

Woman's Realm - Social and Personal - Fashions - Literature

Lenten Meditation

From The Times, London

GRACE TO OVERCOME THE WORLD

Even the most self-sufficient of men feel at times the need of a guidance and power superior to their own. They may be bewildered by events in the world which seem to have got out of human control. They feel that they are caught in a maze, and search as they may they cannot discover the way out. Where the question is one of obvious right and wrong the decision is comparatively easy; but it may be a choice between the good and the better, or between two courses of conduct which appear equally good but about which there is deep uncertainty as to which will fit into the general pattern. In all such perplexing situations the Christian is urged to turn to God for counsel. The guidance which is not mechanical but of a spiritual nature, though it is sometimes so called, is not the external guidance of the signposts, but the internal guidance which may be called the "inner voice". Most characteristically the Christian is urged to turn to God for counsel. The guidance which is not mechanical but of a spiritual nature, though it is sometimes so called, is not the external guidance of the signposts, but the internal guidance which may be called the "inner voice".

Living & Leisure The Woman's Realm

The snowdrop yet its small head nodding in wind of winter dress; No lark at casement in the sky Sings matins shrill and clear; Yet in this frozen mink the dawn breathes, Spring is here. —Walter de la Mare.

Stitch up a winsome bib-gilet and embroider your 'phone number backwards on it to keep guessing. Or vary the old reliable black dress with bows of starched nique, appliqued with nostalgic Victorian shoes and flowers. Try buttonflies and beetles if you're on the entomological (ts, ts) side.

ONLY WHAT SHE NEEDS

Today the most thoughtful woman tries to buy only what serves her needs and eschews the silly school-girl urge of piling up great numbers of dresses, coats or suits. World events which control fashion may whirl so fast as to outpace these caskets of clothes.

Treat your cosmetics as though they were more precious than gold. Don't waste your powder, use your creams sparingly, don't put on lipstick before meals. Don't leave your make-up on for hours so that it will melt in its own juice—give your nail polish plenty of time to dry, so that it will stay on longer and chip less.

To clean a parchment lamp shade, wash it with a solution of soap in methylated spirits. Prepare the solution by dissolving a quarter of an ounce of soap flakes in four ounces of spirits. Shake the mixture until a jelly-like solution is obtained. Apply it on a cotton-wool pad, and rub particularly on the edges of the shade.

HORSESHOE FOR LUCK

If you believe in good luck charms, you'll like the new sterling silver bracelets. Massive links are fashioned to band the wrist, and swinging from the side there is a miniature of a horseshoe. The horseshoe has a centre of wood, for you who combine two superstitions and like to touch wood as well as carry a horseshoe.

WIDE V NECKLINES

Always one-piece, with slim skirts, deep and wide V necks, brief sleeves and frequent bow or lace trims—these are some of the most striking features of new dressy black crepes.

HINTS ON ETIQUETTE

When you go to work for a new firm, be very pleasant to all your fellow-workers, but not too chummy with any special ones until you have had a few days or weeks to look them over, observe their personalities, and decide which are the ones with whom you would be most congenial.

ENGLISH CHINTZES IN VARIETY STILL

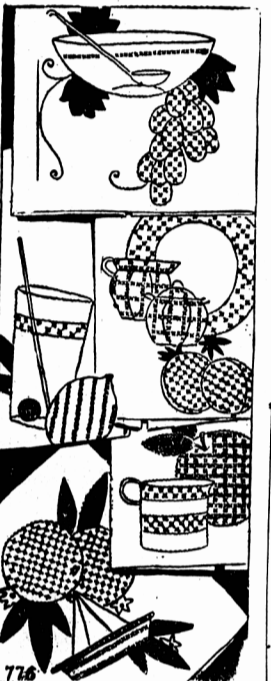
NEW YORK—English chintzes which still manage to get through, are arriving in surprising variety. Of particular interest are the fabrics made from designs originated by the Morris whose name is identified with the Morris chair. Surprisingly geometric and clean-cut in almost architectural lines, these 19th century chintzes are particularly adaptable to modern furnishings as well as traditional ones. Although there are good supplies of curtains and

tain materials in the stores now, these will decrease and cannot be expected to be replenished to any extent. A vast majority of the curtain ooms are now being used for the manufacture of mosquito netting for the armed forces.

