Woman's Realm / Social and Personal / Fashions / Literature

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of Wartime Prices and Trade

Q How can I arrange to get extra "D" coupons to buy corn syrup for my baby?

A. You should go to your local ration board office where you may exchange sugar coupons from the baby's ration book for "D" coupons. Each sugar coupon may be exchanged for two "D" coupons for babies under two years.

Q A week ago I purchased a dining room suite at a local department store, and now I find that the suite does not suit our home. would like to return it to the store and have my money refunded Is there any regulations of the Wartime Prices and Trade Board that would prevent my doing so?

A You may return the suite to the store within twelve clear business days from the date of purchase. It is also permissible to return if defects in workmanship are found

Q. In a few days I am going to [illegible] one of my apartments to a new tenant. Must I complete the [illegible] Prices and Trade Board form R. C. 40

A Yes. If you are renting accommodation by a written or verbal agreement for a month or longer, you must submit a copy of a completed R C 40 to your nearest rentals office. You must also give a copy to the tenant.

A Morning Smile

ONE RESULT

Jim—Do you take anything for your insominia?

John—Yes, a glass of port at intervals.

Jim—And you find it makes you sleep?

John —No, but it makes me more contented when I lie awake.

A policeman, whose evidence was taken on commission, deposed: "The prisoner called me an ass, a precious dolt, a scarecrow, a ragamuffin and an idiot." And this being the conclusion of his depositions, his signture was preceded by the formal ending. "All of which I swear is true."

STUFFY NOSTRILS

Clear Head & Nose with Mentholatum. It quickly relieves the worst head cold. Jars and tubes 30c. 2x

MENTHOLATUM Goes COMFORTING

HERE'S HOW I MAKE COFFEE GO FURTHER

FIRST of all—buy coffee for flavor! I use super-rich Chase & Sanborn Coffee!

Then I make it a rule to keep coffee in an air-tight container. And to get the right strength, I always measure the coffee and water carefully. Of course, I keep the coffee-pot scoured clean, and make only the exact amount of coffee needed—never more. And I serve it as soon as possible.

But getting plenty of flavor in the first place is most important! So I say—be sure you get super-rich Chase & Sanborn Coffee. More flavor ounce for ounce. Remember—quality coffee goes further.

CHASE & SANBORN COFFEE

Dorothy Dix Says—

WOMAN MUST LOOK UP TO HUSBAND FOR HAPPY MARRIAGE

Covering Up Mate's Shortcomings With Lame Excuses Discouraging For Any Wife

When Nature made men of larger stature and gave them more physical strength than women, it doubtless intended for wives to look up to their husbands. In the process of evolution this plan has gotten somewhat battered up and deflected from the original purpose, but still, in the main, it holds good, and there is no disputing that women are happiest when they can regard their husbands as little tin gods and burn incense before them

Of course, the fact that many tall women marry short men ;that many bossy women marry meek little men who are mere worms of the dust, and that many women of strong character marry weaklings seems to belie this theory. But, nevertheless, observation shows that those marriages in which the gray mare is the better horse are seldom successful ones. Career women seem able to do everything except to stay married, and this is just as true of little Mrs. Snooks, who runs the delicatessen store around the corner and supports her I. W. W. husband, as it is of the cinema star who has married her satchel toter.

WOMAN MUST ADMIRE HUSBAND

In reality, there is no more curious difference between the sexes than their point of view on this subject. To get any real happiness out of marriage a woman must look up to her husband, whereas most men seem to prefer looking down on their wives. It burns a woman up with shame if her husband cannot hold his own with other men, but a man can see his frowsy, dull wife in the company of brilliant and beautiful women, without even noticing that her dress looks like something the cat brought in, and that she hasn't a word to say for herself.

More than this, wives glory in their husbands' successes. Ninety-nine women out of a hundred would rather be the wives of famous men than famous women themselves. They are contented to be tagged as the wives of great doctors, or scientists, or writers, or politicians, and to have no individuality of their own. There are no more heroic tales of selfless devotion than those of the women who married poor, struggling boys for whom they made of their shoulders a ladder on which they climbed to fame and fortune.

