

Woman's Realm, Social and Personal, Fashions, Literature

For Women over 30...
CREAM CONCENTRATE
 for Youthful Skin Vitality!



A superbly rich, fine emollient containing genocel—a glandular young-skin ingredient which the skin absorbs with benefit. Watch in wonder as this amazing Dorothy Gray Cream Concentrate enlivens your colouring. Two ounces \$5.00.

Look for these improvements in your complexion!

- A much softer, smoother-looking texture.
- Livelier colouring for muddy, sallow complexions.
- The fresh, radiant clarity of a younger skin.
- The sparkle and "bloom" often lost with the years.

Dorothy Gray

MOORE & McLEOD Limited

Living & Leisure

—THE WOMAN'S REALM—

THINGS THAT MAR

The little things that mar the day. The tiny, fretful little things. The smoky chimney; creaking hinge.

The hasty word that like a limpet clings to memory. Such tiny things, but with what strength they held me captive. They deafen me. I cannot hear the low whisper of the breeze. I only catch the rumble of complaint.

Crucial chains of peevishness and fretful care. That captive hold my spirit. When all around a thousand joys extend their beckoning hands. But in my cell of loneliness I can see Nought but the dust upon the stairs. The soot upon my pans. Ah, me! Lord, break these chains and set me free.

The Duke and Duchess of Rutland are back at Belvoir Castle, after their honeymoon in Estoril. Their stay has been commemorated on the menu at their hotel. It happened like this. At dinner the first evening the Duke suggested they should have as a sweet a novel mixture of pineapple and bananas. The second evening the couple ordered the same sweet. On the third evening it was placed before them without asking. "But no," said the Duke, "we should like something else this evening." But,

"Ah-h-h! I Can Breathe Again!"

If your nose sometimes fills up with stuffy transient congestion—put a few drops of V-A-T-R-O in each nostril. It quickly reduces congestion and makes breathing easier in a hurry... gives grand relief from stuffy, sneezy, stuffy distress of head colds. Follow directions in the package.

VICKS V-A-T-R-O-NOL

Simply Delicious!

Borden's EVAPORATED MILK

COFFEE AND MILK

Borden's EVAPORATED MILK

Ellen's Diary

By an Island Farmer's Wife

The potato digging which comes in Fall as a nice sequel to the Spring ploughing, is commenced to-day, under skies that were not too promising, but which warranted at least the "opening out" of a certain piece of Rob's. Our combined acreage, seeded to tubers is of course only small as compared with that grown on many another Island farm. There's "that bit" at the back of Rob's and the patch near the buildings, while at Alderlea ours answers pretty well to the same description. "We nearly know Ellen," James remarked at breakfast "what's ahead of us in the way of a crop". We got a fairly good idea through the day when now after noon was over, and left for our "picking pleasure". The potato digger, that has already seen much service, had been taken to the farm yesterday to be in readiness for the opening and thither the men—and Jamie went early this morning. Ours were the first to start, and the farm carts and all of the gear that goes with the work. Before setting out they made certain that nothing was left behind in their hurried departure. Even at the gate-way the outward procession was halted, while James called out "an' ou-ou-ou here?" It would be next thing to a catastrophe to find when reaching the furthest field that the much needed tubers had been left behind in their rather hurried departure. Even at the gate-way the outward procession was halted, while James called out "an' ou-ou-ou here?" It would be next thing to a catastrophe to find when reaching the furthest field that the much needed tubers had been left behind in their rather hurried departure.

"You'd better slip in sometime, Ellen, to give us a spurt. That is," James added, at the same time casting a speculative eye about the kitchen. "If you're not too busy today." This Ellen, when he was about to leave. He smiled and waved at me as he disappeared from sight down the lane and the sound of his feet on the gravel was a salute more eloquent. I came away from the window laughing at my own. I was reminded of the line in one of Jules' favorite songs. "Follow, follow the gleam!" I myself was fully bound—and liking it—to "follow the gleam" today.

Skies were lowering and a brisk wind from the north blew a scattering of rain in my face and played an unsettled tune about my ears when later I went to join them. It shook odd leaves along my path and I skirted my way back to the autumn colors were more subdued than in the absence of the sun. Across fields and over the tops of the trees, the wind came to Rob's in time for dinner. Jamie was in fine spirits. Not altogether from the fact that he had a good dinner and a good night's sleep. "Did you hear that man on the radio, say that there's snow in some places today?" "Yes," I said. "Follow, follow the gleam!" I myself was fully bound—and liking it—to "follow the gleam" today.

Children love noise, excitement, activity and even confusion is joyful to them at times. They have no manners. They are quite happy eating with their fingers, making loud sucking noises as they spoon their soup, equally joyful as they slam doors push people one side, help themselves first and often, and in other ways prove themselves primitive. They have no morals. They take what they want, boldly, without conscience, for they have no conscience about it. Wanting, taking, enjoying, are natural to their stage of growth.

PERFECT BEHAVIOR HARD TO ACHIEVE

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MOTHERS BEST TEACHERS

Mothers are the first and best teachers. Patiently, hour by hour, they should teach the children how to behave, in the house and out. One day, after many months of teaching, of hope deferred and patience strained, Sonny or Sissie, does what he should without being told.

Somebody reports that he or she, behaved beautifully at the table, or under severe stress, and mother is delighted.

IN DRY SOAPFISH

When you have used a bar of soap return it to a dry soap dish so that it will not melt unnecessarily.

Use a sponge rubber pad to wash tiles in your bathroom. It will hold scouring powder and the cleaning will be easier.



Reigning in flavour!
KING COLE
 TEA AND COFFEE

The Girl From The Double R

By BETTY BLOCKINGER

"Purple slippers," she told the kiten, "are too expensive for a gal in my position even to consider. We have a ranch to run, and running ranches in these days is no cinch."

Rusty sat in her office, looking over a worn map of the Double R. She was trying to decide where to pasture the yearlings that the feeders had refused to take off her hands. With her was Hank, veteran rider of the Double R, who had been on the ranch since the time of her grandfather.

As she studied the map, she realized that the Popovers, though an asset, were also a liability. They blocked access to parts of the ranch that would be useful to her now.

"Don't know why I didn't think of it sooner," said Hank. "Ralph run a makeshift trail in there a few years ago while you were away at college. Made a map of it and figured he might try out a new strain of cattle in Low Valley, where no strays could get in. But he never did anything about it and I don't know what became of the map. Let's see that map there—"

With a grubby finger, the old man traced a route from the location of the ranch house.

Cook's Corner

FIG BARS

- 1/2 cup shortening
- 2/3 cup sugar
- 1 egg
- 1/2 cup milk (approx)
- 3 cups pastry flour
- 1/2 teaspoon salt
- 3 teaspoons baking powder
- 1/2 teaspoon vanilla

Mix in the usual way. Chill the dough before rolling.

3 Way Action Brings Relief

Because Dr. Chase's Kidney-Liver Pills help to arouse the activity of the liver, stimulate kidney action and regulate the bowels, they can scarcely fail to bring relief from the most common ills of life—indigestion and constipation.

Time has proven the dependability of this sovereign medicine to which so many people trust for regularity and good health.

Dr. Chase's Kidney-Liver Pills

DOROTHY DIX SAYS—

Synthetic Mother

Career Women Not Always Good Material For Child-Raising Stint

One of the inescapable facts of life is that every mother has to bear her own child and, unless she escapes her job, she has to rear it by hand and give it her time and her own personal care and teaching. There are no mail order babies. You can't write to a manufactory, saying: "Please send me by parcel post a seven pound infant in good condition. A girl with golden curls preferred, but if the supply has run out will take dark, romantic-looking boy," and upon its arrival turn it over to hired help, or leave it to grow up on the streets, and then have something that you will be proud of and which will be a prop and stay for your old age.

BLAMED FOR INCORRIGIBILITY

How can every little to do with a crime they are committing? For the sin of every little bobby-socker who goes astray and every boy who is a hoodlum is not upon their heads, but upon the heads of the mothers who did not do their duty by them.

They are the career women who are mothers in name only, come from every rank in life. They are the rich women whose children scarcely know them by sight and who are on far more familiar terms with their nurses than they are with the mothers whom they only hurriedly glimpse as they are rushing from one place of amusement to another, and who often leave them to the care of servants for months at a time.

Morning Smile

Woman on telephone: "I sent my little boy to your store for two pounds of plums, and I got only a pound and a half. Your scales must be wrong."

OF COURSE

A little girl whose fondness for movies and the personages featured in them far surpassed her liking for school and textbooks was selected by the teacher to answer the question: "What is a comet?" Perturbed, the girl hesitated.

Better English

D. C. Williams

1. What is wrong with this sentence? "I hope that I may be favored with a prompt reply of this letter."
2. What is the correct pronunciation of "autopsy"?
3. Which one of these words is misspelled? Narcisus, chryser, hemum, dafoild.
4. What does the word "concocture" mean?
5. What is a word beginning with mo that means "to impel, or incite"?

Household Scrapbook

By Roberts Lee

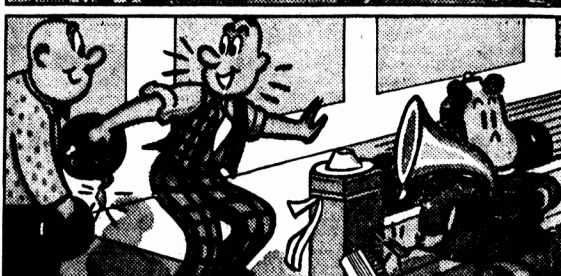
Fresh Ham
 To test the freshness of a ham, run a clean knife into it, close to the center knuckle. The ham is good if the knife comes out and odorless, but is not fit for use if the knife is smeary and has a strong odor.

Cut Glass
 Articles of cut glass will have a brilliant polish if a little turpentine is added to the water when cleaning them. Use about one tablespoon to two quarts of water.

The Oven Door
 The oven door of the gas range should be left open after using. This will let out the warm air, and no moisture will collect to form rust.

Ringworm of the scalp affects about four boys to every girl, recent studies show.

LITTLE LULU IS AN EAT



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KLEENEX
 Now available in 3 sizes
 CHUBBY SIZE - 6 1/2" x 9"
 HANKY SIZE - 9" x 9"
 MAN'S SIZE - 12" x 12"

SOFTER, STRONGER, WHITER THAN EVER

How Can I!!

By Anne Ashley

Q. How can I detect a leak in a gas pipe?
 A. At the point where the leak is suspected, apply a paste of soap and water. If there is a leak, bubbles will appear. Never use matches or a flame in looking for a gas leak.

Dr. Thomas' ECLECTIC OIL
 for LUMBAGO, ACHES and PAINS

Needlecrafts FOR THE HOME

TWO FOR TEA

Two charming aprons to make from a fabulously small amount of fabric. Because their cut is so femininely pretty have them in an extravagant taffeta or surtath, as well as cotton.

No. 2728 is cut in one size and requires 1/2 yard 35-inch or 39-inch with applique included.
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Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or money number in your address.

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 Bathe in Cuticura Soap soda. Rub in Cuticura Ointment. Then Cuticura Talcum Powder.

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