

Woman's Realm Social and Personal Fashions Literature



CHASE & SANBORN
THE FLAVORFULL COFFEE ROASTED IN CANADA

Living & Leisure The Woman's Realm

Obedience, Bane of all genius, virtue, freedom, truth, Makes slaves of men, and, of the human frame, A mechanized automaton.

P. B. Shelley.

ANCIENT MARKET PLACE
Babylon was a market place for metals, grains and wool as early as 3,000 B.C.

COUNTED CALORIES

Impress upon the children to keep their own school lunches and not exchange with other children. You have carefully planned the lunch and know the nourishment they will receive, and if they start to change about you will never know just what they have had to eat.

Vitamine? They are in leafy vegetables, eggs, raw fruits and milk. Protein? Milk comes in this class, too, also meat, vegetables, fish, nuts and cheese. Fats? Butter, cream, olive oil and vegetable oil, bacon and pork products. Starches? Macaroni, rice, potatoes, beans, breads and cereals.

TIME SAVERS

1. Keep a measuring cup in the sugar bin and a small sifter in the flour bin.
2. Have a small shelf or box

for spices, soda, salt, baking powder, etc., to save minute dipping them out from among the various supplies.

3. Hang much-used equipment on hooks on the walls or sides of cupboards.

4. Have partitions or small boxes in drawers to divide them into compartments for gadgets.

5. Keep food grinder in a convenient place ready to use. Paper bag over the grinder will keep the dust away.

When making a mustard plaster, try using the white of an egg instead of water to mix it. You will find this sort of plaster will not burn.

Webster defines a book as "a collection of sheets of paper and other material, blank, written or printed, bound together... a volume a register or record," and the word is used also in business circles to denote the act of book-keeping, or entering an order. But in the realm of dots and dashes and clicking teleprinters, where terms are soon coined to meet operational requirements, the word "book" is the name given by employees to a telegram that is transmitted with identically the same text to a number of addresses.

HINTS ON ETIQUETTE

Don't take advantage of your employer and give just as little.

EASY TO WIN LOVELIER SKIN— A ROMANCE COMPLEXION!



**Whipped Cream
Lather Facials really
make skin lovelier!**

MERLE OBERON
shows you how—

"You may win lovelier skin with this wonderful beauty care! First, cover your face with the creamy, rich Lux Toilet Soap lather. Work it in gently but thoroughly.

"Now your skin feels softer, smoother, more adorable—as you rinse with warm water, splash with cold. My beauty facials really work! They can bring you new loveliness."

Soon you'll be lovely in a close-up—make his heart beat faster! Follow Merle Oberon's beauty care for the clearer, smoother skin he loves—a Romance Complexion.

9 out of 10 of Hollywood's Famous Screen Stars Use Lux Toilet Soap

A Job Only You Can Do

Price Control Questions
And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been received from the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I have a boarder who takes her breakfast at my home, but she also spends many week-ends at her parents' home near by. Her mother claims she should have her canned sugar coupons, and I feel I am entitled to some because of the marmalade and jam I serve for her breakfast. What can you suggest in a situation of this kind?

A. It seems it is only a question of arrangement between yourself and your boarder. Couldn't her mother take some, and leave a few for you too?

Q. Why is it that we seem to see more tinned vegetables and tomato juice in the stores than we did during the winter months when the need was greater?

A. The reason for this is that the stock you see in the stores now has been released to civilians from stock that was set aside to meet the requirements of the Armed Forces, ships' stores, etc. These priority users have found that they will not need all this stock before the new crop is ready in the fall, and the remainder has, therefore been released for sale to civilians.

THE COOK'S CORNER

MASHED CARROTS AND TURNIPS

3 cups cut-up carrots
3 cups cubed turnip
1 teaspoon salt
Boiling water
1/4 teaspoon pepper
3 tablespoons melted bacon dripping

Cook carrots and turnips seasoned with salt, in a little boiling water, covered, until tender, about half-an-hour. Drain very thoroughly and shake a moment over heat. Mash well and season with additional salt if necessary, butter and melted bacon dripping.

service and deference as possible just because you know he is "up against" because of the manpower shortage. Work faithfully and be courteous for the sake of your own character if not to retain the job.

Cake is Cut With Sword



Lieut. Ian Allan Burnett, RCNVR, and his bride, formerly Miss Mildred Patricia Brown, photographed cutting their wedding cake with an historic sword belonging to the bridegroom's family, at the reception at the Windsor Hotel, Montreal, following their marriage in the First Presbyterian Church on Saturday, June 3rd.

The Man Who Wasn't Himself

By Leslie Cargill

clung together that is an astonishing turn about. Oh, I forgot... leave it to me to do all the forgetting. Murrey and I are business colleagues, aren't we?

"So they say."
"Nobody ever knew Black Jack Murrey to turn his hand to an honest day's work."

