

Woman's Realm Social and Personal Fashions Literature



NO SMART GIRL NEGLECTS DAINTINESS! LUX TOILET SOAP LEAVES SKIN REALLY SWEET—DELICATELY FRAGRANT

LUPE VELEZ

Screen stars use Lux Toilet Soap for million-dollar complexions—as a luxurious beauty bath, too. It has ACTIVE lather.



9 out of 10 Screen Stars use it

How Can I ???

Q. How can I simplify the task of threading a needle?
A. The thread can be more easily inserted into the needle eye if it is clipped on the bias. Slipping silk threads through the needle eye twice will prevent their constantly slipping out.
Q. How can I clean plaster of Paris ornaments?
A. Cover with a thick coating of starch and let it become perfectly dry. Then brush off and the dirt will come off with it.
Q. How can I make use of the vinegar from bottle pickles?
A. Use it when making French dressing. It will add a pungent spicy flavor.

LOVELY EVENING FROCKS

As regards evening frocks—there are all sorts of excitingly feminine styles reminiscent of the Stuart period, and others showing the influence of Spain, lace, corded silk and taffeta are enormously popular—and very full. Vandyke sleeves will be "à la mode" in the ballroom. Oh—and basque (so flattering to the women with slim hips) are to be seen in all smart places.

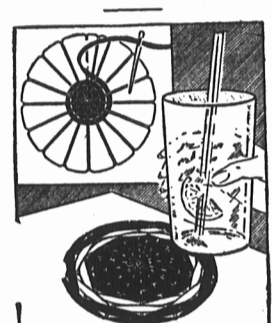
THE COOK'S CORNER

RAISED DOUGHNUTS

1 cake yeast
1 1/2 cups milk
1 1/2 cups flour, about
2-3 cup sugar
4 tablespoons butter, melted
1-4 teaspoon mace or nutmeg
2 eggs
1-2 teaspoon salt
Method: Scald the milk and cool to lukewarm. Crumble the yeast cake into this and add 1 tablespoon of the sugar. Stir until it is dissolved, then add 1-2 cups of the flour, sifted. Beat the batter smooth then cover and set in a warm place to rise until light and the sponge is full of bubbles.
Place in well-greased bowl, cover and again let rise until light, or until the dough is about double in bulk. Turn out onto a floured board and pat out to about 1/4 inch thick. Cut with a floured cookie cutter and place the filling on half the rounds. Cover with the remaining circles and pinch the edges VERY securely together.
When these have risen until they are again double in size, lift them from the board and drop into deep hot fat, putting the side which was uppermost down in the fat. Fry until they are a rich golden brown, then drain and cool before sprinkling with icing or granulated sugar.
If you do not intend to use the filling in these, then pat the dough about 1-3 to 1-2 inch thick and cut with a cookie or doughnut cutter. Let rise and then fry as directed above.

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Hand-Woven Coasters Fun for You to Make



Weave on Cardboard "loom"
How colorful and useful—a set of coasters like the one in our picture, woven of soft cotton in red and white. And so easy to weave!
Make your own "loom" from a circle of heavy cardboard. Cut 16 evenly spaced notches around the edge—a 1/16th between any two.
For your warp choose a cheery red cord. Paste one end to centre of circle—and draw cord through two adjoining notches. Then draw cord straight across loom and through another two notches. Repeat till you've wound through every notch and back to the centre again.
To weave, thread needle with loose end of red warp cord and begin in the centre to "draw" over and under the warp. Change to white cord for a few rows, then back to red. The finished coaster slips easily off the loom.
And there are many other lovely things you can weave quickly, inexpensively. With ribbon, lace, weave a boudoir set on a breadboard "loom." Or make a pretty pillow top on a child's hoop, from scraps of material.
Complete instructions and diagrams—for these and other fascinating hand-woven articles—are given in our 32-page booklet. Tells how to weave rag rugs, afghans, belt and bracelet sets, scarves, many more lovelies for home, personal use.
Send 20c in coins for your copy of How To Weave Useful Novelties to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
Street Address _____
Town _____ Province _____



LET THE FAMOUS 57 BE YOUR GUIDE
TO FINER FOODS FOR BABY
That famous symbol stands for pure food—quality, flavour, honest value the world over. To you it is most important when you buy foods for your baby. Heinz Strained Foods give you choicest ingredients, perfectly cooked, thoroughly strained. Your baby deserves the best. Order a supply from your dealer today.
12 KINDS: Vegetable Soup • Spinach • Tomatoes • Peas • Apricots and Apple Sauce • Prunes • Mixed Greens • Green Beans • Cereal, Carrots • Beef and Liver Soup.
HEINZ STRAINED FOODS
57 VARIETIES
HEINZ STRAINED GREEN BEANS

