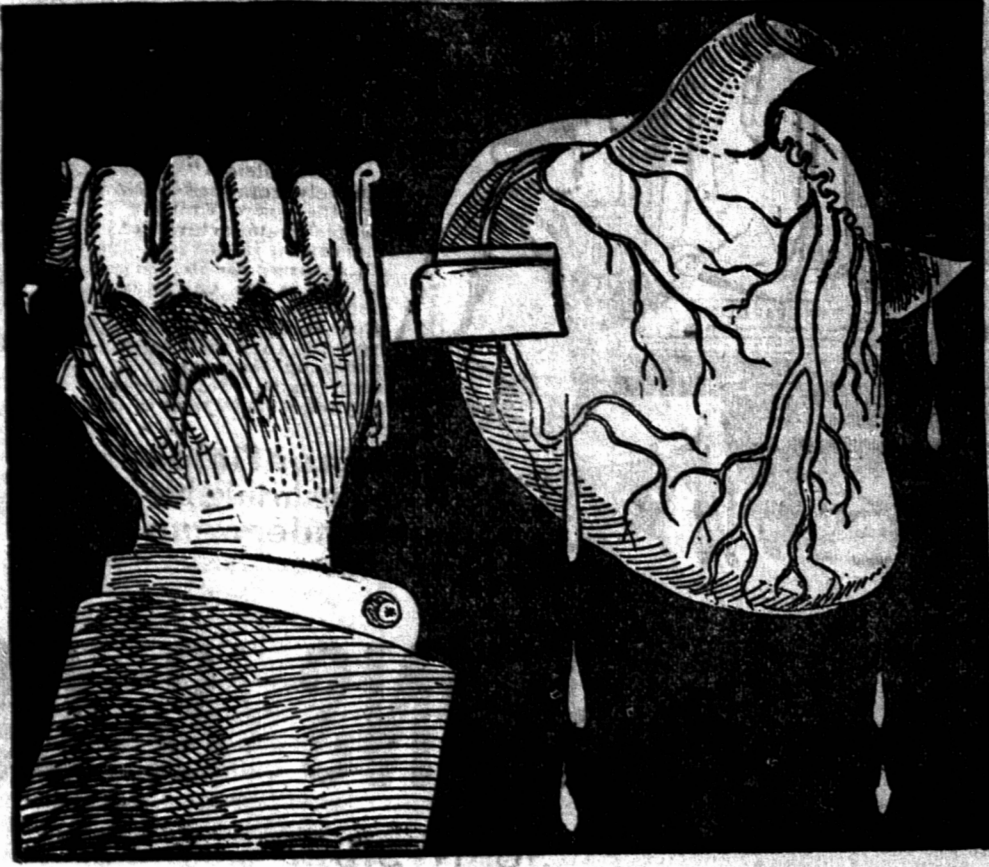


# Heart Disease

Some Facts Regarding the Rapid Increase of Heart Trouble.



Heart trouble, at least among the Americans, is certainly increasing and while this may be largely due to the excitement and worry of American business life, it is more often the result of weak stomachs, of poor digestion.

Real organic disease is incurable; but not one case in a hundred of heart trouble is organic.

The close relation between heart trouble and poor digestion is because both organs are controlled by the same great nerves, the Sympathetic and Pneumogastric.

In another way, also the heart is affected by the form of poor digestion, which causes gas and fermentation from half digested food. There is a feeling of oppression and heaviness in the chest caused by pressure of the distended stomach on the heart and lungs, interfering with their action; hence arising palpitation and short breath.

Poor digestion also poisons the blood, making it thin and watery, which irritates and weakens the heart.

The most sensible treatment for heart trouble is to improve the digestion and to insure the prompt assimilation of food.

This can be done by the regular use after meals of some safe, pleasant and effective digestive preparation like Stuart's Dyspepsia Tablets, which may be found at most drug stores, and which contains valuable, harmless digestive elements in a pleasant, convenient form.

It is safe to say that the regular persistent use of Stuart's Dyspepsia Tablets at meal time will cure any form of stomach trouble except cancer of the stomach.

Mrs. Lydia Bartram of Assyria, Mich.

writes: "I have suffered from stomach trouble for ten years and five different doctors gave me only temporary relief. A Mr. E. K. Page advised me to try Stuart's Dyspepsia Tablets and four boxes did me more permanent benefit than all the doctors' medicines that I have ever taken.