"Does that go for Perry Ochetwood?"
"Certainly not," she exclaimed indignantly. "When I first knew you I tell you I don't remember anything." Harkness protested.

"I'll be reminding you," said Mr. Murrey. "Cheerio, see you later!" The inferences to be drawn from this encounter were depressing. Harkness had taken a instinctive dislike to the fellow and had no wish to be associated with him in any capacity. Yet it had been taken for granted they were involved in joint enterprises.

On the first available opportunity he asked Joyce if she knew anything about Jack Murrey. Her eyes were troubled. "I don't like him," she answered shortly. "Neither do I," he admitted. "Well, after the way you two

"That may happen some day?"
"It depends. He is cunning enough to keep on the right side of the law. What I'm afraid of is that he will trouble."

"So I'm ingenious?"
"If the cap fits wear it."
"You finish my words, fit me properly nowadays," said Harkness with a smile.

"Your head must be swelling. Let me finish my words, fit me some kind of a racketeer, so watch your step."

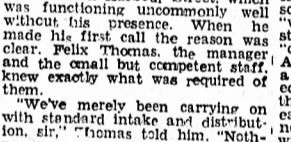
CHAPTER VI
A THREAT FROM MURREY

The young man was coming to the conclusion that it was high time he delved more closely into his own affairs. There was an instance, the firm of Perry Ochetwood, 103 Monk Harbour Street, which was functioning uncommonly well without his presence. When he made his first call the reason was clear. Felix Thomas, the manager, and the small but competent staff, knew exactly what was required of them.

"We're merely being carrying on with standard intake and distribution, sir," Thomas told him. "Nothing to worry about."

(Continued on page 3)

CROCHETED BIB



DESIGN NO. 1050
A crocheted bib for a new baby is an ideal gift. The stitches are simple and they launder nicely. Pattern No. 1050 contains complete instructions.

To order pattern: Write or send above picture with your name and address in cents in coin or stamps to Needlework Bureau, Charlottetown, P.E.I.

Design No. 1050
Name _____
Street Address _____
Province _____

Miss Elsie Margaret Dawson, daughter of Lieut. Col. G. Dawson, V.D., Camp Commandant at Camp 60, C.I.B.T.C., Yarmouth, N.S., was recently engaged to be married to F/Lieut. Joseph Edward Ledbetter, RCAF, son of Mrs. Westley Ledbetter, of Bemis, Tenn. The wedding will be held on the morning of June 17th, 1944, at the home of Mrs. Dawson in Charlottetown, P.E.I.

Ellen's Diary

By An Island Farmer's Wife

It did rain the most gentle growing showers during the night leaving everything clean and lovely and when this morning as early James read the course of the wind from the dippers on our broad stream he said: "It will be fine to-day. It was a lovely day."

This was the morning of the invasion. Personally I admit I was wrong in my conviction. Perhaps I indulged only in wishful thinking. I did hope the awful bombing would break the heart. But its unyielding and now, desperate heart to break.

It was after 8 this morning when I rang Mrs. Evelyn, further in on the Aldersea road. James had a message relative to some farm-work, he wished to send long-distance. The electrical storm must have done harm to our phone for since then, ring as insistently as I please, central there is no response. Neither had Carolyn any luck. So we wait for the repair-man and strangely enough, usually, get "central" with one ring. It was when we waited she asked: "Do you know the invasion has begun?" Then she told me all she had heard. I know she was grateful when I hung up, for like the rest she too has loved ones over there. Then James' message and all work waited as we listened.

The King in his broadcast called the invasion "a great crisis." It is indeed a crusade of momentous importance, not to rid one small island of a tyrant people, but to set free an entire continent and to make certain this world would ever have freedom and peace for all mankind, and there was the call to prayer.

It was said that following the 14-18 war that there was no home in the Motherland without its vicar's chair. So in the present conflict, there is no home unoccupied on this Island. There are so many near and dear there, that not only do our usual devotions do we remember them at the Throne of Grace but ever their names are on our lips and in our hearts. So today not only in farm-houses but wherever they toil, inhabitants of this Island, are kneeling in prayer, and with supplications with millions of others so that finally in His Majesty's words: "The Lord will give victory unto his people." The Lord will give his people the blessing of peace.

Again this afternoon James had a rendezvous to keep in the City and thus and in our hearts. So today not only in farm-houses but wherever they toil, inhabitants of this Island, are kneeling in prayer, and with supplications with millions of others so that finally in His Majesty's words: "The Lord will give victory unto his people." The Lord will give his people the blessing of peace.

James is tired tonight. Altogether this has been a trying day, with rest for us Aunt Killy Mahoney would say: "Nayther body for soot!" But as must be at this time, the skies over Normandy reflect awful scenes, tonight on the Island "we can be grateful for so much"—for rest and food and loving care" so much that you can't be grateful for anything else.

