

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

The HOUSEWIFE and HER ACTIVITIES

'Tis such a tiny thing to say, I'm sorry, And yet a black and lonely day...

FIT FEET A TRUE AID TO BEAUTY

No longer are foot troubles blamed exclusively on poorly fitting shoe and too short stockings...

Why not learn something about your feet and intelligent ways to care for them right now before you start out to complete your winter shoe wardrobe?

It may be that your arches are weak. If you have one of the many symptoms (swollen ankles, fatigue after standing, pains across the instep, a lump feeling in feet when you get up in the morning are a few of them), better consult a foot specialist and get his advice about the kind of shoes you ought to wear.

HOW TO CUT TOENAILS

Don't underestimate the importance of toe and foot grooming. Toenails ought to be clipped or cut straight across (never rounded or pointed) and the rough edges smoothed down with any emery board.

It is wise to yield to unimportant trifles. The scales of Justice have a weight of their own.

Some folks are never at home unless they're abroad. Many a man loses out in trying to short-cut to success.

A new project is not worth while if it doesn't disturb or irritate somebody. Blessed are the poor. They can't be bothered.

go to jail without being annoyed by photographers. Many a man becomes successful by answering when Opportunity knocks at his neighbor's door.

CHRISTMAS PUDDING

Recipes for Christmas puddings permit wide choice. They may be simple and economical or as rich as you desire.

Why not learn something about your feet and intelligent ways to care for them right now before you start out to complete your winter shoe wardrobe?

Ink removed from Hardwood floor.

Same use of lemon juice and salt as for linen. Cover ink very thoroughly with salt, then squeeze lemon juice, making a paste; leave for a few minutes.

FARMERETTES

Women have "done their bit" During Harvest season for years.

The Star and Vidette, of Grand Valley, Ont., says: "We have been rather amused by some of the stories appearing in the large city daily papers regarding the news that women and girls were helping in the harvest fields.

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Too Many Beaus

By ALMA SIOUX SCARBERRY

CHAPTER I

Sugar's heart was beating so fast when she reached the LeMasters' house the next afternoon that she had to lean against the gate a few seconds to catch her breath.

"To all is de new nuss dat come take keer little Skeeter, I bet?" Eurasia grinned when she saw the blue orphanage uniform.

"Come roun' by de back do', I let you in," Eurasia lowered her voice. "Ain't no hep 'lowed in de front way."

"I'll show yo' all to yo' room befo' yo' goos to see Mr. Skeeter," Eurasia held the back door open and Sugar walked into the big, shiny kitchen.

"But I—there must be some mistake. Why should I stay here? It's such a big house. There must be room, some place for me."

"Deed she did!" Eurasia shook her head emphatically. "She say can't put yo' in de servants' house to live wid de niggers and dis is de only place. I ups and tells her ain't yo' treat 'll white chile. Even fore I seed how purty yo' is."

"I have to," Sugar shrugged. "Beggers can't be choosers." "Miz Janie Lee tell me say yo' salary dollah week an' keep," the old darky added with a sniff.

"Thank you," Sugar smiled gratefully. "I'll be up in a few minutes." Sugar opened the little box, and a twisted grin turned up the corner of her mouth.

It would be best not to tell Johnny that Mrs. Le Masters had sent her to live with the cobwebs in the basement. He would probably lose his head and do something they'd both be sorry for.

"Now we go see 'll Skeeter. He sweetes 'll lamb chile yo' evah see, spite his mean mammy. He pa mighty nice man, though. Miz Janie Lee, she jes walk all ovah him."

cause she got so much money. Worm—I calls him."

"Sugar, is spile of the fact that she'd made up her mind not to like Mrs. Le Masters, had enough good sense not to gossip. She kept silent while Eurasia led the way upstairs.

"Hello, darling," Sugar went over and stood looking down at him, a warm smile on her face.

"I'm 'fraid, just like you," Sugar sat down beside him. "I've had a nice, clean face, haven't I?" "Yo' all is piggy dirty, Skeeter."