IN HEIRLOOM CLASS

Think twice before you give away or donate to a salvage organization this massive piece of costume jewelry or smart "fake" pin that you have been wearing on your simple black dress, for Herman H. Levy, administrator of jewelry, has dealt a crippling blow to its manufacture by cutting designs down 25 per cent. Remember, most of this jewelry has been made almost entirely individually and requires a disproportionate amount of skilled labor.

EMBROIDERED MOTIFS FOR GLASS TOWELS



DESIGN NO. 776

For attractive needlework try embroidering these motifs on glass towels. They require little time, since they are worked in cross stitch. Hot iron transfer pattern No. 776 contains the five motifs with complete instructions.

To order pattern write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department, Charlottetown Guardian

Design No. 776

NAME _____

STREET ADDRESS _____

CITY _____

PROVINCE _____

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chapsell Building, Charlottetown, P.E.I.

Q. My husband buys second-hand trousers for work to save his suits and has always paid \$5 per pair for them. He was told the other day that owing to the increased demand for them he would have to pay \$5. Is second-hand clothing under the ceiling?

A. Used clothing is under the price ceiling and your dealer should not charge more than he charged during the period, Sept. 15-Oct. 11, 1941 even though the demand has increased. In any case, the maximum price of men's second-hand trousers is \$4.50.

Q. If I offer my rooms for rent, do I have to have the rent fixed by the board?

A. Householders renting rooms for the first time to boarders or lodgers are no longer required to apply to the Rentals Committee to have the rents fixed, provided the rooms are furnished and equipped with bedding and linen for each guest occupying the room. However, the landlord must not charge a higher rent than that charged on October 11, 1941, for similar rooms in the same locality.

IF YOU HAVE SORE THROAT

due to a cold... Let some Vicks VapoRub melt in your mouth. See how quickly it relieves raspy throat irritation. Try it. **VICKS VAPORUB**

THE COOK'S CORNER

SPICY HOT CROSS BUNS

1 cup milk, scalded
1-4 cup shortening
1-3 cup sugar
1-2 teaspoon salt
1 teaspoon sugar
1 cake compressed yeast
2 tablespoons lukewarm water
1 egg, beaten
2 teaspoons cinnamon
1-2 teaspoon nutmeg
1 cup seedless raisins
3-1-2 to 4 cups sifted Canada Approved flour

Method: Add the shortening and 1-4 cup sugar to the scalded milk. Stir until the shortening and the sugar are dissolved, and set aside to cool to lukewarm.

Soften the yeast cake in the 2 tablespoons lukewarm water, and add the 1 teaspoon sugar and the salt. When the milk mixture becomes lukewarm, add the yeast mixture to it. Now add the beaten egg, the raisins, spices and enough of the sifted flour to make a soft dough. When well mixed, knead lightly for a minute or so and then place the dough in a greased bowl. Brush the surface of the dough with melted shortening to prevent a crust forming on it. Cover the bowl and set in a warm place to rise to 2 or 3 times its original volume. F. to rise until, double in bulk.

Dorothy Dix Says—

THORN-STUDDED PRIMROSE PATH BEST DETOURED BY ALL GIRLS

Being Good Pays Dividends In Happiness, Peace Of Mind, Prosperity Through Life

DEAR DOROTHY DIX—I am a young stenographer and have been keeping company with a young soldier with whom I have been indiscreet. He has announced his intentions of marrying me for which I am deeply grateful, but I have found out that he is the father of two children by a common-law wife and she is to come here very shortly with the children. My sweetheart claims he never loved her, but he is crazy about the youngsters, and she is crazy about him. He feels that she will understand and not object too strenuously to his trying to find happiness with me.

Will I be doing wrong to marry him, is it my only hope of respectability, rusting that some how it may turn out all right? If not marriage, what am I to do?
BEWILDERED AND WAITING.

