

# Woman's Realm Social and Personal Fashions Literature

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

(Copyright, 1939, King Features Syndicate Inc.) Look in the section your birthday comes in, and find what your outlook is, according to the stars.

**For Monday, April 1, 1940.**  
**MARCH 21 to APRIL 20 (Aries)**—I am not joking when I say that unfeeling, destructive plans or tricks (whether or no they are to be carried out) are being laid against you. Be out of order! Today especially suggests a thoughtful, sensibly conservative attitude.

**APRIL 21 to MAY 20 (Taurus)**—You are both personally and generally well. You are in a position to do some good. Be sure you are not too generous. Be sure you are not too generous. Be sure you are not too generous.

**MAY 21 to JUNE 21 (Gemini)**—Generally favorable. But your activity must be directed in the right channels. No subterfuge or half-right attempts will do. Give your energy and ability a chance to do something beneficial in the way of a new method or solution.

**JUNE 22 to JULY 23 (Cancer)**—Protect your income. Spend for future security in things that have a definite profit with guarantee. In pure speculation, be the wise outlooker today. Avoid extremes.

**JULY 24 to AUGUST 22 (Leo)**—Business, career, money and professional matters require close attention. Sidestep the busy days in personal, domestic and romantic affairs. Tension is not as likely, unless you or loved ones or friends are in a disagreeable mood. News of interest.

**AUGUST 23 to SEPTEMBER 23 (Virgo)**—You will be wise if you will follow the sane conservative path today, friend. Especially regarding "business" and unnecessary items offered in intriguing manner. Conserve your energy.

**SEPTEMBER 24 to OCTOBER 23 (Libra)**—Don't let others impose upon your willingness to assist. Attend to your own duties and

## Uncommon Vegetable Easy to Grow in Your Garden

There are many uncommon vegetables which grow easily in the backyard. Some of them should be tried every year to see whether you like them.

Leeks are cousins of the onion. They are often cooked in the same way, but are sweeter. They are especially valuable in sections where turnips are difficult.

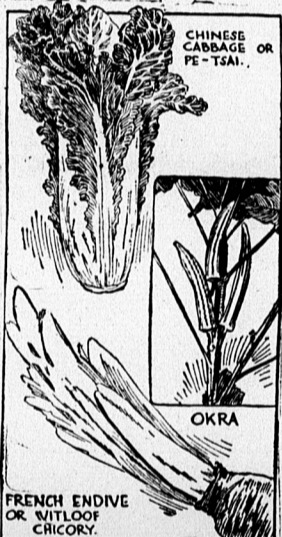
Peppers are not so uncommon, but better and sweeter varieties can be grown in the home garden. Eggplants are usually available on the market, but can be easily grown at home. When braided and fried in butter they are one of the finest garden delicacies. Don't start them until the weather is warm.

Chinese cabbage, or celery cabbage, as it is often called, is gaining in popularity and would be a welcome addition to your regular list of vegetables, especially these fall crops. It resembles the lettuce, but the leaves are more firm and cabbage-like. It is fine salad material, also delicious when boiled.

Salsify, oyster plant, is a tasty root with a distinctive flavor which is used in soups and stews. It is very hardy, and, like the turnip, can be left in the ground all winter and dug up for use whenever needed.

Okra is another good seasoner to give new taste to old dishes. It can be grown in northern gardens if started indoors and then transplanted.

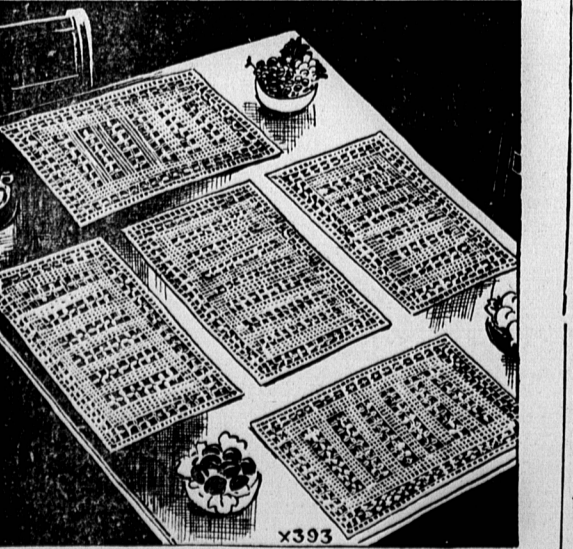
Celery has the rooted celery, gives the celery taste to cooked things. It is good for salads, and will keep well over winter.



