

# Woman's Realm Social and Personal Fashions Literature

## Desert Destiny

By Joseph Chalwick

**CHAPTER XIV**

Tracy had been unstrung since Helene Garrison had told her the fantastic truth—that Phil Garrison was not Phil Garrison at all. Now she permitted Jose to go his way unpunished, because she was too dazed to think rationally. She knew subconsciously that there had been a light, that Jose had been disarmed, and that the man she had thought was a Garrison had handed Jose expertly. But it seemed unreal.

She only knew that she must talk to this man alone. Sending Pete Donohue to ride back with the foreman, Pete Saba, Tracy beckoned the man who called himself Phil Garrison to ride in her car.

"Turning her face away, Tracy started the motor and drove into the night as soon as he got in beside her. Then she could find no words.

"What's on your mind, Tracy?"

## BLACKHEADS

Blackheads simply dissolve and disappear by this one simple, safe and sure method. Get two ounces of peroxide powder from any drug store, sprinkle on a hot wet cloth, and apply gently—every blackhead will be gone.

## A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in the Guardian as a regular feature each day of the week. The questions are those which have been asked by the Board of War-time Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War-time Prices and Trade Board.

Q. Can you tell me why our meat coupons do not entitle us to more boneless stewing meat than sirloin tips? The meat cartons they're packed together and it seems to me that the boneless stewing meat being cheaper than sirloin tips would provide more meat per coupon.

A. The meat ration chart is made up on the basis of bone-in content, and not on money value. Both these meats are free from bone and are therefore placed in the same ration category.

Q. I sometimes save up a number of ration coupons and use them just before the end of the valid period. I understand that the War-time Prices and Trade Board do not want housewives to do this. What is their reason?

A. If many persons saved up large numbers of coupons and used them before the end of the valid periods of abnormal buying and a consequent dislocation of the distribution system would result.



**KING COLE**  
TEA AND COFFEE

DEPENDABLE ALWAYS

His voice made her start. She said, "I want to ask you a question—and I want a truthful answer." Tracy braked the car and stopped just beyond the Hacienda. Then, "Tell me, are you Phil Garrison?" "Ah, Ramon's wife told you, did she?" "Ramon's wife said you are not the man she met two years ago, the man introduced to her as Phil Garrison."

word where I knew it would reach Phil. I wanted him to know that you were there in town—that your presence had meant for him. I thought, knowing the man, that he would try to get in touch with you. Finally, I could wait no longer. Then you received word that the Senora Maria was ill. You told me how happy it would make her if she could see her grandson, knowing him to be a mere stranger, she hated him.

"The simplest thing seemed to be to pose as the man you came to see," he went on. "So you would not scream 'Police.' I was in that room hunting Phil Garrison. I had some business with him, business that could only be done over the leveled barrel of a gun. You spoiled things for me, in a way I could not see. After I'd gotten rid of you I intended not to see you again. I went out to get something to eat, and in the meantime Phil Garrison packed his stuff, and beat it. I had to find him—somehow. You seemed like the best bet."

A silence built up between them before the man spoke. "Believe me, the Senora would have been more heartbroken had the real Phil Garrison come here. She would have looked on him and her eyes would have been through him. She saw me as the sort of grandson she wanted to see. Let things stand that way, if you can keep Ramon's wife silent. In the morning I'll leave here. You need never see me again."

## A Morning Smile

"And what is the child's name?" asked the minister.

"Shirley," replied the father.

"Yes, sir, after the famous Shirley Temple."

Bitterly, he replied, "This whole thing was a lie. And I'm to blame. I'm sorry, Tracy—honestly sorry. I mean to do you a favor. Don't think too hard of me when I'm gone, my dear."

Tracy swallowed, trying to rid her throat of a choking lump.

"What is your name, Tracy?" "My name is Jim Conroy."

Jim Conroy, Tracy mentally spoke the name, hating it and yet liking the sound, strangely, it fitted him. It fitted him better than the name Phil Garrison. A voice in her brain said, "I hate him, but I do not want him to go!" She wanted to believe that there was still hope of the Senora Maria's few remaining days being filled with happiness—with the happiness none of the Garrisons was capable of giving her.

## Home Service

Tight Exercises Will Lead to Health and Beauty



For that figure you wish to obtain and that glowing look of health one of the best ways to get it is by exercising.

