Afraid to Eat?

Does the fear of indigestion spoil the enjoyment of your meals? It needn't. Just take

NA-DRU-CO DYSPEPSIA TABLETS

and you won't know you have a stomach. They will see to it that your food is properly digested. They are among the best of the NA-DRU-CO preparations, compounded by expert chemists and guaranteed by the largest wholesale druggists in Canada. **50c. a box.** If your druggist has not stocked them yet, send us 50c. and we will mail you a box. 36

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THE SMOKER'S & TOBACCONIST'S FLAG OF INDEPENDENCE.

My face is a guarantee in this country as well as all over the world, for the best quality at a popular price, and I uphold the independence of the dealer as well as the smoker.

When you do not find any goods bearing the trade mark of my face in a tobacconist's, remember that it is a "combination or tied" shop.

A trial to-day will convince you that my BLACK CAT Virginia Cigarettes are better than any other Virginia Cigarettes on the market at any price.

Black Cat

"MILD"

VIRGINIA CIGARETTES

10 for 10 Cents

All free and independent tobacconists stock and sell Black Cat Virginia Cigarettes. "Mild" or "Medium," 10 for 10 cents.

THE TEST

Take any Virginia Cigarette, at any price, and light it, at the same time lighting a "BLACK CAT." Smoke from each alternately and pass the smoke through the nose. You will immediately detect the difference.

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We buy from the very best possible source—secure very advantage that is to be offered and you derive the benefit.

Buy your cod fishing outfit here and make a saving—write us your requirements.

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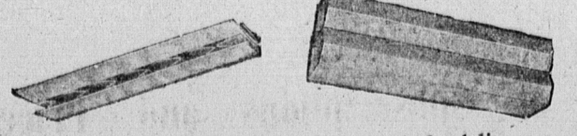

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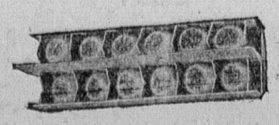

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Will carry eggs safely from producer to consumer VERY CHEAP—ONE CENT PER DOZ EGGS.

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BURNS AND THEIR REMEDIES.

Dr. Charles S. Moody, writing in the May Outing on "Backwoods Surgery and Medicine," says in regard burns:

"Burns are classified according to degree of injury. Those of the first degree are where the skin is reddened, but no blister formed. The second degree includes those where there has been decided blistering, and the third, where the flesh has been charred. Those of the first and second degrees are the most common in about the proportion of 99 to 1.

"A burn of the first degree can be best relieved by the application of cold water. This is contrary to the teaching of a few years ago, but is in full accord with that of today. The water should be changed as fast as it becomes warm.

"Burns of the second degree require more care. In the first place, do not interfere with the blister. The primary object in treating burns is to exclude air, and the skin remaining intact will do this much better than any artificial means.

"The Indians of the Northwest prepare a dressing for burns by cooking deer suet with balm of Gilead buds. This is the most effective application for severe burns I have ever seen. If deer suet is not available, any flesh tallow that has been cooked will serve as well. Throw a handful of the buds into a vessel and cover them with the suet, boil for thirty minutes, and strain. When nearly cold apply to the burn and cover with a soft cloth. The pain ceases almost immediately."

HOW TO IMPROVE YOUR FLY CASTING.

Correct timing of the forward cast is one of the greatest factors in clean cut fly casting. Do not start the forward cast too strenuously. The speed of the rod when passing through the arc of the forward cast should be greater toward the finish. At the end of the forward cast the rod should be just a little above parallel with the water.

In the matter of rod handling, then the chief points for the fly-caster to observe are these: To hold the rod with the thumb extended along the upper surface of the hand-grasp; not to carry the rod too far back on the back cast; not to delay the back cast too long and to start it forcefully; to start the forward cast when the line first begins to pull on the rod and to start it rather easily and finish strongly; and, finally, not to allow the rod to go too far down at the finish of the forward cast.

Learning to handle the line with the left hand is one of the most difficult things in fly-casting, but it is certainly more than worth the trouble; in fact, its advantages in various directions, both in casting and in manipulating the flies, are so numerous that they can merely be suggested in this article.—S. G. Camp, in the Outing.

