

Woman's Realm Social and Personal Fashions Literature

stands for Canada



Where those in the know use Fleischmann's fresh Yeast and get bread light as snow.

YES, WITH FLEISCHMANN'S FRESH YEAST YOU CAN COUNT ON TASTY, FINE-TEXTURED BREAD

Only you bake at home, good, crisp-cruled, whole-some bread is easy—with FLEISCHMANN'S fresh Yeast, the favorite of Canadian women for 4 generations. Get some at your grocer's—the yeast cake with the familiar yellow label.

Get Extra Vitamins—More Pep by eating 2 cakes of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the B complex group of vitamins.

MADE IN CANADA

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in the Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers, persons who have intelligent questions to ask on price control, are invited to send them in writing to the Wartime Prices and Trade Board, 100 King Street West, Toronto, Ontario.

Q: If there is a shortage of cotton why is there a shortage of fancy cotton goods on the market? We cannot get kitchen towels?

A: There is a limited equipment available for the manufacture of towels. The equipment used for the production of certain fancy goods is not suitable for the manufacture of towels. It must be remembered that the demand for towels is not as great as for other fabrics and the large demand for towels by the armed forces considerably reduces the quantities of towels available to the consumer market.

Q: Do soldiers' shirts leave rations cards, (B. 189) have to be presented to local ration boards within a certain time?

A: No. A ration card can be presented any time. You probably know you must have served nine meals before presenting any of these cards.

Q: The retailer where I deal is charging prices which to me, seem to be in excess of the ceiling. What steps do I take to report such infractions?

A: You may send your complaints to the nearest office of the Wartime Prices and Trade Board, giving the name of your retailer and particulars of the commodity and the price charged.



New WARTIME CONTAINER **FLIP-OFF TOP**

Because the metal formerly used in containers for Barbour's Acacia Baking Powder is now a scarce and vital material of war, Acacia has switched to a new package that is both patriotic and practical. Handy and easy to open, it contains the same reliable, double-acting Acacia Baking Powder that home-makers rely on for finest baking results.

The KITCHEN-TESTED BAKING POWDER Always Dependable

Ellen's Diary

By An Island Farmer's Wife

Jamie was better this morning. I heard James talk with Karolya even before I reached the kitchen. It supposedly felt uneasy not only because of Jamie's illness but also on account of being a contributing factor to his indisposition yesterday—contributing, I think, rather than many peaches! I was concerned too, for there are so many ailments a child could have. However, he is again back to normal, which fact doubtless helped to make the day brighter for at least two of his relatives at Alderlea. There is a small new person springing low to the ground, Edith is her name. She tells me she has two names. She came, in her holidays, to help Aunt Jeanie pick potatoes out as yet, as Jack says: "We can't seem to get round to them." Presumably that day will dawn.

This was a dark showery morning. And although when we retired last night, myriads of stars sparkled in the cloudless heavens and a small moon swung low to westward the noise of raindrops on the roof disturbed my slumbers somewhat during the night. I felt a little regret on James' account for I think he enjoys working at the new building at Edith's. Indeed the mason-carrier there, wishes to hire him permanently but then in his own words: "How could Alderlea go along without him?"

For the first time in days, we had dinner together. I have been only existing—lunching—in his absence and it was very pleasant to have the company again. I confess there are times when I grumble at having to leave the table for this or that extra demand, but my grumbles are not unlike those of Paul's when he greets an absent member of the family, at homecoming. Then with clearing sites he was away again to Rob's to help the new structure for the new structure is fast nearing completion.

As I worked near the window at a bit of mending, I saw horses attached to farm-wagons laden with sacks of grain come in the old mill yard. I think the miller must have been busy this afternoon converting this into "chop" to be used by the farmers to hasten the going of their "cattle pigs to market." There were a number of wagons. I counted three "white" horses, almost one after another on the roadway and following a curious custom picked-up sheepskins in childhood years, I tapped each one on the rump of my hand "Good luck!" I said "What is to come from, I hope or where the best luck is to be, and what the best member of the family might come to friend or foe? Time will tell as it unfolds quickly to reveal the future."

