Woman's Realm / Social and Personal / Fashions / Literature

Date-Bran Muffins — Good as Cake!

Take no sugar—no shortening

DATE-BRAN MUFFINS

2 cups Kellogg's All-Bran
1½ cup molasses
1½ cups milk
1 egg
1 cup sifted flour
1 teaspoon soda
½ teaspoon salt
½ cup chopped dates

Add Kellogg's *All-Bran* to molasses and milk and let soak for 15 minutes. Beat egg and add to first mixture. Add sifted dry ingredients and fruit. Fill greased muffin pans two-thirds full and bake in moderate oven (400°F.) about 20 minutes. Makes 15 tender, best-you-ever-tasted muffins.

These luscious, spicy muffins are as light and tender as your proudest cake, but that isn't all! They also have a pleasant *texture-contrast* thanks to the delicate toasted shreds of Kellogg's *All-Bran* . . . and they **have** the mouth-melting nut-sweet flavour only *All-Bran* can give! Get Kellogg's *All-Bran* from your grocer today and try them. P.S.—*Don't forget! Saturday is Muffin Day!*

KEEP "REGULAR" NATURALLY

TWO SIZES

Dorothy Dix Says—

G I Grown Man Now

Mother Complains Soldier Keeps Late Hours on Furlough

DEAR MISS DIX: My son, when he comes home on a furlough, thinks nothing of coming home in the morning at three, four, or five o'clock. He refuses to give any explanation of why he stays out late. Just goes to bed and leaves a note as to when he wants to be called. I have repeatedly asked him to be home not later than midnight, but he just ignores me and his father, alas, lets him do what he likes, absolutely refuses to co-operate with me in this matter.

I feel most strongly that it is wrong to stay out so late. Is there anything I can do to make him see reason?

GRISELDA.

ANSWER: Well, evidently you are not the Patient Griselda of the old legend who thought that everything a man did was right. But, dear lady, can't you see that the time has come when you have got to cut your apron strings and quit treating your son as if he were a little boy in rompers?

SHOULD BE TRUSTED

Apparently you haven't noticed that he is a grown man. He is a soldier who has been through every sort of danger, who has dared death on the battlefield and who has had experiences so terrible that he cannot even tell you about them, and he has come through them all safely. So don't you think that he is man enough to know how to handle himself, and that he can be trusted to stay out after twelve o'clock at night?

Consider, also, that your boy is home on a short furlough. He is fed up with horrors and he wants to forget them. He wants and needs relaxation, so don't spoil his leave by arguing with him over staying out late and keeping irregular hours.

DEAR MISS DIX: My husband and I have been married about a year and we spend most of our time together quarreling. I think the biggest reason for this is because we are so different in disposition. I am very temperamental, affectionate, thoughtful, and so on. He is just the opposite. I am also very sentimental and my feelings are hurt at the least little thing. I crave attention from my husband, but I don't get much of it.

What shall we do, because we can't keep up this continual fighting?

MRS. M.

ANSWER: It is a great pity that someone doesn't invent an instrument on the principle of the lie-detector that would enable young people to test out their temperaments and find out before, marriage, whether their dispositions clicked or clashed. It would save a lot of divorces.

Of course, it is just as much a man's business to try to get along with his wife as it is hers to try to get along with him, only he seldom does it. Nine times out of ten it is the wife who has to make adjustments, and it is going to be up to you to save your marriage, if it is done. You will have to park your temperament, and put your sensitive feelings that are always getting hurt, in cold storage, and learn a wife's hardest lesson and that is, not to expect her husband to baby her, or to keep on being a romantic lover after marriage, and not resent being taken for granted.

DEAR DOROTHY DIX: There is a girl in our class who could be popular if she were not so allergic to the bathtub. We have hinted to her about at least washing her face and combing her hair, but she doesn't take it. How can we tell her that she should keep herself neat without hurting her feelings?

WORRIED CLASSMATES.

ANSWER: I think that this case is one that calls for an anonymous letter. Desperate cases require desperate remedies.

Cook's Corner

LAMB PATTIES

If you have the mint to include in this mixture, you will find it a nice touch with the lamb. However, these patties are good without benefit of mint, if need be.

2 cups minced lean lamb
1 cup cooked farina (thick) or 1 cup cooked rice
1 cup finely shredded raw carrot
1½ teaspoons salt
¼ teaspoon pepper
1 teaspoon dried mint, if available
1 tablespoon finely chopped onion
1 egg, slightly beaten

Measure the minced lamb, cooked farina or rice and shredded carrot into a bowl and combine lightly. Sprinkle with salt, pepper, mint, if being used, and onion; add the beaten egg; mix lightly, then shape into round flat patties.

