.

## Household Scrapbook

### By Roberta Lee

Stained Wall Paper  
One of the best methods of removing stains from wall paper is to wet with water and cover it with fuller's earth. Lacking fuller's earth, you can use corn starch. Let the powder dry completely, and then brush off with a soft brush.

## Needlecraft

### FOR THE HOME

(By James W. Barton, M. D.)

EARLY CHRISTMAS SEWING  
This handy bed jacket and handsome set of bags are easy as ABC to make! The jacket No. 2794 can be cut from one yard of fabric if you use contrasting scraps bag pieces for the facings. The bag set No. 2851, includes two shoulder stung styles a pouch bag and a dressy heart-shaped style.

No. 2794 is cut in small, medium and large sizes. Medium, 1 yard 35-inch; 3/4 yard 35-inch contrasting for facings.

No. 2851 is cut in one size. The shoulder bags require 3/4 yard 35-inch; pouch bag, 3/4 yard 35-inch; heart shaped bag, 3/4 yard 35-inch. Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address Pattern Department The Charlottetown Guardian.

Pattern Nos. 2794 and 2851

## 2794 SMALL MEDIUM LARGE

## 2851

## Cook's Corner

### FRUIT FLOATING ISLAND

Separate 2 eggs. To the yolks add 2 tablespoons flour, 1/4 cup sugar, 1/4 teaspoon salt and 1/2 cup cold milk; stir until smooth. Meantime in a double boiler scald 2 1/2 cups whole milk. Stir in the egg yolk mixture; cook and stir until the mixture coats the spoon, about 3 minutes. Remove at once from the hot water. Add 1-3 teaspoon vanilla. Cover and chill. Arrange the Fruit Floating Island in deep glass sauce dishes. In each put 1/2 a peeled fresh or canned pear. Pour over the custard. Top with vanilla high meringue made from the 2 egg whites.

## Better English

### D. C. Williams

1. What is wrong with this sentence? "I saw a pair of twins."  
2. What is the correct pronunciation of "crescendo"?  
3. Which one of these words is misspelled? Sophistication, sophomore, soporific.  
4. What does the word "regimen" mean?  
5. What is a word beginning with per that means 'a striking or typical illustration, or example'?

ANSWERS  
1. Pair of is tautological, as twins implies a pair. 2. Pronounce kres-shen-doh, both e's as in bet, or as in no, accent second syllable. 3. Sophomore. 4. A systematic course



Crowds of Londoners stood outside Buckingham Palace in anticipation of birth of prince to Princess Elizabeth. Their vigil was concluded when the Princess gave birth to a boy who is in line to succeed her to the throne.

## HOT FLASHES?

Are you going thru the functional "middle-age" period peculiar to women (38-42 yrs.)? Does this make you suffer from hot flashes, feel nervous, high-strung, tired? Then come to Lydia E. Pinkham's Vegetable Compound to relieve your symptoms. Pinkham's Compound also has what Doctors call a "stomachic tonic effect."

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