Dorothy Dix's Letter Box

What to do About a Philanderer is a Problem as Old as the Human Race—Never Should a Wife Make the False Step Just Because Her Husband Does

Dear Miss Dix—Will you please answer these questions: (1) Why should a wife be faithful to an unfaithful husband? (2) Isn't it as much the husband's duty to keep the home together as it is the wife's? (3) Shouldn't a philanderer try to win his wife's love and respect back? (4) Has a married man a right to have affairs with other women, and should his wife try to forgive and forget it when he does? (5) Does a man who philanders love his wife? (6) Isn't he a weak man if he can't control his own impulses to wonder when he sees what unappreciated and disinterested his conduct is bringing on his wife and children?
A WOMAN.

Answer: The whole of the law and the prophets concerning philandering is bound up in these questions. The answer, broadly speaking, is that unless a man loves a woman well enough to be loyal to her, he should have mercy enough in his soul not to marry her and subject her to the tortures of jealousy and the humiliation she suffers when she sees herself neglected and flouted for some other woman.

Answering your questions specifically I should say (1) that the only reason why a wife should be faithful to an unfaithful husband is, because she owes it to her own integrity to stand by her marriage vows, no matter how much she may be wronged. Two wrongs do not make a right. If children have a father who is a rotter they need all the more a mother whom they can honor and respect.

(2) Certainly it is as much the husband's duty to keep the home together as it is the wife's. But it is far worse for the children to have a loose-living mother than it is to have a loose-living father. If a philanderer cared for his wife's love and respect, he wouldn't throw them away in the first place.

(4) No married man has a right to have affairs with other women. Whether his wife should ignore and divorce him depends altogether on how she feels about it and the circumstances of their lives.

Sometimes a wife realizes that her husband's philandering is based on his vanity and his desire to be thought a lady-killer. Or she knows that he is a shallow restless nature that demands constant change and excitement and she realizes that whatever affection he has really belongs to her. Sometimes a wife loves her husband so well she would rather have even a small part of his life than none at all.

Sometimes she knows that for her to divorce her unfaithful husband will make her children homeless and poverty stricken and deprive them of the advantages they will have if she sacrifices herself by keeping the home together. It is a terrible problem that every wife of a philanderer must solve for herself.

(5) The philanderer frequently does love his wife in spite of the way he treats her. (6) The philanderer is selfish and egotistic. He puts his own pleasure above the welfare of his family and in the end he pays a bitter price. For when he gets too old for the love chase he finds that he has lost the love of his wife and the respect of his children.

Dear Dorothy Dix—I am a young man of 21. I have been married just six months to one of the sweetest girls who ever lived. I thought I was in love with her when I married her, but now I know that there is only one girl whom I will ever really love and that is the one who is about the other girl. We went together for a year and fell out. She met another man and married him and now has a baby. She moved far away from where I live and I have never seen her since or written to her, but I think of her continually and know that I can never forget her. I do not think that it is fair to my wife to go on living with her feeling this way about the other girl. What shall I do? Shall I tell my wife everything and lose her and probably go through life without either one of them, or shall I keep my secret and take a chance of forgetting the other girl and learn to love my wife more?
A. E. B.

Answer: What you are going through is the reaction that comes to virtually every married couple when the honeymoon begins to wane. The high emotional tension on which they have been living begins to slack and they then down. They are fed up with billing and cooing and lovey-dovey stuff. The romantic mist that hung around marriage are clearing away and they are seeing each other as they are—a human man and woman whose faults and ways get on their nerves. And they begin wondering what made them do it. Very few marriages would remain intact during the first year of marriage.

It is then, while they still have that let-down feeling, that they begin to wonder why they haven't made a mistake in picking out their mates, and if you had been, you wouldn't have let a little quarrel over you were. If you had been, you wouldn't have let a little quarrel over you were. If you had been, you wouldn't have let a little quarrel over you were.

That is what you are doing, and if you will face the truth you will realize that you were not so much in love with the girl you now think you were. If you had been, you wouldn't have let a little quarrel over you were. If you had been, you wouldn't have let a little quarrel over you were.

My advice to you is to quit brooding over this lost love and stop trying to think of loving your wife as a duty instead of a happiness. If it is possible, send her away on a long visit or a trip, or go on one yourself. You need distance to get a true perspective on her and see how sweet and pretty she is; and absence to make you miss her and know how necessary she is to your happiness.

