LIME

We have a quantity of St. John Lime in Stock in Barrels and Casks.

C. Lyons & Co.

DIARY

City Magistrate's Court 9 a. m.
Prince Edward Theatre, 3.15, 7 and 8.45 p. m.

BIRTHS

MUTTART—At Cape Traverse Thursday, March 14th, 1918, to Mr. and Mrs. Louis Muttart a son.

MARRIAGES

BYRNE—ROGERS.—At St. Patrick's Cathedral, Montreal, Thursday, Mar. 14th. Evelyn K Byrne, daughter of Mrs. James Byrne, King St. Charlottetown, to Charles W. Rogers, Charlottetown.

DEATHS

HUGHES—At Mill Cove March 10th, 1918, Kathleen, beloved daughter of J. T. and Bessie Hughes, aged 7 years and four months. R.I.P.

McDONALD—At Cove Head West on March 14th, 1918, at 7 a. m., Violet Isabel, dearly beloved daughter of Mr. and Mrs. Peter McDonald aged 15 years. Funeral on Saturday at 2 p. m. to Cove Head Cemetery.

A WONDERFUL ISLAND

Solid Block of Sulphur Three Miles in Circumferenece.

White Island, thirty miles distant from New Zealand, is probably the most extraordinary island in the world. It is an enormous mass of rock nearly three miles in circumference, rising 900 feet above sea, and is perpetually enveloped in dark clouds, which are visible for nearly 100 miles.

The island consists almost entirely of sulphur, with a small percentage of gypsum. Some years ago an attempt was made to float a company to work the sulphur, which is of high quality; but, strange to say, sufficient capital was not subscribed. Therefore, the export of sulphur from White Island is still very small.

In the interior is a lake fully fifty acres in extent, the water of which has a temperature of 110 degrees Fahrenheit, and is strongly impregnated with acids. On one side of this velopes the island.—Tit-Bits.
lake are craters from which steam escapes with great force and noise. This steam and the vapor from the lake form the dark cloud which em-

Only a brave man would marry a woman who isn't afraid of a mouse.

Women may be able to make a cake according to directions; but they can't manage a husband that way.

A CHILD GETS CROSS, SICK AND FEVERISH WHEN CONSTIPATED

Look, Mother! If tongue is coated clean little liver and bowels.

If your little one's tongue is coated, it is a sure sign the stomach, liver and bowels need a gentle, thorough cleansing at once. When your child is cross, peevish, listless, pale, doesn't sleep, eat or act naturally; if breath is bad, stomach sour, system full of cold, throat sore, or if feverish, give a teaspoonful of "California Syrup of Figs," and in a few hours all the clogged-up, constipated waste, sour bile and undigested food will gently move out of the bowels, and you have a well, playful child again.

Sick children needn't be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure. They also know a little given today saves a sick child tomorrow.

Ask your druggists for a bottle of "California Syrup of Figs", which contains directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. Get the genuine made by "California Fig Syrup Company."

BONSHAW DAIRYING CO.

The property of the above Co., consisting of Cream Separator, Tester 20 H. P. Boiler 20 ft. smokestack large milk vat, Fairbanks Scales and buildings will be sold on the premises at 1 o'clock p. m. on Saturday March 23rd, by public auction.

WM. McRAE,
Secretary.

2043-3-15M7i.

People's Theatre

Monday, Mar. 18th, 1918

COMEDY DRAMA

AN "IRISH EDEN"

UNDER THE AUSPICES OF THE B. I. SOCIETY

CAST OF CHARACTERS

Father Duffy	The Parish Priest Mr. Patrick McTague
Father O'Brien	His Assistant Mr. R. F. Maddigan
Nellie Duffy	His Neice Mrs. Courtland Hopkinson
Doctor Nolan	His Life Long Friend Mr. J. M. Hynes
Mrs. Murphy	His Housekeeper Miss Annie Egan
Mrs. Patrick	His Cousin Miss Bertie L. Stewart
Mike Patrick	His Cousin-in-Law Mr. Andrew Hennessey
John Nolan	A Young Lawyer Mr. Harry McEwen
Anna Ryan	In Love with Tom Miss Hilda Nowell
Tom Blake	In Love with Anna Mr. Allan McCabe
May Dempsey	A False Friend Miss Gertie Coyle
Harrison Woodworth	A Soldier of Fortune Mr. C. C. Dennis
Gaston	The Butcher Mr. W. C. Whitlock
The Patrick Children.	

Good Specialties will be introduced between the Acts.

St. Dunstan's Orchestra in attendance.

Between the Acts a sale of Candy in aid of the Society.

Reserve Seats for sale at Jamieson's.

Admission Tickets on sale at Reddin Bro's. E. A. Foster's and Maddigan's Grocery Store.

