

# Woman's Realm—Social and Personal—Fashions—Literature

## Living & Leisure —THE WOMAN'S REALM—

**LAUGHTER**  
Wake laughter out of life.  
Shuttle the joy of fun.  
All that is left is strife.  
Heartache and frown and sigh.

Let no more jests be made  
That dull the twinkling eye.  
A man would be afraid  
To greet the morning sun.

Forbid the smiling face  
And banish merriment.  
This earth would be a place  
Of endless discontent.

'Tis out of laughter grows  
The courage to endure  
Vexations and the woes  
No balm is known to cure.

Laughter was given that we  
From cradle to the grave,  
Should cherish life and be  
Tender and wise and brave.  
—Edgar A. Guest.

**HIS IRE ROUSED BY  
BUS MANNERS**

"A woman's charm could in the final analysis be judged by her behaviour on a bus," says one masculine critic. This man voices the wonder why so many women seem to behave

charmingly, almost everywhere else except on a crowded public vehicle. When riding his peevish about lady bus riders he lists as the worst offender the woman who pushes her way through a waiting queue of passengers with her elbows. This critic says, however, that even worse than elbows used to facilitate an entrance into a bus is an umbrella. As annoying to this man whose daily bus rides have turned him into a jaundiced critic of feminine behaviour is the woman who never notifies a fellow passenger of her intention of getting off until the bus stops at her destination. At that point, says our masculine critic, many a woman leaps out of her seat like a released jack-in-the-box and all but annihilates other passengers in her frenzy to organize herself and her bundles for a hasty exit.

**TRIM ANKLES TO FORE  
IN SPRING PICTURE**

Ankles are very much in the Spring picture, according to both shoe and hosiery stylists. Increased femininity and daintiness of shoe style, combined with the continuing popularity of the low hemline, make ankle trimness and neatness more important than ever to the fashion-conscious Canadian

## Modern Etiquette By Roberta Lee

Q. What should be done when a marriage engagement is broken after the wedding presents have already been received?  
A. The girl should return all presents to the senders at once, with notes of explanation.

Q. Is it good form, when introducing two persons, to say, "This is my friend, Mr. Wilson"?  
A. No; this would imply that the other person is not a friend.

Q. Where should the monograms be placed on breakfast and luncheon napkins?  
A. In a corner of the napkin. And, of course, the napkin should be folded in such a way as to display the monogram.

women. She will be thrilled to find how the new Spring colours in conjunction with the flattering, slenderizing charm of full-fashioned hosiery will tend to emphasize and accent ankle daintiness.

**KNIT SHARKSKIN**

A new knit sharkskin fabric has been developed which is said to have good crease resistance. It will not stretch lengthwise or crosswise and is being used in dinner dresses, hostess gowns and casual resort clothes.

## Ellen's Diary By an Island Farmer's Wife

However in spite of the snow that was falling so gently, when Rob's last night, fields were still patchy places drab-hued and white this morning. Only rarely, and for a brief duration have these been completely blanketed this strange winter. Sometime during the night, while Pard, that white dog of ours, kept watch about a sleeping place, and came forth from a warm corner in the shed at times to bark warningly I suspect, at a cat or other furry prowler or maybe at a late-passing sleigh or car on the roadway, James awoke me with: "Listen to that, Ellen—it's raining now! Didn't I know it!" There it was, beating against a window, loud in the stillness and then even as I listened, the sound grew faint, and more faint until it soon was lost to me along the fair aisles of sleep.

By morning there remained little evidence of either snow or rain on the panes, but instead, set there beautifully was the reflection of the blush of rose of the sunrise. But the day's wind was disturbingly high. "Good-morning, Ellen!" James greeted me on awakening. "There wasn't much last to that storm, now was there? But, do you hear that wind?" It threatened us in high

## Household Scrapbook By Roberta Lee

**Hands**  
To soften and whiten the hands, mix one ounce of glycerine, three ounces of bay rum, ¼-dram oil bergamot, and apply Or, rub well at night with olive oil and wear sleeping gloves.

**Stains**  
White stains on mahogany tables, made by placing hot dishes on them, may in most instances be removed by rubbing the spots with a cloth moistened with camphorated oil.

**Poached Eggs**  
Try poaching eggs in hot milk instead of water, and see how much more tasty they are. They will also be more nourishing.

gusts about the roof, but the old house, most sturdy of construction, creaked a bit in a mild and elderly reproof, and waited patiently to again take up its living.

"Do you know what we'd better do the very first thing, Ellen?" James questioned with a light of intent in his eyes, which in the gale and knowing him as well as I do, could mean only one thing. "We'll clean those kitchen stovepipes—that's what we'll do." If he (Continued on Page 3)

## Legends Of P. E. Island By Uncle Joe

**GHOST AT THE WEDDING**

Tradition says that Hunter River was named after Fred Hunter, a young man who is supposed to have died while serving his country in the War of 1812.

Before his enlistment Fred Hunter had fallen in love with Inez Trueman, whose father, George Trueman, lived at Lone Point, a short distance from where the village of Hunter River now stands.

Once a year a timber vessel from England brought to the isolated family supplies as well as needed, carrying on her home voyage a valuable cargo of pine planked from the magnificent forests that surrounded Lone Point.

On her latest trip to the Island the Alert carried one passenger in the person of Jack Seymour, the son of a gentleman in Bristol.

At the Trueman home his visits became quite frequent and no more frequent than welcome. Father and daughter were charmed with young Seymour's tales of far-away places.

Inez was a beautiful young woman of eighteen, a country blossom unspoiled and unadorned, and before many weeks had gone by the newcomer became established in the place left vacant by Hunter.

George Trueman liked the young fellow at first sight and therefore raised no objection when he observed how things were shaping up between his only child and the Englishman. But the marriage could not take place till about Christmas, when a missionary priest would pay his annual visit to the district.

The reader must not be carried away with the thought that Hunter was entirely forgotten, as the girl's first love occupied a big share of her thoughts. That he had fallen in battle was certain and she felt a bit ill at ease lest his spirit might appear at the time of her nuptials, such being the superstitious belief in those days.

Finally the date for the marriage (Continued on Page 3)

## DOROTHY DIX SAYS— Alcoholic Mother

**Young Girl Loses All Respect For Weak-Willed Parent**

DEAR MISS DIX: I am a girl of 18 about to graduate from high school. My problem is that my mother has become an alcoholic. She used to drink at home, but now she has acquired the habit of sitting in taverns and guzzling liquor and often doesn't come home until ten o'clock in the morning.

It used to hurt me to come home and find my mother drunk and I would cry for hours, but no matter how much she burped me now I can no longer cry. I have lost all respect for her and am only trying to protect my little sister. Please help me. Is there any hope left? And what, or what should I do?

ANSWER: I don't think that any woman can read your pitiful letter without feeling like a mingling her tears with yours, for bad as a drunken father is, a drunk mother is infinitely worse. Every child looks to its mother for example and guidance and protection. Every child wants to put its mother on a pedestal. (Continued on Page Ten)

## How Can I!!! By Anne Ashley

Q. How can I mend a parchment shade which has cracked from the constant heat of the light bulb?  
A. Hold the crack together and shellac over the crack several times both inside and out. After this has thoroughly dried, shellac the entire shade, both inside and out, and you will be pleased with the results.

Q. How can I remedy surgery jam?  
A. Jam that has been stored too long becomes hard and surgery, but if it is placed in a warm oven until tending the jam melts it will be fit for use again.

Q. How can I prolong the lives of children's books?  
A. Try applying a thin coat of colored shellac to the covers of the books.

**That Body Of Yours**  
By James W. Barton, M. D.

**VALUE OF SHOCK TREATMENT IN EARLY MENTAL CASES**  
We may feel somewhat ashamed as we read of the large number of recruits in the United States and Canada who were rejected for army service because of mental and emotional disturbances. Notwithstanding this careful screening to keep mentally disturbed men from entering the armed forces, however, there were a large number who after a few months training on this side, were discharged and not permitted to go overseas.

Those who know of the real blessings of all this has been the development of new techniques for the correcting of mental defects. These are the shock methods—insulin, metrazol and electric shock treatment bring about a change in months and even weeks restoring these patients to home and gainful occupations.

Those who know of the whole hospital situation tell us that not only are there more patients in mental hospitals, but also that they require more care, and cost the country more than do the patients in ordinary hospitals.

That other countries are recognizing the value of early mental treatment to the patient and to the community is revealed by a communication from the regular correspondent in Denmark of the "Journal of the American Medical Association." He states that Dr. H. J. Shou, an outstanding psychiatrist in Denmark, lately made a forceful appeal to his countrymen regarding the neglect of the early rational treatment of light mental ailments, whose victims are neglected until they become incurable.

He is engaged in the study of these early cases and has come to the conclusion that these ailments are more costly than cancer, tuberculosis, rheumatism and infantile paralysis. At the present time there is but one small hospital (115 beds) treating these early or borderline cases in a population of 4,500,000.

Dr. Shou's final plea for help is in these words: "What makes the situation tantalizing is that between 75 and 85 per cent of all the cases of periodic depression can be cured by shock treatment in two or three months if taken in time, whereas when neglected such depression will last three to six months. Like other diseases early treatment of mental conditions gives best and more permanent results."

**Cook's Corner**

**GOOD FLAKY PASTRY**  
1½ cups pastry flour,  
¼ cup shortening,  
¼ teaspoon salt,  
Cold water.  
Sift together flour and salt and cut in shortening. Add water very gradually, mixing till dough leaves sides of bowl clean.  
Chill if possible. Roll quickly and smoothly.

