

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

BEAUTY ARTS By LOIS LEEDS



A quick cold shower for those who lack pep

DAINTINESS ESSENTIAL TO CHARM

In trying to capture that elusive quality called charm, absolute cleanliness is a quality which must not be neglected.

A beautiful face is not necessary to charm, however. Almost every one has an acquaintance a charming woman who is perhaps almost plain or uneven of feature.

After washing the hands will find it a great help toward keeping the nails well groomed in appearance.

Bathing for Beauty

A woman once said to her growing daughter, when trying to impress upon this young lady the importance of the daily bath: "Remember, my dear, that a lady never has to take a bath to get clean. He takes it to keep clean."

There is a wealth of meaning in that homely advice, and surely it is true that the charming woman is so clean that the charming woman is so scrupulously clean that she takes baths only to keep herself always dainty.

This quick, stimulating bath is very beneficial to those who lack "pep" and are troubled with chronic languor. It is very helpful in curing various beauty ills that arise from poor circulation.

Press down the cuticle with a towel. Minard's for Insect Bites



What Price Marriage for Women? Dorothy Dix Compares Wifehood With Spinsterhood

Occasionally We Find a Man and Woman Who Are Great Lovers, to Whom Poverty and Struggles and Anxiety are Merely the Great Adventure, but the Average Couple Would do Well to Count up the Cost of Marriage, Says Dorothy Dix

What price romance? What price wifehood and motherhood? A woman writes me: "I belong to a small circle of young women. All of us were in business and earned good salaries. Some of us married. Some of us didn't."

"That was five years ago. Now it is the turn of the unmarried girls, who kept on with their jobs, to pity those of us who got married. They are young and fresh-looking, well-dressed. They have time to go about to places and see things, time to read and keep themselves mentally alert and interesting, while we who married on shoestring incomes are tired and worn out with drudgery, and shabby and have gotten dull and peevish."

"If it were to do over again, I would certainly remain an old maid with a good position, with hours from 8.30 A. M. to 5 P. M.; a pay check all my own; clothing I need not be ashamed to wear; sleep undisturbed by a baby and my good looks preserved rather than swap them off for a wife job that requires me to work from early dawn to late at night, doing the labor of a cook and a laundress and a nurse and a scrubwoman and a seamstress and a janitor and get for all of this slavery nothing but my room and board and a few cheap rags that I am ashamed to wear in the presence of people who knew me when I held a paying position."

"Believe me, it hurts when a girl who is accustomed to 'permanents' and 'facials' and good clothes must do without them and see her good looks vanish for lack of proper care and adornment. Too much heavy housework and not enough amusement has crushed my spirit, and I would like to wake up and find out that the last five years were a terrible dream and that I was free again."

My husband says: "Why, I turn in my pay envelope." Yes, but after paying the rent and insurance and for the food and the doctor's bills, and there are many where there are children, and after the husband takes money for himself and for his clothes, what has the poor mother left for herself? Not much. Often nothing at all.

"I am for a lot of old maids. They can live, eat, clothe themselves, go to places of amusement, even travel, because they pay their own bills. How can a married woman do that unless she is lucky enough to get a rich husband?"

"The only traveling she does is taking Junior out for an airing and hunting up a cut-rate butcher shop and bringing home the supplies for dinner in the foot of the perambulator. And even then she must hurry for husband will be grumpy if dinner is ten minutes late. Warn all girls and especially all business girls who are accustomed to their own pocketbooks, not to marry until they can afford it. Marriage has to be adequately financed to make it a success, just as much as any other undertaking."

My correspondent draws a vivid and a tragic picture of what marriage means to those upon whom it forces a lower scale of living than that to which they are accustomed. She does not vision her husband's side of it, but it is scarcely less hard upon him than it is upon her.

Both of them are used to the luxuries of life. They have taken pretty surroundings, good food, smart clothes, amusements and leisure as mere necessities of existence, and when they find that they must live in a cheap cottage or a dingy flat; that they must eat the cheap cuts of meat and wilted vegetables; that they must go shabby and that they cannot afford even the price of a ticket to the movies, they have not enough philosophy to meet the situation.

The man looks at the woman who has charmed him by her prettiness and daintiness, but who has become haggard and workworn and who is too tired even to put on a clean frock, and he wonders what he ever saw in her that made him sacrifice the ease and comfort of a bachelor's life to marry her. The woman looks at the man who is getting stoop-shouldered under the burdens he has to carry and whom anxiety has made grumpy and cross and asks herself what insanity made her think that he was worth her enslaving herself for him. And neither finds an answer and each blames the other for their mutual misfortunes.

The only thing that can make marriage a success when it entails hardships is a great love, a love great enough to lighten labor with its magic, a love great enough to make sacrifice a joy instead of a hardship, a love great enough to make just being with the beloved one a joy that irradiates life and compensates for everything one misses.

Not many of us are capable of a love like that, but occasionally we find a man and woman who are great lovers and who are willing to pay the price of love. To them poverty and struggle and anxieties are merely the great adventure. Work is a sacred offering that they lay at each other's feet. Their shabby clothes are royal raiment because worn for love's sake. Their bread and cheese become nectar because it is eaten with kissing lips.

It does not make any difference whether such a man and woman have any money or not, because they have love, and having that they have everything. But such lovers are few and far between, and before the average couple marries they do well to count up the cost of marriage in dollars and cents and see if they can afford it and whether they have the price of a wedding ring.

Marriage is not for pikers. Nor welters. DOROTHY DIX

For The Cook

ASPARAGUS MOULD SALAD

One package lemon gelatine dissolved in 2 cups boiling asparagus juice, add 2 tablespoons lemon juice and chill. When this begins to stiffen, turn into a mould, add 1 cup asparagus tips, 2 hard-cooked eggs, cut in pieces, and 1/2 cup cubed cucumber. Place in ice chest to harden, and serve with cream and mayonnaise dressing.

Etiquette

By Roberts Lee

Q. Should a man ever offer to shake hands with a girl before she makes a move to do so? A. No; he should always wait for her to offer her hand first. Q. Are two persons who have never been introduced, but who have talked with each other, considered acquainted? A. No. Q. What is done with the knife and fork when passing the plate for a second helping? A. They are placed side by side across the plate.

Milady Beautiful By Lois Leeds

EYEBROW BEAUTY

To pluck or not to pluck—that is the question which seems to be puzzling many readers in regard to eyebrows. And in answer let me say that there are some who should, and others who would be wise to let their eyebrows remain just as they are. Fortunately the very thin, pencil-line eyebrow is a thing of the past, so do not make the mistake of plucking out most of the hairs trying to get this effect. When the brows seem to meet over the bridge of the nose, however, the beauty of the face is greatly marred, so that these hairs should be removed, either temporarily by using the tweezers at regular intervals as they grow in again or permanently with the electric needle in the hands of an expert. Then, too,



straggling hairs either under or above the brows should be removed, as beautiful eyebrows must be nicely shaped and these stragglers give them an untidy look.

There are some who shave off the offending hairs or remove them with a depilatory, but the best method of removing them temporarily is by plucking them out with the tweezers. To avoid irritation it is best to apply a hot compress to soften and open the pores and then remove the straggling hairs with a quick jerk of the tweezers, grasping hold of the hair to be pulled firmly, and taking care not to catch the skin in with the tweezers. Finally, apply a soothing lotion such as witch-hazel or toilet alcohol. Then brush the hairs into place with a small eyebrow brush moistened with olive oil or brillian-tine.

Readers often ask me if there is any method by which they can make their eyebrows darker and their eyelashes longer, and others ask if they can change the color of the eyes themselves. While it is utterly impossible to change the eye color itself, as it is hereditary, much can be done to make the eyes appear darker or lighter by choosing colors in clothes or jewelry that emphasizes or contrasts with the eye color. Eyebrows which are groomed and dark have much to do with eye beauty. The nightly application of any oily substance like vaseline or olive oil will keep them glossy and well lubricated and will in time gradually tend to darken the hairs.

It must be remembered that the eyebrows need stimulation for healthy growth, just as the scalp and hair do. They should be brushed daily with a small eyebrow brush made especially for this purpose. This brush, which resembles a tiny toothbrush, is also quite indispensable for grooming brows into a well-shaped arch and for removing all traces of face powder.

Dark eyebrows add much distinction to one's face, so fortunate indeed is the woman whose brows are naturally dark. But those whose brows are scanty and light in color need not be discouraged for there are many harmless coloring agents which may safely be used to add loveliness to this feature. Many hair dressers and beauty operators use a harmless vegetable dye made especially for the eyebrows, and by following the directions given carefully it is quite possible for one to use this harmless agent at home.

Then there are many temporary colorings which are put on during the day quickly and easily as one would apply make-up and then removed at bedtime by the application of oil or vaseline. Such cosmetics may be procured at any cosmetic counter, drug store or beauty shop. Before applying the color brush the hairs into a graceful arch with the small eyebrow brush. Next put on a little

Ends Piles Quick

No Salves or Cutting

Piles are caused by congestion of blood in the lower bowel. Only an internal medicine can remove the cause. That's why salves and cutting fail. HEM-ROID, the prescription of Dr. J. S. Leonard, removes this congestion and strengthens the affected parts. HEM-ROID is now sold by druggists everywhere, and has such a wonderful record of success even in chronic and stubborn cases that Hughes Drug Co., Limited, invites every Pile sufferer to try HEM-ROID and guarantee money-back if it does not end all Pile mis-

ALICE WHITE explains why some girls are so Enchanting



Alice White

ALICE WHITE, petite First National star, in the bathroom created especially for her in Hollywood. She says: "Lux Toilet Soap gives my skin that peach-bloom smoothness that is so important to a girl's charm."

