



NO MORE KIDNEY TROUBLE

Since He Commenced to Take "Fruit-a-tives"

78 LEXA AVENUE, OTTAWA, ONT. "Three years ago, I began to feel ran-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives', I thought I would try them. The result was surprising. I have not had an hour's sickness since I commenced using 'Fruit-a-tives', and I know now what I have not known for a good many years—that is, the blessing of a healthy body and clear thinking brain."

WALTER J. MARRIOTT. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

A. Pickard & Co Phone 240 Charlottetown

THE CENTRAL GUARDIAN

IT PAYS to buy in this Province. WHITE ROSE GASOLINE. Poole & Thompson, Ltd., Montague. 6872-7-9Mtf.

CEDAR POSTS shipment just received. Lowest price. Canadian Farm Products, 160 Great George Street, Charlottetown. 7366-7-30M3i.

POLICE COURT.—A prohibition case before the court yesterday was adjourned to Monday next, for judgment.

LAYING THIRD RAIL.—A large number of laborers are now at work at Emerald Jct. laying the third rail and placing a number of switches in the yard.

CHURCH OF SCOTLAND.—Rev. Ewen MacDougall, will preach Sabbath August 3rd at Point Prim at 10.30. Kinross at 3 and Birch Hill at 6.30 p. m.

ATTENTION is drawn to the large display advertisement of Messrs. Al. ley & Company, Ltd., announcing the arrival on August 1st and 2nd of a foot expert from the celebrated firm of Dr. Scholls, Chicago, all those suffering with any foot troubles, should make it a point to see this expert on those days, consultation free. 7337-7-29M5i.

RECEPTION AT YORK PARSONAGE.—On Friday evening July 25th a reception was held at the parsonage by the people of York, in honor of the pastor and his bride. A very pleasant social time was spent and music enjoyed after which Mr. D.R. Brown, on behalf of the residents of the community, presented to Mr. and Mrs. Littlejohns a purse containing a neat sum, and expressed the good wishes of all for a most happy and useful future. Mr. Littlejohns in reply expressed deep appreciation of this kind deed. Delightful refreshments were served by the ladies and after many expressions of good will, the party dispersed.

WELL DESERVED COMPLIMENT.—At a meeting of the P. E. Island Artillery Auxiliary held this week to consider the disposition of the funds on hand it was decided to hold the fund pending the erection of a suitable memorial to the soldiers who fell in battle. At this meeting a letter received by Mrs. (Dr.) Bagnall from a lady in St. John was read in which the following compliment was paid to the organization, Lieut. White, son of Dr. W.W. White of St. John was heard to say: "Not any soldiers in France were better supplied with comforts than the artillery boys. A parcel arrived from the society every month for each soldier and I shared with the Islanders as each time I also received a parcel, and a mighty good one too, of the most delicious home made cats, socks, etc. The Auxiliary is worthy of all the praise and gratitude we can give them."

Take a Box Of Chocolates

Along with your Picnic Supplies

Fresh supplies of Chocolates are arriving continually so that you always get Good Fresh Chocolates at

BEER & GOFF

GROCERS

Dr. E. C. Harris Eye Specialist Office Royal Bank Building, Charlottetown Office Hours 9.30-12.30 2-5 Phone 68-Y

Toilet Waters America's Choicest

America's choice of toilet waters, meaning not only in the odors, but in the productions that have greatest strength and last the longest. Have us show you ZAZA the latest in toilet waters.—Jasmine—Lady Mary—Celeste and dozens of others.

THE TWO MACS 149 Great George St.

THE REGULAR MEETING of G. W. V. A. Friday August 1st at 8 o'clock. 7375-7-30M3i.

SPECIAL DISCOUNT on all lines White Canvas Footwear at Poole & Thompson's, Ltd., Montague. 6872-7-9Mtf.

HAY MOWERS AND RAKES. See our line before buying. Canadian Farm Products, 160 Great George Street, Charlottetown. 7366-7-30M3i.

