

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

JUST ONCE

But once I pass this way,
And then . . . and then
I pass this way,
So, while I may,
With all my might I will essay
Sweet comfort and delight
To all I meet upon the Pilgrim way.
For no man travels twice the
Great Highway
That winds through darkness up to
light
Through night,
To day.

—John Oxenham

Straighten used yarn by pulling it through a slotted hose, which slipped over the end of a teakettle spout.

To utilize pieces of scrap soap, put them in a cloth covered funnel and invert it on the bottom of a wash boiler.

Alphabet macaroni is ideal for labelling jelly glasses: drop letter on top of the paraffin cover before it hardens and the letter will stick in place.

Before using a cup to measure molasses for cooking, coat the inside surface with flour and the molasses will pour easily from the cup.

Many plants must redesign their tools because women's index fingers are longer and their thumbs are shorter than men's.


The influence of women on aircraft production methods is felt in meeting faster delivery schedules and higher plant efficiency ratings.

HINTS ON ETIQUETTE

Don't make fun of anyone who has a lip or odd accent. It is very bad manners.

While everyone knows that vine ripened tomatoes are far superior to those which have been picked green, and allowed to ripen, still

New under-arm Cream Deodorant
safely
Stops Perspiration



- Does not rot dresses or men's shirts. Does not irritate skin.
- No warning to dry. Can be used right after shower or bath.
- Instantly stops perspiration for 1 to 3 days. Prevents odor.
- A pure, white, greaseless, stainless washing cream.
- Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

ARRID
39¢ a jar
Also in 15¢ and 59¢ jars

ARRID
Arrid is the largest selling deodorant

VARIETY OF CROSS STITCH MOTIFS



DESIGN NO. 785
Embroider these motifs with all different colors, using the odd lengths from the scrap basket. Suitable for towels or luncheon sets. Hot iron transfer pattern No. 785 contains 8 motifs measuring from 2 by 4 to 6 by 7 inches each with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department.

Design No. 785
NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

another reward for growing your own tomatoes is that fully ripe ones are about twice as high in vitamin C as those picked while still green.

A Washington dispatch says: If the women of America knew where their next bobby pin was coming from, and the men were assured they'd be able to buy more razor blades, civilian morale might easily be upped a peg or two.

Some of the consumed goods listed as "badly needed" are: bobby pins, steel wool cleaning pots and pans, safety pins, toilet tissue and razor blades, along with "irritating items": electric fans, electric irons, refrigerators and washing machines, among the essentials. Steel needed for the production of these items is relatively small and would scarcely be felt in the war effort, experts believe.

BAKING POWDER SUPPLY

Baking powder supplies have been scheduled six months in advance so that housewives won't lack this key ingredient as the need for home cooking and baking increases. To ease the shortening situation, a nutritious vegetable oil once used only for industrial purposes is now available in volume for shortening products for overseas shipment. The result: additional shortening on the home front.

MORE RAYON

There is expected to be an increase in the amount of rayon available for manufacture of hosiery and other items which were formerly made from silk and nylon. With this extra rayon, hosiery mills will be able to make one additional pair of stockings for every seven they've been making.

JUMPER DRESS IS NEW SURE-FIRE HIT

A sure-fire hit is the jumper dress, which is not new, except as it is related to the new season, autumn, which is now upon us, at least as far as fashion is concerned. In all autumn collections, in both budget and expensive clothes, you find jumper dresses. They may not be honest-to-goodness jumpers, but they are jumpers in the sense that separate dress with gulfers or blouse underneath but they are made on jumper lines with contrasting sleeves and collar or yoke. Such dresses formerly were seen in the lower grade but they have even graduated into high school and even college and just between ourselves high-classers are going for them in a big way.

OILING RUSTY LOCKS

When a lock on doors begin to get a bit rusty dip the door keys into oil. Then turn key in the lock several times and so save the lock.

WIRE BRUSH FOR STOVE

A stiff wire brush is a great aid in keeping the burners of a gas or an electric stove free from crumbs.

