

**The Wornout Nerves,
The Weak Heart,
The Tired Brain,
The Wasted Strength.**

What a multitude of women there are who feel that these words exactly suit their case. From early morn until late at night they have been on the go, year in and year out, attending to the daily household duties, looking after the wants of her children and spending the rest of her time attending to social and church work. Is it any wonder then that sooner or later there comes a general collapse? The action of the heart becomes weak and palpitating, the nerves become unstrung, the brain feels in a whirl half the time and the usual force of vitality is lacking.

It is at this time a woman should look after herself. If she does not, serious female disorders may set in and often cause weary months and years of helplessness and miserable suffering. What she wants is something to build up her system. For this purpose there is nothing so equal

**MILBURN'S HEART
AND NERVE PILLS**

They are the women's friend in every sense of the word. They will strengthen the weak heart, tone up the shaky, starved nerves, make the brain clear, and restore the lost vitality. Mrs. George Lohnes, Stanley Section, N.S., writes: "I was greatly troubled with weak and dizzy spells and was so run down I could not attend to my household duties. I bought two boxes of Milburn's Heart and Nerve Pills and after taking them I found that my trouble had all passed away. I am now strong and healthy again."

Milburn's Heart and Nerve Pills are 50 cents per box or 3 for \$1.25. If your dealer does not have them, send direct to The Milburn Co., Ltd., Toronto, Ont.

**EDITOR'S MAIL.
THE INSURANCE BILL.**

Sir,—I should be glad if you will allow me to explain that the bill relating to Insurance Companies, as it was introduced, is at least in one respect, open to grave objection.

It relates to a matter which does not relate to life insurance, except incidentally. As the law now stands, there is a protection afforded, and very properly afforded to married women who hold policies payable to them at their husband's death, preventing their transferring these policies to their husband's creditors. It can easily be understood that the kind of pressure which can be applied to a married woman, when her husband has fallen into financial difficulties, is intolerable, until she deprives herself of the provision to which she is entitled.

I regret exceedingly that the proposed Bill seeks to remove this protection. I can explain the matter better by referring to a concrete case, connected with the Act introduced last session and rejected, to which you lately referred.

A gentleman well and favorably known had been remarkably successful in his business. Not many years ago he was within my knowledge, worth \$60,000 with no liabilities.

He was induced to endeavor to increase his fortune by "operating in stocks" with the usual result. His ample means passed into the hands of the gentlemen of the "bucket shops."

In the time of his prosperity he had insured his life, policies being payable to his wife. His efforts to escape the toils in which he was entangled were too much for him. His health broke down and already symptoms appeared leading to

fears lest his mind would give way. He struggled but in vain.

One last effort was made and a sum of money was received through a bank by which it was hoped to appease for a time the rapacity of these gentlemen of the "bucket shops" and his wife transferred the policy payable to her.

The struggle was only for a short time longer. The unfortunate man died, a physical and a mental wreck.

The application by the creditor to the Company (I think it was the Canada Life) was unsuccessful, they refused and properly so, to recognize the wife's transfer of the policy.

The creditor (the Bank) had influence enough to introduce a Bill into the Legislature (the one you have referred to) to render valid all such transfers by the wife in the future as well as in the past. In other words the Act contemplated the taking away of the money to which the widow was entitled and giving it to the Bank which was not entitled to it at all. As soon as these facts became known the Bill was rejected.

It will be to me a matter of sincere regret if this proper and wise protection to married women is removed and that a statute admirable in other respects should be disfigured by such an objectionable provision.

Yours truly,
E. J. HODGSON.

March 29, 1906.

HAVE YOU HEARTBURN?

It's quite common with people whose digestion is poor. Immediate relief follows the use of Nerviline. Stomach is strengthened, digestion is made perfect, lasting cure results in every case. Use Nerviline once and you'll never be without it because every type of stomach disorder is conquered by a few doses. One 25c. bottle of Nerviline always convinces. Sold everywhere for the past fifty years.

**EDITOR'S MAIL.
CLEAN UP THE CITY.**

Sir,—Last Friday's Guardian contained an admirable and well-timed article dealing with the all-important problem of the sanitation of this city, which, doubtless, will meet the approbation of all right minded and intelligent citizens. The suggestions submitted therein, for the consideration of the Health Authorities have been so fully and clearly set forth that little further need be said.

Under the present sanitary conditions, when only about six hundred houses have effected connection with the sewerage system, an ideal state of cleanliness, purity of air and soil cannot be expected. It is to be hoped however that connections will go on apace until they shall become universal.

In the meantime, it becomes the imperative duty of the sanitary authorities to grapple with present conditions in all their difficulty and complexity and initiate such systematic methods as will immensely improve our hygienic surroundings; and, in this connection I beg to submit the following suggestions as a sequel to The Guardian's excellent article:

1st. That the Sanitary Officer be empowered to employ a certain number of carters in all the wards, in order to promptly convey beyond the city limits every matter calculated to offend the senses or regarded as detrimental to health; and that this desirable work be conducted simultaneously in order to be completed, in the first instance, before the first day of June next.

2nd. That the conveyances at such work be securely covered over, to prevent noisome droppings falling on the public streets, as might, heretofore, be frequently seen to the disgust of every passer-by.

3rd. That in cases where an individual householder, who, by reason of poverty, sickness, or other disability, is found unable to pay the cost of the disposal of garbage etc, the Board of Health would surely be within their rights to cause this to be done at the city's expense.

4th. That all cesspools or blind wells (which are one and the same) now in use, in many places be forthwith abolished. The latter have been unwisely introduced and still continued in violation of the first rudiments of sanitary science, namely, to protect the surface soil unbroken to prevent its pollution.