Indeed Lady Luck smiled, I think this very afternoon, when Jack went to the Doctor's to have the stitches removed from the injured hand. For the hand was also removed and now only a strip of gauze remains. It was a deep wound but everything worked toward his healing. Even the little, naughty microbes had proved wary and unobtrusive along that way.

Jeanie and I took over the work at about this time in Jack's absence and Jamie said something about "these men imposing on us since early Spring." There is more truth than fiction in her statement with things a little longer. For the six time, conditions are either the worse or the same. It is a matter of improving the situation for the potato-seed, rather than in my mind we shall not doubt be obliged to assume more instead of less responsibility. But even if I do not, it is hardly likely that I will pass approach succeeding another until finally the last doll is opened and the last row gathered. This potato-season should be a time to recollect happily or other helpers should be present in a pleasant way so that some day one can recall: "Don't you remember? We were at the potatoes that day."

We had visitors in the evening, folks from a distance. A bit bored with Jamie's and my entertainment, they picked us up in the car and went to Rob's to fetch James from his day's work. I had hoped to find him come down before we reached there. We returned to Alderlea to find as we ate a "bite" of lunch and then until tomorrow—Diary—Good-night.



Barbara Gould

This Cream was created to give you, and every woman, a rose petal complexion

Barbara Gould

VELVET OF ROSES DRY SKIN CREAM PRICES 2/20 AND 1/10

Complete range of Barbara Gould preparations available in Prince Edward Island at

REDDIN BROTHERS CHARLOTTETOWN

Better English

By C. D. Williams

1. What is wrong with this sentence? "I see her every once in awhile." 2. What is the correct pronunciation of "facade" (front of a building)? 3. Which one of these words is misspelled? Perennial, peremptory, perimeter. 4. What does the word "maelstrom" mean? 5. What is a word beginning with the letter "m" which means "relentless unyielding"?

ANSWERS

1. "Quit every, or better still, say 'I see her occasionally' (or, how and how) as in ask, second a as in ah, recent, last, scilicet, 3. Perennial. 4. Any destructive or wide-reaching influence. "He hated this restless sea, which seemed a part of the maelstrom in which he was involved." 5. Inexorable.

How Can I!!

By Anne Ashley

Q: How can I make an attractive, delicious salad?

A: A pretty salad can be made by joining a chicken salad in the shape of a ring and placing one's favorite dressing in the hollow of the ring.

Q: How can I easily clean a very dirty, old, brass sink?

A: Try using the following cleaning method: Sprinkle a little ammonia over the powder. Scrub thoroughly with a steel wool pad. Rinse with hot water.

Q: How can I remove marks from an indelible pencil?

A: Grease the spots with lard, rubbing thoroughly. Then wash with soap and warm water.

SWEETER, CRISPER

Wash the vegetable crispers more often than you think is really necessary. Even then it needs a cross-salt boiling out with a little soda.

ETIQUETTE

By Roberta Lee

Q: When should the joint card of the husband and wife be used?

A: Such cards may be used on the bride when calling after her return from the honeymoon, when sending a gift in which her husband shares, and in sending acceptances or replies to invitations in which both participate.

Q: Is it correct to eat bacon with the fingers?

A: No, it is always eaten with a fork? The rule is the same for French fried potatoes.

Q: Is it obligatory that one introduce all guests at a small dinner or luncheon?

A: Yes; do so by all means.

Dorothy Dix Says—

BE GOOD FRIEND TO DAUGHTER

Mother Should Shift From Being "She Who Must Be Obeyed" To Sympathetic Companion

No one will deny that the mother of the modern average teenage girl has to deal with a problem that for contradictions and complications has no match in the world, and if the stork had any heart when it deposited a girl baby in a cradle, it would drop with her a manual of instructions about how to run her without friction.

Unfortunately, the bird doesn't do it. It wishes the job off on Mother and that puts Mother on the spot. So how is she to meet the situation? I think her best move is to shift her attitude from motherhood to friendship. Let her quit being she-who-must-be-obeyed and make herself a sympathetic companion with whom Annabelle can talk over things.

Don't throw cold water on all of her plans. Don't criticize the boys and girls of her crowd. The reason that adolescent daughters don't confide in their mothers often is because Mother is so busy with her own life that she has no time to listen to their problems. Take her time to listen to her daughter's problems. Take her time to listen to her daughter's problems. Take her time to listen to her daughter's problems.

