

GRIP'S GREATEST FOE.

A Scientific Method of Mastering the Grip.

Make a Memo.

Make a memo of the fact that there is only one safe and certain way to deal with Mr. Grip.

Soak him. Do it with Stuart's Catarrh Tablets. You say: "What has Catarrh to do with Grip?"

Why, Grip is Catarrh, nothing else. Catarrh attacks in numberless different forms.

One of its worst forms is Grip. Grip's greatest foe is Stuart's Catarrh Tablets because Stuart's Catarrh Tablets can be relied upon to do Grip the greatest damage of any remedy or medicine you can take.

They are much superior to quinine or any of the old unscientific methods of dealing with the disease, because quinine is quackery, and Stuart's Catarrh Tablets are a pure and simple scientific combination of germicidal and tonic ingredients, which have a positive specific effect upon every form of Catarrh, inflammation in the body, including Grip.

Grip is a fearful disease. Not so much in its own particular symptoms, though it is a painful one, but because of the fact that it is a germicidal disease, and its germs are everywhere.

Grip is a germicidal disease, and its germs are everywhere. The only cure that will build you up is Stuart's Catarrh Tablets.

Grip weakens the heart, kidneys, and lungs. Thousands of deaths from Heart Disease, Bright's Disease, Pneumonia, Consumption, are directly due to the weakness caused by Grip.

The only way to prevent the Grip from developing into these fearful diseases is Stuart's Catarrh Tablets.

Better take them. Stuart's Catarrh Tablets succeed in our lungs and in preventing the dangerous after effects of the Grip, for one great and sufficient reason: They are not a general tonic remedy.

They are a scientific specific for just this one form of disease. Catarrhal inflammation of the mucous membranes. They are a curative, not a palliative. Beware of the deadly grip of the Grip. Fight it off with Stuart's Catarrh Tablets.

Sold at all druggists at 5 cents a box.

Read Paton's announcement in today's issue.

THE CHARLOTTETOWN GUARDIAN

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THE CHARLOTTETOWN GUARDIAN.

TUESDAY MORNING, JANUARY 24, 1905.

IN ST. PETERSBURG.

The outbreak of an insurrection in St. Petersburg at the present moment concentrates the attention of the world upon the Russian capital. The city was founded by Peter the Great 200 years ago and not withstanding its dreary, isolated site, and very high northern latitude has grown to be one of the great cities of the world. By the last census it had a population of 1,575,000 souls. Under the 60th parallel of north latitude it is approximately near to the north pole by 30 miles than is Charlottetown. There is not now and has never been in the world's history so vast a population gathered in one city at a point so far north on the earth's surface.

The city occupies a low-lying site at the head of the Gulf of Finland on the banks and delta islands, 100 in number of the Neva. A large number of bridges span the main stream and its numerous divisions. Massive stone quays hold back the waters, but a rise of 12 feet floods the city, and this is a matter of yearly occurrence in the poorer parts. The river is ice-bound during nearly half the year. And yet despite its many drawbacks St. Petersburg is a splendid capital. Its palaces and government buildings for number and grandeur are unsurpassed

The Neva Prospect, referred to in our despatches, is said to be the finest street in Europe. The city is the centre of Russian political, literary, scientific and artistic life and at the same time it is the commercial metropolis and chief port of Russia, carrying on half the foreign trade of the Czar's vast empire.

It is in this great northern city that an insurrection has now broken out. It began as a riot or strike which speedily became extensive. The work people, groaning under a sense of their wrongs were led to believe that the Czar would hear their petition and grant them redress. They were speedily and cruelly undeceived, and were shot down and ridden over by squadrons of Cossacks as they moved forward toward the Winter Palace to present their petition. Driven to the last resort they built barricades in the streets. But what can an unarmed mob do in warfare against tens of thousands of soldiers, armed with cannon, rifle and sabre? It follows with almost inevitable certainty that the first uprising will be repressed by sheer force of armed numbers. But the blood of hundreds, perhaps thousands shed in the streets of the Russian capital will yet bear fruit that will strike terror to the hearts of the Czar and his cruel advisers.

Not in a day is a great revolution begun and ended. The great revolution in France did not compass the death of the king until more than three years after its beginning. It may yet be years before Russia reaches the end of the tragedy which began in the streets of her capital on Saturday last. All that we at present know is that with a great and so far utterly disastrous foreign war on his hands the Czar is met with a threatened uprising of his people at home, demanding something of the rights of freedom, free speech, a free press, a constitution and some semblance of representative institutions. The zemstvos asked for these things and were denied. They asked for bread and were given a stone. Now we have the bloody tragedy in the streets of St. Petersburg. They are signs of evil portent for the Czar. They weaken further the already paralysed arm with which he wields the sword in the Far East. They are the beginning of freedom's battle in Russia, the end of which, whether far off or near is inevitable.

