

Religion And Life

By Very Rev. George C. Pidgeon, D.D., L.L.D.
First Moderator of the United Church of Canada

Get right with God. This was the watchword of an angelic campaign carried on in Toronto over 40 years ago.

It is of the very essence of the gospel that only an act of God can put us in the right before Him. Man can never do it for himself. Sin is evil directed against God and only the wronged can forgive the wrong-doer.

Professor Johnstone Ross, who taught in the Presbyterian College Montreal for a short time once told this story. As a student he had been assistant minister in a town on the border between the Highlands and Lowlands of Scotland.

Queen of the

Continued from page 2

Smith's home. This craving for better things, and imitation, causes all manner of domestic misfits. When calling a friend the dissatisfied bride mentally compares her household furnishings with her friend's and wonders how she can create, from limited resources, the things of beauty she sees in her neighbor's home.

Don't be afraid to invite into your house that girl friend who has married a merchant prince. True, you may not be able to show her Persian rugs, Oriental hangings, and what-not; but if your friend is the sensible type of person she won't enjoy your company the less because you do not possess these things.

Remember that the happiness of your family is far more important than gold door-knobs and costly bric-a-brac. There is, you know, such a thing as sacrificing happiness for gaudy beads. "Cut your coat according to your cloth." That is what the young housewife must learn to do until such time as her husband finds the rainbow's end and the pot of gold.

Copy no one, but keep house according to your means and the needs of your husband and children. After all, why should your neighbors' possessions disturb you? If you will but learn to banish all covetous thought from your mind, you will find satisfaction and happiness under your own roof.

And don't be a slave of circumstances; take time out for books and music and pleasure.

A dear lady of my acquaintance makes a point of going to her room and lying down for half an hour each day. This brief withdrawal from the hectic of family life keeps her fresh for the evening, when her husband and children naturally expect to find her in an agreeable companion.

The wise housewife never forgets that persistent cheerfulness pays big dividends. Anyone can talk himself into a gloomy state which in turn has a disquieting effect on others. The breakfast table is not a bulletin board for the airing of horrible dreams and depressing symptoms, but the place where a bright keynote should be struck for the new day.

Nor should the supper table be made a battlefield, but a pleasing panorama of what has occurred during the day in the outer world. If your table is a point not to discuss disagreeable subjects with members of your family, you'll soon forget that said troubles ever existed. Keep the vexations locked up in your heart. Remember that the more they are aired the bigger they grow.

Wrangling over the family's faults does not yield any satisfaction in the end. Try to let the past bury its dead. Try to worry only in the present. Why worry about the tomorrow that has not yet arrived?

"Just build a fence of loving trust. About to-day. And fill it full of happy work. And therein stay."

Yes, the women who is the head of a household has vast power and responsibility; but what a noble calling is that of wife and mother! Men are only apparently leaders. Close observation will generally reveal a woman's guiding influence and encouragement and love behind their achievements.

Ask your friends to afternoon tea SALADA TEA

THE CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

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NOTICE TO ADVERTISERS.—Advertisers are reminded that their copy must be in the Guardian not later than noon the previous day to guarantee insertion.

CALENDARS RECEIVED.—The Guardian acknowledges with thanks the receipt of the following calendars from local firms: Rite-Way Cleaners, "Ready to Sew"; M. P. Schurman Co., "At Large"; Alberta; Bank of Nova Scotia, "Tulip Time in Ottawa"; Deaton & MacRae, Winsloe, "A Sure Winner"; Carter's Storage "Pair of Queens."

FUNERAL AT ELAT RIVER.—The funeral of Mr. Magnus Ross was held Friday afternoon from his late residence and was largely attended. Services at home and the grave were conducted by Rev. R. S. Quigley and interment was in Belfast Cemetery.

Personals

Mr. and Mrs. W. B. Creed have returned to their home in Ighite after spending the New Year holiday in Halifax, guests of their son Murray Creed and Mrs. Creed.

Mr. Edwin C. Johnstone left Friday for Waterloo, Ontario, to attend a managers' meeting of the Dominion Assurance Company. He will be absent about ten days.

The many friends of Billy Chappell, son of Mr. and Mrs. Earl Chappell, Bradabane, are sorry to hear he has entered the Prince Edward Island Hospital for an appendicitis operation.

The many friends of Mr. Dan MacPhee, Cumberland, are sorry to learn of his continued illness at his home. Mr. MacPhee suffered a serious heart attack four weeks ago and is confined to his bed.

Mr. Reginald Judson and family are visiting on P. E. Island. Mr. Judson has been in Western Canada for thirty-three years. Their many relatives and friends are glad to welcome them, especially his father, C. W. Judson, Cherry Valley, who is in his eighty-eighth year.