Until tomorrow — Diary — Good-night.

Dorothy Dix Says—

PRAISE AIDS MEDIOCRE CHILD

Brains Come in Great Variety; Wise Mother Criticizes Failures Judiciously

DEAR DOROTHY DIX—I was a widow with two children. Three years ago I married a wonderful man and he has been a splendid father to my children who are now 14 and 12 years of age. But there is one subject upon which my husband and I disagree and have some arguments. He says that the children are dumb and lazy because they do not make top grades at school. They are just average children, and I have always felt; if they made good passing grades it was satisfactory.

But my husband says I should always make them believe that I am disappointed in them and be after them all the time to do better. What do you viewpoint?

MRS. H. H. S.

SOME GOOD CHILDREN DISLIKE STUDY

ANSWER—Not all children are Quix Kids, thank Heaven. There is just as great a variety of brains as there is in eyes or noses. There are plenty of children who are endowed with good, hard, practical common sense who never like to study, who never take prizes at school, and whom no amount of badgering will ever turn into high-achievers.

The old idea that you could stimulate a child's ambition by discouraging it is outmoded now. We have found out that praise, not blame, is the spur in his side that would drive him on still further. She would say: "That's a fine report, son, but you can do a little better." Or: "You did a nice job in cleaning up the yard, son, but you could have done it a little better."

"And, long afterwards," said the man, "when I had gotten into the positions I would look at my work and think: I did a pretty good job there, but I can do it better. And I never made me up in putting forth fresh efforts."

DEAR MISS DIX—I have a boy friend who has been very attentive for the past five years. During that time he has never approached the subject of marriage, nor has he once taken me out to dinner or to a picture show, or to any gathering with friends. He is in my home almost every evening.

I cannot quite understand his attitude, but I have grown very fond of him. However, I feel that perhaps it would be best for both of us if he discontinued his attentions. What would you advise to me?

A READER.

BOY SELFISHLY SACRIFICES GEM'S HAPPINESS

ANSWER—I cannot understand why a girl of your intelligence does not realize that the man has no matrimonial intentions whatsoever so far as you are concerned. He is merely making a convenience of you and your house, and he is selfishly sacrificing you to his own pleasure, because he knows well enough that he is keeping you separated from the kind of men who are looking for wives.

Furthermore, your dear old gentleman friend must be the champion lightward as he doesn't even stand you the price of a dinner or a ticket to the movies. My earnest advice to you is to rid yourself of such an incubus as soon as possible. In our opinion the samurai's motto "put up or shut up" is the rule.

DEAR DOROTHY DIX—My husband and I met on Monday, married on Friday and on Saturday morning he went back to camp and I have never seen him since though that was a year and five months ago. I have fallen in love with a married man. Should I marry this man, or should I wait for some one I don't care for?

ANSWER—Well, at least, wait until you and the new sweetheart have unceremoniously divorced your former husband.

As regards the landings in France.

James is tired tonight. Altogether this has been a trying day, with rest for us Aunt Killy Mahoney would say: "Nayther body for soot!" But as must be at this time, the skies over Normandy reflect awful scenes, tonight on the Island "we can be grateful for so much"—for rest and food and loving care" so much that you can't be grateful for anything else.

Until tomorrow — Diary — Good-night.

A Morning Smile

GOOD SENSE

Tailor (measuring Scotsman for a suit of clothes—And how would you like the pockets, sir?)
S. C. N.
"Well—just a wee bit difficult to get at."

Biscuits that "Click" with the whole family

Magic's Orange-Raisin Biscuits

2 cups sifted flour	4 1/2 cups shortening
4 teaspoons Magic Baking Powder	1/2 cup raisins
1/2 cup orange rind	1/2 cup milk

Sift dry ingredients together. Cut in shortening until well mixed. Add raisins and orange rind. Beat egg slightly in measuring cup and add milk to make 1/2 cup. Add to first mixture. Roll out about 1/4-inch thick; cut with floured biscuit cutter. Place on greased pan. Bake in hot oven (475°F.) about 12 minutes. Makes 16.

Your guarantee of Successful Baking

Needlecraft For The Home

DISTINCTIVE JUMPER

A slim trim jumper for young moderns everywhere — it's as practical as an alarm clock and as pretty as the latest tune.

No. 3722 in size 16 requires for jumper, 2 1/2 yards 36-inch fabric; for blouse, 1 1/2 yards 35-inch fabric.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department the Charlottetown Guardian.

Name _____
Street Address _____
City _____ Province _____

Nervous, Restless

On "CERTAIN DAYS" of the Month? If functional periodic disturbances make you feel nervous, cranky, high-strung, tired, weak and "dragged out," Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Here's a product that really works. Follow label directions. Pinkham's Compound is sold by all druggists.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND