Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

THE WOMAN'S REALM

Oh, may I join the choir invisible
Of these immortal dead who live again
In minds made better by their presence: live
In pulses stirred to generosity,
In deeds of daring rectitude, in scorn
For miserable aims that end with self,
In thoughts sublime that peirce the night like stars,
And with their mind persistence urge man's search
To vaster issues,

—George Eliot.

Where The Kinks!

When storing appliance cords, do not kink or bend them sharply. Detachable extension cord should be wound loosely around two round hooks or pegs. Never wrap cords around hot appliances.

FOR QUICKER COOKING

When preparing Brussels sprouts they will cook through more quickly if you cut twice on the bottom like a cross, so that the heat goes faster to the inside.

To save wheat plan open-faced sandwiches. Make them hearty with thick good-tasting topping. Ripe olives, mayonnaise and salmon mixed together, spread on a single slice of bread and toasted, always bring calls for more.

NICKS IN ENAMEL

If there are nicks in the enamel of your refrigerator, rust spots will form. Touch up the nicks with an enamel paint, using one of the children's paint brushes. Use mild soap and water for cleaning cracked enamel.

QUAINT CUSTOM

In Yugoslavia, the second Sunday before Christmas is celebrated as Mother's day. While mother pretends not to notice, one of the children slips in cautiously and ties her feet to the chair, says the World Book Encyclopedia. The other children rush in shouting, "Mother's Day, Mother's Day. What will you pay to get away?" The mother than buys her release with Christmas gifts.

PHENOMENAL EAR

Arturo Toscannis has a phenomenal ear for music. No less astounding is Toscanni's phenomenal ear. In a fortissimo of a hundred puffed cheeks and sawing bows he can detect the slightest slackening of attention by a remote second violin or double bass. Musicians have given up hope of getting away with the most minute slur.

Formula For Beauty

A calm life and a busy one is the receipe for beauty, said French Scientist. Dr. Francois Debat on a recent visit to London. Debat says the time is coming when rejuvenation will be possible—"but that is for to-morrow." Meanwhile nerves are a great enemy of good looks.

RISKY MATTER IS RE-DYEING

Before you decide to revive a faded wardrobe favourite with a re-dyeing job, you'd better consult with the dyer or dry cleaner because some fabrics and colours cannot be re-dyed successfully.

Here are some of the pitfalls to expect in re-dying, as charted by the U. S. National Association of Dyers and Cleaners.

Badly sun-faded clothes or those deakened by perspiration or deorornts may take a dye unevenly

As a rule, acetate crayons that have been glazed or partially melted as a result of pressing with a too-hot iron cannot be re-dyed successfully.

Printed dresses re-dyed to a solid colour sometimes have trouble concealing their original designs In spite of the dyer's skill, traces of the original design may peek through the new film of colour.

Household Scrapbook

By Roberta Lee

Rugs

After using the vacuum cleaner on the rugs, wipe them off with warm soap suds to which a little ammonia has been added. Then wipe off with a rag dipped in clear water. Let dry on the floor and the rugs will be freshened.

Bottle Breakage

Breakage of bottles can often be prevented when packing them, if a rubber band, about a quarter inch or half inch wide, is placed around each bottle near the top, another near the bottom.

Winter Parsley

If a good sized flower pot is kept filled with growing parsley in the kitchen during the winter months, it will always be ready and convenient for seasoning and garnishing.

Cook's Corner

FISHBURGERS

Put 1 lb. any boned, firm-fleshed fish or fish fillets through the chopper twice. Cook and stir in a saucepan ½ cup soft bread crumbs in 1/3 cup milk till pasty.

Add to the fish together, with 1 unbeaten egg, 1 tablespoon minced onion, ½ teaspoon Worcestershire, ¾ teaspoon salt and ⅛ teaspoon pepper. Form into flat round cakes containing 1 generous tablespoon each. Roll in flour and fry slowly in a little fat, allowing about 12 minutes. Serve with tomato sauce.

COCOANUT GINGERBREAD SQUARES

Make up gingerbread by your favorite recipe, or use a gingerbread mix. Spread it in a good-sized shallow pan about 7 inch by 11 inch, and sprinkle the top thickly with cocoanut. Bake and serve warm.

ESCALLOPED TOMATOES

Rub a baking dish with butter, or bacon drippings, and a section of peeled garlic if the flavor is desired. Mix 1¼ cups soft bread or shredded wheat crumbs with 2 tablespoons melted butter or bacon drippings. Place in layers in a baking dish, alternating with 1 cup tomatoes seasoned with salt, pepper and a trace of sugar. Bake 30 minutes in a moderately hot oven, 350 F. to 375 F.

Heinz CONDENSED Cream of Celery Soup

RECIPE

CURRIED VEAL STEAK

Broken portions of 1 lb. veal steak cut into six pieces, with ⅓ cup flour. Sprinkle with 1 teaspoon salt, a dash of pepper and ½ teaspoon curry powder. Brown quickly in frying pan with 2 tablespoons fat. Add ½ cup of water, cover and allow to simmer for 15 minutes. Combine 1 cup water and 1 Heinz Condensed Cream of Celery Soup and pour over steak. Cover, and continue simmering, stirring occasionally, for about 30 minutes or until meat is tender and gravy is thick. Remove the meat from the gravy and place around a platter of cooked rice. Serve gravy separately. Serves 4 to 6.

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Heiress Ill

Barbara Hutton, heiress to a Woolworth fortune, is in hospital at Berne, Switzerland, suffering from an undetermined ailment. The heiress and her husband, Prince Igor Troubetzkoy, who is staying at a Berne hotel, were married last March 3 in the hamlet of Chur, Switzerland, southeast of Zurich. She had been married previously to Cary Grant, movie actor; Count Haugwitz-Reventlow of Denmark, and Alex Midivani, a Georgian prince.

That Body Of Yours

By James W. Barton, M. D.

MEASLES MAY BE DANGEROUS

A story, often repeated, is about a middle-aged man being examined for insurance who, when asked if he had ever been sick, stated that he never had had a day's illness. When asked if he had never had measles, scarlet fever or other children's diseases, he stated that he had had all the diseases of childhood at least half a dozen times.

This means, of course, that parents do not as a rule consider the diseases of childhood a serious matter, despite the fact that scarlet fever may cause loss of hearing any may be followed years afterward by epilepsy, and that a sore throat and "growing" pains (rheumatic fever) is the commonest cause of heart disease in young adults and is called childhood's greatest enemy.

One of the commonest diseases of childhood, one that usually causes no alarm in the parents, is measles. Yet Dr. Archibald L. Horne, in "Hygeia," states that in babies and young children of preschool age (under five years) measles can prove highly dangercus. Measles, in fact, is one of the leading causes of death in children under three. "Not that measles itself is usually the killer, but it can weaken a child so that it makes him an easy victim for pneumonia or other serious after-effects." Ear disease and inflammation of the brain have been known to follow an attack of measles.

One of the mistakes some mothers make, when one of her youngsters has the measles, is figuring that it won't be any more trouble to care for two sick children than for one. Therefore, she thrusts the baby into close quarters with the older child, so that it will "catch" the measles and be over them for good. This is a big mistake because the older child is likely to be stronger than the baby and comes through the measles in good condition, whereas the baby is not so lucky in that measles "while a mild disease for an older child is always a dangerous one in infants and young children."

Also, as it takes measles about two weeks to develop after being in contact with it, it means that the first or older child is about well when the baby is attacked and the two children are not sick at the same time. Now the children can be protected against the diseases of childhood, parents should, if the child is well, have it protected by the various methods now available.

THE COMMON COLD

Never neglect the common cold as it may often be the forerunner of other more dangerous conditions. Send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy of the Barton booklet entitled "The Common Cold."

SAVING ICE

Let foods cool before placing them in a refrigerator, or they will raise the temperature and waste ice.

FIRST AID FOR BABY'S FIRST SNIFFLE

A step in time often saves nine. So be wise and take this simple precaution at baby's first sneeze or sniffle. Give Baby's Own Tablets to clear little bowels of irritating waste materials that make baby fretful, feverish and discourage the rest so needed to keep up strength. Designed especially for baby's delicate system, Baby's Own Tablets have a laxative action that is gentle, yet speedy and the relief they bring goes a long way toward giving baby comfort while nature works to cure the cold. Sweet-tasting, easily crushed to a powder if desired, Baby's Own Tablets have been used by mothers for over half a century. Get a package today. Only 35¢.