Among the visitors to the city, New Years were Mr. and Mrs. Clarence Misener, and young son Gordon of Dartmouth, N. S. Mr. and Mrs. Thomas Clair and sons John and Roger of Montague, Mr. and Mrs. Keith Dixon and sons George and Gage of Clyde River and Miss Hilda Ferguson, nurse in Montague Memorial Hospital. Mrs. Misener, Mrs. Clair, Mrs. Dixon and Miss Hilda Ferguson are daughters of Mr. and Mrs. Harry Ferguson of this city, where they spent their holidays.

Mrs. John W. MacKinnon, Eastville, was very pleasantly surprised on Sunday, Jan. 8, to receive a long distance telephone call from her sister Gladys, Mrs. Egie Sundgren, Ramapo Heights, Sloatsburgh, N. Y., wishing her sister and all her immediate family happy New Year greetings. Mrs. MacKinnon also spoke to her brother-in-law, Eric, and her nephew, Dr. Larry Sundgren.

TO BECOME MONK.—SAN FRANCISCO, Jan. 3.—(AP)—A 50-year-old state official and business man wound up his affairs today so he may "don the black robes of a monk. He is Donald D. Foster, for 16 years a California State Board of Equalization official and successful operator of a local hobby shop. Foster, who last year observed his 25th wedding anniversary, will enter St. John's Abbey, a Benedictine monastery at Colleeville, Minn. His devoted wife, May C. Foster, approves of his decision to enter the order. She indicated she will enter a religious order.

Ellen's Diary Continued from page 2

The sheen of the path that leads along the white sand sunset. We like the quiet and beauty of it nor do we fear loneliness in any spell of isolation, and as the January days lengthen, our only regret will be that they are still not long enough to allow us time for all the interests we have saved for those hours.

This morning broke rosy over a wooded hilltop "down along" and rising to an elbow, the better to view to this miracle of dawn, which ever enthralled us, we wondered if this might not be a favorable sign, a promise of much fulfillment for peace and good fortune for a whole world, in the months to come. And then coming to a window we agreed "We never saw a better day than this for the time of year." Our New Year's Day being already kept, in no time the family was engaged at his or her pursuits. On brisk steps James was away to the barns, and the many chores that claimed him, and thither presently grand-daughter—Hilda—trekked to join him. With "our own mare" in a farm-cart Jock was cleaning stables to the heaps in the fields, and her son bathed and fed and into his morning sleep, Jennie was spreading her wash, so that as the sun continued to accent the shadows about lawn and yard, our day was off to a satisfying start.

But once more the evening shadows have fallen and all work of the day is ended. A moon nearing full, looks down now on the quiet farmsteads and the mill in the depths of the valley. And no white blanket of snow has January yet spread. But instead there are the signs, Ellen's James comes in from a last round of stables to say "there's rain in the offing!"

Until tomorrow—Diary—Good-

BULLETINS FROM BIRDLAND

WINIFRED E. WILSON



BIRDS' TOOLS

Perhaps you have wondered about the honey-combed appearance of some sand banks; but even if you were aware that each little hole housed a Bank Swallow's egg, you may not have known that the birds did the excavating themselves, using as tools both bills and claws. Kingfishers also make their own holes in banks. The rough-soled feet of an Osprey act like tongs for gripping fish. Indeed all birds are supplied with implements, and very few rely on others for either nest building or obtaining food.

Next summer watch Mrs. Balmorale Oriole weaving her hanging basket. Now, in mid-winter, you may see a Nuthatch employing its bill as a chisel to open nuts which it has wedged into a tree crevice. Needed for extracting small insects and insects' eggs from narrow cavities, the bill of a Brown Creeper is more sickle-shaped. Its tail is another tool, provided with spikes to jab into a tree trunk, like spurs on the boots of men who climb poles. The Chimney Swift's tail ends, similarly, sharp splines on the ends of the feathers being suitable to press against the inside bricks of chimneys.

The awl-shaped bill of a Hummingbird probes down into the depths of long, slender blossoms, and is also a sheath for other gadgets; the tongue, curled over at the sides, forms a double tube for sucking nectar, while a brush on its tip sweeps up both liquid and diminutive insects. A Crossbill owns a tool especially designed for husking off the scales of various cones in order to get at seeds underneath. The tips of the bill are prolonged and cross each other when closed. One needs only to see it in operation, and listen to the scales rattling down, to realize how efficient is this strange-looking contrivance. The habit of turning over stones on a beach in its search for food makes a wedge-shaped bill most useful to the Turnstone. Mergansers, Ducks, Geese, and Swans all carry sieves. Their bills are furnished with tooth-like projections on the sides through which they strain water from their food.