Pan-fry or broil until cooked through.

HONEY ALMOND CAKE

Maintain the moist fresh character of this cake by keeping it wrapped (after it has become perfectly cold) in heavy waxed paper and then storing it in a covered container. You will find that it keeps several days, under those conditions.

2 cups once-sifted pastry flour or 2 cups once-sifted hard-wheat flour
2 teaspoons baking powder
½ teaspoon baking soda
½ teaspoon salt
¼ cup unblanched almonds, washed, dried and chopped
6 tablespoons shortening
2/3 cup fine granulated sugar
¼ cup mild-flavored liquid honey
1 egg, well beaten
1 cup milk
½ teaspoon vanilla
½ teaspoon almond flavoring

Measure and sift together three times, the flour, baking powder, baking soda and salt; mix in almonds.

Cream shortening and gradually blend in sugar; cream well together, then blend in honey.

Add the well-beaten egg, a little at a time, beating well after each addition.

Combine milk, vanilla and almond flavoring.

Add the dry mixture to the creamed mixture alternately with the flavored milk, combining lightly after each addition.

Turn batter into a greased and lightly floured eight-inch square cake pan.

Bake in a moderate oven, 350 degrees, about 50 minutes.

COLD COURTSHIP

In courtship, the penguin presents stones to its mates.

Immensely Popular
KING COLE TEA
Chosen for its Richness and Flavor

Ellen's Diary

By an Island Farmer's Wife

Last evening's thick bank of clouds which had gathered stealthily in the West to hide the sunset, was there to forecast a touch of Winter again. The countryside was snow-covered this morning, when dawn came to offer one of April's strange days. Yesterday so mild and lovely; today dark and wintry with intermittent snow flurries. James' attitude became more alert when he eased his second suspender into place near the new upstair window. Mr. D. at the time was entering the kitchen below. "Don't be too long with the breakfast Ellen" James said "we'll finish hauling that bunch of logs to the mill this morning." Then, when the feeding had been completed and the milking and its incidental choring as well, they were off across the fields in the direction of the woodlands. With two teams, and the whiteness of Pard in advance. He left them sometimes to chase the bold crows who dared to view the work from a nearby fence or tree and then he returned to lead the procession to the mill. I saw them when, before the breakfast dishes had been washed, I went down to the mailbox with the mailing.

• • •

Mr. C. the mailman, scenting Spring in the air, and a Summery schedule drives up the hill earlier now. They were still busy at the hauling when I hastened down a second time, a bit later, in response to a wish of Mr. D.'s who had "run completely out of" a substance he was using to decorate the new floor and wished of course "you would leave a note in the box and the mailman would bring it" along with tobacco for James and a yeast cake for Jeanie and some stamps for myself which list had been left there on my earlier trip. It is an asset to any farm to have the mail driver residing in the vicinity. Three times a day ours goes past lane's end: once outward to the corner-store and twice in. We housewives in the neighborhood have words of our own to describe his movements. There's "out" and sorry am I for the mixer who kneads her bread by day, who misses this early opportunity to obtain her leaven; then there's "first trip" or "second," the latter one being final, a sort of "last chance" as it were. I suspect the wild ducks who swam in the cold dark water of the stream up along the creek were startled many times this morning. With Pard scouting along and the teams' passing and my own frequent trips across the nearby gang-way bridge. When I came presently to gather the mail, they flew out of sight around a bend in the stream. Perhaps to discuss their future plans as to founding their families, which will begin no doubt when sun and sky and softly flowing water combine to chant: "I love you truly" and the first small egg is deposited in a secluded spot.

• • •

There a downy nest, such as mine have sometimes discovered in the past at a distance from the stream, will become a temporary home for the Madam Duck. And then one day it will be empty and forlorn, like a house that has been suddenly deserted. And, if folks tread lightly, perhaps through a screen of alders, they may catch sight of a bewitching scene — a mother wild duck and her wee ones swimming easily on the placid surface of a sun-flecked pond.

• • •

Thus by an extra visit to the mailbox, I was able to keep our carpenter and decorator on his knees. Except when he interrupted this work to add another board to widen a window ledge, the better to hold my pots of geraniums. These came through the Winter valiantly and are putting forth their Spring buds. And all the while a Winter chill was abroad and at times snow flakes cluttered up the air. And there was the Friday tidying to do as well as a spot of baking to assure the continuance of our work. Lanterns must be cleaned and filled "but not too full, Ellen" for James is expecting a grand finale, one of these nights in the piggery. However, I was by no means the only busy farm woman in the community today. Jeanie fashioned a quilt—of appliqued pieces on a white ground and Karolyn came quite out of breath to 'phone from upstairs. From the signs, I have an idea, she is into her house-cleaning.