Dorothy Dix Says—

Unfaithful Husband

Wife Acts Courageously And Wisely By Refusal To Break Up Home

DEAR MISS DIX: I married a very handsome and fascinating man with whom I was desperately in love, but he was one of the men who are born philanderers and who cannot be faithful to any woman. But I did not try to divorce him. After grief and heartbreak beyond description, I decided to live solely for my dear children. I felt it was not fair to punish them for their father's sins, as I would have done if I had broken up our home because I could not possibly support them and give them the advantages that their father did.

So I have maintained the home in which the children are well provided for and happy. We have a divided home so far as my husband and I are concerned, but I keep it comfortable and well-ordered and, as my husband and I are gentleman and lady, there is no brawling, fault-finding, reproaches. Everything is peaceful and pleasant, at least outwardly.

This has not been easy for me, but I would not have been happy had we separated and wrecked the children's home and deprived them of the pleasures and luxuries their father has been able to give them. This is the way I solved the wandering husband problem. What do you think of my plan?

E. B. G.

WIFE SHOWS WISDOM, STRENGTH

ANSWER: I think you have been a very courageous and wise woman, and that it is a pity that many other wives, faced with the same situation that you have, have not had the intelligence and the strength to follow your example. For when a wife who loves her husband finds out that he is an unstable playboy, who will never be true to her or any other woman, her love idyl is ended.

But she also knows that the born philanderer really doesn't want to tie himself down to any other woman by marrying her. He gets his little kick out of affairs, and then he wants to kiss and ride away to some other charmer. Furthermore, such men are very often amiable, kindly, generous and pleasant companions. And their children almost invariably adore them, because Dad is such a good sport and understands youth so well.

So the woman whose husband has a wandering foot chooses the better part when she keeps her home together and makes it a pleasant, cheerful place in which her children can grow up. In this way, she assures her boys and girls advantages of education, social prestige and a start in life that she could not have given them herself.

DEAR DOROTHY DIX: I am a young wife with two little girls. They keep me pretty busy all day, but when my husband comes home from work I feel that he should give me a little companionship. Yet I cannot inveigle him into any conversation whatever. He simply says "yes" or "no" or merely grunts when I speak to him. Can you tell me what makes some husbands so dumb at home?

LONELY.

ANSWER: My dear lady, you do not suffer alone. There are tens of thousands of other women whose husbands seem to be automatically bereft of the power of speech as they cross their own thresholds, and who spend their evenings giving a lifelike and convincing imitation of a store dummy with an evening paper in its hand.

It is only husbands who have the silence-complex, and perhaps they don't realize what a bitter disappointment they are to their wives, for the chief thing a woman marries for is companionship. The woman who has little children to take care of has her hands full, but her mind is empty. Her day is dull, and the least her husband can do when he comes home at night is to try to be as interesting as he was in the days of courtship.

DEAR MISS DIX: My husband and I have worked hard all of our lives and spent practically all we could rake and scrape on giving our only son an education. Now he is working and making a fine salary and he refuses to give us a cent. Won't even pay board. What do you think we should do?

DISAPPOINTED FATHER AND MOTHER.

ANSWER: The only thing to do is to tell your ungrateful son that he must either pay board or leave home. That is only fair to you and will be his salvation.

Evidently you never inculcated the spirit of unselfishness and consideration for others in your boy. You gave him the best of everything. You have made the sacrifices and now you are reaping the harvest of the tares that you sowed.

Morning Smile

The fond mother approached the teacher anxiously.

"Don't you think Randolph will ever learn to draw?"

"No, madam—that is, unless you harness him to a truck," replied the teacher.

They tell about a minister who got into a talk with a man who wasn't any too smart. This man remarked that even the best people were none too good.

Clergyman—Ah, I see you believe in the dortrine of total depravity.

Man—I do, reverend, but mind you, only when it's lived up to.