"WHEN a girl is fascinating," says dainty Alice White, whose vibrant charm carried her so swiftly to stardom on the screen, "you may be sure of one thing. Her skin is lovely!"

"Beautiful skin always attracts. It is certainly the most important charm any girl can have."

"In Hollywood, you know, the directors all found out long ago that if a girl is to win millions of admirers on the screen, her skin must have that peach-bloom smoothness that is so ravishing."

"The glaring close-up lights would reveal even the slightest imperfection in the skin. And so, of course, every star in Hollywood guards her complexion most carefully."

"So when I say we use Lux Toilet Soap—almost all of us—you may be sure we think it is a splendid soap."

Loretta Young "It's very satisfactory!"

Lois Wilson "Keeps my skin lovely!"

Lever Brothers Limited, Toronto—Soap-makers by appointment to their Excellencies the Governor-General and Viscountess Willingdon

LUX Toilet Soap 10¢

Tomorrow—Beauty Questions Answered

WHO ARE YOU?

The Romance of Your Name By RUBY HASKINS ELLIS



This was a name given to youths between the ages of 7 and 14 while receiving their education for knighthood. It is derived from the Latin word "pagus," meaning a youth attending the King. Later it was applied to a boy holding a similar position for other persons of high degree. Today in the House of Representatives and Senate in Washington, we have youths serving in the same

capacity. This office was much sought after by boys of noble parentage and was by no means looked upon as servile. It is likewise today, a mark of honor for a boy to be appointed in this capacity in our National Capital.

The first name as a surname was assumed by John de Pagham, in 1151, a Bishop of Worcester, England, who also acted as instructor to pages and presided over a boarding school during the course of instruction. The school was called the Pagham, or "Pages Home."

"Tradition has it that four Page brothers came to America together. One of them went to the South and established the noted Southern family of this name. He changed the spelling to Paige. These brothers were from the counties of Wicklemarsh and Bedford, England.

John Page from Norfolk, England, came over with Governor Winthrop's party. Others by this name to settle in New England, most of whom were related, were John, of Sudbury, Middlesex County, England. It was he who founded the noted Southern family of Pages. He was a member of the King's Council and served the Colony in many useful ways. There have been many prominent men and women of this name in many sections of the country, too many in fact, to give them all honorable mention in this brief sketch.

A Morning Smile

The new treasurer wrote a letter, and 50 per cent. of those in arrears to the church paid up; he wrote another letter and all but one paid. Finally he wrote one more and the last man sent in his cheque. Shortly afterward the pastor was invited to dinner at the man's home. "You have a new treasurer at the church now, haven't you?" inquired the host.

Removes Touchy CORNS

Acts like magic—takes out all the pain—makes aching corns feel comfy in a few seconds. That's how Putnam's Corn Extractor acts. You will not be disappointed with "Putnam's"—it never fails to lift out corns or remove painful calluses. Get "Putnam's Extractor" from your druggist. Refuse a substitute.

"Yes," answered the pastor, undisturbed as to how his parishioners felt toward him.

"He writes a nice letter," remarked the host, "except that he can't spell." "Is that so?" said the minister. "Yes, he ought to be corrected on that," said the host seriously. "He spelled 'skunk' with a 'c' and had 'ts's' in 'lovely!'"

"Skinny! I Gained 11 Lbs. in 8 Weeks and Boy Friend"

"After trying several tonics I tried Irontized Yeast. In 8 weeks I gained 11 lbs., new complexion, round limbs; best of all a boy friend."—S. M. Salino. Men and women are amazed at gain of 5 to 15 lbs. in 3 weeks. Ugly hollows vanish. Bony limbs round out. Sallow, blemished skin gets clear and rosy like magic. Nervousness, indigestion, constipation disappear overnight. Sound sleep. New pep from very first day. Two great tonics in one—special weight-building Malt Yeast and strengthening Iron. Pleasant little tablets. Far stronger than unmedicated yeast. Results in 1/2 time. No yeast taste, no gas. Don't go round "skinny," ugly, unattractive. Get Irontized Yeast from druggist today. Feel great tomorrow. Money back from manufacturer if not delighted with results.