**HOT WATER PASTRY**  
1 cup boiling water,  
¼ cup shortening,  
¼ cup flour,  
¼ teaspoon salt.  
Add boiling water to shortening and beat with fork till fluffy. Add flour, sifted and measured with salt all at once and continue stirring till mixture forms large, smooth ball that leaves the bowl clean.  
Chill thoroughly before using.

which shrewd, sagacious and ambitious propositions or objectives demand forthright and honest agreements. There may be change, travel, fresh contacts or agreements, and such demand clear insight, right principles and side-stepping certain alluring or tacit commitments which could prove confusing, complicating and dangerous to desired objectives. Keep alert to dubious contacts or associations, in which feelings rather than reason hold sway.

A child born on this day, while having splendid mentality, with enterprise and clear ambitions, may be easily victimized by false values or perilous ties or plots.

**CRISP YOUNG CHARM**  
For a darling daughter—two pretty frocks plus panties to match! One, No. 2217, keeps interest running high with shaped yokes and daintily edged collars. The other, No. 2557, has the simulated bolero styling. (Two separate patterns).  
No. 2217 is cut in sizes 6 mos., 1, 2 and 3. Size 2 dress, 1½ yards 36-inch; panties, ¾ yard 35-inch.  
No. 2557 is cut in sizes 6 mos., 1, 2, 3 and 4. Size 2 dress, 1½ yards 35-inch; panties, ¾ yard 35-inch.  
Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.  
Address: Pattern Department, The Charlotte-Town Guardian, Pattern Nos. 2217 and 2557.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

**DAILY HOUSEHOLD HINT**  
To dampen a fine blouse evenly for ironing, wring a towel out of water, roll the garment up tightly in it, and leave for 10 minutes.

# NEW! tiny diamonds of Lux!



## They give you faster, richer suds ... make stockings last twice as long!

Here's news! Wonderful new diamonds of Lux! They're the result of wartime research but they couldn't be brought to you until new machinery was designed and built. Now they're ready!  
There's nothing in the world just like these new diamonds. Look at them . . . so shimmering white, so sheer, so tiny! They look different from any other soap . . . they act different . . . they are different.  
They're so much faster! See the little diamonds burst into suds at the touch of water.  
What rich suds, too! Thick, abun-

dant suds that last and last. Compare them with any other suds you've ever used. They're richer!  
These new diamonds of Lux do more for you. They actually remove soil other types of suds can't. Leave things cleaner, fresher.  
And they keep washables lovely so much longer! Your stockings—even sheer nylons—last twice as long. Hundreds of tests prove this. That's like getting an extra pair of Nylons every time you buy a pair! So get your new Lux diamonds today. You can be sure that anything safe in water is safe in this new Lux.



Be a Lux Daily Dipper—  
Lux the things you love

## Morning Smile

**AN IMPEDIMENT**  
Two men were discussing a mutual acquaintance. "Nice fellow," said one, "but let his friends pick up the dinner bill."  
"Yes," replied the other. "He has a terrible impediment in his reach."

**BETTER OFFER**  
He had lately been elected to the club—by mistake—and his unpopularity was immediate. One day he caught a member of the committee. "Look here," he said, "I've been insulted in this club. A man offered me a hundred dollars if I'd resign my membership. I must do something. Now, what would you advise me to do?"  
The committee man thought for a moment and replied: "I advise you to hang on for a few days. You'll get a better price."

**Better English**  
D. C. Williams

1. What is wrong with this sentence? "That isn't a circumstance to what I experienced."  
2. What is the correct pronunciation of "potentiale"?  
3. Which one of these words is misspelled? Picolo, picayune, pick-aninny.  
4. What does the word "formidable" mean?  
5. What is a word beginning with inf that means "not capable of erring"?

**ANSWERS**  
1. Say, "That is a trifle." or, "That is a very slight matter to what I experienced." 2. Pronounce po-ten-ti-ah, o as in no, e as in ten, a as in ate, and accent first syllable. 3. Piccolo. 4. Exciting fear or dread. "He was a formidable foe." 5. Infallible.

## The Stars Say— By Genevieve Kumbie

For Wednesday, February 16

A MOST propitious design of planetary influences gives encouragement to the pursuit of desired plans, propositions or programs, affecting the business, financial, social, home and romantic situation, in which much accomplishment is shown. The talents, mentality, feelings and skills are happily fortified, giving encouragement to change, new agreements, travel, fresh ties, with much gratification. However, there are attractions with power to swerve from the progressive and forthright state of affairs, with undertones not to be trusted or "swallowed." Be realistic.

For the Birthday

Those whose birthday it is, may anticipate a year in which important agreements and decisions may come up for final settlement, in it, and leave for 10 minutes.