Every woman, in, to a large extent, mistress of her appearance and is able to control the contour of her body. It is only logical that bodies show individual characteristics, just as faces reflect personality and the inner life of a person. You can shape and mould that body of yours by the way you eat, sleep, stand, walk, exercise, and the kind of games you play.

Correct body mechanics will help not only the outward appearance of your body but also the functioning of your internal organs. You cannot expect to get the full benefit of your breathing, circulation, digestive and elimination processes when your organs are crowded in too small a space.

Our 32-page booklet gives you simple rules of health and effective exercises which have been worked out to fit your needs and to correct your weak points.

You owe it to yourself, your family, your friends, to be at your best both mentally and physically.

Send 15 cents in coins for your copy of Best Exercises for Health and Beauty to the Charlottetown Guardian, Home Service, Address.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

DEAR DOROTHY DIX—Girls, and sometimes very young girls, are having to fill many responsible vacancies by men who have been called to the army. Many of these girls do not seem to realize that being such a thing as business etiquette, and it is very disconcerting and annoying to their employers to have them flout every rule of shop and office behavior.

They are constantly giggling, giggling and whispering among themselves while customers wait. They also show very little respect for the men in charge and are resentful when shown their mistakes or corrected. The situation is also very embarrassing to the management when it feels necessary to call them down. They have little interest in their work and they do not realize that if they make good now they may have a job when the war is over when every one will be hired upon his or her merit and not just because help is so scarce they have to be tolerated.

DEAR MISS DIX—Some time ago you published in your column an article about an association called the "Vacant Home Guard" that put small boys to work so as to keep them out of mischief, by looking after vacant houses. It was an interesting theory and possibly the experiment worked, but my observation of small boys is that they are more destructive than constructive, and I should hate to turn my house and garden over to their tender mercies when I wasn't there to keep an eye upon them.

Here in my city of Dallas, Texas, we have hit upon a plan of utilizing the small boy power better, because it puts his destructive proclivities to work. The youngsters are being organized into neighborhood groups to take care of the pestiferous tin can problem that is such a pain in the neck to housewives. Armed with the family hammer, a board and a can-opener they make the rounds of their tin can route each week, flattening out and preparing the cans according to government regulations on the day before the garbage collector arrives, and thus make their deplorable, thereby combining patriotism, profit and good works.

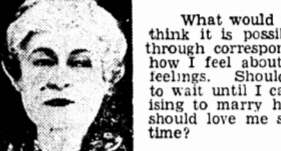
ANSWER—It is a grand idea that I am glad to pass on, particularly at this time when the schools are out and the small boy let out to seek what he may destroy. For if there is any one thing that makes a woman's love of country sink down to zero, it is when she undertakes to fix a can according to the way Uncle Sam wishes to have it presented to him.

## Dorothy Dix Says—

### MEN CAN'T SAY "NO" THAT'S WHY WOMEN DON'T POP QUESTION

### Girls Refuse To Marry With Same Ease As They Decline Dish Not to Their Taste

DEAR MISS DIX—Some time before I became a member of the army I met a girl very casually at the home of a friend. She made so little impression upon me that I can't even remember what she looks like, and I never gave her another thought until a few months ago when she started writing to me and urging me to answer her letters, which I have done occasionally. She seems to think she is very much in love with me and I am afraid that she takes it for granted that we are engaged, although I have not intended to lead her to think that.



What would you do in a case like this? Do you think it is possible to fall in love with a person through correspondence? I am uncertain as to just how far about her and don't want to hurt her feelings. Should I tell her plainly that I will have to wait until I can know her personally before promising to marry her? Why do you think that she should love me so much after only seeing me one time?

ANSWER—Well, Puzzled Soldier, after reading your letter I know why you have fought tooth and toenail against giving women the right to take the initiative in courtship, and especially why they have refused women the privilege of popping the question. It is because they knew that men would never have the intestinal fortitude to say NO when a woman said, "Will you be mine?"

Centuries of experience have enabled women to refuse to marry a man who didn't appeal to them as a husband, with no more ado about it than they would decline a dish that wasn't their taste, but apparently men think that they would be bound to marry any woman who asked for their hearts and hands and pocketbooks, pretty please. Which doesn't say much for either men's judgment or courage.