But rare, indeed, is the husband who is proud of his wife's success. He resents it. She might have written the book of the century, or discovered the secret of perpetual motion, and he would still consider it an insult to be known simply as her husband. You know queens of parasitic men who let their wives support them, but you never saw one who treated his wife decently and who wasn't like the surly dog that bit the hand that fed him.

MAN'S PRIDE IN WIFE A 3-POINT AFFAIR

In talking to a man about his wife the only three compliments that are safe to pay her are about her looks about, her housekeeping, and about her being a good wife and mother. After that it is best to switch to the weather as a topic of conversation. But a woman will lap up the most fulsome eulogy of her husband, and ask for more.

This feeling that men have that somehow it disparages them to have wives who are more talented than they are is one that bo's parties should consider very carefully in selecting their mates, for it is a very important factor in the success, or failure, of their marriage. Men intuitively seem to perceive this. They sense that they will want no rival on the hearthstone, and that it will not be soothing to their egos to have to be brought in perpetual contrast with a lady who is a better wisecracker than they are and a more gifted conversationalist, nor even with one who is a political shark, or makes more money than they do.

Hence it is that the girl of mediocre ability, who has no ambitions that reach higher than a vine-wreathed cottage and who asks a man to tell her what he thinks she thinks, can marry all around the young woman who has been bitten by the career bug.

WOMAN'S LOVE MUST INCLUDE PRIDE

In particular should the girl who has the mother complex avoid letting it lead her into marrying a drunkard to reform him, or a ne'er-do-well in the belief that her sacred influence can galvanize him into being a go-getter. There in disaster lies. For while as the poet says, "pity may be akin to love," it is not real love, or, at least, not the brand of love that lasts. The love that endures with a woman has to have pride in it, and when she loses that all is lost.

The woman who is ashamed of her husband, who has to apologize for him, who has to cover up his shortcomings with lies and call his drunkenness "heart trouble" and his laziness his "artistic temperament," is of all women most miserable.

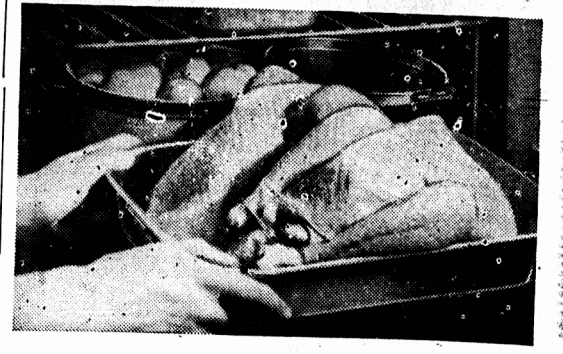
For to be happy though married a woman has to be proud of her husband. She has to look up to him. Not down upon him.

WEEKLY WARTIME FOOD HINTS

Martha Logan, Swift's famed Home Economist, whose weekly cooking column is a regular feature of this page. Look for these valuable hints every Monday

by Martha Logan

A Bird for Thanksgiving



That we can still plan a traditional dinner in this fifth year of war is truly an occasion for thanksgiving

When we sit down next Monday to the Traditional Thanksgiving festivity, let us remember how incredible such a meal would seem to the vast majority of the peoples of this world. Let us determine, too, not to waste any of the good things which are still relatively so abundant in this Canada of ours.

Whether you serve Turkey, Goose, Duck or Chicken this year, you will find the recipe in the next column of real value both in pleasing palates and extending meat. Bread sauce is an Old Country trimming not widely enough known in Canada, it is delicious with all birds, it is nutritionally tops and it does help meat go farther.

• • •

There are more than 90 good recipes in Martha Logan's famous handbook of meat cookery; "Meat Complete." Send 10¢ for your copy to Swift Canadian Co. Limited, Dept. MH38, Moncton

BREAD SAUCE (serves 6 to 8)

2 onions stuck with cloves
2 cups of bread crumbs a day or two old
2 cups milk
1 tbsp. butter . . . salt, pepper

Peel medium-sized cooking onions. Stick 6 to 8 whole cloves into each and bury in the bread crumbs in the top of double boiler. Add milk and cook gently for about ¼ of an hour. Immediately before serving remove the onions, add butter, salt and pepper to taste and stir well.