Modern Etiquette

By Roberta Lee

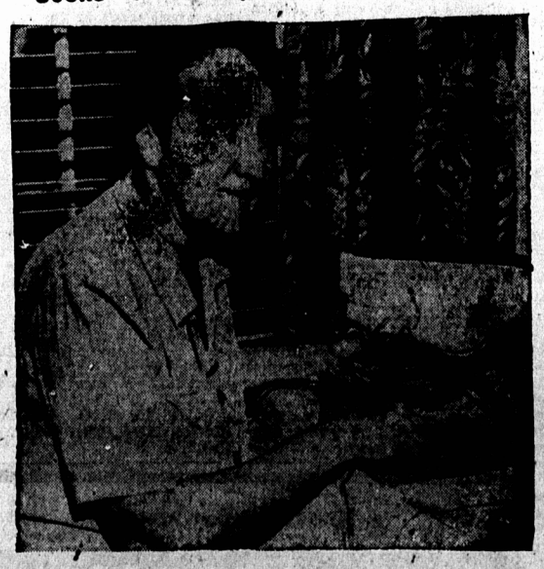
Q. Isn't it a father's duty to reprimand his young son for any breach of courtesy?

A. Yes, but not in a scolding manner. And above all, the father should set the example, and not reprimand his son for what he himself fails to do.

Q. When a young man takes a girl to the theater, should she stand beside him in line while he purchases the tickets?

A. No. She should stand aside and wait for him.

Seeks $76.000,000 Pirate Hoard



With five maps and explanations that she is confident will lead her to the treasure, Mrs. Bula E. Croker, widow of New York's fabled Tammany Boss Croker, is looking forward to recovering a cache of pirate gold, estimated at $76,000,000. The gold, she says, was buried in the years 1781 to 1783, 40 miles from Pensacola, Fla. She owns the land where the treasure is buried. She is negotiating with a firm of contractors to help her dig up the masuma. The maps came into the family when Mrs. Croker's grandfather was a boy. They were originally in the possession of a Spanish sea captain.

Atomic Coiffure

Placing her hand on an electrostatic generator at the Atomic Energy Commission's exhibit in New York City, Miss Jean Klein suddenly finds herself the possessor of an atomic hairdo. The machine, used in atomic research, shot 125,000 volts of electricity through Miss Klein's body, causing her hair to stand on end.

Ellen's Diary

By an Island Farmer's Wife

White traceries are etched fetchingly in the depth of white on the windows which face toward the mill and a wind howls rather drearily as it gustily chases drifts befort it. Indeed, after lamp lighting and from a tiny cleared corner of a pane, James noting the whirling snow hoped that Mr. C. from the house on the hill, who so often comes to neighbor with us, would not attempt the crossing which lies between tonight. "He might be blown off the dam in this wind," James observed. A bright light there, though faded at times indicates that like the folks at Alderlea he doubtless is enjoying the shelter and comfort to be found at home beneath his own roof-tree. Our fires burn briskly in the frostiness. The kitchen one glows and gives off drowsy sounds that have to do I fancy with gentle breezes sighing through woodsy places in Summer, a rythmic contented sound akin to a small one's lullaby.

• • •

Patient hands folded across his chest, in a funny manner which often comes to him in repose, James catches a favorite "forty winks" on the couch. Tabby is curled at his feet in a round ball of color, her Jacob's coat fresh and pretty in the season at hand. And it amuses me to see Pard come odd times to thrust an inquiring muzzle beneath James' arm, let it rest awhile there and then obviously satisfied that all is well with him return to resume his own napping behind the stove. Quiet and pleasant it is here tonight though to discourage the frost that would enter. I must put a fresh stick on the fire—hardwood, out of respect to James' wishes, and the gusty wind.

• • •

So chilly and blustery this day has been that grand-daughter had to forego the delights which attend her daily outing, and indeed, Jamie himself did not join his father at any of the farm work there. By 'phone, James found out all about this before he lay down to sleep. In the inclemency of the weather prevailing the men stayed away from the woodcutting and the brief spell of leisure which came in the afternoon. James came indoors to spend with me. Too quickly then the time slipped away while drifts sheeted from the roofs in the greyness and too soon in a minutes of clearing a golden arrow of light to westward proclaimed that sunset—and choring time—was come. Our indoor interests were, to say the least, bewitching to both of us. Then it was that "the returns" for the pair of fat hogs shipped on Tuesday, which at mail-time could receive only scant attention were re-opened and gone into more

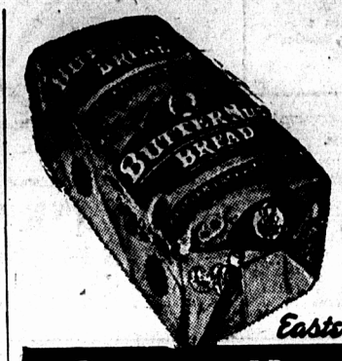
(Continued on Page 14)

IS THAT PALE YOUNG GIRL YOUR DAUGHTER?

