

Woman's Realm - Social and Personal - Fashions - Literature

**If you have no energy - eat 1 or 2 cakes daily**

**LALLEMAND'S FRESH YEAST**

Medical authorities recommend fresh yeast. Lallemand's fresh yeast is very rich in vitamins B, G and D. Its purity and high quality is assured by Lallemand's years of experience. On sale at grocers and druggists.

**In the New Biggest Cake**

**The HOUSEWIFE and HER ACTIVITIES**

**THE BUMBLE BEE**

Aught unsavory or unclear  
Hath my insect never seen  
But violets and bellery bells,  
Maple-sap and daffodils,  
Grass with green flag half-mast  
high.

Sycory to match the sky,  
Columbine with horn of honey  
Scented fern and agrimony,  
Clover, catchly, adder's tongue  
And brier-roses, dwelt among;  
All beside was unknown waste,  
All was picture as he passes  
—Emerson.

Do not throw away the outside leaves of cauliflower. Cut them in inch pieces, boil until tender and serve with white sauce.

Used coffee grounds make an effective remedy for ants. Most ant remedies are poisonous but coffee is harmless to the plants and the ants don't like it.

The newly-engaged young man informed the lady of his choice, aged twenty-four, that he was sending her on her birthday a bouquet of roses—one for each year of her age.

To the florist he gave an order to send the lady two dozen of the finest roses he could procure. "He's a good customer," remarked the florist to his assistant, "put in an extra dozen."

as possible to help to avoid screwing up the eyes in the strong sunlight. Night and morning take the precaution of giving the eyes an eye bath with a medicated eye lotion to tone and strengthen them and to relieve the strain of carrying a bottle of eye lotion with an eye bath down to the beach to use after bathing and to prevent those streaming eyeballs and pink-rimmed lids with which some of us are afflicted after sea-bathing. Dust, too, is a great foe to eye beauty and needs to be bathed out with eye lotion.

Remove fruit stains from the hands, rub them with salt moistened with vinegar.

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Much of the eye-strain revealed by medical examination of school children is attributed to the habit of reading in bed, a medical authority states. It has been found that reading in bed for longer than half an hour leads to conjunctivitis and in some cases to severe eye-strain. The remedy lies in restricting reading to half an hour at a time, with the light falling over the left shoulder. Bathing the eyes afterwards, before settling down to sleep, with a medicated eye lotion is also suggested as a preventive of strain and possible conjunctivitis.

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If a sun-tan is desired use a sun-tan oil that will minimize the burning and give the skin a lovely even brown tan. It is best to get one variety for the legs, neck and arms, and a special complexion sun-tan oil for the face.

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The eyes need more attention than ever in the summer unless crows-feet are to be allowed to appear. Wear a shady hat as often

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Youth does not own all the good teeth. The old are no less necessarily toothless. Pyorrhea may start when you are young. It begins at the gum line and works downward toward the tooth sockets. Five or ten years may pass before you know you have it. But at middle age four out of every five people fall victims to this disease.

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**YOUTH IS no protection against PYORRHEA**

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Take these two precautions against pyorrhea. See your dentist twice a year, whether your teeth are sound or not. Pick a toothpaste that not only cleans and polishes your teeth, but takes care of the gums too. R. J. Forhan worked 26 years as a pyorrhea specialist. His formula is obtainable only in Forhan's Toothpaste.

Don't lose your teeth. Start today with Forhan's. At all druggists.

**FORHAN'S GUMS**

**A Morning Smile**

**A Good Sport**

A Melbourne man who was on holiday had been told he would find splendid sport on the lower reaches of the creek, and along the lagoons bordering the river.

Gun in hand, he wandered for miles, without getting a shot, and was crossing a bridge on the way back to the hotel in the late afternoon when he met a small, freckled boy with schoolbooks under his arm.

"Is there anything to shoot about here?" asked the man with the gun.

The small boy scowled, thought fully and shook his head. Then his face brightened up. "Here's the schoolmaster coming across the bridge now!" he exclaimed.

**Dorothy Dix's Letter Box**

**Does Early Marriage Foster Happier Companionship? — 12-Year-Old Boy is at Formative Period — Grown Man Should Know That Innocence Plus Gossip Equals Scandal**

Dear Miss Dix—What do you consider the best age for boys and girls to marry? Don't you think that a better companionship and a more successful marriage result if they are united between 19 and 25 rather than from 25 up?

Answer:  
No. That very young marriages very rarely turn out successfully is amply proved by the fact that statistics show that the ratio of divorce among the young is far higher than it is among older people.

There are a million good reasons why boys and girls of 19 and thereabouts should not marry. One is that they do not know their own minds. Their taste in husbands and wives changes just as their taste in food and clothes and books and amusements changes as they grow up and mature. The wife or husband that sweet-and-20 picks out for a mate he or she wouldn't have a bet five years later.

Another reason why boys and girls should not marry is that they have not had their playtime. They are not ready to settle down and be domestic. They want to frolic around, to dance and have good times and be carefree, and when they can't do this, when they feel themselves staggering under burdens too heavy for their young shoulders to bear and when they realize that they are bound down, they chafe at their letters and generally break them.

Still another reason that children in their salad days should not marry is because, unless they have inherited money, they have nothing to marry on, nothing on which to set up a home. No boy of 19 can make enough to support a family, and if he rushes into marriage before he can earn enough to keep his wife and children he simply passes on his responsibility to his poor old parents.

No more idiotic theory was ever advanced than that an early marriage makes for a better companionship, and that a boy and girl who marry early will grow up together with the same ideas and tastes. Occasionally, very occasionally, that may happen, but it is just a matter of luck when it does and the chances against it are too tremendously large to justify even the most optimistic in taking the risk. It is a 100-to-1 shot that seldom wins out.

For what we develop into depends upon what qualities Nature put into us before we were born. Not upon whom we marry. The boy with brains is going to develop into an intelligent man. The girl who is a nitwit is going to be a nitwit as long as she lives. She isn't going to become a brilliant woman just because she married a clever boy.

And it is the same way with every quality of heart and soul. The husband develops one way, the wife develops another. One has one kind of taste, the other has another. "Jack Sprat could eat out fat and where through no fault of either one the husband and wife have nothing in common, they do not even speak the same language, and they are farther separated even living together than if oceans rolled between them. Far, far better for men and women to wait until they are mature before they select their mates. Then they can pick out one who will be a real companion because they know what they are getting.

**CONFESIONS OF A DEBUTANTE**

By RUTH A. ABELING (Copyright)

**A GOOD WIFE**

Mrs. Larry and the judge are married. That man who had not forgotten her "sun-kissed" hair.

"Do come up," I called, from the second floor.

"I intend to," she said, "if I can get past the barcade."

It was the first time that Mrs. Larry had ever been in my home. Jonathan did not encourage my friendship with her—in fact had all forbidden it.

"You've read it, of course?"—she looked at me brightly.

"Certainly have!" She was radiant as she sat before me.

"And are you going to tell me, as all of the others are saying by this time, that I hadn't the decency to wait a year?" She laughed, and yet there was something in the laugh which did not ring humorous.

"Of course not!" I said, "I think you did exactly the right thing."

In an instant Mrs. Larry was serious.

"Well—Larry and I—" She hesitated a long time and I seemed to find nothing to say to fill in the gap, could only stare at her oddly wistful face. Finally:

"I know," I said. And of course I did know. I knew what she had told Larry and I remembered that she had said love is immortal. I remembered that I knew that she remembered it, would never forget. But the judge was the sort of man who had not forgotten her "sun-kissed" hair. These men can make women happy.

She asked of Else, I told her. We both cried a little, I think it did me good to talk it out with someone who understands. Mrs. Larry always understands.

I knew from the look in her eyes as she went away that she would be happy in that mature, contented way.

Wednesday, September 5.

An evil omen has followed me today.

I knew that I should move all day under an unlucky star when I put my blouse on wrong side out!

In the first place, I neglected to order fish for dinner, a thing which Jonathan insists upon once a week. But more important than all was the absence of back in the emerald green velvet gown I put on this evening to accompany Jonathan to the theatre.

"You're not going in that?" he questioned when I appeared in the living room.

"Why not?" I asked.

"That's no dress! There is no back in that! Wear something else."

"I particularly want to wear this tonight,"—Defiantly.

"You can't go with me in that!" It was an ultimatum.

"Jonathan," my voice was like steel. "I refuse to change this dress!"

"Refuse!" My husband repeated the word. He strode toward me. I then in bed for a period, until it flinched. I feared him physically, but on life again.

**Residence For Sale**

We, the undersigned administrators of the estate of the late John R. Dennis, offer for sale his beautiful residence situated on the Mt. Edward Road just outside the city limits opposite the Experimental Farm.

This house contains 8 rooms finished in B. C. Fir with oak floors, tile bath room, hot water heating and is up to date in every particular. There is also a well finished barn 25 x 18 and 30 pen fox ranch. The house was built in 1928 and is one of the finest properties on the market today.

WESLEY R. DENNIS, VICTOR H. SHAW.

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MILLIONS of women use Tintex in the final rinsing water—after they've washed their underthings. Keeps their dainty colors bright—new-looking!

Or if your lingerie has already faded—Tintex will restore its colors—or give it different colors. 35 brilliant, long-lasting colors—including Paris shades!

Use Tintex for: Underthings • Negligees • Dresses • Sweaters • Scarfs • Stockings • Men's Shirts • Blouses • Children's Clothing • Gossams • Bed Spreads • Drapes • Luncheon Sets • Dollies • Slip Covers

At all drug and notion counters 15¢

**Tintex** World's Largest Selling Tints & Dyes

societies would be of the right sort, but probably that is beyond your means just now.