For free Ion's battle once begun Bequeathed by bleeding sire to son Though baffled off is ever won.

Tomorrow will be election day in Ontario, closing a contest which has been very bitter and exciting. We hope to give our readers on Thursday morning the net results of the momentous struggle.

Some time ago the United States military authorities had provided plans for the construction of elaborate fortifications at different points on the great lakes and St. Lawrence River. The same authorities now recommend that these plans be abandoned. War with Canada or Great Britain is regarded as too improbable to justify the large expenditure which the proposed fortifications would involve. We think the decision a wise one. Canada is not now disposed to enter upon a war of conquest or even to intimidate our neighbors. We are not fortifying our side of the frontier. We feel that Canada "needs no bulwarks, no towers along the steep." We sleep well at nights up here, and would have Uncle Sam do the same, with no fear of a midnight attack from Canada.

MESSRS. C. C. RICHARDS & CO.,
 Gentlemen.—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of La Grippe, and I have frequently proved it to be very effective in cases of inflammation.
 Yours,
 W. A. HUTCHINSON.

Paton's Remnant Sale closes Saturday.

It's just about as cheap to throw the old coat away when a fine, handsome new one can be bought or half price—Moore & McLeod, 18d ft.

INFLUENZA IS DANGEROUS.

The health department of Chicago recently issued a warning bulletin in regard to the prevalent epidemic of what is commonly called "the grip," and more properly influenza. The bulletin emphasizes the danger which lurks in the influenza germ, and warns the strong-willed and robust against trying to fight the disease. Immediate capitulation is advised. "Mildness of attack and speedy recovery are best assured by taking to bed at once and following the advice of a competent physician. Some are able to fight the disease and go on with their regular work, but such a notion is the cause of the loss of many lives. Especially is the attempt to ignore the ailment or "work it off" fatal to those beyond middle age, with weakened hearts, kidneys or vital organs. The grip is closely allied to pneumonia and heart failure.

Statistics are quoted to show how greatly an epidemic of grip increases the mortality from the two diseases just named. During the decade of 1880-89 the death-rate from pneumonia was 12.00 per 1000 of population and from heart disease 6.81. In the epidemic of influenza which followed these years the death rate from both heart disease and pneumonia increased 45 per cent. The bulletin adds that large numbers of the survivors during the epidemic of 1891 have never recovered their former health and vigor. All of which goes to show that during an epidemic of grip it behooves every one, and especially all who are beyond middle life to regard the onset of the malady as nature's danger signal, calling for extra precautions which may not be neglected with impunity.

It is estimated that the war expenditure of Russia in the first year of the struggle with Japan will total a round billion of dollars. This makes no account of the enormous loss of post expenditure at Port Arthur and Dalny, and on the now destroyed fleet. These items would make 200 millions more. The war has been so far a terribly costly as well as a disastrous game for Russia.

Best Rule of Health.

AND HOW YOU ARE AIDED IN CARRYING IT OUT BY

DR. CHASE'S KIDNEY-LIVER PILLS.

"A movement of the bowels every day." This is the fundamental rule of health. The one point on which doctors are unanimous.

But what causes the bowels to become constipated? The inactivity of the liver.

Bile is nature's own cathartic and so long as the liver is active in its work filtering bile from the blood and passing it into the intestines, there is no trouble from constipated bowels.

Dr. Chase's Kidney-Liver Pills cure constipation by setting the liver right.

This is the only means by which the bowels can be regulated.

Salts and castor oil will effect a motion of the bowels, but, once the effects of the dose passes off, you will be more constipated than ever.

They fail to set the liver right.

By regulating the liver by use of Dr. Chase's Kidney-Liver Pills you ensure a healthful action of the bowels and so prevent and cure scores of ills, such as indigestion, biliousness, constipation, kidney disorders, colds and contagious diseases.

Miss Kate Doyle, Lot 1, P. E. I., states: "About three years ago my father was seized with a severe form of kidney disease which caused him much suffering as well as anxiety lest the ailment should become chronic or prove fatal. We immediately obtained Dr. Chase's Kidney-Liver Pills and he began at once to improve under this treatment, the symptoms gradually disappearing until he became quite well again. Since then we always keep these Pills in the house for use in the case of sickness of this kind."

"For some time I suffered from pains in the small of the back and accompanying ills and though I was treated by a Dr. at considerable expense, I could obtain no lasting benefit until I used Dr. Chase's Kidney-Liver Pills which seemed to be exactly suited to my ailment. Father and I are greatly pleased with this excellent medicine and wish to recommend it to others. Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, at all dealers, or Edman, Bates & Co., Toronto. The portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box."

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