

**NOW... HE COMES HOME WITH A SMILE**

Young Susan runs to meet her daddy at the front door. With a happy hug and smile they greet each other. In spite of a long and busy day, daddy still has the pep and energy for a playful romp with his daughter. Mother smiles too at the healthy vitality shown by her husband, and realizes what a help Eno's 'Fruit Salt' has been to his inward and outward fitness.

And so it is in millions of homes throughout the world. Eno's 'Fruit Salt' helps men and women attain the robust health that comes from inner cleanliness.

So get acquainted with pleasant, sparkling Eno. It will help sweeten the stomach and relieve acid distress—so often the cause of headaches and indigestion. Eno helps correct sluggishness and that listless out-of-sorts feeling that slows you down. To help keep you fit, start your day with a dash of Eno in a glass of water before breakfast. Ask your druggist today for a bottle of Eno's 'Fruit Salt'.

REFRESHING BEFORE BREAKFAST

**ENO'S FRUIT SALT**

**With a Canadian Armoured Unit in Italy**

This young Italian girl is giving a hand to Sgt. Len Kemp of Alexandria, Ont., in sawing fire wood for the troops' billets in an Italian village near the front.—(Canadian Army Overseas Photo).

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**Official List of Casualties**

**ROYAL CANADIAN NAVY**

Died At Lancaster Military Hospital, Saint John, N. B., On The 1st Of February, 1945, Due To Natural Causes: Kennedy, Wilfred Joseph, Engine Room Artificer Fourth Class, Hamilton, Ont.

**ROYAL CANADIAN AIR FORCE OVERSEAS**

Killed On Active Service: Clark, Harold Luther, PO, Toronto, Ont.

Philipuk, Sidney, F-Sgt, Windsor, Ont.

Gordon, Nelson Leslie, PO, Canoe, N. S.

Ross, John William, Sgt, Dutton, Ont.

Died Of Injuries Sustained On Active Service: Carter, John Hunter, F-Sgt, Brampton, Ont.

Missing On Active Service After Air Operations: Campbell, Donald Fletcher, F-Sgt, Kelowna, B. C.

Campton, Albert Spencer Blair, F-Sgt, Montreal, Que.

Chisick, Max, PO, Winnipeg, Man.

Clark, John Harvey, PO, Vancouver, B. C.

Greenstein, Meyer, F-Sgt, Toronto, Ont.

Hood, Robert Frederick, F-Sgt, Toronto, Ont.

Horne, Millard Henderson, WO, Prescott, Ont.

Horne, James, PO, Regina, Sask.

Hutchins, Donald Ross, WO, Leamington, Ont.

Jolin, Kenneth Ross, F-Sgt, Washago, Ont.

Loughheed, Ralph James, PO, Winnipeg, Man.

McArthur, William John, PO, Winnipeg, Man.

McLusky, Donald Joseph, F-Sgt, Toronto, Ont.

McClelland, Glenn Wilfred, F-Sgt, Killarney, Man.

Sabkola, Wayne John, F-Sgt, Port Arthur, Ont.

Seavoe, Edward Lewis, Ottawa, Ont.

Stroh, Kenneth Albert, PO, Wetaskiwin, Alta.

Terrault, Jean Paul Herbert, PO, Montreal, W. Que.

Previously Missing On Active Service—Now Reported Prisoner Of War: Hawthorne, Charles Richard, PO, Verdun, Que.

Previously Missing On Active Service—Now For Official Purposes Presumed Dead: Boucher, Norman Alfred, PO, Calgary, Alta.

Bowering, John Ernest Ralph, PO, Kingston, Ont.

Melvin, PO, Woodstock, N. B.

Dufour, Joseph Theodore Gaston, Gerard, PO, Theford Mines, Ont.

Ellis, Stanley Frederick, PO, Quill Lake, Sask.

Goughier, Ralph Clare, PO, Alliston, Ont.

McNeil, Joseph Roland Louis, PO, Beauport, Que.

Hobson, Gordon Herbert, WO, Toronto, Ont.

Jack, Ross Alexander, F-Sgt, Newton, Ont.

Kidd, Earl David, F-Sgt, Indian River, Ont.