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Dorothy Dix

For Every Rule in Marriage There Are Many Exceptions, Hence No Foolproof Formula for Success Has Yet Been Devised

A well-known foundation has undertaken the stupendous task of trying to find out what is the matter with family life, and during the next few months will make a Nation-wide poll to attempt to determine the generally accepted opinion of what constitutes ideal marriage.



Offhand, most of us think that we could answer these questions without even throwing our thinking apparatus into gear, but the trick is that for every rule in marriage there are a hundred exceptions and that is why nobody has ever yet been able to devise a fool-proof formula for securing domestic bliss.

First. There is no such thing as an ideal marriage any more than there is any other perfect condition in life, and it is because people look for the impossible that they are so often disappointed in marriage.

Second. The best age for marriage is in the 20s, the nearer 30 the better. Three-fourths of the letters I get from disgruntled husbands and wives say that they married when they were too young, before their own characters were formed and their tastes settled, or they had had any playtime in life.

Third. Children are a bond that draws many husbands and wives closer together, but they are a wedge that separates as many others. Thousands of married couples who would otherwise part, remain together because of their sense of duty to their children, but this enforced companionship does not make for happiness.

Fourth. A knowledge of birth control would do a lot toward making marriage more successful. A baby in a house is a well-spring of joy, but to have the well overflow and drown out the premises is too much of even a good thing.

Fifth. Whether a wife should continue as a wage-earner after marriage or not depends upon how much a couple needs the money. Often the wife's pay envelope makes marriage possible, or they had had any playtime in life.

Sixth. The divorce laws are lax enough. They need to be overhauled and made saner, but not more liberal.

Seventh. The characteristic that a man and woman should have to make marriage a success are an affectionate nature, a sense of responsibility and duty, loyalty, hard horse sense, justice, sportsmanship and a sense of humor.

Mother's Guide to Better CONTROL of COLDS



For Fewer Colds... Vicks VapoRub helps Prevent many Colds

At the first warning sneeze or nasal irritation, quick—a few drops of Vicks VapoRub nostril. Especially designed for nose and throat, where most colds start, VapoRub helps to prevent many colds—and to throw off head colds in their early stages.

Follow Vicks Plan for Better Control of Colds. A helpful guide to fewer colds and shorter colds. Developed by Vicks Chemists and Medical Staff; tested in extensive clinics by practicing physicians—further proved in everyday home use by millions. The Plan is fully explained in each Vicks package.

VICKS PLAN FOR BETTER CONTROL OF COLDS

SMART CLOTHES FOR THE HOME DRESSMAKER

Here are some of the "fashions" concerning this smart little housewife. It's wrap-over and easy to slip in to and adjust and without disturbing your hair comb, too. It's easy to make, because it's one-piece with sleeves that cut in one with the shoulders.

Dark ground cotton print in Du-bonnet-red, with white pique trims, is very effective as pictured. Make one for yourself and another for a "shower" or Xmas gift.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

FRUIT STAINS. Fruit stains on linen can usually be removed by saturating with camphor, then washing in soap water.

RENOVATING SERGE. Shiny serge can be renovated by sponging with boiling hot vinegar. Then press on wrong side with medium hot iron.

Guard your PRECIOUS EYES from Strain. The scent of fish can be removed from the hands very readily with dry mustard.

BETTER LIGHT MEANS BETTER SIGHT. Do you know that one school-child out of five has defective eyesight? Protect your children's eyes with plenty of light from EDISON MAZDA LAMPS.

Advertisement for Dr. Williams' Pink Pills for Pale People, featuring the text 'if you want more Pep' and 'GIVE YOUR BLOOD MORE IRON!'.

Advertisement for BEMA BARBADOS MOLASSES, featuring the text 'BEST FOR GINGERBREAD' and 'GENUINE BARBADOS EXTRA FANCY MOLASSES'.

Cooking recipes section including 'THE COOK'S CORNER' with recipes for Fried Cheese Balls, Meat Croquettes, and 'A Morning Smile'.

Advertisement for Edison Mazda Lamps, featuring the text 'Guard your PRECIOUS EYES from Strain' and 'BETTER LIGHT MEANS BETTER SIGHT'.