CONVERTING A SAILBOAT INTO A POWER CRAFT

At first glance, it might seem absurd even to consider the conversion of an ordinary 25-foot catboat into a power craft, for its broad beam and general dublike and bulky appearance naturally indicate that the energy of any motor would be wasted in trying to drive it more than four or five miles an hour. Appearances are deceptive, however, for such a hull, when slightly altered at the stern and equipped with a properly installed motor of 10 to 15 horse power can comfortably carry a dozen persons at the rate of 10 miles an hour, or better. The decks would, of course, have to be cut down in order to give a greater capacity to the cockpit, but this merely involves work that almost any carpenter can perform.—Lawrence La Rue, in the

Dominion Blend Tea

(Registered)

A Peace Producer
A Kick Eliminator
A Business Increaser
A Marvel To Taste
Ask your grocer for

Dominion Blend Tea

Take no Substitute

P. E. I. RAILWAY

Commencing on July 1st, 1910, the train of this Railway will run as follows

Trains Outward Read down			Stations	Train Inward Read Up	
Tu.Mo.	Dly. ex.	Dly ex.		Dly. ex.	Mo.Tu
Th.We. Sat. Fri.	Sun.	Sun		Sun.	We.Th. Fr. Sa
P.M.	A.M.	P.M.	A.M.	A.M. P.M.	A.M.
5.40	3.30	7.45	Lv. Ch'town Ar.	11.30 9.50	9.55
5.50	3.39	8.09	Royalty Jct.	11.10 9.35	9.35
6.36	4.31	8.28	North Wiltshire	10.28 9.05	8.5
6.52	4.46	8.38	Hunter River	10.13 8.55	8.3
7.17	7 55	5 30	9 06 Emerald Jct.	9.29 8.26 3.25	7.
					A.M
	8.51	6.00	9 30 Kensington	8.51 8.22 2.49	
	9.25	6.40	9.50 Ar. S'side Lv.	8.20 7.40 2.15	
	A.M.	P.M.	A.M.	A.M P.M. P.M	
P.M.	Noon.			A.M	P.M.
7.50	12.40		lv. S'side ar.	8.00	4.55
8.48	1.33		Port Hill	7.01	3.26
9.37	2.40		O'Leary	6 12	2.10
10.15	3.41		Alberton	5.34	1.09
10.50	4 30	ar	Tignish lv	5 00	12 15
P.M.	P.M			A M.	P.M.

P.M.			A.M.
8 30	lv.	Emerald Jc.	ar. 7.50
9 20	ar.	Cape Traverse	lv. 7.00
P.M			A.M.

P.M.	A.M		A.M.	P.M
3.20	6.45	lv Ch'town ar	8.15	5 20
4. 0	8.15	Mt. Stewart Jct.	7 15	3 15
4.56	8.52	Morell	6 40	2.00
5.17	9 20	St. Peters'	6.29	2.22
6.20	10 50	ar. Souris lv.	5.30	1 10
P.M.	A M.		A.M.	P.M.

P.M.	A M.	Mt.	A.M.	P.M.
4.30	8.15	lv. Stewart Jct	ar 7.05	3.35
5.19	9 25	Cardigan	6 16	2.28
5.40	9.54	Montague	5 54	2.00
6.15	10.35	ar. Geo'town	lv. 5.20	1.15
P.M.	A M		A.M.	P.M.

Mon. Tues. wed. Thurs. Fri. Sat.			Tues. Mon. Thurs. wed. Sat. Fri.	
P.M.	P. M.		A.M.	A.M.
3.10	3.10	Lv Ch'town Ar	9 25	9.35
4.57	4.25	Vernon River	8.11	7.56
7.00	5 55	Ar Murray Harbor	lv. 6.40	6.00
P.M	P M		A.M	A.M

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Hay's Hair Health

positively removes DANDRUFF

By destroying the germ and loosening the small particles from the scalp. Its regular use, followed by occasional shampooing will keep the scalp in a fine, healthy condition and free from all traces of dandruff.

