

CENTRAL GUARDIAN

This column is reserved for Queen's County news of local interest but advertising of a new nature may be inserted at 4 cents a word strictly payable in advance.

POLICE COURT—There was a clear docket at the police court yesterday morning.

DIPHTHERIA Immunizing Clinic at Queen Square School Friday, March 3rd at 3.15 P. M. for children 6 months to 14 years. 8205-3-2-21.

CHURCH OF SCOTLAND.—Rev. Ewen MacDougall will preach Sabbath 5th, at Bangor at 10.30 a. m. and 7 p. m. Also, if the travelling is favourable, at Stanchel on Tuesday 7th and Wednesday 8th at 7.30 p. m.

CALEDONIA AND MURRAY HARBOUR PRESBYTERIAN CHURCHES.—On March 5th the services will be as follows: Caledonia at 11 a. m. and 7 p. m. both in English. The C. E. Society as usual on Thursday at 7.30 p. m. Murray Harbour Sabbath School and Bible Class at 2 p. m. Service at 3 p. m. Rev. Allister Murray, Minister.

TITOSKY-SMITH — At Her-robot, on Jan. 15th, Annie Rosetta, eldest daughter of Mr. and Mrs. Patk Smith of Compeer, became the bride of Ted Titosky of Compeer, Rev. Father Ehmann performing the ceremony. Miss Hazel Hartwick and Mr. Ian Smith, brother of the bride, were bridesmaid and groomsmen respectively. On Saturday, Jan. 21st a miscellaneous shower was held for the bride, Mrs. T. Titosky, at the home of Mrs. H. Barriok, at which Mrs. Barriok and Mrs. Bretall were hostesses. A large number of guests were present at this dainty function and many were the gifts presented to the bride. Miss Smith referred to is a granddaughter of Mrs. Rosetta Mc-Aulay, Tracadie Cross.

SOCIAL GATHERING.—On Monday, February 27th, a very pleasant evening was spent at Marshfield Mansie, when the Christian Endeavour of the Presbyterian Church held their social evening with upwards of forty members and visitors present. As the society has just recently been organized, the object of the social evening was to strengthen the bonds of acquaintance and to create an atmosphere of good fellowship. Much credit is due the program committee under whose direction the proceedings of the evening were carried out. The following program was rendered: Solo, Miss Jean McNevin; reading, Mr. Robert Cairns; instrumental solo, Miss Emma McNevin, duet, Rev. J. A. and Mrs. Pritchard, Miss Emma McNevin was the accompanist of the evening. The contests and games put on caused much merriment and whiled away the evening. Some of the gentlemen were so pleased with the good lunch served by the ladies, that they expressed a wish that these social evenings be held often. A hearty vote of thanks was then tendered Rev. J. A. and Mrs. Pritchard for their kind hospitality. The singing of the National Anthem brought an enjoyable evening to a close.

5 GENEROUS GLASSES 20¢ NET 5 BOTTLE DEPOSIT SUSSEX PALE DRY GINGER ALE THE QUALITY KING Sussex Beverage Co. Limited Sussex, N.S. Canada THE FAMILY SIZE PALE DRY OR GOLDEN

No Cause for Condolence. "Mr. Chairman," complained the speaker, "I have been on my feet for nearly ten minutes, but there is so much ribaldry and interruption I can hardly hear myself speak." "Cheer up, guv'nor," came a voice from the rear, "you ain't misst' much."

BY GEORGE! IT'S TIME I PUT SOME COAL IN Do not be disturbed if you suddenly realize you have allowed your coal supply to dwindle. We can provide you with the very best, at reasonable prices, and on quick delivery. "The Maximum of Heat" PHONE 176 W. D. Gillis & Co.

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OUR THREE SPECIALTIES WATCHES, RINGS EYE GLASSES Established 1870 E. W. TAYLOR 142 Richmond Street

The Human Eye Complex and intricate in its structure and functions, is worthy of the best possible care that can be given it. If your eyes are troubling you, do not be so unwise as to neglect them. An examination will uncover the cause of the trouble and glasses will probably completely relieve it. G. F. HUTCHESON OPTOMETRIST