French endive, chicory, should be sown in the spring. It matures during the summer months, and when dug and put away in sand will sprout tender shoots which make excellent winter salads.

Kale, cress, corn salad, chervil mustard and marrows are other vegetables infrequently seen in the amateur's backyard. Pick out a few of them this year. The varieties will be welcome, and the presence of new plants in your garden will be interesting to you.

## CROCHETED LUNCHEON SET



A bit of Sweden transplanted this beautiful crocheted design for a luncheon set is created in the fine mercerized cotton. Pattern No. X 393 contains list of materials needed and complete instructions. To order the design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department.  
 Design No. X 393  
 NAME \_\_\_\_\_  
 STREET \_\_\_\_\_  
 PROVINCE \_\_\_\_\_

## Navy Beau

By Joseph Lewis Onadwick

### CHAPTER XXVIII

When Phil arrived in Los Angeles, he had sent no word to Joyce that he was coming. Neither did he phone her before going to her Hollywood home.

He simply presented himself on the evening of his arrival. A maid admitted him into the living room, then went to summon Joyce.

As he sat waiting, he looked about the immense, luxurious room and thought how small and unpretentious the Walkie cottage seemed in comparison. He felt like a stranger here—an intruder. He and Joyce moved in different worlds.

Then, she came hurrying into the room, rushed toward him with outstretched arms.

"Phil! What a lovely surprise!" she said, and she flung her arms about his neck and kissed him.

"Oh, I'm so glad you've come!" she told him. "It's so good to see you! When I heard nothing from you, I—I thought you were still angry with me. I thought you'd forgotten me for good and all!"

Her eager greeting and her apparently genuine happiness at seeing him momentarily weakened his resolve, but then, he reminded himself that she was a good actress and he deliberately hardened his heart.

"I'm not angry," he said stiffly. "But Phil, darling, you understand now, don't you?" she said anxiously. "I tried to tell you, in my note—"

"There was your contract. You had to live up to it. At least, you thought you had to. But I haven't come here to talk about that."

"His tone was so cold that she stared at him with sudden apprehension, the light dying out of her eyes."

"Then—then, why have you come?" she asked, sinking into a chair.

"He sat down opposite her and carefully lit a cigarette before he answered.

"I've come to have a talk with you about something."

"Everything? What do you mean?" He looked directly at her and said bluntly, "I mean that I think our marriage is a mistake."

"Phil!"

"You don't love me," he went on. "You may have thought you did when you married me—but you don't. That's plain now."

"But Phil, I do! I ought to know! Oh, darling, how can you say such a thing? Because I came away doesn't mean—"

"I'm not referring to that now. That's only part of it."

"Part of it? What else is there to be your absurd idea?"

He produced the three clippings that had been sent to him and handed them to her with a pleased smile.

"How about this?" he said evenly. "How about you and Roger Chan-"

She gazed at the clippings her face pale. Then, her lips formed a tight, thin line.

"How did you get hold of these?"

"Some one sent them to me—I don't know who."

"Then, that some one is maliciously trying to poison you against me? This picture of me with Roger Chan-"

"How about this?" he said evenly. "How about the hold-up story?"

Phil demanded, "I suppose you also have a ready explanation for the fact that the picture of you and Roger Chan-"

And for the fact that you were leaving his house—alone with him—when the robbery occurred?"

"I don't know anything whatever my explanation, you won't believe it, will you? No! You didn't come here to listen to explanations—you came to tell me you were going to advance your own. You've prejudged me, so why should I bother to explain?"

"If you can go ahead."

"Very well, then. Joyce's face was now flushed with anger. "It's true that Roger gave me the bracelet and that it was valuable—but I don't know where he got it. He gave a party for the cast of a picture and gave all of us supposedly inexpensive presents. They all were—except one. It was the bracelet. I know until after the robbery that it was worth more than a few dollars."

Phil looked at her, wanting to believe her but wondering whether he should.

"Finally, he asked, "And just why did she single you out—why did you alone receive a costly bracelet?"