ICE CREAM FESTIVAL at C. M. B. A. Hall, Vernon River on Wednesday, July 30th from 7 p. m. to 12. Admission 25 cents. 7373-7-30M2i.

THERE IS GOING to be a dance at St. Peters in the rink Monday, August 4th. Refreshments and lunches will be served. Don't miss it. 7380-7-30Mws2i.

BE SURE and attend the S. P. S. C. annual dance in the skating rink at St. Peters, Monday, August 4th. Band from Charlottetown in attendance. Come and bring your best girl and help make it a success. 7380-7-30Mws2i

ATTENTION, LIBERAL DELEGATES TO OTTAWA.—A special train consisting of Pullman and Dining cars will leave Moncton, Saturday, August 2nd, about 3.00 p. m. to accommodate delegates to Liberal Convention at Ottawa. If sufficient number from P. E. Island interested to W. T. Huggan, District Passenger Agent, Charlottetown or to him through nearest Station Agent that they will travel by Canadian National Railways, a pullman car will be brought to Tormentine as a special accommodation for the delegates which car will be run without change to Moncton to form part of special train above referred to. Advise Mr. Huggan what reservation you want and same will be arranged. District Passenger Agent's Office, Charlottetown, July 29th, 1919. 7372-7-30M2i.

TRANSFERRED.—Mr. F. P. Ray, who has been manager of the Bank of Nova Scotia, at Emerald Jct. for the past six months has been transferred to a similar position in Nova Scotia, and left for Truro on Monday last. During his short stay in Emerald Mr. Ray made many warm friends who regard his removal from amongst them. On Saturday evening last he was some what surprised when a few intimate friends waited upon him and presented him with a beautiful leather club bag and an address of farewell expressing their regret at his leaving and their appreciation of his kind and gentlemanly qualities while a resident of Emerald. The presentation was made by Mr. Parnell McMahon, and the address read by Mr. P. F. Hughes, Mr. Ray thanked the donors very kindly for the handsome gift, and expressed his heartfelt thanks to all for their kindness to him since he came to reside in Emerald. Mr. Ray's successor is Mr. Lyons a young Nova Scotia man who has recently returned from the battlefields after serving four years without receiving a scar.

Armstrong, H. C. June 11th, 1919. Minard's Liniment Co., Ltd. Yarmouth, N. S.

Dear Sirs: Since the start of the Baseball season we have been hindered with sore muscles, sprained ankles, etc., but just as soon as we started using Minard's Liniment our troubles ended. Every baseball player should keep a bottle of your liniment handy. Yours truly, E. E. ARMSTRONG, Secretary Armstrong High School

1919. TIME TABLE FOR STRATHGARTNEY FOR AUG.

Table with 2 columns: From Bonshaw, From Ch'town. Rows for Aug 1, 5, 8, 12, 15, 19, 22, 25, 29.

Freight to be delivered one hour before sailing. 7384-7-30Mws2ipd

A TOILET TREAT

The carefully groomed woman appreciates anything that will give a touch of individual distinctiveness.

Our Toilet Waters have a delicate sweetness that charms.

Prices up to \$3.00

We also have a fine assortment of perfumes and other Toilet preparations, that are in demand at this season.

JOHNSON & JOHNSON The Quality Drugstore Corner Kent and Prince Streets

THE TOGGERY

DID YOU EVER WEAR A COAT THAT HIKED UP IN THE BACK, BROKE AT THE COLLAR AND SAGGED IN FRONT

The real test of clothes is in summer, a light weight garment shows every defect in cut, fit and workmanship.

It is because you can make a genuine test of our garments that we send you this invitation to visit our store and let us fit you with a real Suit of Clothes.

K and S. House of Hobberlin \$30 to \$45 \$30 to \$75

TWEED RAINCOATS

While we are talking of clothes we want to remind you of our exceptional values in Tweed Raincoats. \$15.00 to \$28.00

New arrivals weekly of Caps, Shirts and Neckwear.