Tickets 25c, 35c and 50 cents.

J. A. CRONIN,
Secretary

3002-3-12M4i.

L. O. A.

The fifty-seventh annual session of the R. W. Provincial Grand Lodge will be held in St. George's Hall Great George Street, Charlottetown on Thursday, March 21st, opening at 2.30 p. m.

It is necessary for all persons attending to secure Standard Certificates at railway stations. By order of Grand Sec. 3008D till 21st

The Red Cross Society

Attention is called to the imperative need under the "War Charities Act 1917" of all organiations desiring to take up collections for holding entertainments in aid of Red Cross, obtaining a permit for such work. Permits can be obtained from the undersigned.

D. A. McKINNON,
Honorary Treasurer
2610-2-11SMmwflmo.

Farm for Sale

The subscriber offers for sale his valuable Farm of 84 acres a short distance from Port Borden Pier and Station. There is a good Dwelling House, Barns and other Outbuildings on the premises with abundance of good pure water. It fronts on the seashore and is handy to where quantities of kelp can be got. During the last three seasons $550.00 worth of fertilizer has been applied to it besides a considerable quantity of barnyard manure and a large supply available for this year's crop; also the farm is all cleared is A1 sail and in a good state of cultivation. A good title is guaranteed. For price and terms apply to R. C. Auld, Freetown or owner on the premises.

DAVID H. AULD,
North Carleton,
Albany R. R.

2911-3-8fmwtf.

Synopsis of Canadian Northwest Land Regulations

THE sole head of a family or any male over eighteen years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. Applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the District. Entry by proxy may be made at any Dominion Lands Agency but not Sub-Agency on certain conditions.

Duties—Six months residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres, on certain conditions. A habitable house is required except where residence is performed in the vicinity.

In certain districts a homesteader in good standing may pre-empt a quarter-section along side his homestead. Price $3.00 per acre.

Duties Six months residence in each of three years after earning homestead patent; also 50 acres extra cultivation. Pre-emption patent may be obtained as soon as homestead patent, on certain conditions.

A settler who has exhausted his homestead right may take a purchased homestead in certain districts. Price $3.00 per acre, Duties—Must reside six months in each of three years, cultivate 50 acres and erect a house worth $300.

The area of cultivation is subject to reduction in case of rough, scrubby or stony land. Live stock may be substituted for cultivation under certain conditions

W. W. CORY, C. M. G.
Deputy the Minister of the Interior

N.B.—Unauthorized publication of this advertisement will not be paid for

One Week's Budget

A MATTER FOR COMPARISON

Following is a budget for a family of five: A man and his wife at moderate work; a boy of 12 years; and two other children of 9 and 3 years respectively. The food will provide adequate nurishment for one week. According to well-known authorities, it allows sufficient material for body-building as well as energy for the various activities of the famiy.

1. MEAT AND MEAT SUBSTITUTES

4 lbs. lean meat;
2 lbs. fresh fish;
1 lb. salt fish;
1 doz eggs;
1 lb. cheese;
2 lbs. dried beans or split peas.

2. FATS

2 lbs. butter or oleomargarine;
1 lb. cooking fat.

3 MILK

7 quarts whole milk.

4. SUGARS

3 lbs. sugar;
1 lb. corn syrup, molasses or honey.

5. CEREAL PRODUCTS

10 lbs flour;
1 lbs. cereals in other forms.

6. FRESH VEGETABLES

40 lbs. potatoes;
14 lbs. other fresh vegetables.

7. FRUIT

14 lbs., according to season.

1. MEAT AND MEAT SUBSTITUTES

4 LBS. LEAN MEAT—

This weight does not include bone and fat. When these are purchased with the lean, the weight ordered should be increased accordingly. If much fat is attached to the meat, the order for cooking fat should be lessened.

As we are asked to conserve beef and pork of all kinds for overseas, these should be avoided when possible.

When obtainable, considerable variety is possible with mutton, sausage, poultry, rabbit, game, tongue, heart, liver, kidneys and sweetbreads.

2 LBS. FRESH FISH—

This may be any fresh caught or frozen fish, e.g., cod, mackerel, herring, white fish, skate, lake trout, hake, pollock, etc.

1 Lb. SALT FISH.—

Salt codfish, finnan haddie, red herring, etc.

DOZ. EGGS.—

These may be replaced by—

2½ pints whole milk with ½ lb. frozen or fresh fish; or 2 qts. buttermilk with 1½ oz. fat; or 2 qts. skim milk with 1½ oz. fat; or 8 oz. cheese with 3 oz. frozen or fresh fish; or 4 oz. dried codfish with 3 oz. fat or 1½ lbs. frozen or fresh herring with 1 oz. fat.

