

**Periodic—
Eye Examinations**

Are vitally important, whether one's eyes are good or otherwise.

Don't wear your glasses for five or ten years, as some do, without re-examination, for in that time serious changes may take place, which if not discovered, may work permanent injury to the most precious sense you possess.

Guard your eyes.

G. F. HUTCHESON
OPTOMETRIST

**LOST 20 LBS. FAT
Without Altering Diet**

To reduce weight without any attention to diet is rather more than anyone should expect. That the Kruschen method should have succeeded in this case, is a great tribute to its effectiveness.

"When I started taking Kruschen for reducing weight, I weighed 170 lbs. That was seven months ago. I decided I was too heavy, and now, thanks to the half teaspoonful of Kruschen every morning, I tip the scale at 150 lbs. I have been that weight for nearly four months. I may say I feel much better. I did not diet myself in any way whatever."—B. C. Kruschen

Kruschen Salts do not reduce you overnight—like so many products claim to do. But taken regularly over a period of time—with a modified diet and gentle exercise, half a teaspoonful in a glass of hot water every morning before breakfast will take away unhealthy flesh and restore your figure to its normal weight. Yet at the same time—build up health with a great increase in vigor and energy for you!

Cambridge, Mass

Massachusetts and New England generally have been enjoying a most delightful autumn, with warm bright sunshine, the thermometer registering from sixty as high on several days as 78 degrees. Indeed the heat on some occasions was quite oppressive making an unprecedented record and causing many to return to summer attire and to seek a cooling plunge into the placid waters of "the Bay". The fine weather is a great saving of fuel, which is a fortunate thing in these times of industrial depression, and the old proverb is heard often anew, "He tempers the wind to the shorn lamb."

Many towns in the New England States and this is true of Cambridge very particularly, have experienced "a hot time" in municipal politics for the past few weeks. Somerville, Medford and Cambridge especially, have had vigorous and very exciting contests for the mayoralty, councilors and school boards. In Cambridge, no less than nine candidates aspired for the office of mayor. The primary vote in October narrowed the list down to two aspirants, the present Mayor R. M. Russell and Daniel F. O'Brien and on election day, November 3rd, Mayor Russell was returned again by a majority of nearly ten thousand. The new council will give a ready co-operation to the progressive policies of the Mayor in his arduous efforts to vindicate good government and order, and to open up many necessary and lucrative avenues of employment for the large industrial population of Cambridge.

Better times and happier people is now the slogan in this region of the U. S. A., and we hope it is true that these brighter days are nigh at hand.

A very impressive ordination service was held in the Kirk at Cambridge last Thursday evening, when Messrs Alfred Cook, J. Stewart Bears and Fred Horton were set apart to the office of the Eldership in the congregation. There was a large attendance on the occasion and a very deep interest was manifested in the ordination ceremony. Rev. Mr. Lowry preached an appropriate sermon from Acts XIV, 23, "And they ordained them Elders in every church, and commended them to the Lord on whom they believed," after which the session set apart the new Elders by the laying on of hands, the Moderator leading in earnest prayer, and giving a suitable exhortation to the newly ordained Elders and the congregation. The service concluded with the singing of the 133rd Psalm, "Behold how good a thing it is, and how becoming well," the pronouncement of the apostolic benediction. Rev. Mr. Lowry observed the fourth anniversary of his Cambridge pastorate by special sermons last Sabbath.

In response to the very cordial and earnest invitation of the Boston Presbytery of the Presbyterian Church, U. S. A., and with the kind and unanimous consent of the session and congregation of the Scottish Kirk of Cambridge, their minister, Rev. J. W. S. Lowry, has undertaken to conduct one weekly service for the congregation of the Union Square Presbyterian Church, Somerville, Mass., for six months, in addition to the maintenance of his regular work in Cambridge. The two churches are within close proximity to each other, and the parochial boundaries are closely entwined making the ministrations to both convenient and congenial. The two services are continued in the Cambridge Kirk every Lord's Day, the afternoon Sabbath School and service being largely attended, with increasing interest, the special work of the young people having also opened up auspiciously for this season. An additional position of influence and regard has come to the Rev. Mr. Lowry and his church in his election recently to the office of 1st. Vice President of the Presbyterian Ministers and Elders' Association of Greater Boston, an organization representative of all the Calvinistic Churches within the Boston area and surrounding towns, namely: The Northern Presbyterian, the United Presbyterian, the Reformed Presbyterian and the Church of Scotland, and which holds its meetings quarterly for conference and prayer, and the consideration of enterprises connected with the various avenues of Christian work within the territory covered.

PROVINCIAL EXHIBITION PRIZE LIST

AYRSHIRES
Bull (Jr.) Calf—1 A McRae and Sons, Central Royalty, 2 Fred I. Andrew, E. Royalty, 3 L. W. Thompson, Dunstaffnage.

Bull, (Sr.) Calf—1 Chester Dover Wh. River, 2 A McRae and Sons, 3 Keith Boswell, Victoria.

Bull, (Jr.) Yearling—1 Ings and Son, Mt. Herbert, 2 E. Lund and Son, Mt. Herbert, 3 Ings and Son.

Bull (Sr.) Yearling—1 Ings and Son, 2 Keith Boswell.

Bull 2 Years Old—1 W. R. Younker, Chtown R R 6, 2 G. P. Matheson Wh. River.

Bull 3 Years old and up—1 Ings and Son, 2 A McRae and Sons, 3 Earl MacRae, New Wiltshire.

Jr. Male Champion—1 Ings and Son.

Sr. Male Champion—1 Ings and Son.

Grand Champion Male—1 Ings and Son.

Heifer (Jr.) Calf—1 A MacRae and Sons, 2 Ings and Son, 3 G. P. Matheson, 4 Earl MacRae, 5 Don-Jenkins, Orwell.

Heifer (Sr.) Calf—1 Ings and Son 2 Elsie Lund, Mt. Herbert, 3 Melva Lund, Mt. Herbert, 4 Irving Nicholson, Orwell, 5 Ralph Rayner, Mt. Herbert.

Heifer, (Jr.) Yearling—1 A MacRae and Sons, 2 P. A. Matheson, 3 Ings and Son, 4 F. I. Andrew, East Royalty.

Heifer (Sr.) Yearling—1 L. W. Thompson, 2 A. McRae and Sons, 3 Ings and Son.

Heifer 2 Years old (Dry)—1 Wallace Wood and Sons, Marshfield, 2 Willard Prowse, Brackley Pt. 3 Ings and Son.

Cow, 3 Years old (Dry)—1 2 and 3rd. Ings and Son.

Cow, 4 Years old and over (Dry)—1 Andrew Doucette, O. B. Bridge, 2 A. MacRae and Sons, 3 Willard Prowse, 4 Ings and Son.

Cow, 2 Years old in Milk—1 Earl MacRae, 2 A. McRae and Sons.

Cow 3 Years old in Milk—1 Ings and Son, 2 Earl MacRae, 3 A. McRae and Sons.

Cow 4 Years old and over in Milk—1 W. R. Younker, 2 A. McRae and Sons, 3 Ings and Son.

Jr. Female Champion—1 A. MacRae and Sons.

Grand Champion Female—1 Ings and Son.

Reserve Grand Champion—1 Andrew Doucette.

Breeders Young Herd—1 A. MacRae and Sons, 2 Ings and Son.

Aged Herd—1 Ings and Son, 2 A. McRae and Sons.

Rollo Bay and Vicinity

Messrs. Elmer Peters and Eddie Mahar, Rollo Bay, were visitors to Selkirk recently.

Dr. Daniel E. Norris, Messrs. O'Leary, Morris and David Winslow, Dundas Centre, were in Rollo Bay recently.

Mrs. Frank J. Wood and baby son Edwin were visitors to Fortune Bridge recently, the guests of Mrs. Arthur Francis.

Mr. Jas. Chaisson, of New Glasgow, is spending a short vacation with his parents, Mr. and Mrs. Jerome B. Chaisson, Rollo Bay East.

The annual meeting of the 5 Gertrude's Altar Society was held on St. Gertrude's day, Nov. 15th in St. Alexis Parish hall, Rollo Bay, with a large attendance present. The following are the officers for the ensuing year: President, Mrs. William Hawlett, Gowan Brae; Vice-president, Mrs. Frederick Peters, Rollo Bay East; Secretary treasurer, Mrs. John F. Chaisson, Bear River South; Directors, Mrs. Hugh J. MacDonald, Souris West, Mrs. John MacRae, Rollo Bay West.

The dance in Fortune Hall on Friday night was successful socially and financially. Music was furnished by Messrs. Peter Chaisson and Adolphus Burke, Bear River, and waltz numbers were played by Miss Mary M. MacDonald, Souris East and Mr. Clifford Peters, Rollo Bay East.

Mr. Walter MacDonald, of Souris, and two companions narrowly escaped serious injury on Sunday last in Rollo Bay West, when their car swerved from the road, striking a telephone pole and breaking it off. The car, a 1930 Ford Coach, was badly damaged, and the occupants were uninjured.