SWIFT CANADIAN CO. LIMITED . . a Dominion-wide organization devoted to the conservation and efficient distribution of Canada's food resources.

Living & Leisure
The Woman's Realm

HOME-KEEPER'S HYMN

By MARIE HUNTER DAWSON

This home that is my trust to keep
I would make clean in every part;
But as its keeper I would be
As clean in body, mind and heart.

Let order in my home prevail
To give a soothing tone of grace,
Yet may my zeal for tidiness
Be held within its proper place.

May each soul find within his room
The restful comfort that he should,
And may I prize the ministry
Of choosing and preparing food.

And let our home a refuge be
Where we confess mistakes we've made,
And find the courage that we need
To try again, still unafraid.

May God abide within our walls
And each have sanctuaury there,
To sense in every busy hour
The soothing atmosphere of prayer.

VITAMIN GADGET

New vitamin containers are made to be worn like clips. They are fashioned in the shape of trunks and will carry a day's supply of vitamins.

BRIGHT INTERIORS FOR CUPBOARDS

Cupboard shelves may be edged with paper designed for this particular purpose. But, more lasting, fully as decorative and possibly not so commonly used —for the shelves and edges —as washable paint. What could be a more pleasing surprise than to find upon opening a cupboard door, the whole interior in a bright color featured in places about the room? If less color is preferred, paint just back of the shelves in the color

If replacing any utensils, try to get new ones with at least touches of, the color you're using, if it's no more than knobs on covers.

Save scraps of unbaked pastry, sprinkle inch strips with sugar and cinnamon and bake These are good with berries or fruit sauces, or you can serve them alone for a simple sweet.

All That Glitters By Frances Parkinson Keyes

Bennie was a new name in Hunter history. Veronique had again shown her disinclination toward conforming with tradition when it come to christening her son. If there had been any good nickname for Welby, she said, she would have wished to name the baby for his father; since there was not, and two Welbys would cause confusion, she wanted to name him Benedette for her own father. There was a delightful way of shortening that, and it meant a great deal more to her than Courtney or Hugh or Godfrey, or any of the other names she could find in the family genealogy.

The French Ambassador and his wife motored over from Washington to act as god-parents at the christening and so did Vittorio Fopano, the Italan attache whose attentions to Candace Hunter were still unabated. But in spite of the handsome presents they brought and the impressive showing they made, Candace was greatly displeased. A christening to her meant a large hilarious party, with quantities of the best champagne flowing freely and the most secluded seats in the garden all occupied. In fact, Veronique had never seen her mother-in-law's good nature crack so badly as it did over the arrangements for the simple baptism. But as she pointed out, there were enough bills hidden under the mattresses already without trying to stuff in any more, and Candace had not even been down to see the baby before everything was all settled. Welby was satisfied and he was the person to decide.

Candace raised her eyebrows when this conversation took place, and she referred to it, rather resentfully, when she next met Isabel Windsor in Washington. She accepted Isabel's congratulations with a wry smile and an evasive manner, and it did not take Isabel long to guess that she was not enthusiastic about being publicly labeled as a grandmother. Isabel was indignant at Candace, but when she arrived at Hunter's Green and spoke to Veronique about the episode, Veronique only laughed. "Well after all, it's natural, isn't it, Isabel? You see, Candace has always told everybody that she was married when she was 'a mere child' and she does look awfully young, considering."

Luncheon was a rather quiet meal. Isabel, as always was gracious and charming, but she was vaguely preoccupied with disturbing thoughts. It was not until Veronique began to discuss the history of the house that Helen asked a question on her own initiative.

"Has Hunter's Green a ghost, Ronnie? I'm sure it must have."