Canadian Cookery Continued from page 2

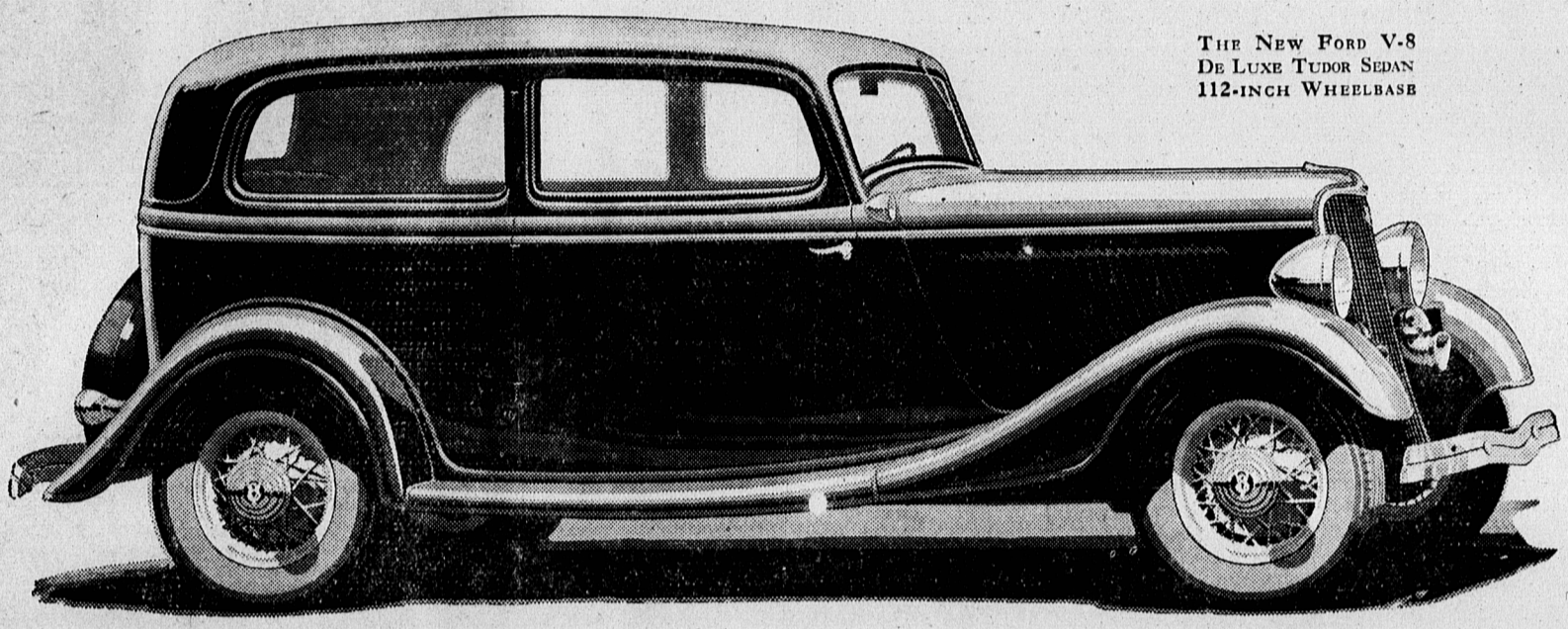
strained tomato juice, and cover with buttered crumbs. Bake until crumbs are brown.

Boiled Whitefish Supreme Lay the fish open and put in shallow pan with the skin side down; nearly cover with water. To one medium sized fish add 2 tablespoons salt and cover tightly and simmer gently (do not boil) until fish will flake but no longer. Serve on hot patty and pour over white sauce made from 2 tablespoons butter and 2 tablespoons flour blended together into which has been stirred 1 cup hot milk until it is thick. Add 3 chopped hard cooked eggs, and a sprinkle of parsley.

ECONOMICAL SUPPER MENU. By Mary Moore Casserole Supper Cole Slaw Stewed Dried Peaches with milk

Sleep Fine Avoid Kidney Acidity Thousands suffering and losing energy from Getting Up Nights, Back-ache, Stiffness, Leg Pains, Nervousness, Acidity or Burning, caused by poorly functioning Kidneys or Bladder, should use Cystex (pronounced Cystex) specially prepared for these troubles. Works fast, circulating through system in 15 minutes. Only 75c at drugists. Guaranteed to fix you up or money back on return of empty package.