Parents should not ignore the depressed moods, the listless, tired air, the pallor, headaches, fickle appetite—the crying spells—so many daughters exhibit during those years when they are passing into womanhood.

If her health at this stage is not maintained by a sufficiency of good rich blood, all kinds of weaknesses may arise to make her later life unhappy.

So should you notice any of these disturbing signs in your daughter, lose no time. Get some Dr. Williams Pink Pills at your druggist. They are wonderfully effective in helping to build up iron-impoverished blood and have helped to transform thousands and thousands of sickly, pale daughters suffering from simple anaemia into happy active girls full of vitality and high spirits, hungry for meals, glad to help with the housework, attractive to others. Right now simple anaemia may be undermining the strength and resistance your daughter needs so badly. Don't wait—get Dr. Williams Pink Pills today.



GOOD BREAD is a lot of good food for the money.

"Always Good"

Eastern Bakeries'

BUTTER-NUT BREAD

The Stars Say--

By Genevieve Kemble

For Saturday, February 7

CONTINUED dangers from hidden sources, arresting the most concentrated marshalling of forces in an effort to launch a project of supreme importance are forecast. While built upon practical lines and techniques and incited by sound ideas or brilliant insight into exceptional opportunities for expansion and enhanced production, and error of judgment, over-shooting the mark, or a pernicious entanglement, may bring on a critical situation or a sudden reversal of prospects. An alert attitude with preparedness for crafty, subtle, or intriguing affiliations might avert devastation. Safeguard funds, reputation, emotions; in all ventures and in personal ties as well.

If It Is Your Birthday

Those whose birthday it is may anticipate a period of exceptional pressure, with all the energies and faculties concentrated on the development and launching of very ingenious and bright as well as sound ideas. Enterprise, initiative and strenuous effort seem to progress on broad and far-reaching scope, when a stroke of prodigality, over indulgence, and error of judgment or misplaced confidence, might precipitate major disaster, with reactions on the domestic, social or emotional life. The determined effort to be reasonable, thrifty, wary and alert might avert such denouement.

A child born on this day is endowed with much versatility, talent, skill and constructive ability, but may fall victim to its own enthusiasm, prodigality, trustfulness or good nature.

Better English

D. C. Williams

1. What is wrong with this sentence? "Robert is a splendid driver."
2. What is the correct pronunciation of "long-lived"?
3. Which one of these words is misspelled, Exhibitionist, exonerate, exhilerate.
4. What does the word "paltry" mean?
5. What is a word beginning with an that means "ill will"?

ANSWERS

1. Say, "Robert is a very skillful driver." 2. Pronounce the i as in lie, not as in lift. 3. Exhilarate. 4. Rubbishy; worthless: contemptible. "It is an excellent thing when men's religion makes them generous, free-hearted, and open-handed, scorning to do a thing that is paltry and sneaking." — Matthew Henry. 5. Animosity.

How Can I !!!

By Anne Ashley

Q. How can I make a good bleaching lotion?

A. Peel a few cucumbers and run them through the meat grinder. Bring the pulp slowly to the boiling point, then strain through a cheesecloth bag. A little perfume may be added if desired.

Q. How can I remove dirt and grease from tea towels and disinfect them?

A. By adding a little borax to the water when washing tea towels, it will act as a disinfectant and will remove dirt and grease.

Q. How can I cut a bar of soap easily?

A. By dipping the knife in boiling water before cutting the soap.

FILLET DESIGN

DESIGN NO. 834

This attractive crochet filet doily is made in two sizes, 25 by 31½ or 21 by 26 inches. Either may serve as place mats or centerpiece. Pattern No. 834 contains complete instructions. Needlework Book 20 cents.

To order: Send 20 cents in coin to Needlework Bureau Charlottetown Guardian.

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FOR THE HOME

THE BOLERO ENSEMBLE

The ensembles are assembling . . . and one of the most popular of these costumes is the betwitching bolero suit. Here's one combining a smartly styled skirt and roll-collared jacket with a blouse that wraps around to tie at the left.

No. 2166 is cut in sizes 10, 12, 14, 16, 18, and 20. Size 16 bolero and skirt, 3¼ yards 30-inch; blouse 1⅝ yards 35-inch.

Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

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