GEO. L. PROWSE

Everything a Man Wears but Boots.

FLOUR.—We have just received one car Beaver Flour, one car Queen City Flour, also large shipments Bran, Shorts, Cracked Corn, etc. To arrive in a few days one car Robin Hood Flour, Cornmeal, etc. Carter & C., Limited. 7334-7-29M2i.

PERSONALS

Mr. Benjamin McEachern, Hopefield was in the city yesterday.

Mr. Haviland Horton, Mt. Allison was in the city yesterday.

Hon. H. D. McEwen, Morell, was in the city yesterday.

Mr. Frank L. Dougan, of the C. N. R., Moncton, is in the city.

Mr. Felix Gallant, Cardigan, was in the city yesterday.

Mr. John Fraser, Avondale was in the city yesterday.

Miss Mae G. Barron of Boston, Mass., is visiting her home in this city.

Mrs. John T. Doyle and family, city have gone to Rustico to spend a few days.

Dr. Ed. G. McQuaid left Monday morning for New York, to take a post graduate course in Oral Surgery and Conductive Anesthesia.

The Guardian is pleased to learn that Mr. Harry C. Essery, Union is somewhat improved after a protracted illness.

Mr. J. E. Stewart of the Royal Bank, St. John, returned yesterday morning to resume his duties after spending two weeks vacation with his parents at Northam.

The many friends will be pleased to learn that Mr. Albert G. Essery mail clerk Charlottetown, has secured a position in the Sherbrooke, Newport, Vt line and is much pleased with the change. Mrs. Essery and family follow him in the near future.

Mrs. Ray Clow and son Norman left on Tuesday July 22nd en route to England on a visit to Mrs. Clow's parents Mr. and Mrs. Geo. Haynes of Essington, England. Mrs. Clow was accompanied as far as Montreal by her husband.

Minard's Liniment Cures Burns, Etc.



IN these days of high prices worn out pots and pans are worth saving. Don't throw them away, use Vol-Peek.

Vol-Peek mends leaks and holes in all kinds of pots and pans, granite ware, tinware, aluminum, enameledware, etc. It is easily applied with the fingers and hardens in two minutes, making the article mended practically good as new.

If you burn a hole in your favorite tea kettle try Vol-Peek—the old kettle will sing away for many a day. One package good for 25 average needs. At Hardware, Druggists and Grocers Vol-Peek Mfg. Co., P.O. Box 2024 Montreal

Bad Results From Taking Substitutes For Nuxated Iron

Starting Case Cited—Physician Warns Public and Says Ordinary Metallic Iron Preparations Cannot Possibly Give the Same STRENGTH, POWER AND ENDURANCE AS Organic Iron—Nuxated Iron.

The tremendous success of Nuxated Iron as a tonic, strength and blood-builder (it being estimated that over five million people annually are now using it) has led to the offering of numerous substitutes and imitations, investigation shows that many of these instead of being organic iron may be nothing more than a metallic iron compound which may in some instances prove more harm than good. Typical among the cases reported is one of a woman who has threatened to sue for damages the drug-gist who sold her something purporting to be the genuine Nuxated Iron but which, while similar in name, package and appearance was nothing more than a spurious article, imitating the real. This woman claims that instead of obtaining increased strength and improved health as she had with the true Nuxated Iron, she was seriously upset and in fact became ill as a result of using the substitute.

Such instances as these have led physicians mentioned below to emphasize that health officials and doctors everywhere should caution the public against accepting substitutes for Nuxated Iron. Those who feel the need of a strength and blood builder should go to their family doctors and obtain a prescription calling for organic iron—Nuxated Iron—and present this to their druggist so that there may be no question about obtaining the proper article. But if they do not wish to go to the trouble of getting a prescription for Nuxated Iron then they should be sure to look on the label and see that the words "Nuxated Iron" are printed thereon.