Larkin, Mark Richard, Sgt, St. Erides, Alta.

Layton, Frederick William, PO, Winnipeg, Man.

Lenky, Ronald George, WO, Port Mann, B. C.

Lumgair, Norman Andrew, PO, Thornhill, Ont.

McMillan, Roderick, WO, Vancouver, B. C.

Merrill, John Percival, North Battleford, Sask.

Miller, Joseph MacTavish, F-Sgt, Hudson Bay Junction, Sask.

Morton, Martin, PO, Niagara Falls, Ont.

Nordbye, Gordon Leo, F-Sgt, Silverton, B. C.

Rathwell, Robert William, PO, Billings Bridge, Ont.

Robson, Donald Mathew, PO, New Westminster, B. C.

Ross, Carman Vincent, PO, White Rock, B. C.

Schmitz, Dr. Joseph, Eugene, W. Humboldt, Sask.

Schwerdtfeger, Glenwood Allan, WO, Galtstad, Alta.

Snow, Great William, PO, Cambridge Station, N. S.

Thorppe, Gordon Ralston, PO, Toronto, Ont.

White, Captain Clayton, Sgt, Gull Lake, Sask.

Seriously Injured On Active Service: Grabb, Boris, F-Sgt, Windsor, Ont.

**CANADIANS IN THE ROYAL AIR FORCE OVERSEAS**

Previously Missing On Active Service—Now For Official Purposes Presumed Dead: Dunn, Albert Robinson, D.F.C., S-L, Toronto, Ont.

**CANADIAN ARMY OVERSEAS**

Killed In Action: Thoreau, Raymond Frederick, Lieut., Toronto, N. S.

Canadian Armoured Corps: McHugh, Hugh Leonard, L-Sgt, St. Stephen, N. B.

Regiment De Quebec: Godin, Joseph Edgard, Pte., Paquetville, N. B.

New Brunswick Regiment: Harris, Wesley John, Pte., Boom Rd., N. B.

Seriously Wounded: N.S. and P.E.I. Regiment: Wade, Elmer George, Fus., Hillburn, N. S.

Wounded: N.S. and P.E.I. Regiment: MacLeod, Murray, Pte., Springhill, N.S.

Riddick, N.S. Regiment: Richards, Alphonse Joseph, Pte., Mrs. Delma Richards (wife) Tignish, P. E. I.

Ross, Clifford Eugene, Pte., Canada, N. S.

Smith, Donald Angus, Pte., Inverness, N. S.

Slightly Wounded: Canadian Armoured Corps: Barry, Thomas Clifford, Sgt., Pokeshaw, N. B.

Royal Canadian Artillery: Parkhill, Edwin Alexander, Sgt., Chipman, N. B.

N.S. and P.E.I. Regiment: McInnis, Weldon Paul, Cpl., Westville, Green Hill, N. S.

MacKenzie, Fraser Drummond, Pte., Ross's Ferry, N. S.

Whalen, Harold Edward, L-Cpl., Halifax, N. S.

Wounded Remaining On Duty: N.S. and P.E.I. Regiment: Williams, Rufus, Pte., Pugwash Junction, N. B.

Slightly Injured: N.S. and P.E.I. Regiment: McInnis, Frederick Alexander,

**ELLEN'S DIARY**

(Continued from page 2)

also did some rapid calculation, not so rapid perhaps as worrisome. For even when I resist tabulating this plant or that packet my list is sure to be longer than I had hoped. I settled finally on some of the older and more easily grown varieties of flowers and vegetables. Then I pushed the book carefully away till one day pass- willows will nod to me from a road-way to remind me that Spring is in the air. As I read its pages Judy cast a suspicious and inquiring glance in my direction. "What's so funny about the dinner-table. Out of the fall of my eye, her expression said quite plainly: "Who's a spot?" I do not know. I associated James at his paper: "I wonder where I could get a garden-er?" I left that thought with Judy and James. Perhaps, now that I think of it, I may not be obliged to hire. When I consider the strange man in the morning, the jaunty hat or warmer fur-cape hung at times beside James' cap behind the kitchen door, I may look ahead pleasantly to having help, at least at the lawn-mowing, in the balmy summer evenings.