CUTTING MERINGUE

Butter a smooth-edged knife when cutting meringue pie. This will make a clean cut.

CINNAMON COCOA

Sprinkle a little cinnamon on the top of cocoa before serving it. It will add a new flavor.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. We want to open a shoe repair shop. Do we need a permit?

A. Yes. Would you please consult the Wartime Prices and Trade Board in this matter?

Q. I remember the high prices we paid for food during the last war and after the war. With prices controlled now, it is a lot easier shopping.

A. There certainly is a difference in prices. Just for an example, potatoes soared in price to \$6 a bag in 1920 and just because prices weren't controlled. That same amount of potatoes—a cwt.—costs much less today.

Q. I took a series of treatments from a doctor and he fined me. I need them again this year. The doctor has raised his fee. Is it right for him to do this?

A. Yes. There is no price ceiling on professional services.

FREE PLANE POUNDAGE

WASHINGTON — (CP) — The crew of a heavy American airplane returning to one of the Pacific islands from Australia on a routine flight, computed minimum fuel load and found enough free poundage to transport an upright piano for use at the service club.

For STRAINS, SPRAINS and SORE MUSCLES



OLYMPENE
THE ANTISEPTIC LINIMENT

Desert Destiny

By Joseph Chadwick

CHAPTER XXXV

Jim Conroy's captors kept him on the move on horseback all that night. They had struck out for the southeast, toward the desolate range of rock-hills.

Once in the hills, the Mexicans found a trail. Wherever possible, they rode abreast of Jim, flanking him, but at times they were forced to travel single file.

The way was rough, sometimes treacherous. At no time, was there a chance for Jim to escape. His guards were wary and, even if they had been unwatchful, he saw the futility of making a break. They were borne across and could have ridden him down.

He questioned them at first, asking where they were taking him and why, but got no satisfaction. The vaquero who spoke English merely told him, "We go for a ride into the mountains. Who knows where it will end?"

Dawn found them deep in the hills, as wild and awesome a country as Jim had ever seen. There were sheer rock cliffs walling them in as they followed a seemingly endless groove. The Mexican reined in under a shelf of rock which afforded scant shade.

"We camp here until dark," Jim was told.

They dismounted, unsaddled the horses, and gave them water poured from a canteen into a sombrero. The saddle bags were well stocked with food, so the three men equated in the shade and ate with varying degrees of gusto. There didn't feel hungry, for he wondered whether this fare might be his last meal.

Afterward, the Mexicans spread their serapes on the ground and stretched out, covering their faces with their sombreros. As Jim had no blanket on which to lie, he sat with his back to the wall, smoking and thinking. In a short time, he dozed.

At sundown, they again took to the saddle. They left the canyon and led their horses through the trail led several miles along a ridge then dropped gradually into a gully.

The gully was studded with stone formations having fantastic shapes. They rode behind one of these formations, and there, in a cliff, was the concealed entrance to a natural tunnel. The opening was high and narrow. They had to dismount and lead their horses through it. When they emerged from the tunnel, Jim saw merely another high-walled canyon and the starry sky above.

The English-speaking vaquero said, "Now we are safe, Senor. No one can find us here."

"So what?" said Jim.

"So we ride on with no worry about the Mexicans," he said.

"Is that the idea? You two were ordered to get me away from the sheriff?" Jim asked.

"Even so," the Mexican told him, but refused to say more.

Jim thought about that as he and led their horses through the tunnel. It seemed possible that he had been taken away so that he would look as though he had deliberately escaped from Sheriff Hardin. His escape would look like an admission of guilt. Certainly, by now, the sheriff must be doubly convinced that he had shot Phil Garrison.

Yes, he thought, that was the motive behind his being kidnapped. The same person who had stolen his gun to shoot Phil Garrison, then planned it near the scene of the shooting, now had got him out of the way so that he could not prove himself innocent. Then that person would never permit him to turn up alive.