1 Lb. CHEESE—

This may be replaced by—

6½ pints whole milk; or 2 lbs fresh or frozen fish with 5 oz. fat; or 4 oz. dried codfish with 5 oz. fat; or 4 qts. skim milk with 3 oz. fat; or 1 1-3 lbs. lean meat with 3 oz. fat.

2 Lbs. DRIED BEANS AND SPLIT PEAS—

12 oz. split peas with 1¼ oz. fat may replace 1 lb. lean meat; 5 oz. 1 qt. whole milk; 1 lb. split peas with 5 oz. fat may replace 1 lb. cheese; 12 oz. split peas with 1½ oz. fat may replace 1 doz. eggs; 15 oz. dried beans with 1¼ oz. fat may replace 1 lb. lean meat; 6 oz. dried beans with 1½ oz. fat may replace 1 qt. whole milk; 1 1-3 oz. dried beans with 1½ oz. fat may replace 1 doz eggs; 1¼ oz. dried beans with 5½ oz. fat may replace 1 lb. cheese.

2. FATS

MARGARINE AND BUTTER.—These are interchangeable as regards fat content.

COOKING FATS may include dripping, rendered fats, and commercial cooking fats and oils. These may replace butter or margarine if about one-eighth less is used. Butter and margarine contain water and do not go as far.

Children should not be deprived of butter unless with plenty of milk.

3. MILK

1 QT. WHOLE MILK.—This may be replaced by—1 qt. skim milk with 1½ oz. fat or 1 qt. buttermilk with 1½ oz. fat; or 1 qt. sour milk with 1½ oz. fat; or 6½ oz. lean beef.

Whole milk is much better for children than meat.

Condensed milk will not replace fresh milk for children.

4. SUGAR

Corn syrup, honey, and molasses may replace sugar if one-quarter more is used.

As we are asked to conserve sugar for overseas, corn syrup should be substituted wherever possible.

5. CEREAL PRODUCTS

10 LBS. FLOURS.—

These include wheat, rye, barley, oats, corn and buckwheat flours.

Great variety of bread is possible by substituting for part of the wheat flour one or more of the others. Whenever obtainable the other flours should be used freely.

Potato flour and cornstarch will not replace the other flours, but may be used for cakes and thickening liquids.

As we are used to conserve wheat for overseas every effort should be made to secure other flours.

10 LBS. CEREALS IN OTHER FORMS.—

These include oatmeal, rolled oats, white cornmeal, yellow cornmeal, barley and rye meals and rice.

These may be used for breakfast cereals, but much also may be used for breads and cakes, puddings and pancakes, e.g., oatcake, corn bread, buckwheat muffins, barley scones, rice pancakes.

If bread is purchased deduct 10 oz. flour for each pound of bread bought.

NOTE.—The above replacement quantities are not exact equivalents, they are near enough for practical use in providing for variety and economy.

SILVER THIMBLES IN WAR

Many English women gave their jewels and much money to the war fund, says the Ladies' Home Journal, but there were thousands of others who wished to give and were unable to do so. That is, they were until a wise woman suggested that little trinkets, such as silver thimbles, be collected and melted down for the silver they contained. Here is what the silver thimbles purchased in one year.

Seven motor ambulances.
Five motor hospital boats.
One thousand one hundred and ten dollars for hospital supplies.
Ten thousand dollars for disabled sailors' agency.
Eleven thousand two hundred and fifty dollars for star and garter fund.
Fifty thousand dollars for soldiers and sailors.
American women who think they cannot afford to give anything to the various war funds might find these facts interesting.

Grip Follows The Snow

LAXATIVE BROMO QUININE Tablets taken in time will Prevent Grip. E. W. GROVE'S signature on box, 30c.

MAIL CONTRACT

SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 26th April, 1918, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, six times per week over Rural Mail Route No. 1 from Pinsville Station, P. E. Island from the 1st July next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Offices of Pinsville Station, Bloomfield Station and at the office of the Post Office Inspector.

Post Office Inspector's Office,
Post Office Inspector.
Charlottetown, 12th March, 1918.
3032-3-15Fri.3i.

NOTICE

The annual meeting of the Strathcona Egg Circle will be held in Consolidated School, on Friday, March 15th, at 7 p. m. A full financial settlement will be made for the past season, every member please attend. Sealed tenders addressed to the undersigned will be received up to noon on the above date for collecting eggs for the Strathcona Circle, from April 1st November 1918. For further particulars apply to

A. ROY JONES, Pres.
J. LAYTON JONES, Sec.

A meeting of the Strathcona Farmers Institute will be held immediately at the close.

Mt13.