"Can I help that?" Joyce flared. "You can help going to his house alone—as you evidently did on the night of the robbery!" Phil shot at her.

"On what's the use?" She made a gesture of utter helplessness. "I can't explain that, too—but I won't! If you're determined to doubt me, way go on talking? It's evident what you think of me. You think I'm shallow and fickle—but I'm capable of real love. You remember all those publicity stories picturing me as flirting from man to man. They were false, but you loved them. You believed I broke with Dave Manning because I was fickle and inconstant—and now you believe I've falled you in the same way. See? I can't convince you otherwise."

Joyce's voice died away and, for a few minutes, there was utter silence in the room. Phil sat staring down at the floor.

"Then, Joyce rose. "All right—you win," she said evenly. "If you think our marriage was a mistake, I suppose you want it ended. Very well, we'll end it. I'll get a divorce. Is that what you wish?"

"Phil didn't answer, and didn't look at her."

"Well, anyway, it's what I wish!" Joyce said suddenly. "If you have a little faith in me, you don't trust me, we can't hope for happiness together. I'll see a lawyer tomorrow."

At last, Phil spoke. "Perhaps it's best," he muttered.

Still without looking at her, he

## Dorothy Dix's Letter Box

### DOROTHY DIX SAYS—EGOTISM IN CHILDREN NEEDS TO BE CONTROLLED CAREFULLY

#### Guidance Rather Than Scolding Is Best Way To Cure A Little Braggart

One of the most delicate and difficult problems that confront parents is how to save their children from becoming blarney little egotists who make all with whom they come in contact think that Herod was a much misjudged man and that there is great need for his services in this modern world.

The mother of one of these toy hot-air bags writes me of her perplexities and asks how she can deflate it to normal size without entirely collapsing it.

"My husband and I are modest people who do not think unduly well of ourselves, so we cannot account for the fact that we have a son who at the tender age of 9 is so filled with self-conceit that we live in constant fear of his exploding. He is one of those pestiferous children who are described as being 'fresh'. He is one of the fools who walk in where angels fear to tread. He breaks into the conversations of his elders and monopolizes it. He sneers openly at his Grandfather's views as being out-of-fashioned and only consents to him when he wants a tip out of him. He wouldn't hesitate to tell Lindbergh how to fly."

"I am angry," she said stiffly. "I can't bear to think of him growing up into being the stuffiest of snobs, a man who looks upon his own importance, whom everybody laughs at and flies from. We neither do we want him to be one of the humbugs and eas worms. I want to know how to get our little pink balloon out of the stratosphere to something near the earth."

"This is a hard question to answer because a certain amount of self-confidence is necessary to the making and success of every child. In trying to cure their children's vanity parents only too often paralyze their energies and kill their ambitions for good. It is certain that we can only do as much as we think we can do, and if we have no belief in ourselves we can accomplish nothing."

Undoubtedly, parents put the fire on many an altar by continually insisting that their children are better than everybody else. Many a man who has lived and died in obscurity because of his mother's pride in his talents and his efforts when he was a child and told him over and over again how absurd it was for him to think that he was better than everybody else do the things to which he aspired.

Many a girl has grown up into being an awkward, self-conscious creature because of her mother's pride in her beauty. Her mother was too tall or too short, that her feet were too big, her hair too straight, until she got the idea to keep her hair in curl, and she was so homesy that she looked the part.

Now, the self-conceit is hard to stand. No one will deny that. No other sound on earth grates on our ears like hearing some one blow his own horn. But somehow those who ballyhoo their own virtues always escape the criticism of their listeners and believe them and they have the one perfect joy on earth, which is being absolutely satisfied.

Bliss can go no further than this because if you believe that you are perfectly beautiful, irresistibly attractive, and the best of everything, you are sally popular, it is just as good to you as if you really were.

So, all things considered, parents should be very careful not to overdo the matter over and over again. It is better to be a little homesy than to be a little homesy.

He is happy when the three of us are together. I still love him in spite of all that has happened and at times I feel sorry for him. He is so much for him that I could be satisfied with even a small part of his life. Have been a good wife and mother and he has nothing to complain of about me.