Jim glanced apprehensively at the two Mexicans. Had they orders to kill him, once they reached some spot where his body never would be found?

It was just after sun-up when they rode into a hidden valley. Jim saw a tumble-down adobe hut across the valley, a horse in a corral beside it. His captors began talking excitedly in Spanish. Then, as they neared the hut, they called out.

A man appeared in the doorway of the hut. He held a rifle in his hand. Jim had a shudder on recognizing him. It was Jose.

The Mexicans' eyes fixed on Jim, and he half raised the rifle. Jim held his breath, waiting for the sharp crack of the gun. . . .

Tracy could not rid herself of the lost feeling that had gripped her since the night of Senora Marina's death. The memory was still sharp and clear. The Senora crumpling, Ramon gathering her up in his arms. . . .

Nearly a week had passed since

Dorothy Dix Says—

HOLDING MAN WHOSE LOVE HAS GONE IS WORSE THAN DIVORCE

Wife Would Do Better By Self And Children To Give In Before Strain Wrecks Lives

DEAR MISS DIX—My husband and I are around 33 years of age and have been married for 12 years. We have two children, a boy 10 years old and a girl 7. We were devoted to one another and our home and children until about a year ago when he began going out with another woman.

"Thinking this a passing fancy, I appealed to him for the sake of the children to give up this other woman, but he told me that he no longer loved me and that he was in love with this other woman, and he begged me to give him a divorce. I refused as I am still very much in love with him and want to keep him for myself, as well as for the sake of our children. I thought in time he would get over this other woman but he does not. He refuses my affection and is nervous and strained at home. Cross to the children and sad as if he hates me. Says he cannot stand for me to even touch him.

Am I doing the right thing by refusing to give him a divorce and forcing him to live with me and the children when he tells me continually that he does not love me and that he does love this other woman?" N. J. K.

HOLDING MAN BY LAW ALONE IS HORRIBLE

ANSWER—No, I think you are doing a wrong and foolish thing in forcing your husband to live with you when he feels the way he does about you. I am very much opposed to divorce if it can possibly be avoided, but there are times and circumstances in which it is as necessary as the surgeon's knife that cuts away a cancerous growth.

You are accomplishing no good by holding your husband by the legal chains that bind him to you. You cannot bring him back to you that way because every day he hates you more and more because you stand between him and the happiness he craves. And surely you can find no happiness in being daily associated with one whose resentment is so great against you that he cannot even bear your touch. To hold a man's body after his heart and his soul have gone from you seems to me as horrible a thing as it would be to drag around a rotting corpse.

Undoubtedly the children suffer in every divorce because they need the love and care of both a father and a mother and the security of a home in which to grow up, but for children to have the ideal home background and rearing depends upon the mother and father loving each other and getting along in peace with each other.

No greater misfortune can befall youngsters than to be reared in a home like yours, where the atmosphere is poisoned with hate; where the father and mother are enemies, and where the home is a place of continual strife. Better no home at all than such a home. Better one parent and peace and love than two who hurt bitter animosities and recriminations against each other.

I think that you will be much happier if you accept the fact that your husband has ceased to love you and does love another woman, and give him his divorce and let him marry her. Do it before he is so wrecked with the strain that he is under now that he will be unable to provide for the children. You are young enough to make another life for yourself, and it will be a better one than this in which you are torn by the struggle to get back what you have lost and can never regain. There is great peace in finality.

DEAR DOROTHY DIX—Several years ago I left my husband and little daughter to live with a married man because he promised to look after my mind. I took it that he intended marriage, but I was so much in love I didn't pin him down to any definite promises. He has made no move to divorce his wife. He has recently bought her a lovely home, while I have to be satisfied with an apartment.

Now what I would like to know is this: Does he even intend to divorce his wife and marry me? Three years is a long time to wait for him to make up his mind. How can I bring things to a showdown? Another thing that worries me is: What does my daughter think of me? She is at a boarding school and only comes to see me occasionally. What does she tell her friends when they ask why her mother does not live with her?