A Woodpecker carries around a whole set of tools. Its bill is a chisel for gouging a home out of an old tree trunk; its tongue is a harpoon to spear and hold insects; hooks for claws on the feet help the bird hold to bark; stiff bristles at the end of the tail assist in support.

Have birds got teeth?

CRASWELL for Photographs. JIMMIE'S TAXI, Phone 525. SCANTLEBURY SIGNS, PHONE 920.

MISSES WOOL and Alpine Winter Dresses to clear at 25 per cent discount. S. A. McDonald.

SPECIALS AT The Smart Shoppe, Queen St. 2 racks dresses, figured and plain crepe, sizes 11 to 44, going at 5.00 each.

SNOW SUITS, selling less 25 per cent discount at S. A. McDonald.

COVEHEAD NOTES. Miss Helen Power, Moncton, spent her holidays with relatives in Rocky Point.

Mr. and Mrs. Llewellyn Gamble spent the holiday at the home of Mr. and Mrs. James Marshall.

The friends of Miss Jean Boyver are pleased to hear she is recovering from her recent illness.

Mr. Cornelius Murphy has returned from the City Hospital where he underwent an operation.

Mrs. John Power has returned to her home after being a patient in the City Hospital.

Mr. Freehand Dockendorff, City, spent the holiday with friends in Covehead.

Mr. Ephraim MacMillan, New Glasgow, came by plane to attend the funeral of his late brother, Mr. K. MacMillan.

Covehead Road School re-opened January 3. Class work was resumed under Jeannette Marshall, principal, and Miss Marion Woodridge, assistant.

Miss Audrey Marshall, employee of T. Eaton & Co., Moncton, returned after having spent Christmas and the New Year with her parents, Mr. and Mrs. Charles E. Marshall.

Mr. and Mrs. Harry Brown, Montebello, California, who visited Covehead Road in August are now wintering in Florida. They are retired school-teachers who are travelling by automobile with trailer wagon attached. They appreciated the hospitality given by their cousin, Mr. James Marshall, who is now eighty-eight, and whom they were delighted to visit.

The sympathy of Covehead and surrounding communities goes out to Mrs. Russell Birt and family in the loss of a kind father and husband. Also to the family of Mr. Kenneth MacMillan. Mr. MacMillan passed peacefully away Friday evening, Dec. 30, in the P. E. I. Hospital where he had a painful, but a hearty welcome was given to visitors. His funeral which was held at West Covehead Church, Sunday afternoon at 2:30 p.m., was largely attended. The service at the church and grave was conducted by Rev. T. A. Wilson, who spoke comforting words to the bereaved family. "In my Father's house are many mansions," after which his body was laid to rest beside his wife and daughter, The pall-bearers were Ira Carr, Frank Hughes, Harold MacDonald, Charles O'Brien, Samuel Woodridge, George Kielly. He has left to mourn, four sons, Gordon, Ernest, Lewis, at home; Edson, St. Catharines, and one daughter, Gladys, in Montreal.

Canadian Cheese On British Market

The trade in the United Kingdom speak highly of Canadian cheese, but say that continuity of supply is most important. This was one of the main observations of Dr. H. A. Derby, Chief of the Dairy Products Marketing Section, Dominion Department of Agriculture, after visiting distributing centres in the United Kingdom this summer, where cheese from Canada, New Zealand, Australia and the United States were stored.

That the breakages of boxes is a matter of serious concern to the Canadian cheese trade, Dr. Derby found from actual inspection. The heading in boxes also needs attention as many were seen which were very rough in finish, and showing bark. Steps have already been taken by the Department to enforce the regulations under the Dairy Industry Act, under which the venter in cheese boxes must be not less than one-fifth of an inch in thickness, and next season, all cheese for export will require double wrappings.

Frequent complaint was heard that Canadian cheese are too heavy—some weighing as much as 112 pounds. The United Kingdom trade does not want cheese weighing over 90 pounds, and would prefer them around 85 pounds for easier handling. Another complaint is that the cheese is too large for the box, and so lacks ventilation, resulting in excessive mould growth, dampness and poor ripening. Many Canadian cheese examined, boxed as described, were spongy when pressed with the thumb. In contrast to New Zealand cheese in the open crate, which had showing slight mould, was very firm and dry. Again with the cheese so tight fitting, it is impossible to remove the box without breakage. Particularly is this so when the cheese are higher than the box and the cheese is squashed from piling. The trade feel, and rightly so, that the top of the cheese should be below the top of the side of the box, so that when the cheese are turned the ends will be ventilated.