Sometimes I wonder if I am not a coward because I don't take my own part. I am not, but I have no way to support them and he is a good father to them. Besides, as long as this girl stays in the house I am not in any danger of my relationship. What do you think of all

by telling about what a wonderful baseball player he is.

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rose slowly, and moved toward the door.

(To be Continued)

## BEANS... flavored with delicious BEMA MOLASSES

The next time you prepare baked beans, try them with a flavoring of BEMA Extra Fancy Table Molasses. You'll be delighted with the extra deliciousness it gives them—the added appeal to grown-ups and young folks, too.

Use BEMA Extra Fancy Table Molasses in soups, stews, casseroles, etc., as well as a spread for bread. It's a pure, nourishing food, rich in body-building vitamins.

SOLD IN BULK AT YOUR GROCER'S

## Second Woman Has No Place in Home

Dear Dorothy Dix—Do you think it possible for a man to be passionately in love with one woman and still have a different sort of love for his wife? Here is my situation: I am a married man with two children and my husband has fallen desperately in love with a young girl who boards with us. She is a nice girl and I am fond of her. We talked the matter over and decided that the thing for her to do was to leave, but my husband was frantic when he heard that. And so she stayed on. He is happy when the three of us are together. I still love him in spite of all that has happened and at times I feel sorry for him. He is so much for him that I could be satisfied with even a small part of his life. Have been a good wife and mother and he has nothing to complain of about me.

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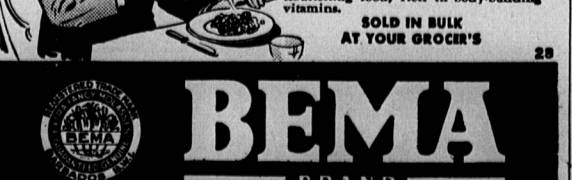
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THE ORIGINAL PRODUCT NOT A BLEND

NAME \_\_\_\_\_  
 STREET \_\_\_\_\_  
 PROVINCE \_\_\_\_\_

## THE COOK'S CORNER

### HONEY ALMOND TWIST

2 cakes compressed yeast  
 1-4 cup lukewarm water  
 1 cup milk, scalded  
 1 cup shortening  
 1-2 cup sugar  
 1 teaspoon salt  
 1 teaspoon grated lemon rind  
 2 eggs, beaten  
 Method: Soften the yeast in the lukewarm water. Scald the milk, add the shortening, sugar, salt, and lemon rind. Cool to lukewarm and then combine with the beaten eggs and the softened yeast. Add about half the flour, and beat thoroughly. Add the remain. flour, and mix well. Turn out onto a lightly floured board and knead until the dough is smooth, and doesn't stick to the hands or the board. Place in a greased bowl, grease the top of the dough slightly and cover the bowl. Place the bowl in a warm place, and allow the dough to rise to double in bulk.

Often times in the modern home it is difficult to find a place just the right temperature for raising bread dough, if you place the bowl over an oven and turn the bottom element on full or turn your oven regulator to bake position for 1 minute, then turn it off, you will have heated the oven to the proper temperature (about 85 deg. F) in which to raise your dough.

When the dough is light, punch it down and shape it into a long roll, about 1 inch in diameter. Cut the dough in a greased layer cake pan, beginning at the outside, and working toward the centre. Let rise until double in bulk, then brush with:

### HONEY ALMOND MIXTURE

1-2 cup icing sugar  
 2 tablespoons butter  
 2 tablespoons egg whites  
 1 tablespoon honey  
 Method: Mix together the icing sugar, butter, egg white, and honey and spread this over the dough. Sprinkle with the shredded almonds and bake in a moderately hot oven (375 deg. F) for about 40 minutes.

### BEAUTY—BY THE HANDFUL

If they are cared for properly from the time she is three or four, any little girl's hands will be attractive when she is fourteen. The texture of the skin and the condition of the nails—not size and shape—are the standards by which modern hand beauty is judged.

If your small daughter persists in biting or picking at the cuticle around her nails, by all means take her to a good manicurist once a week or do the job yourself.

During the manicure, soften, then snip off jagged bits of cuticle smooth down all rough edges with an emery board.

In other words, remove all irritating factors which often cause habitual biting. Buff her nails lightly for two reasons: first, to stimulate circulation and encourage sturdy rapid growth; secondly, to increase the child's pride in their appearance and so discourage further biting.