We had visitors this afternoon. Judy and I while Judy tried her hand at a new cake recipe, that turned out to be delicious, and I came from "the house across the lane" with eggs from her flock. These are now beginning to show their appreciation for her work in their behalf and are making such splendid contributions in return, as to make me wear at times the name of "Egg-Jock" was always right in letting this type of farming. I have been told more than once, "You're a good man, Ellen, but more respect, and I happened to be caught in that vicinity, with the answer in their heads, "Egg-Jock" got rid of those confounded hens. We can keep an extra pig. Even as I carefully followed James' wishes in such matters, keeping the flock to the minimum in size, I never could reconcile his attitude for the winter. "I've heard him say before now, as we breakfasted, "Ellen, the weather's pretty good today, one egg is pretty small fare for a working man." So this afternoon Jeanie brought us the makings of many delightful and interesting dishes. Another came bearing a roast of beef, from an animal, butchered recently for this breed. It looked so tempt- ing Judy said, "couldn't we have it for supper, Mrs. Ellen?" When she took it from the oven later, it was a bit of a disappointment. I consulted the clock. James seemed very late in getting home from the woods this evening.

The younger folks went "kaley- ing" this evening. James, expect- ing a storm warned them, "It might come any minute." "Not with the stars in the sky," I heard one of the girls say. "I heard alone. James too has gone away. He has a feeling since a storm is brewing, it would be as well to get out of the mill already in the mill, crushed tonight. I watched his lantern, as he went across the waste-gate, past the old mill, and then up to the house on the hill- top, there to contact the miller. Pard is on the couch, his head resting comfortably on a sack- tion, the cover of which Judy laundered spotless and without a single crease. Expensive man and energy in the work. Pard rests there now, almost human-like and ap- parently fast asleep. If I so much as move to turn the lamp-wick higher, he is instantly wide awake. I think in this quietness I shall rest or perhaps finish a sock, that has come down through vari- ous conversations and radio-en- tertainments to the narrowing-for- the-loe stage. James has returned to tell me it was too cold and late to go to the grain-crush- ing tonight. The others have also returned, a slight powdering of snow on curls and shoulders. Judy sits down calmly, after Jock and Jeanie have gone home, to tell me the walking was good, the visit delightful, the lunch excellent and she adds in a regretful note "But the stars have disappeared." I glanced toward the old clock, al- though I know that is no hint to either James or Judy tonight. He, very wide-awake, nearing the midnight hour asks: "And how are their fattening cattle doing?" Dear me! Time's up! Until tomorrow—Diary—Good- night.

Pte. Glace Bay, N. S. Western Ontario Regiment: Batesman, Chesley Raymond, Pte., Shediac, N. B.

Previously Reported Missing Now Reported Prisoner of War: N.S. and P.E.I. Regiment: Doolan, Augustus, Pte., Sydney, N. S.

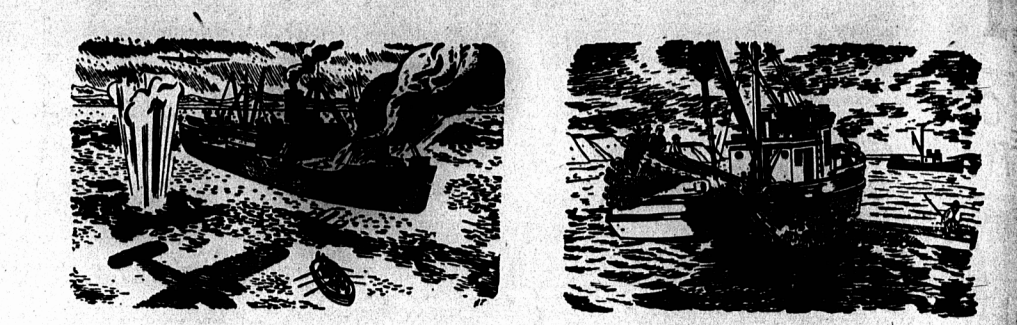
Canadian, Leo Albert, Pte., Reserve Mines, N. S.