An examination of the cheese for quality, found that the original grade was well maintained on flavour. Some complaint of defects from heating, were received and these are being studied with a view to eliminating this cause. A bitterness in flavour was also reported. Canadian cheese has built up

STOCK-UP SALE! MID-WINTER

Table of grocery items and prices: SUNKIST JUICY ORANGES—3 Dozen 1.00, DOMESTIC SHORTENING—Lb. 27c, YORK BRAND STUFFED OLIVES—4 oz. bottle 31c, Special Blend TEA—Lb. 89c, MONARCH—1 pkg. Ready Mix Pie Crust; 1 pkg. Ready Mix Gingerbread—Reg. value 68c—The deal—2 pkgs. Limit 3 Deals to an Order 41c, Bulk Sultana Raisins, 5 lb. 1.00, Bulk Seeded Raisins, 4 lb. 1.00, Bulk Pitted Dates, 4 lb. 1.00, Bulk Cacaoanut, 2 lbs. 1.00, Bulk Carrots, 2 lbs. 39c, Island Oatmeal, 5 lbs. 45c, Bulk Macaroni, 2 lbs. 25c, Bulk Rice, 3 lbs. 50c, Pot Barley, 3 lbs. 29c, White Beans, 5 lbs. 49c, TREASURE BRAND YARN—100% Pure Virgin Wool—1 oz. 3-ply skeins—20 Beautiful Colours 19c, SPECIAL FOR YOUR DOG—CHUM DOG FOOD—Reg. 13c tin—10 tins 1.00, OUR MEAT IS GOOD, PRICES SLASHED ON MEAT, Sweet Pickled Pork Hocks, 21c lb—5 lbs. 1.00, Meaty Spare Ribs, Sugar Cured, 13c lb—8 lbs. 1.00, S. P. Twine Wrapped Cottage Roll—lb. 59c, COUNTRY ROASTING PORK—Very Meaty—Lb. 35c, SMOKED HAMS—Picnic Style, 5 to 8 lbs. each, Lb. 51c, Boneless Rolled CORNED BEEF, 2 lbs. with 1 large cabbage free. 1.00, Extra Special! BACON ENDS—Not Sliced—Just as they come—3 lbs. 1.00, CASH & CARRY STORES, We Deliver C.O.D., Phone 747, 187 GREAT GEORGE STREET, 33c Pkg.

handed in for the Orphanage children. The sick committee presented bills which were ordered paid. It was decided to treat the school children at the December closing. The members were asked to solicit for blood donors for the Red Cross and information was read regarding a First Aid Course to be given beginning December 26. Mrs. Victor MacPhail invited the members for the January meeting. Mrs. Gordon MacLean and Miss Jean Boyle will assist the hostess and the roll will be answered with a suggestion of some project to be taken up by the Institute during the coming year. Miss Jean Boyle and Mrs. Sterling Clow were asked to prepare a program for the January meeting. Collection was taken on and four members paid their dues. Meeting closed with The King. Lunch was served and a social hour spent.

7 Men Of Salvage Crew Missing EDMONTON, Jan. 6.—(CP)—Seven men of a salvage crew dismantling the Canal pipeline in the Northwest Territories are "long overdue" in reporting to their base at Whitehorse, the R.C.A.F. reported today. The men were last heard from Dec. 10 when they had 10 days' food left. The R.C.A.F. received its report from the R.C.M.P. at Whitehorse, 1,000 miles northwest of here. Police said the men were employed by the company which bought the Canal pipeline, wartime project built to carry oil from the oil field at Norman Wells, N. W.T., to a refinery at Whitehorse. Their names were not available.

MAKE YOUR GRAVY WITH OXO CONCENTRATED BEEF. Now! Improved, foil wrapped cubes... quick dissolving for more beefy gravy.

COLDS DO MATTER. There is no such thing as "Just a little cold" because the cold itself is a symptom of lowered vitality. To stave off colds, or to deal with them once they have started, keep warm and dry, get plenty of rest and take FATHER JOHN'S MEDICINE. For nearly 90 years careful parents have been giving Father John's Medicine to their children, and have been taking it themselves. This is a wonderful proof of the value of this famous medicine. FOR COUGHS AND COLDS. Father John's Medicine. Made in Canada.

Grade Eight Prince Street School



First row, left to right—Kenneth MacPhail, Charlie Murley, John Ley, Cyril Wheatley, Donnie MacLeod, Lester Taylor, Bobby Bradley. Second row: Elbis Manuel, Harold Kemp, Greata Hansen, Bessie Younker, Janet Skinner, Frances Farquhar, son, Barbara Whitlock, Helen Cooke. Third row: Edith Smith, Jean Bevan, Beryl Graham, Katherine Younker, Lorraine MacKinnon, Shirley MacFadyen, Mark Ladder, Roddie Ainsworth, Donald Ford. Fourth row: Joan Lewis, Margaret Barrett, Mary MacCallum, Shirley Ladder, Gloria Jones, Noelle Biggar, Teacher, R. MacDougall.