NEW FORD V-8 ON DISPLAY TODAY



THE NEW FORD V-8 DE LUXE TUDOR SEDAN 112-INCH WHEELBASE

THE longer, wider, more powerful New Ford V-8 is here! Today it is on display at the show-rooms of dealers in this city. Today it introduces a new style of beauty, a new standard of comfort and a new pace in performance at a low price. When you see the New Ford V-8 you will be particularly impressed by its size and attractive appearance. For it's a big car in every sense of the word, with 112-inch wheelbase and unusual interior room—the largest, most comfortable automobile at a truly low price. Its graceful streamlines express the newest, latest mode in motor car designing. In mechanical design, as in size and body lines, the New Ford V-8 reveals much that is new and distinctive. No single feature is of greater importance to motorists than the V-type, eight-cylinder, 75-horsepower engine. It is a remarkable engineering achievement because it combines eight-cylinder smoothness and flexibility with low cost of operation and up-keep.

An important factor in this low operating cost is a new quality feature—the all-aluminum cylinder head. This costlier metal is used because it dissipates heat rapidly, permits higher compression and results in increased speed, power, acceleration and smoothness, with greater fuel economy. The development of this all-aluminum cylinder head and the one-piece casting of the cylinder block, exhaust passages and crankcase are among the most noteworthy advances in motor car building in recent years. They are typical of the high quality and advanced design of the entire car. All New Ford V-8 cars have the new skirted fenders, new headlamps, new instrument panel directly in front of driver, adjustable driver's seat and a safety-glass windshield. All are furnished in a choice of rich body colors. All come equipped with five one-piece steel-spoke wheels. De Luxe cars have two tail lights and two matched-tone horns. De Luxe

closed body types have safety glass throughout, cowl lights, arm rests in the rear compartment and a choice of luxurious Broadcloth or Mohair upholstery. Colored wheels are optional on all De Luxe types.

LONGER, WIDER, ROOMIER MORE POWERFUL ALL-ALUMINUM CYLINDER HEAD

112-inch wheelbase. Striking body lines and colors. Steel bodies. Double-channel, double-drop, X-type frame. Smooth-running V-type eight-cylinder engine; 75 horsepower. Engine cushioned in live rubber. Remarkable acceleration. Over 80 miles per hour. Unusual oil and fuel economy. Automatic spark control. Silent second speed. Silent, synchronized gear shift. Fully counterbalanced 65-pound crankshaft. Aluminum pistons. Down-draft carburetor, with silencer. Torque-tube drive. Three-quarter floating rear axle. Straddle-mounted rear-axle driving pinion. Safe, reliable four-wheel mechanical brakes, fully enclosed. New riding comfort because of the exclusive Ford-designed transverse cantilever springs, properly controlled by four double-acting, self-adjusting shock absorbers, with thermostatic control.

Table with 4 columns: Model, Price, De Luxe Coupe (3 windows), De Luxe Fordor Sedan. Rows include Roadster, Phaeton, Coupe (3 windows), Tudor Sedan, Coupe (5 windows), Fordor Sedan.

F. O. B. EAST WINDSOR, ONTARIO: BUMPERS, SPARE TIRE AND TAXES EXTRA: SMALL DOWN PAYMENT: CONVENIENT TERMS) FORD MOTOR COMPANY OF CANADA, LIMITED

Casserole Supper

Fry gently two finely sliced onions and 1-2 pound hamburger steak in a little bacon dripping or butter for about 6 minutes, but they must not be browned. Cook 2 cups macaroni in salted water until tender in 5 cups water. Arrange a layer of macaroni in bottom of baking dish, over it put a layer of the meat and onions, then another layer of macaroni, then another of meat. Pour over all the water left from the macaroni and cover top with 1 cup grated cheese mixed with 1 cup fine stale bread crumbs and bake until cheese is melted and a golden brown.

Cold Slaw Hints

Since we must major the fresh foods in our economical menus to have an adequate vitamin intake, cabbage has to play a large role. It is our cheapest leafy green vegetable. Winter cabbages may be made into delicious crisp cole slaw if they are shredded finely either on shredder or with very sharp knife and put in very cold water to which has been added salt and a little vinegar and allowed to crispen for at least on hour. Drain and dry well and mix with a little mayonnaise or cold boiled dressing or sour cream. Sprinkle with paprika. Cottage cheese is a pleasant addition to cole slaw. MARY MOORE'S QUESTION BOX Conducted by Mrs. Mary Moore

NOTE: TO CORRESPONDING READERS:

When writing to Mrs. Moore for recipes or any other help connected with this Cookery Service, kindly select a pen name, besides giving your name and address. Address letters to Mary Moore, Cookery Editor, in care of this paper.