None, because the more you nag your husband about it, the more determined he will be to do as he pleases, and the more he will turn to the girl who yes-yeses him instead of nagging him.

But he is doing a very foolish thing, and one that will bring scandal upon him and the girl. For no matter how honorable his intentions are, the neighbors will put the most scandalous construction upon it. He should have enough sense and worldly experience to know that the world around believes the worst of a married man's attentions to a pretty girl. And to be gossiped about is bad for his business.

Dear Miss Dix—My husband insists on taking his stenographer home several times a week in his car. When I ask him not to do so, he gets mad. We live in a small town and people are beginning to gossip about it. Is there any way I can stop it?

Answer:  
None, because the more you nag your husband about it, the more determined he will be to do as he pleases, and the more he will turn to the girl who yes-yeses him instead of nagging him.

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**AUCTION**

We will offer for sale by PUBLIC AUCTION on Saturday, July 7th, next at 2 p. m. a lot of land together with a dwelling house and other improvements situated on the New Road on the north side of the highway about one hundred yards west from the north end of the Montague Bridge.

Terms liberal and made known at the sale, and immediately afterwards we will offer for sale at Public Auction at our warehouse, Montague, the following farm machinery, viz.:

- 1 Ford Tractor
- 1 Tractor Plow
- 1 Set Tractor Disc Harrows
- 1 Tractor Spring Tooth Harrows
- 1 Hoover Potato Digger
- 1 Two-Row Potato Sifter
- 1 Four Section All-Steel Spike Harrows
- 1 Power Sprayer
- 1 Walk Horse Hoe
- 1 Spring Tooth Harrows
- 1 Potato Planter
- 1 Lime Spreader
- 1 Haunting Sleigh
- 1 Box Sleigh
- 1 Set Driving Harness
- 1 Saws, Renewal Truck Scales
- 2 Horse Flows
- 2 Dairy Churns
- 1 Incubator
- 1 Brooder
- 1 Fireplace Hearth

also a farm of forty-two (42) acres with twenty-two (22) acres cleared situated at Commercial Cross and known as the Bruce Farm, and the adjoining farm on same.

TERMS: All sums under \$5.00 cash over that amount approved joint notes, payable five (5) months after date, which will be subject to five (5) percent for cash. Special Terms on Farm.

FOOLE & THOMPSON, LIMITED

L-6124-6-29-34

**FACINATING SUMMER STYLES**

Illustrated Dressmaking Lessons Furnished With Each Pattern

A nice outfit. Isn't it? The dress is white ribbed crepe. The jacket is navy blue linen with white dots. The neck trim of the dress repeats the dotted linen.

The plaited inset at the center-front of the skirt, sways so prettily in motion.

It's exceedingly fashionable carried out in navy blue cotton net. For the neck band and belt, use pink linen.

Other interesting fabrics are pique, seersucker, peasant cotton weaves, shirting cottons, shirting silks and plain washing silks in white or pastels.

Style No. 305 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 3 1/2 yards of 38-inch material with 2 yards of 38-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 305. Size .....

Name .....

Street Address .....

City .....

State .....

**THE FLORAL WRISTLET**

This is a pretty summer-time fashion. The new floral wristlets are worn round their wrists outside of the fashionable gauntlet gloves. These are seen at garden fetes, and will appeal greatly to bridesmaids at summer weddings.

Nitrogen, while stimulating plant growth, soon loses its power unless fortified sufficiently with phosphates and potash, particularly the former.

**AUCTION SALE**

Sale of high class stock at BRIGHTSIDE FARM

ON THURSDAY, JULY 5th AT 2 O'CLOCK.

This sale will give the Breeders an opportunity of securing, at their own price, some of the best stock in the Ayrshire Breed. We have bred more bulls in class AA and A than any breeder in the Maritimes and wherever used they have proven to be excellent sires. Our females are all Brightside bred and we have been able to maintain true type and a high production of milk and fat. Why not make this your opportunity to improve your herd. We will also offer a number of Yorkshire pigs, boars, sows, (8 weeks old) and one two-year old filly, one general purpose horse.

Terms will be arranged to suit purchasers.

J. A. McDONALD, Auctioneer, BERT A. BROWN, York.

**NOTICE**

Having sold my farm I offer by private sale, I Heintzman Piano, Radio, Parlor and Bed Room Suite (old); Dining Room and Kitchen furniture, man's fur coat (wool), 2 ploughs, single 1 driving wagon and harness and numerous other articles Also 1 Jersey heifer due to freshen September 1st.

DEAN McEWEN, North River.

**Masonic Temple Co. ANNUAL MEETING**

The Annual Meeting of the Shareholders of the Masonic Temple Company will be held in the Office of E. Brown, 144 Richmond Street, in Charlottetown, on Wednesday evening, the 11th day of July, at the hour of Seven O'clock.

Dated at Charlottetown, 25th day of June, 1934.

GEORGE W. WAKEFORD, Secretary.