I have used half dozen or more different hair preparations but I find **Hay's Hair Health** the very best preparation I have ever used for dandruff and faded hair.

Very sincerely,
W. W. WHITE
Pastor Vienna (Md.) M. E. Church.

Will not soil skin or linen. Will not injure your hair. Can be used without detection.

Is not a dye.

and 2c for books "The Care of the Hair and Skin," Philo Hay Spec. Co., Newark, N. J. U. S. A., and Toronto, Can.

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E. A. FOSTER, successor to A. W. REDDIN, Sunnyside.

Here is something new—

Packard's Latest—"Mon-Ami"

Waterproof Shoe Polish.

Quick to put on—Quick to shine—Slow to lose its lustre—Sheds dust and water—Softens and preserves the leather. In Black and Tan—for men's, women's and children's shoes.

The **biggest 10c box** of its kind on the market. I can recommend it. **Try it.**

There's a Packard Dressing to suit every leather.

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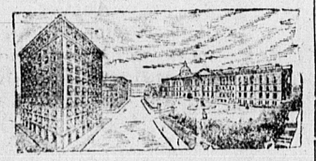
COMMONWEALTH HOTEL

Opposite State House, Boston, Mass



offers rooms with hot and cold water for $1.00 per day and up, which includes free use of public shower baths. Nothing to equal this in New England. Rooms with private baths for $1.50 per day and up; suites of two rooms and bath for $4.00 per day and up. Dining-rooms and cafe first-class. European plan.

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Stone floors, nothing wood but the doors

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The Popular Fast Line.

Between Eastern Nova Scotia and Boston via Truro, Windsor Jct. and Halifax EXPRESS TRAIN leaves Halifax, daily except Sunday) at 7.30 for Digby and Yarmouth making connection at Yarmouth for Boston.

MIDLAND DIVISION—Trains of the Midland Division leave Windsor daily except Sunday for Truro at 6.15 a. m. 7.05 a. m. and 5.10 p. m. and from Truro for Windsor at 8.55 a. m. 12 p.m. and 2.30 p. m. connecting Truro with train of the Intercolonial Railway at Windsor with Express trains to and from Halifax and Yarmouth, commencing June 20th.

The Royal and U. S. Mail Steamships Prince Arthur and Prince George.

The fastest and Finest Steamships plying between the Maritime Provinces and Boston will leave Yarmouth for Boston, daily, Except Sunday on arrival of Train from Halifax. Returning leaves Long Wharf Boston, daily, except Saturday passengers arriving in Halifax next day at 5.40 p. m. by Express train. DIGBY BOSTON.

Direct service commencing Saturday July 2 S S Boston leaves Digby on arrival Bluenose train from Halifax Wednesday and Saturday. Returning leave Long Wharf, Boston at noon Tuesday and Friday.

S.S. Prince Albert makes daily trips, Sunday excepted, between Parrsboro and Wolfville, calling at Kingsport in both directions.

For further information, Reservation of Statrooms, etc, write or telegraph R. U. PARKER, General Pass. Agt. Kentville Nova Scotia. W. K. ROGERS CO LTD
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OF INTEREST TO WOMEN.

FASHIONS AND FADS.

Beads are more than ever in style.

Where sleeves are long, they are very, very long.

Veils are less aggressive than they have been heretofore.

Brighter tints are predicted for the coming season.

Rhinestones appear on everything of the jewelry nature.

It is said that Paris is looking for simpler coiffures.

Organdies are more modish than they have been for years.

Suitings for fall lean strongly toward the mannish effect.

Coat sleeves are long and plain and rather close-fitting.

Velvet and velveteen promise to be extremely popular fabrics.

Many of the fancy linen handbags are fitted with coin purses.

Wings are placed very upright on both large and small hats.

Brassware in the Egyptian decoration is quite new and effective.

Scarf-draped Panama hats are much affected at seashore and mountain resorts.

Many summer parasols are built upon mission handles of white wood.

Never were separate wraps and touring coats so smart as this season.

HOUSEHOLD NOTES.