Coming down to your own case, Soldier, if ever a man was in dire need of a Guardian Angel, or a chaperone, you are he, or you seem to be falling an easy victim to the wiles of the most determined husband-hunter any man ever encountered, and she will get you if you don't watch out.

Think it over, Man, and use your head a little. Here is a girl you have never seen but once and then only for a short time. You had such brief acquaintance with her you don't even remember what she looks like. Of course you are homesick and homesick and you are taking a long shot at you? And she is no more in love with you than you with her. And if you let her get away with such holdup tactics and drag you to the altar, you'll deserve what you get.

Of course you are homesick and homesick and lovesick, but, even granting all of that, you shouldn't be such an easy comeon as that. Wait. There will be plenty of nice girls still left when the war is over, among whom you can have your pick instead of being picked.

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## Living & Leisure

### The Woman's Realm

"To steal our souls against the lust of ease, To find our welfare in the common good."

To hold together, merging all degrees, In one wide brotherhood. To teach that he who saves himself is lost. To bear in silence though our hearts may bleed. To spend ourselves and never count the cost. For our's greater need."

## BRIDE'S RESPONSIBILITIES

The following details for a church wedding are decided by the bride. 1. A list of guests is made out, including names of those whom groom and his family wish invited. 2. Church and clergyman are spoken for the date and hour of the wedding, and the sexton notified. 3. Organist is engaged, and the choir, if choral music is desired, or a quartet may be asked for a solo. 4. Invitations are ordered in time to mail them three weeks before the wedding date. 5. Music is arranged for reception if it is a large wedding. 6. Caterer is consulted and date secured. 7. Necessary cars for the bride, groom, church and house, to decorate church and house, to transport guests, unless that duty is undertaken by the bride's friends. 8. Necessary cars for the bride, party should be ordered.

## NEW NAPKINS

In these days of expensive linens, napkins can be made from the good pieces of the worn tablecloth. Cut out the good squares and either hem or run around with a single crocheted stitch. They will at least help out for family use and save wear and tear on the better napkins.

Prevent the inside of a cook-stove oven from rusting by leaving the door open an hour after baking.

Remove paper that sticks to table tops and other polished surfaces by softening with olive oil.

Dip lace in sugar water rather than in starch.

SHINING PANES To restore the transparency of windows that have not been cleaned for a great length of time, rub with diluted muriatic acid, one part acid to ten parts of water, and then polish with a cloth moistened with whiting.

BLANKET CARE The blanket that is in constant use may be rinsed in soapy water as well as washed in it. It results in a more fluffy, soft blanket. However, if the blanket is soiled with grease, it is safer to rinse in clear water and remove all the soap granules.

At a home wedding the bride's mother does not wear a hat, since she is the hostess.

Wedding gifts should always be sent to the home of the bride, never taken to the reception.

Buses in Uniform New buses nowadays are painted khaki green. They are pooled and lowered to the ground, and taken to the country to mother when transportation conditions makes this necessary.

If you are a guest in a home, be considerate of your hostess. Don't make her needless work. Eat what she has planned for meals, even if it isn't your favorite food, and eat as much as you can, especially if there is no maid.

A new plastic that can be kneaded and thrust into leaks in boats has been developed.

The human eye cannot distinguish an error of less than 10 seconds of an arc.

When the groom wears uniform, the civilian best man wears a dark business suit and no gloves.

the sugar, flour and salt, and sprinkle a little of this over the lower crust in which several gashes and hulled berries and add the rest of the sugar-flour mixture. Dot with the butter and cover with a top crust in which several gashes have been made to allow for the escape of steam during the baking. Brush the top crust with milk. Bake in a hot oven (400 deg. F.) for 15 minutes, then reduce the heat to moderate (350 deg. F.) and continue baking 15 to 20 minutes longer, or until the berries are soft and the juice has boiled and thickened.

## You Women Who Suffer From

### HOT FLASHES then CHILLY FEELINGS

If you—like so many women between the ages of 30 and 52—suffer from hot flashes, weak, dizzy, nervous feelings, irregular periods, are blue at times due to this middle age period in a woman's life—start taking Lydia E. Pinkham's Vegetable Compound at once. It's one of the most effective medicines you can buy that's made especially for women, to relieve such painful distress.