QUESTION: Would you please tell me how to make sweet bread with rye? I will be looking for the rule in the next paper.—Mrs. G. N. Sydney.

ANSWER: It requires a little more time than you expected for we try to make it a rule to answer letters in their turn. However, we hope this recipe suits you and shall be glad to hear from you at any time in the future.

WHITE'S SPECIALS CARAMELS 33c Lb. BETTER SWEET CHOCOLATES 29c Lb. TRY OUR HOME MADE CANDY SPECIAL DINNER 25c WHITE'S Tea Rooms

Sweet Rye Bread

One cup scalded milk, 1 cup boiling water, 1 tablespoon lard, 1 tablespoon butter, 2-3 cup brown sugar, 1 1-2 teaspoons salt, 1-4 yeast cake dissolved in 1-4 cup lukewarm water, 3 cups bread flour and enough rye meal to stiffen. Dissolve butter and lard and sugar, salt, in the hot milk and water. Cool to lukewarm and then add dissolved yeast cake and white flour. Beat well and cover and let rise until light (probably overnight). Add rye meal until dough is stiff enough to knead, then knead well and let rise again. Then shape into loaves or buns and let rise again and bake, starting it in hot oven and reducing heat after ten minutes.

ELMSDALE

Mrs. George Kelly passed peacefully away at her home on February 9th after an illness of four weeks at the age of seventy-nine years. During her declining years, she had been tenderly cared for by her sons. She had a quiet retiring disposition and was loved and respected by her many friends and neighbours. Her husband predeceased her twelve years. The funeral was held on February 11th to Sacred Heart Church, Alberton, and was largely attended. She leaves to mourn her loss three sons, Patrick in United States and Frank and Emmet at home.

The Elmsdale Women's Institute

held their monthly meeting at the home of Mrs. Helen Hardy on Feb. 6th with a large number of members and several visitors present. Roll call was answered by each member writing Bangor and Spelling Boston. This caused much merriment as it did not prove as simple as it seemed. After the opening and routine business was over there was a singing by members after which four ladies gave a short humorous dialogue which was much enjoyed.

The Young People's Society of the United Church held a Valentine Social in the Hall on Wednesday evening, February 15th. The entertainment consisted of suitable Valentine games and contests, after which a delightful luncheon was served by the ladies.

On Thursday evening, February 16th the Elmsdale Egg Circle held their annual meeting in the Hall. The different reports were encouraging in spite of low prices received for eggs and poultry. Delegates were appointed to attend the meetings in Charlottetown.

The teachers of Elmsdale School held their half yearly examination January 31st. The teachers were assisted by Rev. M. D. and Mrs. McLeod. The pupils made a good showing in the different subjects in which they were examined. The telephone company is still

busy repairing the damage done to the different telephone lines during the recent ice storm.

Mr. George Wallace is spending the winter in Boston visiting his daughters.

Many will regret to learn of the serious illness of Mr. James McKenna, Dock Road.

Try And Find The Snowball

(Canadian Press) SYDNEY, N. S., March 1.—Mrs. Phillip Morrison required medical treatment after being struck on the head last night, so Willard Thompson, 20, will appear in police court next week on a charge of throwing snowballs. Police headquarters has been deluged with complaints this winter regarding the snowball-throwing

activities of Sydney's youth and the Department has decided to institute prosecution in all cases where evidence is available. It faces, however, a difficult task should exhibits of the missiles be called for.

Pile Sufferers

Your itching, bleeding, or protruding piles will go and not come back when you actually remove the cause—bad blood circulation in the lower bowel—and not one minute before. Salves or suppositories can't do this—an internal remedy must be moved. HEM-ROID, prescription of Dr. J. S. Leonardt, succeeds because it stimulates the circulation, drives out the thick impure blood, heals and restores the almost dead parts. HEM-ROID has such a wonderful record of success in even the most stubborn cases that, Hughes Drug Co., Ltd., and druggists everywhere urge every sufferer to get a bottle of HEM-ROID Tablets today. They must end your pile agony or money back.

-COAL- SYDNEY...VICTORIA...PREMIER THESE THREE COALS ALWAYS ON HAND; Screened or double screened—Lumpy—Bright—Clean. THEY ARE PROVING VERY POPULAR. \$7.75 per ton, Cash price only. 1000. H. R. LARGE & CO. 58 Queen St.