ADOLESCENCE ONE PHASE IN GROWTH

Don't take adolescence too seriously. It is just a phase of growth. Every woman has gone through it and been boy-crazy and done things that made her parents wonder how they ever happened to be afflicted with an idiot child, yet most of them have turned out to be able wives and mothers and pillars of the church. So will Annabelle.

Don't make a scene and forbid her to use lipstick and mess up her eyes with mascara. Take her to a beautician and have her taught how to make up properly. Don't shut the door on her boy friends. Welcome them in. That is the only way a mother can look them over and weed out the undesirable.

Don't always be telling Annabelle what a paragon you were when you were her age. She doesn't consider you as a model, but as an awful warning. She wants more pep and fun in her life than just being a stooge of propriety. And she couldn't possibly confide in a model who didn't know anything about it.

Drive with a light hand. Remember that all adolescents are "crunk on their first draught of liberty and that they resent the slightest formid things. Ask their help and you will get it. Laugh off the things that don't want them to do as childish, and you will work a reformation that will surprise you.

The teenage girl is a trial for Mother. She calls for a lot of patience and love and diplomacy, but she is worth it.

Cook's Corner

SWEET PICKLED ONIONS

4 quart small white onions, 3 pints boiling water, 1 cup salt, 3 pints cold water, 1/2 cup mixed pickling spices, 2 cups sugar, 2 quarts vinegar.

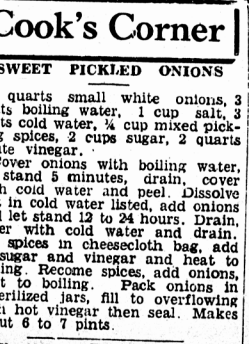
Cover onions with boiling water, let stand 5 minutes, drain, cover with cold water, and peel. Dissolve salt in cold water, wash onions, and let stand 12 to 24 hours. Drain, cover with cold water and drain. Boil, become spiced, add onions, heat to boiling. Pack onions in sterilized jars, fill to overflowing with hot vinegar then seal. Makes about 8 to 7 pints.

Do What Your Doctor Does if Child Is Listless

Because the tongue is the upper end of the stomach and bowels, it is usually the first thing a doctor looks at when he examines a sick child. He knows that a coated tongue and listless child are usually a warning of an upset condition below.

Don't you take chances—look at your child's tongue and check the bowels every day! And at the first sign of bad odor, give Children's Own Tablets. Small, sweet-tasting tablets made especially for youngsters from about age to 12 years, they are wonderful for listless, nervous, upset stomachs. No drastic weakening, flush-out action. Get a package of Children's Own Tablets today—today from your druggist. Made only by the makers of Baby's Own Tablets—guarantee of a reliable product.

BOY AND GIRL POTHOLDERS



DESIGN NO. 1203

Novelty potholders are crocheted from 4 ply cotton at a very small cost. Design No. 1203 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Design No. 1203.

Name _____

Street Address _____

City _____ Province _____

Morning Smile

Sharp received a letter from his friend, McAvish when he wrote: "You will be delighted to hear I am enjoying the best of health, old Sharp, yours, McAvish."

Sharp then wrapped up a large stone and without paying postage sent it to McAvish with the following note: "This great weight rolled off my mind when I read your good news."

The daughter of a wealthy but hard-working manufacturer was being courted by an indolent man. The father did not like this type and frowned upon the affair. One evening he called the young man aside and asked: "Now how about money? Can you keep going?" "I'm afraid I can't very well," said the father tersely.

WINE TOWN

Port wine is named after the town of Oporto, Portugal.

SCRAPBOOK

By Roberta Lee

Before trying a stain remover of any kind on any delicate fabric, test it on some underneath portion of the garment where it will not show. If the remover affects the color, no harm will be done to the garment.

Dirty Pots

Instead of scouring and scraping the dirty pots, boil water in them, to which add a little washing soda. This is a much easier method and just as satisfactory.

Mending

It is quite often that a rent or tear in a garment can be mended much better on the sewing machine than by hand, and the result will be a much neater repair.