And go and see the other girl. There is nothing so disillusioning as meeting our childhood sweethearts after the lapse of a few years. The mother of a baby won't seem near as much of a Lady Love to you in person as she is in memory.

Dear Miss Dix—Do you think it is safe for a man and woman who have never been married before and who are 50 years old to risk matrimony?
Answer: Why not? By that age they should know whether they are companionable or not, and have enough knowledge of how to get along with people to be able to avoid each other's "keep-off-the-grass" signs. There is no reason why an old maid and an old bachelor shouldn't be preferred risk in matrimony.
DOROTHY DIX.

PINK GERANIUMS AT WINDSOR CASTLE
The Geranium is out of favor presently. The Royal gardeners as a variety of "lies have come into bedding-out flower and little use favor for a royal garden. The bedding-out flower and little use favor for a royal garden. The bedding-out flower and little use favor for a royal garden.



AMUSING MOTIFS DECORATE KIDDIES' CLOTHES

Design No. 4032
An unusual array of motifs designed to please both mother and tiny tots and to decorate children's wardrobes with artistic and appealing embroidery subjects. Each design works out quickly as all stitches used are simple to do. Suitable for collars, belts, bibs, hemlines, pockets, scarves, caps, nursery curtains, pillows. Also complete instructions for stamping and stitch chart.
To order this design, write your name, address and No. 4032 plainly on any piece of paper and send with 20 cents in coin or stamps to Needlework Bureau, Charlottetown-Guardian.
PATTERN ORDER FORM—to be used when ordering pattern.
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YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE
Look in the section your birthday comes in, and find what your outlook is, according to the stars.
(Copyright, 1939, King Features Syndicate Inc.)

For Thursday, June 1, 1939

MARCH 21 to APRIL 20 (Aries)
This can and should be a banner month for your mentally active, life-loving Arians. And you are cultivating your better self; are unduly bound ahead in whatever you undertake that has worth. Put your best foot forward this good day.

APRIL 21 to MAY 20 (Taurus)
—Clearness should be your aim this favorable period. You of the career world may find more trying situations, nevertheless, grip and faith will conquer. You born after May 5 are under especially friendly vibrations for home, heart and children's interests.

MAY 21 to JUNE 20 (Gemini)
—New gains indicated. Keep improving your creative ability; you'll find opportunity for this more often if you will be eager and alert to grasp the opportunity. Plain, prepare, act.

JUNE 21 to JULY 20 (Cancer)
—A little tact plus the will to do your own work quietly and well will solve your difficulties today. Don't be concerned about righting others' affairs! At the same time, defend Right if it is in your power to help by doing so. Protect income.

JULY 21 to AUGUST 20 (Leo)
—Today should be to your liking, especially you born before Aug. 8. Overlook slights and you'll discover many happy little things that otherwise would be overshadowed by your own needless supersensitiveness. Granted it's hard to do, but you're big enough!

AUGUST 21 to SEPTEMBER 20 (Virgo)
—You may note an emphasis on personal matters, and through them will be different and more varied outlets for the expression of your talents. Use social contacts to help business. Improve confidence in YOU.

SEPTEMBER 21 to OCTOBER 20 (Libra)
—Depends mostly upon your attitude and willingness to cooperate with the right forces whether you will gain results or not. Be active and careful. Careful handling of money should net profits.

OCTOBER 21 to NOVEMBER 20 (Scorpio)
—Excellent chance here for business advancement among new helpful contacts (both social and business). Take the true course—that which omits bickering, intrigue, jealousy.

NOVEMBER 21 to DECEMBER 20 (Sagittarius)
—The top day for your best efforts. Look for gains through friends, associates in work and others who admire you. Don't mind a few routine irksome tasks, forgo ahead.

DECEMBER 21 to JANUARY 20 (Capricorn)
—Favorable vibrations, particularly for clerking, mechanics, army and navy interests and all endeavors requiring prudence and being amenable to suggestions. Dan Cupid smiles!

JANUARY 21 to FEBRUARY 20 (Aquarius)
—Fewer "don'ts" for you who will move ambitiously ahead without strain, over-sensitiveness or stubbornness. Private business interests offer new advantages.

FEBRUARY 21 to MARCH 20 (Pisces)
—The manufacture and sale of common, useful commodities, outdoor sports, church and children's affairs, engagements, literary efforts and friendships rate first attention. A good day.

A CHILD BORN TODAY: truly versatile, remarkably intuitive, ever on the go! Irritability, purposeless activity and being the prey of questionable acquaintances are to be eliminated from his life. All of you require harmonious surroundings and outdoor exercises. Cultivate your natural sense of humor.