To carry out the above suggestions would perhaps, cause friction at first in some quarters, but the works of sanitary reform should nevertheless be undertaken with vigor and without relaxation, and, by so doing, I trust the time is not far distant when this fair city will be found among the most cleanly and healthy throughout the broad Dominion.

I cannot conclude without expressing my great admiration for the invaluable services rendered the city by The Guardian when some years ago it came to the assistance of the advocates of our present efficient system of sewerage and with forceful and logical arguments effectually silenced all opposition.

Respectfully yours,
M. P. HOGAN.

March 28th 1906.

WHEN YOU DON'T FEEL WELL

Try a Hutch chocolate tablet. First you feel better; then you'll look better. Your appetite will come back and your stomach will be strengthened. This famous remedy purifies the blood. It sweetens the stomach, stimulates the liver and kidneys, quiets the nerves, and for indigestion and constipation is unequalled. It is a remedy every man and woman should keep in the house. An occasional tablet will keep the bowels regular and the stomach sweet. Insist on the genuine article, Hutch! A doctor for ten cents. One gives relief. For sale by all druggists.

BRONZE DISCOVERIES

ROME, March 28.—A village of the bronze age has been found near Domodossola, Italy. It had apparently been burned. Beautiful vases, bracelets and lance heads have been discovered.

Do Not Neglect a Bad Cold.

Never allow a cold to take its course. Too often at this season of the year its course is towards pneumonia. Chamberlain's Cough Remedy will promptly cure your cold and counteract any tendency in this direction. There is nothing better for acute throat and lung troubles. For sale by all Druggists.

**The Island
Condition
Powder**

gives new rich blood, increases health and strength, aids digestion, gives a loose coat, a glossy hide, a bright eye and healthful appearance. If you have a horse that is not doing well just try a pound or two—if it does not do all we say—your money back. We are here to back up our goods. Price 25c per lb. Prepared and sold only by

A. W. Reddin, Phm B.
Sunnyside.

SPRING HATS!

I am only new in the Hat business.

I have my reputation to make.

I do not expect to make it with loud shouting, but rather with quietly soliciting your inspection of the newest, naggiest and most up-to-date stock of hats in town.

The Quality is the Very Best.

Don't you want one for Sunday?

H. H. BROWN,
The Hat and Cap Man,
QUEEN STREET.



We have a good stock of both hard and soft coal in round, nut, run of mine and slack sizes.

Lowest prices. Prompt delivery.

A. Pickard & Co.
Phone 240.



IN THE LONG RUN
The man who patronizes an up-to-date laundry gets the best results. Not only by getting superior service but in economy of wear and tear on his linen. The Star stands for all that's good in laundry work.

A. F. WEBSTER.
Star Steam Laundry, Kent St.
Phone 151.

**Spot Cash
Clearance Sale
of all My Stock**

Greatest bargains ever offered, all must be sold at any price.

CONROY,

The Shoeman,
Sunnyside,
Ch'town.

PHOTOS! PHOTOS!

PHOTOS!
Gouvin Genzel & Co.,
BAYER
Photographers.
PHOTOS! PHOTOS!

**STYLISH SPRING
SUITINGS**

Now is the time to order your Spring Suit. We have a splendid new stock of worsteds and tweeds on hand and would be pleased to make a nice, stylish, neat fitting suit for you. We take pleasure in catering to the wants of particular people. If your suit is made by us it will be the acme of perfection in fit, finish and workmanship.

John McLeod & Co.

THE CUP

that cheers—but not inebriates
The famous

Dominion Blend Tea

(REGISTERED)
Get this brand from your grocer! Accept no substitute.

HERE'S A MESSAGE



**CHRISTY
HATS
ARE
HERE.**

Come right this way sir, with any Spring Hat idea you may have. Among the new Christies we've every shape that's going, that's correct. There are higher priced hats than the Christy, but there are no better ones.

If you want the best hat that your money can buy, it's here for you at \$1.00, \$2.00, \$3.00 the hat.

The Hard and Soft Hat styles are sensible and becoming. We hardly need tell you that our entire showing is prettier than ever you saw before.

We can't tell you whether you'll choose a soft hat or a derby—so we have both kinds.

We don't know what shape you'll prefer—so we have all shapes

Prowse Bros., Ltd.,

The Only Real Good Hatters.

MARYLAND CAUSULTY COMPANY

Issues all kinds of ACCIDENT and HEALTH Policies.
All forms of LIABILITY Policies.

ELEVATOR and BOILER Insurance

MARYLAND CAUSUALTY COMPANY
MERITS COMPLETE CONFIDENCE

	Dec. 31, 1898	Dec. 31, 1900	Dec. 31, 1902	Dec. 31, 1904	Dec. 31, 1905
Capital	\$500,000 00	\$750,000 00	\$750,000 00	\$750,000 00	\$750,000 00
Surplus	241,517 20	688,575 02	737,108 25	901,357 73	919,287 04
Premium Reserve	130,049 81	673,725 49	822,202 92	921,109 36	949,398 89
Claim Reserve	15,212 19	224,357 94	492,423 76	684,860 58	763,308 99
Total Assets for protection of Policyholders	\$886,779 20	\$2,336,658 45	\$2,801,734 93	\$3,257,327 67	\$3,381,994 92

LOSSES PAID SINCE ORGANIZATION \$5,573,034.31

The Maryland policy-holders are satisfied policy-holders.

LIBERAL POLICIES PROMPT SETTLEMENTS FAIR RATES

Policies issued at Charlottetown Office.

H. M. DAVISON,
General Agent.