

Woman's Realm Social and Personal Fashions Literature

Pioneer Days In West River

By Uncle Joe

The years 1800 to 1812 saw the opening of the West River district to emigrants from the western islands of Scotland. These hardy folk built their homes near the shore where they combined fishing with agriculture. Their descendants may still be found at Nine Mile Creek, Canoe Cove, Argyle Shore and other local centres.

The first houses were built of round logs dovetailed at the corners and chocked with moss to keep out the cold. Bark from the trees and sedge grass from the marshes served as roofs, while the good earth was their only floor.

The whole area was heavily wooded, and in order to clear a patch of ground for potatoes and grain, much valuable timber was cut down, piled into great heaps and burned. Crops from this virgin land were unbelievably productive.

Flax was grown and had many uses in the family, as sheep could not be kept on account of the numerous bears that roamed the forest.

The farmers spent the long winter months in the woods. When the spring opened up the rivers to navigation immense rafts were brought into use to convey the lumber to Charlottetown where it was traded for goods.

Some shipbuilding took place in this section of the Island and fishing was carried on to quite an extent, fish of all kinds being very abundant. The land route to Charlottetown was via Bonshaw, Milton and then south to the big town, a distance of over 40 miles.

Gradually the forest gave way before the incessant strokes of the settlers' axes, and soon well cultivated fields of corn, wheat, oats, etc., took its place. Indeed, most of these pioneers lived to see better dwellings and better living conditions.

Today this is one of the best agricultural districts in the Island.

NO IRONING NEEDED

Ribbons which you use to pretty up blouse, slip or bow-tie in baby's hair can be pressed without ironing. All you need to do is wet the ribbon and lay it flat on a smooth surface, such as a bath-tub, or wrap it tightly around a steam pipe to dry.

Modern Etiquette

By Roberta Lee

Q. What kind of material should be used for the bridal veil?
A. This veil should be of fine, filmy material. Sometimes it is a combination of lace and tulle. Simple tulle is always preferable to imitation lace.

Q. Is it correct to say, "The man is light-complected"?
A. No. Say, "The man is light-complexioned." The adjective completed means interwoven.

A. Do you consider it bad taste for a man to take a flower from his hostess' centerpiece to put into his lapel?
A. This is very presumptuous and ill-bred.

The Stars Say--

By Genevieve Kemble

For Saturday, May 28

THERE is an opportunity for attaining many forms of advantage, realization and the materialization of exceptional ideals, aspirations, and particularly glamorous aims, and objectives. Much creative ability, in cultural, artistic or other unique or strange forms is manifest. Such requirements call for sound management, and the cooperation of expert advice, in order to sidestep subtle or intriguing pitfalls. Lures and beguiling judgment may bring about commitments or complications. Sign sentimental notes carefully.

For Your Birthday

Those whose birthday it is, may seem to enter upon a year of strange and subtle experiences, in which the exceptional, unique and elusive may inveigle them into inexplicable situations. While such may appear dramatic or thrilling in purely personal or sentimental affiliations in more practical commitments, they may be held to serious account. It would be well to get a realistic slant on all dealings and situations since glamor ideas and fantastic desires may develop dangerous regrets with loss of prestige or popularity. Sign all papers cautiously.

A child born of this day, may be carried into strange and dangerous contacts or situations by his desire for glamor, thrills or intriguing experiences.

DOROTHY DIX SAYS--

Sparkling Personality

Cultivate Kindness, Not Brilliance; Wits Are Born, Not Made

DEAR DOROTHY DIX: What is the best possible way to achieve a sparkling personality? Does it depend on the people you associate with, or the education you have acquired, or both? Can you develop your personality, no matter what your age?

CURIOUS STUDENT

ANSWER: The ability to sparkle is a gift of the gods. It is nothing that you can create for yourself. You can acquire an education, You can polish up your manners. You can learn to walk among other people's peculiarities without stepping on their toes. All of which are desirable accomplishments that make you popular with your fellow travelers. But a sparkling personality cannot be attained. Only Nature can endow you with that.

We see this illustrated all about us. We know plenty of men and women who possess a high degree of intelligence and on whose judgments we rely. They are well-educated, well read, full of information on almost every subject, but their conversation is as dull as dish water. There is never a glint of humor in it, and turn what they say as you will, it never emits a sparkle.

And, on the other hand, among our most cherished friends are spellbinders who are nothing but sparkle. They are gay and amusing company, though they never say anything worth listening to. They can put a laugh in a dull story, as they can kill the wit in a good one, just by their personality.

OTHER VIRTUES

Don't try to be brilliant unless you are sure God made you a diamond. Most women who try to scintillate only achieve being shrewish. But you can develop your personality by acquiring the kindly virtues to which we are all amenable. Cultivate your mind so that you will be interesting to talk to. Use tact in your dealings with everyone. Be gentle. Be courteous. And, above all, be sweet. That is what makes a woman lovely and loved.

DEAR MISS DIX: I am a divorcee, just a little over 25 years old. Almost three years ago my husband left me with two children and went to another state where he married a young girl. Since we were divorced he has not bothered me in any way and lately I have heard that he has left his second wife and is contemplating divorcing her.

My problem is: "Should I consider dating him again? Should I date other men? Should I tell the gentlemen who ask me for dates that I have been married and have two children and a mother dependent upon me? Or do you think that I should just go with men and have a good time without saying anything about the children? My experience is that when a man finds out that I have been married and have two children, one of them nine years old, he doesn't waste his time on me. Everything is fine until he finds out about the kids.

What do you think I should do?

H. J. W.

ANSWER: I think you would be worse than foolish if you ever went back to your husband after the way he ditched you, leaving you to support the two children. Evidently he has the marrying complex as he is also about to divorce his Number Two wife. It bodes a woman no good to remarry a man who has the habit of swapping wives.

Whether a grass widow with two children should tell her dates that she has an ex-husband and kids is, of course, her own affair. Certainly it will cramp her style with the boy friends if they know that she has encumbrances, for few men want to take on a ready-

Continued on page 11

Ellen's Diary

By an Island Farmer's Wife

It was Pat who was something of a philosopher that commented: "Tis a queer thing, Ellen, the way things happen in this old world—often unexpected to ye and yet if we take the time to think it all over, the next happenin' dovetails into the one before and it all smooths out to mak a day, though not at all, at all, tak the one we were plannin' at the first. An' one never knows when he gets out av his bed in the mornin' what will be after takin' place through that day or where he may be before he comes to his rest at night. Ain't it strange now, when ye come to think it over—I'm askin' ye?"

So Pat's words come to mind, now that a night ride returned me to Alderlea not long ago—Stars glittered brightly in the pond-water by bridge-side and when we alighted in the yard, Jock rubbed a hand along the top of the car to comment: "I'm thinking this would be too good a night to go to bed, especially on barley—no it's just as well out of the ground yet, or at least I shouldn't like to have growing. This would set it back." The night had brought frost to round out the coolish day.

It was doubtless this recent change in the weather that today aggravated a common cold of Karolyn's younger lad to a point this afternoon which led her to "wish that you could come in." We were cutting rolls at the time, not according to the school of baking where we were taught that all such mixings should be out of sight and "seasoned out" how to fight or combat this fear, and was his own enthusiastic self again.

In the "Bulletin, Toronto East Medical Association" we read that a man is as old as his fear, and that nobody grows old merely by living a number of years; people grow old only by desiring things. Years wrinkle the skin, but giving up enthusiasm wrinkles the soul.

We read and hear much about the effect of the mind upon the processes of the body—digestion, heart, lungs and even the skin. We forget often the effects of infection—teeth, tonsils, gall bladder, and malaria. Infection can replace enthusiasm with fear because it takes the "light" out of the individual.

A check up by your physician and dentist once or twice a year may help to keep you free of fear.

That Body Of Yours

By James W. Barton, M. D.

KEEPING FREE OF FEAR

One of the sayings of the late Franklin Roosevelt, most of us remember, was his advice that the only thing we need to fear is fear itself.

It is this fear of the future, so common today, that is helping to make individuals old before their time. Once we have fear on our minds, or in our hearts, we lose interest in the various everyday affairs of life, which affairs always have been sufficient to arouse interest and enthusiasm. And once we lose interest or enthusiasm for these things, we become afraid and allow ourselves to grow old rapidly.

A man meeting an old friend and inquiring into his golf score was surprised to be told that his friend had given up golf because he guessed he was growing old. "I never thought you'd ever give up golf because you were always so enthusiastic about the game."

This fellow met his former golf enthusiast some months later, and before he could even speak to him, the golfer said, "Jack, I'm back in the eighties again and getting a great kick out of it."

The return of his enthusiasm for golf was caused by the fact that the fear that had occupied his mind had been removed. This was not because the cause of the fear had been removed, but because he had "seasoned out" how to fight or combat this fear, and was his own enthusiastic self again.

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NEUROSIS

Neurosis—believing you have a physical ailment when none exists—is becoming increasingly common. Send today for Dr. Barton's informative booklet on this subject entitled "Neurosis." To obtain it, just send 10 cents and a 3-cent stamp, in cover cost of handling and mailing to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

Household Scrapbook

By Roberta Lee

Water Lines
The unsightly lines that persist in forming at the top of the water in fish bowls and aquariums can easily be removed by means of vinegar. Vinegar will also remove lime spots and stains from drinking glasses.

Curtains
When making your own curtains always remove the selvage, but heavy materials, if the selvage is clipped at four-inch spaces, it will prevent the seam from puckering.

Jewelry
Gold or silver jewelry can be cleaned by adding one tablespoonful of ammonia to a teacup of water. Apply with a soft cloth.

Cook's Corner

RHUBARB CREAM PIE
1 tablespoon butter
2 cups diced rhubarb
1 1/2 cups sugar
2 tablespoons cornstarch
2 eggs, separated
1/2 cup heavy cream
1/4 teaspoon salt
1 baked pie shell

METHOD: Melt the butter, add the rhubarb and 1 cup of the sugar. Cook slowly for about 10 minutes, or until the rhubarb is tender. Combine the remaining 1/2-cup sugar with the cornstarch, the well beaten egg yolks, the heavy cream and the salt. Add this to the fruit mixture and cook until this is thick (about 3 minutes).
Four the mixture into a baked

Better English

By G. Williams

1. What is wrong with this sentence? "He seems bound to go."
2. What is the correct pronunciation of "omnipotent"?
3. Which one of these words is misspelled? Tatoo, tautology, tarpaulin.
4. What does the word "conjecture" mean?
5. What is a word beginning with "aq" that means to agree?

ANSWERS
1. Say, "He seems resolved (or determined) to go." 2. Pronounce as though spelled controller, accent second syllable. 3. Tatoo. 4. A surmise; a guess. 5. It is merely a matter of conjecture. 5. Acquiesce.

Living & Leisure

THE WOMAN'S REALM

CARE
"Take care of yourself!" the doctor said.
"Whenever you start to tire, Remember at least eight hours in bed."
The strongest of men require."

"But what if there's something I ought to do
And need for my strength I see?
If I lie sleeping the night long through,
Will that be good for me?"

"Take care of yourself," you now command,
But what if your rule I heed?
Does it mean henceforth I must
Indulge in idleness to every need?"

"No, doctor," said I. "What I must I'll do.
Whatever the cost may be,
And from time to time I'll depend
To take good care of me."
(Copyright, 1949, Edgar A. Guest)

FOOT-PAMPERING ROUTINE CHASES TIRED FEELING
One of the most effective ways to ease feet of the fatigue caused by spring cleaning or pavement pounding in new shoes is a contrast bath. Long hours of standing in any kind of shoes or walking in new ones may slow down circulation in the legs and feet and induce fatigue. So aim your foot-pampering treatment at improvement of circulation; at relieving congestion. Hot and Cold Applications
Plunging feet first into hot water, then into cold, will help to stimulate circulation. Dip feet alternately into hot, then into cold.

Morning Smile
Doctor—Deep breathing, you know, will kill microbes.
Patient—Yes, doctor, but how can I force them to breathe deeply?
WHO TOLD YOU THAT?
Little Rosalie, a first-grader walking with her mother, spoke to a small boy.
"His name is Jimmy and he is in my grade," she explained.
"What's the little boy's last name?" her mother asked.
"His whole name," said Rosalie, "is Jimmy Sitdown—that's what the teacher calls him."

How Can I!!!
By Anne Ashley

Q. How can I remove iron stains from clothes?
A. By taking an equal quantity of fresh spirits of vitriol and lemon juice. Mix in a bottle, shake well, wet the spots, and in a few minutes rub with a soft linen cloth until they disappear.

Q. How can I improve the looks of an umbrella that is beginning to look shabby?
A. Open it and wash it with a brush dipped in ammonia water. Rinse under the shower. Open to dry.

Q. How can I keep sandwiches moist?
A. To keep sandwiches fresh and moist, place in a covered earthenware vessel and set in cold water.

Q. How can I delicately brown a pie shell and allow to cool. Then top with a meringue made by beating the egg whites until stiff, but not dry, and then folding in 4 tablespoons sugar. Bake in a moderately slow oven (325 deg. F.) for about 12 to 15 minutes, or until the meringue is delicately browned.



sure knows



its tomatoes



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Now Get More Surf-Clean Washes for your Money—in the Big Convenient Box that Lasts and Lasts!

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washes at the lowest cost. And remember, use Surf for all your washing needs—for finest washables as well as heavy laundry. Get the big, blue Giant Package today. At your dealer's now.



Dishes come Crystal-Clear without even wiping!

Keep a Giant Package in your kitchen, too, and let Surf do all your dishes faster. Remember, no dirty soap suds—no need for wiping. Just rinse in hot water and your dishes are done.

Scum-free Surf suds give the CLEANEST WASH!

Needlecraft FOR THE HOME

SOMETHING NEW
Watch her contrive to show the back of this frock with the perky ash and the upswell line of ruffling and you'll feel repaid for making such a pretty frock. Doubly smart with matching biocrom-panties included in pattern. No. 2979 is cut in sizes 2, 4, 6, 8. Size 4 requires 1 1/2 yards 35-inch; 1/2 yards 36-inch for panties.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your Address. Pattern Department The Charlottetown Guardian. Pattern No. 2979

Name _____
Address _____
City _____ Province _____



BLACKHEADS
Don't squeeze blackheads—disinfect them. Get the essence of pro-vitamin from our drug store and apply gently with wet, hot cloth over blackheads. They disappear by this safe simple method.