My only hope is to make Jack divorce his wife and marry me. Then I could make a home for my little daughter. What do you think, Dorothy Dix, where I stand? MUCH WORRIED

PRICE OF ILLICIT LOVE MUST BE PAID

ANSWER—That's easy. You stand nowhere. Just on air. A few kisses, a little lovemaking, some pretty presents, some good times, with perhaps a few cocktails too many, don't give a woman any claim, moral or legal, on a man who she knew was married when she left her husband and child for him.

Even when he was persuading you to come and share a love nest with him this man did not promise to divorce his wife and marry you. We didn't deceive you about that. If you were foolish enough to think he would do so, it was because of your own wishful thinking. Now there isn't the remotest chance of his ever marrying you.

Three years is a long time for a liaison to last. Yours is probably about over, and the more you insist upon the man divorcing his wife and marrying you and buying you a fine home, the sooner it will end and you will find that even the doors of the love nest can be closed upon you.

As to what your daughter thinks of you, you must know the answer to that yourself. She is ashamed of you, and she tells her school mates a thousand lies when they question her about her mother.

Three who dance must pay the piper. And the price is high when we come to settle the bill.

DEAR DOROTHY DIX—I have been dating two girls. One of them thinks I should either marry her now, or stop seeing her. She doesn't know much about cooking or sewing. But the other girl is a fine cook and makes all of her own clothes. Which is the best? JOHN.

ANSWER—If you have no preference in the matter, take the cook and seamstress. A man's heart may change, but he is always sure to have an appetite. Also, it is a great comfort to always have your buttons on and your socks darned.

That night, but Tracy still felt stunned. Life without the Senora never would be the same. The big house was like an empty shell without the magnificent woman who had been his mistress.

Ruth had gone away with Pete Donohue immediately after the funeral. Juan, too, had gone, after a violent quarrel with Ramon. He blamed his uncle for the Senora's illness and death.

During that week, Philip Garrison had mended rapidly. Tracy had helped the nurse in caring for

him and, as he grew stronger, she often sat and talked with him or read aloud to him. He had a comforting effect on her. Yet a disturbing effect, too.

"You're swell, Tracy—swell," he had told her one day, taking her hand in his. "You make being shot almost worth while. You do like me, don't you?"

"Yes, Philip. . . . I like you a great deal."

"See thought of the Senora. It


(Continued on page 5.)

Have you energy for the EXTRA things?

ELSIE HAS...

Elsie is a dentist's nurse, keeps house for her Air Force husband, packs boxes for the forces overseas one night every week AFTER WORKING ALL DAY! "Being a dentist's nurse is no snap," says Elsie, "and I couldn't do the extra things if I didn't keep fit. I'm careful about my habits. But I don't take nasty doses. Instead, I get 'bulk' in my diet by eating Kellogg's Bran Flakes. They're so crisp and delicious I look forward to them every morning!"

Kellogg's Bran Flakes With Other Parts of Wheat are gently laxative, help supply valuable minerals and proteins, too . . . help keep you fit for extra things!



KEEP FIT WITH KELLOGG'S every day in the year!

If YOU want to keep fit for extra things, take these steps to health—1. To get well, see your doctor; 2. To keep well, watch your habits. Guard against incomplete elimination. Eat Kellogg's Bran Flakes every day. Ask for the golden-yellow package—either the regular or the new Family package. Begin tomorrow. Made by Kellogg's in London, Canada.



VICTORY

HEALTH LEAGUE OF CANADA

A Morning Smile

THE SCHEMER
Mr. McPherson gave some advice to his wife when they were expecting friends to tea. "Just mind, Jeannie," he said, "to put the sugar-tongs in basin and not a spoon."

"But we have no lump sugar the house," she expostulated. "I was mindin' that!" said Mr. Pherson.

THE COOK'S CORNER

GRAPE-CHERRY MULL
For something quite out of ordinary serve a grape-cherry mull but have the recipe ready for it sure to be demanded. Heat 2 1/2 spoons each powdered cloves, cinnamon and nutmeg. 2 tablespoons of grapefruit juice into a saucepan. Break one medium-sized man stick in small pieces and add with 6 to 8 whole cloves. Simmer for 5 minutes. Strain and sweeten to taste. Pour in cups and sprinkle with nutmeg. Serves 4.

GRAPEFRUIT PUNCH
Serve a sprightly punch to your late guests on their way. Put 1/2 cup of grapefruit juice into a saucepan. Break one medium-sized man stick in small pieces and add with 6 to 8 whole cloves. Simmer for 5 minutes. Strain and sweeten to taste. Pour in cups and sprinkle with nutmeg. Serves 4.

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Home Service
Your Dreams May Tell Secrets About Yourself

Should He Ignore His Dream?
"Lucky that was just a dream," he thinks, "or I'd lose my job."

But he's wrong. No dream is "just a dream." Often it reveals something in yourself that you never knew—and perhaps should know.

You, too, may have dreamed that you FORGOT to go to work. You looked at the clock and it said 5 p.m. That dream, coming from the secret storehouse of your mind, may mean that you're trying to evade some responsibility. Or you fear that inefficiency (in life itself) is causing you to fail.

Dreams, you see, can really help when you take them to heart. You may dream of stains, inkspots, because you're feeling guilty about something. Thinking out what it might relate to you greatly.

Instead of lightly dismissing these dreams, use them to help solve your problems. Our 32-page booklet gives the scientific explanations for several dreams—dying, falling off a cliff, running from wild animals and other typical dream situations. Tell why some dreams are "prophetic."

Send 15c in coins for your copy of The Meaning Of Dreams to the Charlottetown Guardian Home Service address. Be sure to write plainly your name, address and the name of booklet.

Needlecraft For The Home

LITTLE GIRL'S PINAFORE
She Can Wear It All Year 'Round
The pinafore is the very nicest things a little girl can wear. Let the grown-ups copy it as much as they like, it's still her pet style. Make her this one of a clean, fresh-looking print; or in solid color with the amusing elephant applique marching around the hemline like a three-ring circus.

Style No. 2787 is designed for sizes 2 to 8. Size 4 requires 1 1/4 yds. 35-in. fabric, with 2 1/8 yds. edging for ruffles. Cutting design for elephants included in pattern. Pattern is handcut to United States Standard Measurements and includes chart with step by step instructions.

Many people drag along, feeling and looking half-alive—week after week. They are cheating themselves out of good times—all the real fun of living!

You, too, can shake off that tired feeling if you'll try our most common cause—a sluggish system. If system is clogged with poisons, food waste and fatigue acids, you're tired all the time. It's easy to be amazed at the difference when you keep regular with an all-vegetable remedy—BILE BEANS.

Made from 10 pure vegetable extracts, Bile Beans are so gentle they are called "The Medicine That Copies Nature." They stimulate flow of liver bile, essential for good digestion, regularity, that glad-to-be-alive feeling.

Put pep in your step—start the day rarin' to go! Try Bile Beans tonight—they work while you sleep. Over 7 million boxes used last year, convincing evidence of how greatly they are helping others.

TOO TIRED TO GO OUT TONIGHT?

Many people drag along, feeling and looking half-alive—week after week. They are cheating themselves out of good times—all the real fun of living!

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Where's that guy Hitler? ask these smiling war workers. Typical of the women working at the Cockshutt Plover plant in Brantford where Lancaster undercarriages are made, they each have personal interests in the war and are eager to do all they can to bring it to a successful conclusion. Reading from left to right are Mrs. Kenyon, Mrs. Smith and Mrs. Soderstrom. Mrs. Kenyon and Mrs. Smith have sons in the Army and Mrs. Soderstrom is the wife of a veteran of the last war.