Veronique laughed. "It's supposed to have, like all old Virginia houses. Several of them, in fact, for good measure. There're still two springs in the basement, just as there were when the house was built. You might like to go down there—it's quite quaint, with loopholes for shooting at Indians, and all that. What makes you so interested in ghosts, Helen?"

"Alfredo used to talk to me about them," Helen said hesitantly. "The ones in his Mexican home, I mean. There's a conquistador who walks along the parapet of the roof sometimes. And a lovely lady wearing a pure white dress who goes flitting from room to room."

"I should think you'd like to try to see them. I should think you'd go to Mexico this summer instead of Europe. You might be able to patch things up with Alfredo, after all."

"Oh, Veronique, of course I'd love to go there! But I can't. And it's terribly kind of Isabel to take me to Europe with her. I'm sure we're going to have a wonderful time."

"Of course we are," Isabel said smoothly. "And we're not going ghost hunting either."

Glancing at her watch, Veronique said the gentlemen of her family would be receiving by this time, and suggested that Isabel should go up to see them while she took Helen out to the stables. But after Isabel, agreeably acquiescent, had strolled away, Veronique leaned forward impetuously and took Helen's hand. "Listen, Sweetness," she said, "Why don't you go to Mexico really given up hope, have you, of instead of Europe? You haven't marrying Alfredo some day?"

"No-o-o. But I can't do anything about it now, can I?"

"I would, if I were you. I'd get on a train or a boat or something, and just go."

"But Alfredo hasn't even asked me to marry him, I told you how that was too."

"Well, you don't suppose he'd be sorry to see you, do you, if you turned up there?"

"No, I'm sure he wouldn't be sorry. He still sends me flowers, Ronnie, regularly, every week. He's doing special work at the ministry of Foreign Affairs in Mexico City. But after I leave, he's coming back to Washington."

"And then I expect when you come back to Washington in the autumn, he'll go back to Mexico City and do some more special work at the Ministry of Foreign Affairs. All sorts of strange violent things happen in Mexco. There's a revolution every few years and lots of people get hurt in them. Come on, let's not talk about it any more Let's go out to the stables."

Isabel and Helen were very silent while they were motoring back to Washington late that afternoon. They were obsessed with ideas. But neither wanted to put these ideas into words.

Isabel was thinking about Bennie. She had not realized that babies were so sweet. Helen was thinking about Alfredo and about what Veronique had said concerning the strange violent things that happened in Mexico. She resolved to mention all this, when she next spoke to her parents about Alfredo Because she knew that somehow she must marry him after all. Not after a long, long time, but sometime soon.

While Isabel and Helen were driving back to town, Veronique undressed the baby, sponged him off, and put on his little nightshirt Then she took him into his father's room, put him in his cradle, lay down herself, on Welby's bed, and talked to him through the summer dusk.

(To Be Continued)

Home Service

Simple Diagrams Show Dance Steps

Toe-Crushing Easy to Avoid

"Oh, oh! I've stepped on her feet again," thinks the poor fellow, miserable over his clumsiness in the Westchester.

No one need feel clumsy—in the Westchester or any other popular dance—for with diagrams you can quickly teach yourself any step.

If you can walk you can Westchester! Try our diagram for the Westchester Three-Step.

This is a casual 1 AND 2 rhythm, swingy but without much knee action. Try it!

Count 1—Step forward on left foot, heel first. (Place weight on heel, then shift weight to ball of foot.) AND—Step forward on ball of right foot. 2—Step forward on left foot, heel first.

Your partner's feet won't get under yours if you lead her right! You soon are a popular dancer with our 32-page booklet. It diagrams the smart rumba, Conga, Westchester, fox-trot, waltz, tango, and Lindy—including basic steps and variations. Tells how to lead and follow, keep time, dance gracefully.

Send 15c in coins for your copy of Home Courses in New Ball-Room Dances to the Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address, and the name of booklet.