Morton, Forrest Austin, Pte., New Glasgow, N. S.

War Engineers: Forsythe, Jack Douglas, Spr., Mrs. Josephine Forsythe (mother), 188 Dorchester St., Charlottetown, P. E. I.

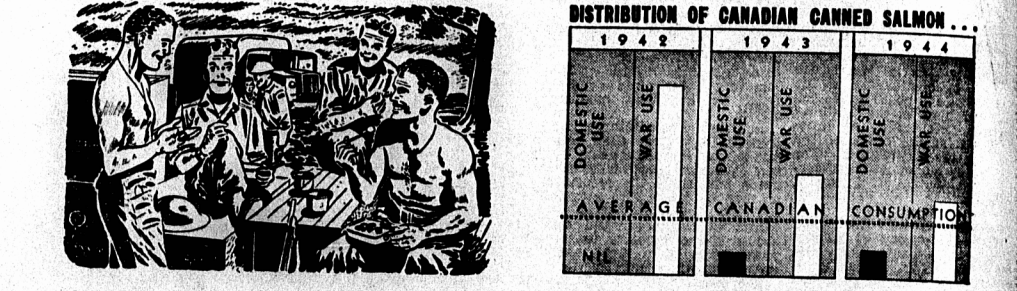
Previously Reported Missing Now Reported Not Missing: N.S. and P.E.I. Regiment: Gaudet, George Franklin, Pte., Mrs. Angilena Walsh (mother) 22 Kent St., Charlottetown, P.E.I.

**How Clover Leaf SALMON IS MEETING WAR'S DEMANDS.**



1. In 1941, when the Battle of the Atlantic was at its peak, the food situation in Great Britain was desperate. The Canadian Government, acting for the British Ministry of Food, requested British Columbia producers for all the canned salmon that could be spared, and for a huge increase in canned herring production.

2. Immediately after the Japanese struck at Pearl Harbour in December 1941, the Royal Canadian Navy requisitioned all the large salmon and herring fishing boats on the Pacific coast as an urgent defence measure. The removal of this large tonnage greatly handicapped the Pacific coast fishing industry.



3. But if fleets and manpower were smaller, the need was greater. Straining every facility, the Pacific Coast fishing industry has broken pre-war production records to deliver over 7,000,000 cases of canned salmon and herring to Britain and the fighting fronts in the three years since 1942.

4. During the same three years, a total of only 450,000 cases of canned salmon has been released to Canadian consumers. Based on the average annual pre-war consumption of 600,000 cases, Canadians would have received almost 2,000,000 cases during this period.

A limited amount of Clover Leaf Salmon from the 1944 pack has been sold in Canada... not nearly enough to fill the demand. When the war emergency has passed, ample supplies will again be available in all grocery stores from coast to coast.

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**CLOVER LEAF SEA FOODS**

**BUY A WAR SAVINGS STAMP EVERY FRIDAY**

**SEA VIEW W. I.**

Sea View W. I. held their January meeting at the home of Mrs. E. MacKay with an attendance of thirteen members and four visitors. With Madame president in the chair meeting opened in usual manner. Report of supper was given and report of committee for buying blackboard. On motion it was decided to send cigarettes overseas. Secretary and assistant to see about same. Col- lection amounted to \$1.06. A con- Miss Nettie Barwise. The mem- bers and guests took part in six tables of auction. Mrs. Leighton ed with National Anthem.

**Notice to Employers Corporations and Persons in Business**

Regarding

**1944 INCOME TAX INFORMATION RETURNS**

Forms T. 4 and T. 4 Supplementary for SALARIES AND WAGES  
Forms T. 5 and T. 5 Supplementary for DIVIDENDS  
Forms 609 and 609 Supplementary for INTEREST on registered bonds

**MUST BE FILED ON OR BEFORE 28th FEBRUARY, 1945.**

Avoid Penalties

Forms can be obtained from the District Inspector of Income Tax. Before requesting forms, you should estimate the approximate number of persons to be reported so that you will obtain the required number of sets of the Supplementary forms for your use.

**C. FRASER ELLIOTT**  
Deputy Minister of National Revenue

**COLIN ONSON**  
Minister of National Revenue

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