Mrs. G. H. Crotsley, 538 Washington St., Hoboken, New Jersey, writes: "Stuart's Dyspepsia Tablets just fill the bill for children as well as for older folks. I have had the best of luck with them. My three-year-old girl takes them as readily as candy. I have only to say 'tablets' and she drops everything else and runs for them."

Miss Lella Dively, 4527 Plummer St., Pittsburg, Pa., writes: "I wish every one to know how grateful I am for Stuart's Dyspepsia Tablets. I suffered for a long time and did not know what ailed me. I lost flesh right along until one day I noticed an advertisement of these tablets and immediately bought a 50 cent box at the drug store. I am on the second box and am gaining in flesh and color. I have at last found something that has reached my ailment."

Phil Brooks, Detroit, Mich., says: "Your dyspepsia cure has worked wonders in my case. I suffered for years from dyspepsia but am now entirely cured and enjoy life as I never have before. I gladly recommend them."

Full sized package of these tablets sold by druggists at 50 cents. Little book on stomach troubles mailed free. Address, F. A. Stuart Co., Marshall, Mich.

## GERMANY'S GREAT NAVAL DEMONSTRATION

The First Move Will be the Blockade of the Venezuelan Ports—Warships are Gathering in That Vicinity.

Washington, Dec. 27.—The gathering of German warships in the vicinity of Venezuela and the presence in the same locality of many American, British, French and other foreign warships is directing attention to the imminence of the naval demonstration Germany is about to make against Venezuela. Thus far the German Government has not made known the exact details of her proposed move, the official communications to the United States being confined to an inquiry as to the attitude of this Government on the question of a demonstration in view of the purpose on the part of Germany not to acquire any permanent foothold in Venezuela.

The answer of this Government was entirely satisfactory to the German authorities, who, since have proceeded with the execution of their plans for coercing Venezuela. It is said to be probable that the

first move by Germany will be the establishment of a blockade of Venezuelan ports so as to prevent the introduction of food produce into Venezuela and thus starve the besieged into submission.

Venezuela, it is said, is entirely dependent on the outside world for its supply of corn, which is a staple among the Venezuelans. The Germans are expected to occupy one or more of the main ports of Venezuela, probably La Guaira and Maracaibo. In this connection most positive assurances have been given to the United States Government that the occupation is to be temporary and for such length of time as will permit the collection of the debt due to Germany, thus disposing of the report that there is any ulterior purpose to establish a German coaling station on Venezuelan soil.

### THE BIGNESS OF PHILLIP BROOKS.

At the height of the busy holiday season only a few days before Christmas some years ago, a large man stopped at a counter in one of the big stores in Boston to make a purchase. As he stood waiting for his parcel in the bustling hurrying crowd, above which he towered head and shoulders, a poorly dressed little girl wandered by, crying bitterly. Turning quickly, the tall man stooped down and asked her what the trouble was.

"I've lost my mamma, and I can't find her," she sobbed out.

Without a moment's hesitation he gently picked her up, and raising her carefully to his shoulder said: "Now I am a very big man. You sit on my shoulder and you can see everybody in the room. In a few minutes you will either see your mamma or she will see you."

Sure enough in a short time the little one joyfully called out: "There's my mamma!" and at the same moment a small, shabby woman came hurriedly pushing through the crowd toward them.

"Oh, I thought I'd lost her," she said as she came up. "I've hunted everywhere and couldn't find her."

She reached up her arms and took the child, and with a kindly smile Phillip Brooks picked up his parcel and walked away.—Franklin B. Wiley, in the January Ladies' Home Journal.

### COULD SCARCELY WALK.

THIS MAN WAS IN A VERY BAD WAY, BUT AT LAST FOUND A PERFECT CURE.

ARNHEIM, ONT., Dec. 30 (Special).—This most significant statement is being published by Mr. J. H. Martin of this place:—"For eighteen years I have suffered with a severe backache which was so bad that I could scarcely walk or lie down at times. I tried many medicines but got no better till I used Dodd's Kidney Pills. As soon as I began his treatment I commenced to improve very rapidly, and now I can do my work without any trouble. They are the greatest medicine I have ever used and I would not be without them. I most heartily recommend Dodd's Kidney Pills for Backache."

Those who know Mr. Martin know that he means every word he says, and his plain statement must carry great weight. Dodd's Kidney Pills are very popular in Arnheim.

### TO BE EMPLOYED FOR LIFE.

John Higgins, a brakeman who had both legs cut off in an accident near Emporia, Kan., last September, has made a rather curious settlement with the railroad company. He is to be taught telegraphy at the company's expense, and is to have employment for life. He is also to be provided with a pair of cork legs.

### INTERESTING INCIDENT.

CARACAS, Venezuela, Dec. 27.—The cruiser Vineta anchored off La Guaira to-day. An interesting incident occurred early in the day. When the Venezuelan health officer went alongside the Vineta at six o'clock in the morning he was not allowed to board her. The Venezuelan officials immediately interpreted the action of the German officers to mean that the cruiser had visited La Guaira on warlike business, in connection with the claims of German citizens. At eight o'clock, however, a German officer called on the authorities and explained that the refusal to allow the health officer to board the Vineta was due to the fact that he went alongside the cruiser at too early an hour.

DON'T BE DISAPPOINTED. You won't if you use Kendrick's Liniment. There is nothing like Kendrick's for Lameness, Swelling, Pains, Sore Throat, and Lungs, and as a general household remedy.

### A THOUGHT FOR OTHERS.

The Duke of Cambridge is the only member of the royal family who employs a woman cook, and no one appreciates her very admirable cooking more than his royal highness. The duke frequently shows his appreciation of her ordinary efforts in a very practical way, and before now has been known, after a dinner which has particularly pleased him, to go straight away to the kitchen and in a few kind words offer his congratulations to his cook.

CATARRH IS A GERM DISEASE. Science, armed with the microscope, has established it a fact, and this conclusion renders obsolete the practice of treating Asthma, Catarrh and Bronchitis by stomach drugging, sprays, snuffs, &c. Such treatments are an utter failure because they cannot penetrate the delicate air cells of the lungs, or permeate the air passages of the nose and bronchial tubes where the germs of catarrh have their stronghold. Catarrh is the only certain remedy. It is inhaled by the mouth and after spreading through all the respiratory organs is exhaled through the nostrils. Catarrh kills the germs, heals the inflamed tissues, clears the head and throat in two minutes, and cures in a few hours. Nothing is so effective, pleasant and simple as Catarrh. Two months' treatment \$1.00. Small size, 25c. Druggists or N. C. Polson & Co., Kingston Ont.

### SENATOR SEWELL DEAD.

Camden, N. J., December 27.—United States Senator William J. Sewell died at 9.30 this morning.

## WONDERS OF THE ALPS.

Myriads of British and American tourists are at this moment delighting themselves with the grandeur of Alpine travel. Nothing in the world's history is more impressive than the story of the Alps. Ten or twelve million years ago, possibly far more, a long, unseen line of weakness, a crack or fissure in the earth's crust, stretched away from France eastward hundreds of miles. On his line followed huge volcanic outbursts. Next ensued a vast slow subsidence, which went on through geologic epochs, until where Mount Blanc now rears its summit 15,780 feet, was a sea fringing an old continent. Large rivers emptied into it. Deposits of mud, sand, gravel were laid on one another as the sinking went on, until the layers became 50,000 feet, nearly ten miles, thick. Then at last commenced a great uplifting; the struggling subterranean forces raised a huge load. For ages this went on until the rocks, crumbled, crushed, contorted, rose above the waters, and continued to rise, forming lines of mountain chains and making Switzerland a tableland. Every hour since then rain and snow, river, glacier and avalanche have been sculpturing into peaks and carving into lakes and valleys that vast platform with its recent sedimentary covering and primeval granite core.

The result is a land of unequalled grandeur. Find you this in the guide books? Not a word of it. Yet Prof. Judd, in his charming "Volcanoes" (Kegan Paul) told the tale years ago in half a dozen pages. Would not the traveler look on the Matterhorn, the Jungfrau, the stupendous Splügen, the massive Gothard, the Mer de Glace, the deep Lake of Geneva, with quickened interest had he this story before him? And it can be told so easily; but 'tis not there.—London Telegraph.