CROWN BRAND CORN SYRUP

Everybody's Favourite Table Syrup

In 2, 5, 10 and 20 lb. Tins ——— and "Perfect Seal" Glass Jars.

Write for Free Cook Book

The Canada Starch Co., Limited - - Montreal

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INTERNES OF WAR OFFER HANDIWORK

NEW YORK, Mar. 14—In the twenty-two cantons of the Swiss Republic are some 40,000 British, French and Belgian prisoners of war, who have been saved from slow death in prison-camp hospitals in Germany by being exchanged for incapacitated German prisoners held in France. By being "hospitalized" in Swiss sanitariums and health resort, many lives are saved, but the prisoners are not allowed to return to their own countries. Turning to the art and crafts, many of the interned prisoners have fashioned artistic objects, which are on sale in three different places in this city: paintaings, sketches, and etching at at the Knoedler Galleries, 556 Fifth Avenue; carpets and rugs at W. & J. Sloane's, Fifth Avenue and Forty-seventh Street, and handicraft at Stern Brothers, West Forty-Second Street.

The object were sent to this country by the Allied and Swiss Commission for Relief of Allied Prisoners of War interned in Switzerland, of which Mrs. Pleasant Stovall, wife of the American Minister to Switzerland, is President and Mme. Slavko Grouitch an American woman, who is wife of the Serbian Minister at Berne, is delegate to this country.

The object of the undertaking is to pay the men themselves for the articles they make and also to help raise a fund for carrying on and extending the relief work of the committee in Switzerland. Each article bears an illuminated card giving the name of the prisoner who made it and the place where he is interned. The purchaser is requested to write a letter to the man whose name it bears, thereby encouraging him to further efforts.

When his church was closed for lack of fuel, a pastor in Glendale, Ohio, mailed copies of his sermon to all members of his flock, so they could read at home what he had to say.

After reaching the top a man ceases talking about the room there.

The Soulful Tone of the Willis Piano has been Imitated but Never Equalled

It is a tone that endures through years of use and even under severe climatic changes.

The Willis piano is the favorite with master musicians and students alike—it is Canada's favorite piano.

Easy terms if you desire. Call in.

Columbia Grafonolas — A. E. TOOMBS, 177 Queen Street — Edison Phonographs

We Aim to Please

We carry a fine line of Choice Groceries. We would like a share of your patronage. Why not entrust us with a trial order?

John Byrne & Co

2967-3-11mwf11m.

CANADIAN GOVERNMENT RAILWAYS

PRINCE EDWARD ISLAND

Timetable In Effect, February 21st, 1918.

ATLANTIC STANDARD TIME

Trains Outward—Read Down					Trains Inward—Read Up	
P.M.	A.M.				P.M.	A. M.
2.00	6.00	Dep.	Charlottetown	Arr.	5.30	10.30
3.33	7.00		Hunter River		4.18	8.55
4.30	7.30	Arr.	Emerald Jct.	Dep.	3.35	7.55
	8.20	Arr.	Borden	Dep.	2.30	
P.M.	A.M.				P.M.	A.M.
	6.30	Dep.	Borden	Arr.	5.40	
4.30	7.45	Dep.	Emerald Jct.	Arr.	3.20	7.25
5.15	8.15	Dep.	Kensington	Arr.	2.47	6.45
6.00	9.00	Arr.	Summerside	Dep.	2.15	6.00
	P.M.				A.M.	
	2.30	Dep.	Summerside	Arr.	11.00	
	4.14		Port Hill		9.22	
	5.44		O'Leary		8.03	
	6.51		Alberton		6.45	
	8.00	Arr.	Tignish	Dep.	5.45	
	P.M.				A.M.	
	3.10	Dep.	Charlottetown	Arr.	11.10	
	4.45		Mt. Stewart		9.35	
	5.25		Morell		8.55	
	5.55		St. Peters		8.25	
	7.30	Arr.	Souris	Dep.	6.50	
	P.M.				A.M.	
	8.50	Arr.	Elmira	Dep.	5.30	
	P.M				A.M.	
	4.50	Dep.	Mt. Stewart	Arr.	9.20	
	6.05		Cardigan		8.03	
	6.45		Montague		7.33	
	7.30	Arr.	Georgetown	Dep.	6.45	
	P.M.				A.M.	
	3.10	Dep.	Charlottetown	Arr.	10.10	
	4.55		Vernon River		8.20	
	7.05	Arr.	Murray Harbor	Dep.	6.20	

ALL THE ABOVE TRAINS RUN DAILY, SUNDAY EXCEPTED

C. A. HAYES, General Manager (Eastern Lines) Moncton, N. B.

H. H. MELANSON, Passenger Traffic Manager, Moncton, N. B.

W. T. HUGGAN, District Passenger Agent, Charlottetown.