IT PAYS TO BE GOOD

ANSWER—The primrose path is so beset with thorns that tear and wound you unless you slay the girls who wander down it, that it is a marvel that they ever think it is worth while risking its dangers for the few flowers they pick at its beginning and for which they have to pay such a frightful price at its ending.

Girls are always asking me if it pays to be good. Yes, it does. It pays in health and length of years. It pays in peace of mind and happiness. It pays in prosperity. For in the end those who dance must pay the piper, and the bill leaves the foolish girl, who chucked her hat over the winnowill for the sake of a few kisses and a little lovmaking bankrupt.

In your case I cannot see how any good can come to you from marrying this man who already has so many amorous entanglements, even if, as his phrase goes, he will make an honest woman of you. The chances are, to begin with, that he will never do it, and it is practically certain that even if he does he will not be faithful to you. He will almost surely with a baby or so support.

Furthermore, the idea that his common-law wife with the two children will obligingly step down and out and let him marry you because he prefers you at the moment, is mere wishful thinking. In all probability the wife will fight like a tiger to hold the man she loves and who is the father of her children, and you will find yourself involved in the most unavailing scandal you can imagine. You will be smeared in the papers, or sort of vengeance a deserted mistress will take.

There is no easy way out for you, but, it seems to me, that the best thing you can do is to break with your soldier sweetheart. If few people are of your indiscretion, look the secret in your heart and never breathe a word of it to anyone. If it is common gossip, go away where you are not known and build your life over again. And let your experience teach you the wisdom of going straight.

DEAR DOROTHY DIX—I have been engaged to a very fine young man for over a year. I like him very much, but I do not love him. Yet I have been trying to fool myself into believing I could learn how to love him after we are married. But I know now that I could never have done that, because I have met a man whom I love with all my heart.

This new man wants me to marry him and, of course, I want to marry him, but what shall I do about my fiancé? He is such a grand person I hate to hurt him.
D. Y.

CANT BE GOOD WIFE TO MAN WITHOUT LOVE

ANSWER—You won't hurt your fiancé by breaking your engagement as much as you would if you married him when you loved another man. He will get over it with no bones broken, and be grateful to you for your prudence that left him free to marry some girl who did love him instead of being involved in a heartbreaking, messy tragedy with a wife who had a lover, and who was unfaithful to him in thought and desire, if not in deed.

No woman can be a good wife to a man she doesn't love. She may do her duty in every respect. She may be a Patient Griselda who never finds fault or nags. She may be a marvelous cook and work her fingers to the bones to make him comfortable. She may even try to be affectionate to him. If the love motive isn't there, all the balance is cinders, ashes and dust.

The wisest person in the world does not know why we love, nor why we do not love. Nor does anyone know how to create love. It just is, or no different apparently from a hundred others, and our hearts cleave to him or her, and get up and follow him or her to the end of the earth. This being true, it is not likely that those who marry without love will there be more marriage, no miracle will create it after marriage. For while marriage tends to draw those who love closer together, it also acts to separate those who have only a mild liking for each other. After marriage a man and woman may come to respect and admire each other's good qualities so much that they may develop a beautiful friendship, but that is not love.

DEAR DOROTHY DIX—I am a boy of 20 who is going to college and



Get This Extra Flavor

BECAUSE cocoas vary in strength and flavor, insist on Baker's. You'll love its unvarying strength and real chocolatey flavor. Make it according to the recipe on the label.

Up to 90 servings from the 1 lb. package. Good for baking, too.

BAKER'S COCOA

C132 BRAND A Product of General Foods



HEALTH LEAGUE OF CANADA

"Any Canadian who wants to be a part of his quota of vegetables in 1943 had better grow them himself." That is the advice of George Rush, horticultural adviser of the Ontario Department of Agriculture. He counsels every Canadian citizen with any land at all to use it for vegetable planting this year. Many of the commercial gardeners have gone into war industry and some commercial gardeners have gone into business because experienced labor is not to be found. Additionally, dehydration plants are taking more and more of the vegetable crop for processing and shipment overseas.

YOU WOMEN WHO SUFFER FROM HOT FLASHES

If you suffer from hot flashes, dizzy spells, irregular periods, are weak, nervous—due to the "middle-age" period in a woman's life, take Lydia E. Pinkham's Vegetable Compound. It is a fine stomach tonic! Worth trying! Made in Canada.

who is constantly pursued by a working girl of 18 whom I do not love. Even though I have tried my best to avoid her and neglect her, she still calls me and "forgives" me when I don't want to be forgiven. Because I am very conscientious and felt sorry for her I took her out a few times so seriously that to avert this I purposely acted like any normal but a gentleman.

Although she has told me she loves me, I have not told her that I do not love her. How can I tell her this without hurting her? B. Y.

ANSWER—You will have to treat her rough to get rid of her. To deal gently and diplomatically with her is just as risky as it would be to stop and pet a lion that was pursuing you. When a girl like that makes emphatic manner that she even like her; that she repulses you, and that you want her to let you alone.

Millions of men have married women they didn't love and have been miserable ever after because they didn't have enough backbone to say NO, NEVER, when the poor dears told them how they loved them and wept on the second button of their vests.

Needlecraft For The Home

INVEST IN THIS JUMPER And Let Your Blouses Pay Dividends

It needn't necessarily be a heavy investment, either, although this jumper dress is so nicely cut that it is worthy of a good piece of fabric. The simplicity of style is right in step with today's ideas of good dressing, and it gives a wonderful y smooth silhouette, quite doing away with that break at the waistline that you get with a separate skirt and blouse.

The second piece that comes in the pattern may serve as either blouse or jacket; its lines are so nicely fitted, you can make it up as either or both.

Style No. 2044 is designed for sizes 12, 14, 16, 18, 20; 36; 38; 40; 42, 44 and 46. Size 36 requires, for the jumper, 2 3/4 yards 36-inch fabric; for the long-sleeved blouse or jacket, 2 1/4 yards 36-inch and for the short-sleeved style, 2 yards 35-inch. Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2044

Name _____

Street Address _____

City _____ Province _____

A Morning Smile

The story goes that in a Toronto postal sub-station yesterday a woman purchased 300 three-cent stamps. When the clerk commented that it was a big order, the woman replied: "Well, I've heard the Government is to raise the price on stamps, so I thought this a good investment."



"Foolish to lose out on DAININESS— a daily Lux Toilet Soap Beauty Bath makes you SURE!"

LOVELY LORETTA YOUNG uses her complexion soap, Lux Toilet Soap, as a bath soap, too! Clever girls take this Hollywood tip—protect daintiness this easy, luxurious way. WHIPPED CREAM lather removes perspiration, every trace of dust and dirt—leaves skin fresh and SWEET. You'll love the delicate, clinging perfume Lux Toilet Soap leaves on your skin. Try this daily Beauty Bath!

LORETTA YOUNG

ITAKE THE SCREEN STARS' TIP—DEPEND ON MY LUX TOILET SOAP BATHS TO MAKE ME SURE OF SKIN THAT'S SWEET!

HOLLYWOOD'S Whipped Cream LATHER BEAUTY CARE

9 out of 10 Hollywood Screen Stars use Lux Toilet Soap

Home Service

A New Life Begins at the Age of 40



DON'T DESPAIR AT 40!

Don't think your life is over just because you've reached 40! So many women dread that age because they think their youth is over. If they only realized that 40 is the beginning of a new life.

Don't become morose and stay at home—get out doors—play golf, for example. Golf is a game that has no age limit and can make you feel younger as you hit the ball with flair.

Life can really begin at 40 for the woman and man who are prepared for the added joys and responsibilities of middle age.

The days of youth are happy and exciting but since then you have acquired such wisdom as to look on your youth as past and the future to be the fulfillment of your happiness.

In our 32-page booklet the famous author, Professor Walter B. Pitkin, points the way to activities which lie ahead for those who can make new, vivid life begin at 40.

Send 15c in coins for your copy of "Life Begins at Forty" to the Charlottetown Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name _____

Street Address _____

Province _____