There are thousands of people taking iron who do not distinguish between organic iron and metallic iron and such persons often fail to obtain the vital energy, strength and endurance which they seek simply because they have taken the wrong form of iron. If you are not strong or well, you owe it to yourself to make the following test. See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength and see how much you have gained.

MANUFACTURER'S NOTE: The widespread publication of the above information has suggested by Dr. James Francis Sullivan, former physician of Bellevue Hospital (Outlet Department) New York and the Westchester County Hospital, Forest Hill, New York Physician and Medical Author, Dr. George H. Baker, formerly Chief of the Medical Department of the Memorial Hospital of Baltimore and a well known authority on the subject of the use of metallic iron in the treatment of anemia, that the public may be misled by the use of metallic iron or of any other substituted iron product. Nuxated Iron, is not a secret, but is a well known and recognized preparation of iron which is well known to all. Unlike the other inorganic iron products it is easily assimilated, does not irritate the stomach, makes them blacker and causes the article mended practically good as new. The manufacturers guarantee successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed in this city by all good druggists.

Sold in this city by Geo. E. Hughes, Apothecaries Hall, E. A. Foster, Central Drugstore, H. J. Mabon, Montague.

\$3.00

We have some wonderful BARGAINS in the following lines:— Women's Patent Oxfords. Women's Kid Oxfords. Women's Grey High Cut Bals. Women's Brown High Cut Bals.

The Oxfords are all small sizes 2-1-2, 3, 3 1-2, 4. The High Cut Bals are in all sizes.

Every pair of the above goods are worth today up to \$6.50 and you can have your choice for

\$3.00

SEE OUR WINDOW MORRIS-SMITH-BEER

Do You Know

That we operate the only Lens Grinding Plant on P. E. Island?

That we employ a skilled Surface Grinder and are daily grinding from the rough glass—the most complicated kinds of lenses?

Those are facts, which mean a good deal to the Glass wearing public, doing away with the annoying delays caused by sending away for special lenses.

Send your glasses in by mail, you'll get them back promptly and in perfect condition.

Call in and look over our plant.

G. F. Hutcheson Optometrist and Optician

A. E. LYON Artistic Photography Charlottetown, P. E. I.

Photographs of all sizes, films to fit all size amateur cameras are received fresh every week.

Moderate prices Personal attention to Amateur Photography.

IN TIMES OF PEACE PREPARE FOR WAR—IN SUMMER PLACE YOUR COAL IN STORE!



LYON'S COAL QUARTETTE

THERE are several reasons why you should buy your winter coal during the summer months. The most important one is that you will thereby effect a considerable saving of money—and then there may be a notable shortage of coal just when you are in need of it. Who can tell?

C. LYONS & CO. Phone 111 Queens Wharf

Special CHEW HICKEY'S BLACK TWIST Hickey & Nicholson Tobacco Co. Ltd. CHARLOTTETOWN, PEI.



A Lifetime Investment—Not An Expense.

The purchase of an inferior piano is an expense. The purchase of a piano made by Ye Olde Firme is an investment—an investment for a lifetime—an investment, the returns from which are sure—dividends of enjoyment and satisfaction. The

Heintzman & Co. Art Piano Grand or Upright

is the piano for everyone. The great artists use it because it responds to their every feeling. The beginner uses it because its wonderful tone is a musical education in itself.

The main feature of the Heintzman & Co. piano is its permanency, both in tone and construction. It is built to give as entire satisfaction years hence as the day it was built.

MILLER BROS. Kent Street

To Our Country Customers

When we fitted up and moved into our new premises we had you all in our minds eye—it was our idea to have a store that would be a pleasure for you to deal in—having the space we planned a rest room, where you can check your parcels meet your friends and use it in any way you may desire. Our stock of Drugs, Sundries, Patent Medicines, Dyes etc., etc., will be up to the usual high standard and everything and anything you may want will be here—Make of our store what we desire a place to trade in.

REDDIN BROS Phone 86