EVERY OUNCE USED

Almost seven billion quarts of milk a year are now being produced in Canada. Ninety per cent is consumed here and 10 per cent is exported. No part is wasted. Even the residue left over after butter, cheese, evaporated milk and whole milk powders are manufactured, is used for vital purposes, like making glue for aircraft and milk sugar for penicillin.

HONEY IN BOXES OFF RATION

Comb honey in the little wooden boxes is off the ration. However, cut comb honey in bulk is still rationed and can only be purchased if one preserves coupon surrendered for every two pounds.

TENANTS SECURE

When tenants rent part of a house and that house is sold, the new owner must give the tenants six months' notice to vacate. The notice may not fall due between September 30th and April 30th.

SAVE

By watching war-time markets. Keep up with changing food situations. Listen to the radio and watch the newspapers for important announcements and market reports.

By keeping nutritional values in mind when making your food purchases. Prices by no means indicate food value. Some foods are luxuries at any price.

By keeping shopping lists and shopping regularly.

By practicing the gospel of the clean plate.

BILL - WHY IS YOUR SHIRT SO MUCH WHITER THAN MINE?



IT'S RINSO WHITE

"Change to Rinso"

AND YOU'LL WHISTLE WHILE YOU WASH!

BECAUSE it washes clothes the whitest, safely—all leading washing machine makers recommend Rinso. Wonderful for tub washing, too. Soaks out dirt—saves hard rubbing and boiling. That saves the clothes!

Rinso gives heaps of soapy-rich suds even in hardest water. Safe suds that get washable colors bright as sunlight. Energetic suds that wash even grimy work clothes spotlessly clean. Marvelous suds for dishwashing and all cleaning.

You'll never be satisfied with anything else once you see Rinso whiteness.

LEVER PRODUCT

RINSO GIVES THE WHITEST WASH!

Make Your Own Chocolate Syrup

with **FRY'S COCOA**

IDEAL FOR CHOCOLATE MILK, ICE CREAM AND DESSERTS

Take 1/4 cup of FRY'S COCOA and 1/2 cup of sugar. Mix well together dry. Slowly add 1/2 cup of boiling water, stirring meanwhile. Boil for one minute. Then pour into clean dry glass jar. Cover and set cool. Keep this tasty chocolate syrup handy in the ice box, ready for instant use.

Nervous, Restless

On "CERTAIN DAYS" of the Month? If functional periodic disturbances make you feel nervous, cranky, high-strung, tired, weak and "dragged out" at such times—start at once, try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Here's a product that says "Nervous, Restless" label directions. Made in Canada. It is worth trying! Lydia E. Pinkham's Compound

Living & Leisure

THE WOMAN'S REALM

UPON THE DISCOVERY OF THE FIRST PANTRY OF THE SPRING

Pretty little pansy face, Peeking through the snow Little bonnet trimmed with lace and coquettish bow.

Wee small shoulders velvet clad, Purple, gold and blue Slaty queens might wish they had Gorgeous raiment such as you.

Cheery little pansy face, Chirished by all As you grew beside the base Of our garden wall.

Looking at your tiny face, Good resolves I make In life's game of give and take.

—Sadie Hamel-Damon.

DO YOU KNOW

That the nightingale sings nearly as much by day as it does by night? It is the cock that sings. That galvanized roof is not galvanized at all! The iron has simply been dipped into molten zinc.

These small flies are not young ones that will grow up. Whatever size they emerge from the pupa they will remain for life.

That clothes-moths do not eat clothes? The damage is done by maggots from the eggs.

Keep salad pieces bite size and don't cut them in long ribbons as they are awkward to handle.

EVERY OUNCE USED

Almost seven billion quarts of

Needlecraft

FOR THE HOME

PATTERN MAGIC

Believe it or not, but this pattern is designed to create a skirt from only one yard of material; the front pleat for that free and easy stride. No 3882 in any one of these sizes requires only 1 yard 54-inch fabric. Send 30 cents for PATTERN MAGIC, Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department, Charlottetown Guardian.

Name _____

Street Address _____

City _____ Province _____

3882 WAIST SIZES 24-32

Skirt from a yard of fabric

Nervous, Restless

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