• • •

I got my clue from Jamie, when he visited with us last night while his parents went "kaleying." A fascinating drawer in an old handmade desk, in a corner of the kitchen, held his interest while he awaited their return. It holds a hodge podge collection, kept there for the purpose of entertaining young active visitors like himself. "Now, had we better save this?" he would ask me, carefully examining each article, before placing the discards in a small heap. So, I suspect Karolyn has been at similar sorting. There is also, but I might only be imagining this, a silence on our rural line by day, which could be taken to indicate similar activities, in many other farm homes in adjoining districts.

• • •

James came indoors awhile since, his shoulders powdered with snow, to tell us "it takes more than a number of robins to make a Summer." And Mr. C. from the house on the hill reported "quite a depth of it" on the short-cut and that the weather was "pretty Winterish" earlier in the evening. They chatted over their cups of tea. "This time last year" James remembered "we opened the roof to insert the new window" and all of us recalled how lovely that week had been. And they wondered while flakes clung to the panes, how long the indoor feeding season would be and Mr. C. set a tentative date for commencing the sawing, at the mill. But whether it be fair of cloudy; whether it be moon-lit or starless, the old clock's warning tells me "the blowing out the light time" has come once more to this old house at Alderlea.

Until tomorrow —Diary — Good-night.

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers, Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q. I want my son who was recently discharged from the services to occupy one of my apartments and I was told that unless he lived here, before he went overseas, he could not have the apartment.

A. A landlord who owns a multiple family dwelling, i. e. apartment house or triplex or duplex, etc., which is a self-contained housing unit with separate entrance, may give six months' notice to the tenant of any one of the apartments if he desires it for the use of his father, mother, son, daughter, son-in-law, or daughter-in-law who is a discharged member of the forces. If the tenancy is monthly, the notice must not require the tenant to vacate between September 30 and April 30. If the tenant is on a lease for a term certain or from year to year, the notice must be served at least six months before the end of the term.

EATING TOO MUCH?

Most People Do and Pay the Penalty!

Many who feel "under the weather" are often guilty of overeating, especially rich, fatty foods. This often leads to a system overloaded with toxic waste, a dull, tired feeling and eventual "middle-age spread."

A favourite British method of keeping fit and trim despite rich, heavy food is to take Bile Beans nightly. These small all-vegetable pills are so gentle they are called "The Medicine That Wakes Up Nature". Most people eat too heavily, exercise too little, so get BILE BEANS from your druggist and resolve to keep fit and youthfully active. 40

Living & Leisure

—THE WOMAN'S REALM—

I am glad a task to me is given,
To labor at day by day;
For it brings me health and strength and hope,
And I cheerfully learn to say;
"Head, you may think; Heart, you may feel;
But, Hand, you shall work always."

—L. M. Alcott.

TESTED MOTTO

Cut deep in an oak plank on the wall of a London brokerage office were two words which formed the foundation of a great fortune and an illustrious career, the career of the English merchant and reformer, Richard Cobden. When Richard Cobden started out in life his personal fortune consisted of little more than a habit of unceasing industry and a firm, manly integrity. Shortly after he had become the London agent of a large Manchester print mill, he wrote to his employers and asked: "Why do you entrust me with £40,000 of unsecured credit when you know I am not worth £1,000?" To which his employer replied: "Mr. Cobden, we consider the moral risk more than we do the financial one. With us character counts." The next day Cobden hung over his desk an oak plank on which had been carved: "Character Counts!"

Shoulder strap bags are a must for the new spring look. Envelope styles with dramatic gold emblems or initialed plaques, zippered bags with outside zippered pockets, simple square shapes with blazing jeweled clasps and record-round discs enlivened with rows of quilting are but a few styles in a maze of fabrics. Top materials include plastic patent, faille, cobra, lizard, alligator pigskin and calfskin.

Auction bridge originated in India, when three English members of the Indian civil service found it impossible to find a fourth. In seeking a three-handed form of bridge, they hit upon the idea of bidding for the declaration.

Eating with forks was not known in England until the reign of James I.

As a quick and easy insurance against dough sticking to the pastry board, cover with waxed paper, using thumb tacks to hold the paper steady.

Perfume ingredients are not all floral—they include ambergris from the whale, castor from the beaver, musk from the deer and civet from the civet cat.

Afoot and light-hearted I take to the open road,
Healthy, free, the world before me,
The long brown path before me leading wherever I choose.
—Walt Whitman, in "Song of the Open Road."