Cuticle should be massaged with oil, then gently pushed back. Light rubbing with a piece of moistened muslin will discourage small callouses.

Add a dessertspoonful of golden syrup to apples when stewing them instead of sugar; this makes them delicious and also thick.

### RAIN WATER MAKES LYE

Send hoppers still survive in the south of England. Wood ashes from stoves are put into these hoppers and rain water is poured in to make lye. The lye, in turn, is used to make soap.

Poor grading may be the cause of many damp basements. The finish grade should slope to drain water away from the building, and where this does not occur the home owner should reconstruct the grade to accomplish proper drainage.

All backfilling adjacent to the foundation of a house should be placed in layers approximately 12 inches in thickness. Each layer should be tamped and tamped before additional layers are placed. Where the ground moisture condition warrants it, drain tile with joints left open and covered with hot paper or burlap should be laid next to the footings and sloped to drain the water to a dry well or

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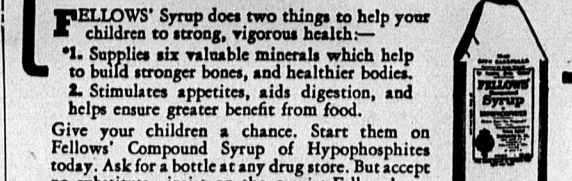
## Puny Children quickly respond

to Fellows' Double Tonic Action!

FELLOWS' Syrup does two things to help your children to strong, vigorous health—

1. Supplies six valuable minerals which help to build stronger bones, and healthier bodies.
2. Stimulates appetites, aids digestion, and helps ensure greater benefit from food.

Give your children a chance. Start them on Fellows' Compound Syrup of Hypophosphites today. Ask for a bottle at any drug store. But accept no substitute—insist on the genuine Fellows'.



## FELLOWS' SYRUP

The ORIGINAL Syrup of Hypophosphites—A Family Tonic Since 1864

## Helpful Hints For The Women Folk

### QUET THINGS

When days are full of discord and every moment brings its share of strife and worry I think of quiet things— Quiet things like these— Lovely things like these— Dim woods at nightfall, Snow on hemlock trees, A cherry tree in blossom, Cobwebs hung with dew, Yellow leaves drifting down, With sunlight slanting through. Behind closed lids I see them— Again and yet again— Curling wisps of wood smoke, Violets in the rain. —By Mary Charlotte Billings.

### HOW TO DRY APPLES

Trays are required on which to lay the fruit; these may be purchased, or may be constructed by nailing together, in a square, four wooden lath, and stretching wire gauze or cheese-cloth across the framework. If wire trays are used they should be protected by loose pieces of cheese-cloth or muslin in order to prevent the fruit from taking the imprint of the wire mesh. If new cheese-cloth is used as the foundation of the tray or simply to cover the wire gauze, it should be washed to remove the dressing which sores easily. Drying must be done only in a moderately warm oven; the spare heat of the oven or stove may be utilized after the cooking for the day is over. This probably means that the process cannot be a continuous one, and that it will have to be carried out on several evenings, but the fruit does not suffer to any appreciable extent. If an oil-heated or electric oven is available, the heat can be regulated more easily, and the process can be carried out continuously or intermittently according to the general use of the oven. The rack over a coal-range can also be used, provided the fruit is protected from dust.

Apples on the whole stand drying well. The fruit must be carefully washed and cored, with all blemishes removed, and cut into thin slices. The rings should be arranged in single layers on the trays or threaded on sticks, which can be laid across the trays, and placed near the kitchen fire or in a cool oven at a temperature of not more than 140 deg. F. If the process can be a continuous one, the rings should be dried in from four to six hours. If the rings are dried at the end of the day when the stove heat is dying down, drying may continue intermittently over a period of two or three days. When the fruit is sufficiently dry the texture should resemble that of chamois leather, and if a handful of rings are pressed firmly together the slices should be springy enough to separate without breaking from the hand. When they have reached this stage they should be removed from the oven and left for twelve hours, then packed and stored in a dry place.

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### RAIN WATER MAKES LYE

Send hoppers still survive in the south of England. Wood ashes from stoves are put into these hoppers and rain water is poured in to make lye. The lye, in turn, is used to make soap.

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