A Morning Smile

YOUR MORNING SMILE
An Englishman and a Frenchman were arguing over whose country owned the finer navy. They asked the old Irishman in the corner to settle the argument. "The Irish have the best navy," he said. "In Heaven's name, where is the Irish navy?" asked the other two. "And what a fool I'd be telling you when you might be a couple of spies!" said the Irishman.

ONE THURSDAY
Sandy and Donald met the other day and began talking about the horrible weather. "Do you ever remember a summer like this?" asked Donald. "Indeed," answered Sandy. "An' when was that?" "Last winter."

This beautiful picture in FULL COLOUR—FREE



... with 98 lbs. of ROYAL HOUSEHOLD FLOUR

Here is your opportunity to get a beautiful full-colour picture of the Royal Family to commemorate their visit to Canada. They will be given away FREE while they last—one with every 98 lbs. of Royal Household Flour.
Housewives everywhere know that Royal Household Flour gives unflinching satisfaction at all times—whether it's for baking bread, cakes or pastry. The combination of Royal Household Flour and this picture of the Royal Family is something you will not want to miss. Get yours today!

The Housewife And Her Activities

Flowers are lovely; love is flower-like.
Friendship is a sheltering tree; Oh, the joys that came down showerlike.
Of friendship, love, and liberty, Ere I was old.
—Samuel Taylor Coleridge.

Why the water level of the Blue Lake at Mount Gambier near Melbourne, Australia, remains the same despite that 100,000 gallons are pumped from it every day, is puzzling many visitors. That an underground river feeds it from below, is one explanation.

Suits of the bona fide jacket and skirt type ride through into late spring and summer with lingerie blouses. There hasn't been more interest in the silk suit, for years. Linen suitings promise well, too.

Eggs may be tested by placing them in a basin of cold water. If they sink to the bottom they are quite fresh. If they rise slightly they are fit for cooking. If they rise to the top they are bad.

As far as ventilation is concerned, the high window again has the advantage, as it allows the warmest air to escape.

TIMELY TIPS FOR THE HOME SEWER

This is definitely a cotton season, and cotton is what you will want for this cool, wearable dress. No summer wardrobe is complete without at least one sunbuck frock for vacation days and active week-ends. Wear this hatter back frock for tennis, badminton, golf or just watching and you will be sure to get an even tan. Slip on the clever little jacket when you are ready to go home or to the club house for tea and you will have a perfect costume. Chambray, pique, gingham, seersucker or linen are all popular materials for sport dresses because they launder without a whimper and come out looking fresh and crisp.

Style No. 2661 is designed for sizes 12, 14, 16, 18 and 20 years; 30, 32, 34, 36 and 38-inches bust. Size 16 requires 2 5/8 yards of 39-inch material for the dress and 1-4 yard of 25-inch material for the collar. The short sleeve jacket requires 1 3/4 yards of 39-inch material.

Send fifteen cents in stamps (15¢ or coin (coin preferred) wrap coin in waxed paper) to: Charlottetown, P.E.I. Style No. 2661 Size
Name _____
Street Address _____
City _____ Province _____

When baking a crown roast, wrap the ends of the ribs with bacon or cover with a cube of fat to prevent the bone burning. Stuff with dressing before roasting or serve with centre filled with hot, fresh vegetables.

To Clean Corduroy
Use pure white soap and warm soapy water when washing corduroy. Plunge the goods up and down, rinse several times in clear water. Do not wring; hang up inside out, dripping wet to dry. Do not iron, but use a brush when dry (only the way of the cloth) to smooth the nap.

Prevents Sliding
It is quite a nuisance sometimes when a bowl persists in sliding and turning around while you are mixing with one hand and adding ingredients with the other. To prevent this, put a folded towel under the bowl.

Keeps Out Moths
Spronging the rugs with hot water, to which a little turpentine has been added, will drive out and keep out moths.

NEW...a CREAM DEODORANT

which safely STOPS under-arm PERSPIRATION

- Does not harm dresses, does not irritate skin.
- No waiting to dry. Can be used right after shaving.
- Instantly checks perspiration 1 to 3 days. Removes odor from perspiration, keeps armpits dry.
- A pure, white, greaseless, stainless vanishing cream.
- Arrid has been awarded the Approval Seal of The American Institute of Laundering for being harmless to fabrics.

15 MILLION jars of Arrid have been sold... Try a jar today... at any store which sells toilet goods.

39¢ a jar
Also in 1 1/2 and 5 1/2 lbs.

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