A good way to clean an oven is to wait until it is thoroughly cooled and then put one tablespoon of household ammonia in a saucer containing one cup of soapy water and place it in the oven. Close the door and leave it there overnight. Next morning the grease should wipe off easily.

Doctors use their automobiles more than any other occupational group, except travelling salesmen.

If the motor of your motordriven home appliances heats up too much, to see if lubricant is needed. If after oiling, the motor continues to heat up, it is time to have it checked by a motor repair shop.

MAN UNDERFOOT HOME NUISANCE?

After their husbands had been on strike for 71 days, a group of Flint, Mich., wives organized to persuade the men to go back to work.

It sounds as though the women might be fed up with having their husbands underfoot all day.

For there is nothing that upsets the average woman more than having a man at home when, according to her routine, he ought to be at work, writes a commentator.

Her day is planned on the assumption that after she gets her husband off in the morning she will have a certain number of hours entirely her own.

If she has a beauty shop appointment or a bridge game scheduled for afternoon she can rush through her work in the morning. If there is nothing on her calendar for afternoon she can slacken her pace to accommodate a leisurely reading of the morning paper—which her husband read at breakfast—and if she likes she can gossip with her friends on the telephone without having to defend her 30-minute conversations to an amused or irritated male.

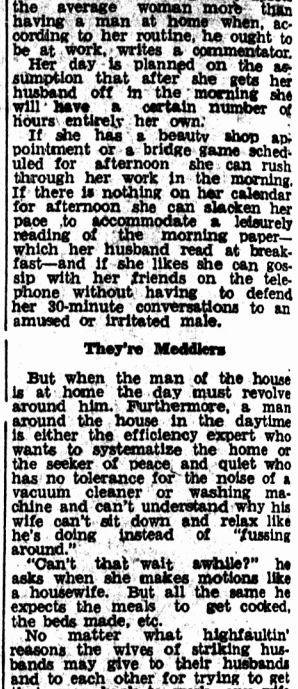
They're Meddlers

But when the man of the house is at home the day must revolve around him. Furthermore, a man around the house in the daytime is either the efficiency expert who wants to systematize the home or the seeker of peace and quiet who has no tolerance for the noise of a vacuum cleaner or washing machine and can't understand why his wife can't sit down and relax like he's doing instead of "fussing around."

"Can't that wait awhile?" he asks when she makes motions like a housewife. But all the same he expects the meals to get cooked, the beds made, etc.

No matter what highfalutin' reasons the wives of striking husbands may give to their husbands and to each other for trying to get their men back to work, any wife who has a husband take his vacation at home is sure to suspect the women are just anxious to get their houses back to themselves.

HANDKERCHIEF EDGINGS



DESIGN NO. E-925

Wide edgings add beauty to handkerchiefs. The twin edging, stemmed flower and the shell and picot are easy to crochet. Pattern No. E-925 contains complete instructions.

To order Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needlework Bureau The Charlottetown Guardian. Design No. E-925

Name
Street Address
City Province

Household Scrapbook

By Roberta Lee

Prevents Sticking

When cooking something that is liable to stick, try placing the flat gas toaster directly over the flame and then place the pan on the toaster. This is particularly good when reheating anything with a thick gravy, as it is unnecessary then to weaken it by adding water.

Cleaning a Comb

Wash the comb in soapy water to remove the dirt, then put two tablespoonfuls of household ammonia in some hot water and let the comb soak for about 15 minutes. Rinse thoroughly and dry.

Dish Towels

Cut cotton crepe into one-yard lengths and it will make very serviceable dish towels. They require no hemming, nor is it necessary to iron them.

Modern Etiquette

By Roberta Lee

Q. Should the host and hostess always supply new decks of cards for a bridge party?

A. Yes, always, and for a poker party, too. To throw out a soiled, delapidated deck of cards would be about the same as if the host were unshaven and wearing a soiled, wrinkled shirt.

Q. When dating a letter, is it proper to write Apr. 12, 1946?

A. The month, April, should be spelled out in full.

Q. Is it very bad manners for a dinner guest to be late?

A. Yes.

How Can I!!!

By Anne Ashley

Q. How can I make better white cake frosting?

A. When making plain white frosting, add about two tablespoonfuls of cornstarch and use less sugar. This not only saves on sugar, but the frosting will remain thicker and softer. It is especially good for fruit cakes.

Q. How can I remove soot stains from a fabric?

A. Anything that has become stained by soot should be covered with salt and then brushed off with a stiff brush. Never use water on a soot stain.

