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PURITY FLOUR

(Government Standard)

Western Canada Flour Mills Co. Limited
TORONTO, ONTARIO

FOR SALE BY CARVELL BROS.

THE NAVY LEAGUE'S WORK
(Canadian Navy League Leaflet.)

So rapid was the growth of the League that by the end of 1918, less than a year, the membership had grown to the following numbers in each Division: Alberta, 1,536; British Columbia, 1,330; Manitoba, 1,530; New Brunswick, 4,607; Nova Scotia, 2,403; Ontario, 31,443; P. E. Island, 83; Quebec, 9,311; Saskatchewan, 325; or a total of 52,538. In September, 1918, a systematic campaign was commenced in Ontario, and followed by some other Divisions, to raise funds for Object No. 2, namely, relief work, with the following approximate results, though the returns from Alberta, British Columbia and Nova Scotia are incomplete:

Ontario	\$1,127,000
Quebec	300,000
Manitoba	160,000
New Brunswick	25,000
Alberta	25,000
British Columbia	20,000
P. E. Island	68,300
Nova Scotia	68,300
Total	\$1,793,600

The total was \$1,793,600. That these funds were desperately needed does not require much stretch of imagination to see when we consider that nearly 16,000 merchant seamen and 33,361 Royal Naval and Royal Auxiliary men had lost their lives in the war and that the distress in Great Britain and other parts of the Empire among their dependents was very serious. The Merchant Seamen and their dependents we have chiefly taken under our protection because the naval seaman does receive recognition from the Imperial or Dominion Governments, but the merchant seaman has not been officially recognized by the governments as performing a national service and with so many of this class of seaman lost, tens of thousands incapacitated, maimed and diseased by exposure, and 3,000 returned prisoners of whom 80 per cent were in the second or third stages of tuberculosis, it will be quickly recognized that the various institutes spread throughout the United Kingdom and elsewhere in the Empire are taxed to their utmost to meet such an enormous war-time strain on their resources, with a serious decrease in their revenues.

CANADIAN SHIPPING

The amount of shipping through Canadian ports still controlled by the Canadian Director General of the British Ministry of Shipping, has actually been larger in the first five months of 1919 during the period of demobilization than in 1918, when the war with its attendant operations was supposed to be at its height. The gross tonnage of materials and supplies cleared during these five months compared to the corresponding months of previous years is as follows:

1915	1916	1917	1918	1919
28,000	124,350	178,030	339,198	299,755
23,246	170,353	211,505	278,419	256,458
28,703	172,917	266,750	400,323	304,160
35,307	176,894	327,361	412,433	495,982
40,431	164,906	444,970	335,367	448,641

This shows a gross tonnage for the first five months of 1919 of no less than 1,804,995 tons, or nearly as much as the total tonnage for the whole year 1916. The gross tonnage of material and supplies, excluding horses and mules, cleared from Canadian ports since the beginning of the war to the end of May, 1919, has reached the enormous total of 14,044,758 tons. Such an achievement was only possible through the co-operation of the railway companies.

The system inaugurated in Canada since the outbreak of the war of controlling the shipments so as to conform to the actual shipping capacity at the ports has worked admirably, and there has been no congestion on Canadian roads in spite of the enormous traffic carried. 6443-6-20ME11

"CITIZENS, NOT DIVIDENDS,"

By F. M. Chapman, editor of Farmers' Magazine.

No question of Government can be settled without reference to the humanitarian side. There is no mechanical way of making people happy. One can fit a bunch of Yorkshires to command the high market for Wiltshire sides, under rigidly economic conditions and figure your returns to a nicety. Not so with people. Much less so with soldiers, settling down to civil life after a world-rupting existence through which they have recently gone. The human side comes in. Sentiment plays a no uncertain part. Tact and diplomacy, begotten by human kindness and charity for mankind, are essentially the first qualifications in the leaders in soldier settlement.

W. J. Black, Chairman of Canada's Soldier Settlement Board, has grasped this fundamental fact and is abundantly qualified to elucidate his beneficent designs on the social lives of our returned citizens.

"My idea," he said, "is that this work should be looked upon from the viewpoint of citizenship rather than dividends. We want to assist these men in such a way as to fit them into the fabric of Canadian national life—a real part of the woof and warp of society. No reasonable expenditure, if it secures this end, is to be regarded as wasted."

"These men are generally good fellows who left real home and neighborhood lives and who will make good neighbors and citizens if a proper direction and assistance is rendered at the right time. It is our business to see that these fellows succeed. Normal human nature loves a home and friends. The healthy man detests failure. All we ask of the intending settler is that he will work and will accept advice."

Mr. Black's plans along with the various co-operating provincial departments to have superintendents of soldier settlement communities whose business it will be to see that helpful assistance, friendly advice and technical information are given to individuals. These superintendents will co-ordinate the work all over Canada, and in the years to come handle the growing problems as they arise.

L'ENVOI
(By Charles Brush)

On Flanders fields God's blessings flow
Upon the crosses, row on row,
That mark your place, and in the sky
The cherubim their praises sing
To glorify your deeds below.

Sleep well, ye brave! Each valiant deed,
While yet ye lived, upheld the creed
That right, not might—the Saviour's creed—
Shall stand through all eternity.

On Flanders fields,
The bestial Hun in shame is crushed
Your torch of Truth illumines his dust;
Those yet unborn shall feed its flame
To guard your sleep where poppies bloom
In Flanders fields.



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for the Picnic



Don't bother with lemons. Take along a bottle of "Montserrat" and sugar. You can always find a spring of cold water. These are the only ingredients you need to make the most delicious of all satisfying summer drinks.

"Montserrat" is wholesome as well as enjoyable. It is the juice of ripe West Indian Limes—that quenches the thirst and cools the body.

Keep a bottle at home—for the hot days—for the children—for evening refreshments—wherever anyone wants a cooling, healthful drink.

Be sure to include a bottle of "Montserrat" in your picnic supplies.

Look for the "Montserrat" Window Display in the stores of your favorite dealers.

Sole Agents for Canada
National Drug and Chemical Co.
OF CANADA, LIMITED.

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APROL

TRADE MARK
(Bush)
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