### RECEIVED BY THE KING.

LONDON, Dec. 27.—King Edward received Marquis Ito in audience Marlborough House, this afternoon. The Japanese statesman had previously called on the Foreign Secretary Lord Lansdowne, who accompanied the Marquis to Marlborough House and introduced him to the King.

### GALES SWEEP NEWFOUNDLAND.

St. JOHN'S, Nfld. December 27.—Furious gales swept the coast of Newfoundland last night and wrought much destruction among the shipping and fishing properties at Bay of Islands, Nfld, where several American vessels were seeking cargoes of herring.

Wash day is easy and clothes get white if you use

## "VICTORINE"

It does away with washboard rubbing. Takes 5c, all grocers. McKinnon & McNevin, Queen St. Agents at Charlottetown.

# Blankets Closely Priced

You would think to feel the softness and warmth of these "St. Helen" Blankets a \$2.75 the pair that they were light as feathers. Yet there is five pounds of pure wool in them we are particular to have our blankets full size. It is blanket weather now—there is something to be saved on every one of these necessities that you may need.

## Comforts

too by the hundred from 75c up to \$9.00. Every comfort you buy from us will give you more comfort per dollar than if bought elsewhere.

# PROWSE BROS.

The Wonderful Cheap Men

## New Neckwear Special For Xmas

If you are going to give him anything—don't fail to have a look at our swell ties.

New Styes, New Colorings, In four-in hands, Lombards, Stripes, Knots, Flowing Ends, Puff Bows, etc.

A Big Range of White Ties in Silk and Satin Prices 25c, 30c, 35c, 40c, 45c and 50c.

## Gordon & McLellan, MEN'S OUT-FITTERS.

## Pitch Pine —AND— Oak Timber Boards, etc.

Large stock kept on hand. Orders filled promptly.

JOS. A. LIKELY, St. John, N. B. 13 d & wky.

## XMAS GIFTS

Perfumes, all the latest odors in handsome packages, Mirrors, Toilet Sets, Ebony Brushes and Combs, Dressing Cases, Parfums, etc., etc.

Smokers requisites, Choice Havana Cigars in small packages, Fine tobaccos, Meerschaum and Briar Pipes, a large assortment.

Wholesale to the trade. We offer Perfumes in Roger and Gallet's, Seeley's, Taylor's, Colgates, etc., etc., Cigars, Pipes, etc.

Drugs and patent medicines as cheap as you can import them. We buy all our stock for spot cash and give you the advantage of low prices.

Mail orders to

## Geo. E. Hughes, Apothecaries Hall, Ch'town.

### STANTON'S PAIN RELIEF

An INTERNAL and EXTERNAL Remedy for the Immediate Relief and Cure of Rheumatism, Cramps, Colics, Sore Throat, Diarrhea, Faceache, Toothache, Sprains, Bruises, Neuralgia, Lumbago, etc., etc.

This is an internal and external Family Remedy, carefully calculated for general use, and should be kept in every household and in every traveler's gripack—do not overlook the fact that immediate attention to any ailment will save serious trouble, worry and expense. When a medical man is not at hand STANTON will do the work.

Soothe you and give you instant relief.

For sale everywhere. Price, 25 cts per bottle.

McGEE'S BURNING PILLS  
Cures Habitual Constipation, Torpid Liver, Sick Headache.

For sale everywhere, 50c per box or by mail on receipt of price.

Sole Proprietors, THE WINGGERS CHEMICAL Co. Limited, Montreal, Canada.

## Xmas Trade

is over and we take this opportunity of thanking our many customers for the most successful holiday trade we ever had. There are still a few little pick-ups left and if you call early you might find something nice.

## MITCHELL'S BOOKSTORE!

Queen Street Opp. Prowse Bros.

## Chinese Laundry.

## JOHN LING & Co.

Grafton St., Op. Court House.

All kinds of laundry work done and finished in a highest style. All our work guaranteed to be satisfactory.

Collars ironed to look like new. All family work done cheap. Shirts done for 5c; Collar 15c; Cuffs per pair 2c; Handkerchiefs 5c; Silk Handkerchiefs, Neckties 15c; Underclothes 3c; Night Shirts 3c.

## JOHN LING & CO.

## Use UNION BLEND Tea.