Q. How can I tighten a loose chair rung?

A. Remove the rung, slightly split the ends, insert very small wooden wedges, and then drive the rung back into place.

Better English

D. C. Williams

1. What is wrong with this sentence? "The work is mighty difficult."
2. What is the correct pronunciation of "disease"?
3. Which one of these words is misspelled? Kangaroo, khaki, kaleidscope.
4. What does the word "obvious" mean?
5. What is a word beginning with to that means "pertaining to a barber or his work"?

ANSWERS

1. Say, "The work is very difficult." Mighty means possessing might; powerful. 2. Pronounce di-zez, i as in did, and not dis-ez. 3. Khaki. 4 Easily seen or understood; plain; evident. "There are many obvious reasons why we should not go." 5. Tonsorial.

One of the best known ways to relieve
MONTHLY FEMALE PAIN
With its tired, nervous, cranky feelings!

If female functional periodic disturbances cause you to suffer from cramps, headache, backache, feel nervous, jittery, cranky—at such times—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms.

Pinkham's Compound DOES MORE than relieve such monthly pain. It also relieves accompanying tired, nervous, cranky feelings—of such nature. One of the best known and most effective medicines you can buy for this purpose.

If you suffer like this—we urge you to give Pinkham's Compound a fair and honest trial!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Morning Smile

THE "DUCKS" GOT HIS GRAIN

An enumerator approached a farmer at Kamsack, Sask.

"How many bushels of grain did you thresh in 1930?" he asked, as he ran down his list.

"Ten thousand."

"How did you dispose of it?"

"The ducks got it all."

The enumerator reached the column on live stock and poultry.

"How many ducks have you?"

"Four."

"Did four ducks eat 2,000 bushels of grain?"

"Oh, no. I took the grain to the elevator, and there was a weighing 'duckage' and there was storage 'duckage.' They deducted also for freight. They deducked for insurance. By the time they got through the 'ducks' got it all.'

Scotsman (to real estate agent over telephone): "Have you got a store for rent with the name 'McNab' written on the window?"

Real Estate Agent: "Not that I know of. Why do you ask?"

Scotsman: "Oh, I was just thinking of starting up in business."

GOLFING QUEEN

Mary, Queen of Scots, was a golf enthusiast in the 1560s.

They turned Green with Envy
THE DAY I DISCOVERED OXYDOL WASHES WHITE WITHOUT BLEACHING...

MRS. JOHNSON SAID— "THAT'S THE WHITEST WASH YOU'VE EVER HUNG OUT—OR MY NAME ISN'T CARRIE JOHNSON!"

MRS. NELSON SAID— "THAT TOWEL FAIRLY SPARKLES! DID YOU BLEACH IT?"

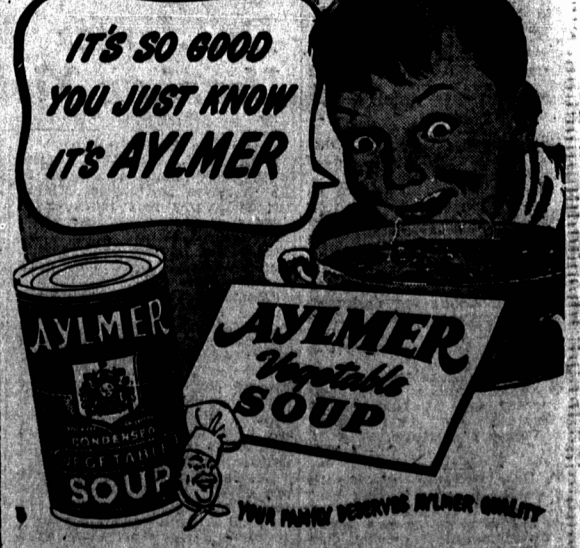
AND I SAID— "BLEACH IT NOTHING! I'VE FOUND A GRAND SOAP—OXYDOL—THAT WASHES SO CLEAN THAT EVERYTHING COMES WHITE WITHOUT BLEACHING!"

Oxydol is Far Ahead of Other-Type Soaps in Preventing "Dirty Grayness"

OXYDOL'S "Hustle-Bubble" suds are so lively, they *lift* out dirt. They even act to prevent those "dirty grayness" particles that form in wash water, stick in the clothes—then turn yellow or gray when you iron them.

Actual tests prove that Oxydol gets clothes *cleaner* and *whiter* than less-energetic soaps can ever hope to do. All your white things—except for unusual stains—come White Without Bleaching.

Yet Oxydol is really safe for washable colors and rayons. Get Oxydol now—for a wash so clean it's White Without Bleaching.

MADE IN CANADA

OXYDOL WASHES CLOTHES SO CLEAN— THEY'RE WHITE WITHOUT BLEACHING