Name

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Needlecraft
For The Home

POPULAR AS EVER
Two Piecer

Busy days are ahead of all of us and our clothes have to go to work too. This suit has all the qualifications to hold down a full-time job —smart, neat and serviceable, it has a lot to offer for every day wear. Make it up in either a rayon, or a light weight wool, because it is versatile enough for either fabric.

Style No 2045 is designed for sizes 10 to 20, 36 to 40 Size 16 requires 4 yds. 39 in fabric. Pattern is hand-cut to United States Standard Measurements and includes chart with step by step instructions.

Send twenty cents for pattern Write your name, address and style number. Be sure to state size you wish.

Name

Street Address

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THE COOK'S CORNER

MINT RELISH

9 cups chopped ripe tomatoes
6 cups chopped apples
3 green sweet peppers, chopped
1-2 cup chopped mint leaves
1 1-2 cup chopped onions.
1 tablespoon mustard seed
1-4 cup salt 2 cups sugar
4 cups mild vinegar

Method: Peel and chop the tomatoes and sprinkle with the 3-8 cup salt. Let stand overnight and in the morning drain thoroughly. Now add the chopped apples, peppers, onions, mint leaves and mix thoroughly. Heat this with the mustard seed sugar and vinegar, to the boiling point and seal in hot sterilized jars.

PRUNE PLUM PIE

3 cups pitted and chopped prune plums
3-4 cup sugar 2 tablespoons flour
Pastry

Method: Wash plums then half them and remove the pits, and cut the fruit into fairly small pieces, then measure. Place the prepared fruit in a pie pan lined with pastry. Mix together the sugar and flour and sprinkle this over the plums. Cover with a top crust in which several gashes have been cut and bake in a hot oven (450 deg. F.) for about 10 minutes and then lower the temperature to moderate (350 deg. F.) and continue baking [illegible] longer.

If you suffer MONTHLY FEMALE PAIN

You who suffer cramps, headache, backache, and tired, nervous feelings—due to female functional disturbances — should try Lydia E. Pinkham's Vegetable Compound. It has a soothing effect on *one of woman's most important organs.* Also a fine stomach tonic! Made in Canada. *Worth trying.*

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

ONE DAY MY HUSBAND SAID—

"I'M TIRED OF WEARING SHIRTS THAT LOOK HALF-WASHED"

THEN I FOUND OUT—NO MATTER HOW YOU DO YOUR WASH YOU NEED SUNLIGHT'S "EXTRA-SOAPINESS" FOR THOSE EXTRA DIRTY SPOTS

A LEVER PRODUCT

Now my husband raves about his *brighter* shirts

HUSBAND: Gosh, Lucy, my shirts have a brand-new look this week. How did you do it?

WIFE: Easy as pie! I just put a touch of Sunlight Soap at the extra-dirty spots. Then, when I washed the clothes my usual way, Sunlight's "extra-soapiness" just eased out the dirt and grease.

HUSBAND: Great stuff! No "half-washed" look about the clothes this week.

WIFE: *Everything* is so much brighter now that I use the easy Sunlight method of washing. Grimy work clothes come spotlessly clean in no time; without hard rubbing, either! And Sunlight is *all pure soap*—that's why it's so kind to my hands, too.

Grand For Dishes Ladies! You'll say Sunlight is just as wonderful for speedier, easier dishwashing and all cleaning. Fairly melts away grease. And Sunlight goes a long, long way even in hardest water.

FOR A COMPLETE WASHING JOB YOU CAN'T DO WITHOUT— SUNLIGHT

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AS Canada's Oldest Spice House, Schwartz has had a time-honored association with the spice trade. There is none so crowded with romance. Spices made the Dutch East Indies prosperous and prompted the discovery of America under Columbus, who sought a short sea route from Europe.

Now under Japanese control, no imports are obtainable from the Island of Java—leading source of our spice and pepper. But Schwartz, with characteristic foresight, was well stocked. And so, until Government rationing recently became effective, Schwartz was able to supply all their customers' requirements. However, keep on buying Schwartz Spices whenever they are available. They are the best. And watch for their appearance in the stores of your neighbourhood.

Say Schwartz—and be sure!

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