In fact—taken regularly Pinkham's Compound helps build up resistance against such symptoms. It also is a fine stomach tonic. Thousands upon thousands of women—rich and poor alike—have reported benefits. Lydia Pinkham's Compound has proved some women's happiest days can be during their "40's." Made in Canada. Worth trying!

# So Close ... BUT SO FAR APART

## "B.O." BARRIER

● The flame of her happiness went out . . . Why was he so indifferent tonight—why did he hold her away?

So often "B.O." blights romance, friendship, popularity. Play safe as millions do, with Lifebuoy, the one popular soap especially made to stop "B.O." Its velvety suds are invigorating—yet gentle. And Lifebuoy's new Vanishing Scent disappears before you're dressed.



**LIFEBUOY HEALTH SOAP**

NEW ADDED INGREDIENT  
NEW VANISHING SCENT  
SAME PROTECTIVE LATHER

FROM HEAD TO TOE... IT STOPS "B.O."

A LEVER PRODUCT

## EMBROIDERED FRUIT MOTIFS

### IS THAT PALE YOUNG GIRL YOUR DAUGHTER?

Parents should not ignore the depressed moods, the listless, tired air, the pallor, the headaches, the appetite—the crying spells—so many daughters exhibit during those years when they are passing into womanhood.

If her health at this stage is not maintained by sufficient iron-rich food, all kinds of weaknesses may arise to make her later life unhappy.

So should you notice any of these disturbing signs in your daughter, lose no time. Get some Dr. Williams' Pink Pills at your drugist. They are wonderfully effective in helping to build up iron-impaired constitutions and have helped to transform thousands and thousands of sickly, pale girls into happy active girls full of vitality and high spirits, hungry for meals, glad to help with the housework, attractive to others. Right now simple anemia may be underlying the distress and make your daughter needs so badly. Don't wait—get Dr. Williams' Pink Pills today.

## THE COOK'S CORNER

### SWEET PASTRY (For Tarts)

1/4 cup shortening  
1/4 cup sugar  
1 egg  
1 1/2 cups flour  
1/2 teaspoon salt  
1/2 teaspoon baking powder

Method: Cream the shortening thoroughly and gradually cream in the sugar. Beat the egg and add to the first mixture. Chill the dough well, then roll out on a lightly floured board. Cut to fit medium sized muffin pans. Bake in a moderate oven (375 deg. F.) for about 12 minutes, or until done.

### STRAWBERRY PIE

Pastry  
Egg white, slightly beaten  
3 cups strawberries  
2-3 cup sugar  
4 tablepoons flour  
1/2 teaspoon salt  
1/2 cup butter  
Milk

Method: Line a pan with pastry and brush this with slightly beaten egg white. Mix and slit together.

## Needlecraft For The Home

### SUMMERTIME CHARMER To Make in a Gay Cotton Print

Pick a pretty floral, in a chintzy pattern or a smaller all-over, and see what a bewitching little frock you can make with this basque kind design. It will make you feel gay just to wear it; it will make others feel glad to see you in it.

Design No. 2790 is designed for sizes 10 to 20. Size 16 requires 3 1/2 yards 35-inch fabric with 5/8 yard trim. Pattern is hand-cut to United States Standard measurements and includes chart with step-by-step instructions. Send twenty cents for pattern. Write your name address and style number. Be sure to state size you wear.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

### BABY'S HOT LITTLE HEAD IS A DANGER SIGNAL

WHEN your baby's head feels hot to your hand you must do something. And do it quickly. Read what Mrs. B. — of Erie, Pa. — has to say. "My baby's cheeks and hands were so hot I was frightened. I gave him a Baby's Own Tablet at noon and by after supper he was all better."

And Mrs. Francis Carroll, of Midland, has this to say: "My little girl was so feverish I was really alarmed. Then I thought of Baby's Own Tablets, so I gave her three every two hours and by night she was up and around."

Baby's Own Tablets are sweet-tasting, easy to take—and may be quickly crushed to a powder if desired. Analyzed certificate on every box. Equally good for teething fever, diarrhoea, upset stomach, colds and other minor ailments of baby. Get a box today. Sickens no other babies in the night. 25 cents. Money back if you are not satisfied.

2790  
SIZES 10-20