To make a delightful summer breakfast dish, fry sliced apples in the pan from which breakfast bacon has just been taken and serve them with the bacon laid around them.

The garbage can should be cleaned thoroughly at least once a week with hot suds, rubbed in with an old broom and then rinsed with a solution of washing soda or lye.

When starching colored summer fabrics, it is a good idea to use coffee starch, made by adding two cupfulls of perfectly clear coffee to the starch after it has been boiled.

New grass stains can be removed with cold water and ammonia and stains of long standing, with alcohol. If the stains are on goods that may fade, apply molasses before wetting.

A cake made without butter needs a quick oven, a cake with butter, except dark spice cakes and fruit cakes need a moderately quick oven, and the spice cakes and fruits need a slow oven.

As a guard against accident, when a valuable vase is filled with flowers, it should first be half-filled with sand after which pour in the water. It will prevent the vase tipping over.

One evening at tea little Tommy said to his grandmother: "Grandma, do your glasses make things look bigger?"

"Yes, dear," said grandma.

"Why?"

"Oh," said Tommy, "I only thought if they did you'd take 'em off when you're cutting my piece of cake."—Scraps.

King Edward's good nature was illustrated by a London correspondent at the Press Club in New York.

"The King," said the correspondent, "was visiting Rufford Abbey, and one morning, in company with his host, Lord Arthur Savile, he took a walk over the preserves.

"Suddenly Lord Arthur, a big, burly man, rushed forward and seized a shabby fellow with a dead pheasant protruding from the breast of his coat.

"'Sir,' said Lord Arthur to the King, 'this fellow is a bad egg. This is the second time I've caught him poaching.'

"But the King's handsome face beamed, and he laughed his gay and tolerant laugh.

"'Oh, let him go,' he said. 'If he really were a bad egg, you know, he wouldn't poach.'"

Farm For Sale

at Cherry Valley. Philip H. Lane offers his valuable farm of 90 acres, with crop, consisting of 50 acres hay and 23 acres oats. This property contains good buildings thereon.

For terms and particulars apply to I. L. Lane at Carter & Co's, city, or to C. C. Carver, on premises.

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LONDON, HALIFAX SERVICE

From London	Steamer	From Halifax
	Shenandoah	Aug. 11th
Aug. 6th	Rappahannock	Aug. 25th
" 20th	Kanawha	Sept. 5th
Sept. 3rd	Shenandoah	" 22nd
	For Havre Direct	
	Rappahannock,	Aug 25th

From Liverpool	Steamer	From Halifax
	Dahome	Aug. 16th
Aug. 9th	Ulunda	" 30th
" 20th	Almeriana	Sept. 14th
Sept. 3rd	Tabasco	" 28th

The above steamers have a limited accommodation for saloon passengers.

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FURNESS, WITHY & CO. LTD.,
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RELIABLE AND POPULAR ROUTE
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State Rooms	18.35

Complete Wireless Telegraph Equipmen

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leaves St. John at 9.00 a. m. Monday Wednesday and Friday for Eastport, Lubec Portland and Boston.

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Direct Route, Leaves St. John at 7.00 p.m. Tuesdays, Fridays and Saturdays for Boston direct. Returning Leaves Union Wharf Boston at 10.00 a. m. Sundays, Mondays and Thursdays for St. John direct.

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In the frozen regions of the North or in the hot countries of the South, a pure high grade Coffee like

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is the friend of mankind, bringing comfort and cheer wherever used.

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Beaver Flour makes the most delicious Cakes, Buns and other Fancy Pastry.

And Beaver Flour makes the whitest, most nutritious Bread.

Beaver Flour is the family flour for all kinds of baking, as good for Pastry as for Bread, and best for both.

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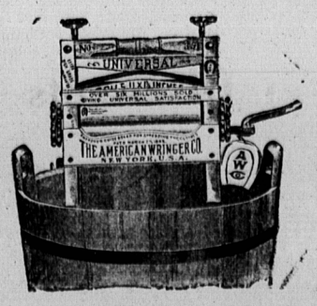

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