Mr. Merton Jardine, Potato Inspector, spent the week end at the home of his parents, Mr. and Mrs. Albert Jardine, Head of Hillsboro.

Heartiest congratulations are being extended to Mr. and Mrs. Robert Jay, of Mount Stewart, on the birth of a bonnie baby boy.

The annual meeting of the St. Mary's Church, Souris, on Wednesday, November 12th, of Mary Maud Jennings, daughter of Mr. and Mrs. John Jennings, Souris, to Mr. Stephen Archibald Burke, son of Mr. and Mrs. Charles Burke, of Glenwood. The bride was attended by her sister, Miss Donaldia Jennings and Mr. Earl White ably supported the groom. Mr. and Mrs. Burke will reside in Souris West. Their many friends wish them continued happiness.

The annual meeting of the Rollo Bay West Women's Institute was held at the home of Mrs. John MacRae with ten members and one visitor present. The meeting opened with the Ode, followed by roll call, answered by paying annual fees. The Secretary read a financial statement of the year's work, showing a balance on hand of twenty-five dollars. Several letters from the Women's Institute Branch were read. The School Committee, Mrs. MacKinnon and Mrs. MacRae reported visiting the school and finding the school room comfortable and the children busy and happy. The sick committee reported visiting one patient, now recovering. A bill for school supplies was ordered paid. The election of officers resulted as follows: President, Mrs. George A. Wood; Vice-president, Mrs. James MacKinnon; Secretary treasurer, Elizabeth MacCormac; Directors, Mrs. Joseph Chaisson, Mrs. William A. White and Mrs. John MacRae; Auditors, Mrs. Lazaar White, Mrs. Andrew Paton. Discussion followed on making meetings more interesting. It was decided that each member contribute to the program at the next meeting, which will be held at the home of Mrs. James MacKinnon, roll call to be answered with Christmas recipes. A dainty lunch was served and a pleasant social hour enjoyed.

Mr. J. R. MacLean, of Matthew & MacLean Ltd., Souris, and Mr. Power, of Harris Abattoir, Charlotte town, were in Rollo Bay recently on a business trip.

THE WILL AND THE WAY BACK IN 1871
HALIFAX, N. S., Nov. 23—A perfect merry-go-round of teas, bridges and dances is often the modern woman's interpretation of being "busy". In 1871 dates on the social calendar of the small town woman were few and far between. From the November files of the Halifax Chronicle of that year is the following item from Yarmouth, Nova Scotia:

"There lives on Cape Sable Island, Shelburne County, a woman aged 76 years, who has woven 5 yards of cloth and spun 120 skeins of yarn since May last. She helped rake 20 tons of hay, raised 4 calves 17 turkeys and one hog. After doing an ordinary quantity of housework she walks to Clark's Harbor and back, a distance of 18 miles."

Special Prizes donated by The T. Eaton Co., Ltd. for the best 3 Pure Bred Female Animals of any Dairy Breed, to be the get of one Sire—1 J. Walter Jones, Bunbury, 2 Ings and Son.

**Fight Tuberculosis!
BUY
CHRISTMAS
SEALS**

Members of the Gyro Club will make a personal solicitation of the City business firms on Monday, Tuesday and Wednesday, November 23rd, 24th and 25th.

10371-11-21-31

Mt. Stewart and Vicinity

Mrs. Artemas Jardine, Charlottetown, was a visitor to Mount Stewart recently.

Mr. and Mrs. Walter MacEwen and son Stirling, of Bristol, were visitors to Savage Harbour on Sunday.

Mr. Merton Jardine, Potato Inspector, spent the week end at the home of his parents, Mr. and Mrs. Albert Jardine, Head of Hillsboro.

Heartiest congratulations are being extended to Mr. and Mrs. Robert Jay, of Mount Stewart, on the birth of a bonnie baby boy.

Mrs. Bruce MacLaren and little son, of Charlottetown, spent a few days visiting at the home of Mrs. MacLaren's parents, Mr. and Mrs. Lemuel Jay, Mount Stewart, recently.

The annual meeting of the Savage Harbor Women's Institute was held at the home of Mrs. Allan Morrison and was well attended. The

following officers were elected for the coming year: President, Mrs. Adrian Feehan; Vice-president, Mrs. Milton Coffin; Secretary treasurer, Miss Hazel Corbett; Directors, Mrs. Wilfred Coffin, Mrs. Semple Murphy and Mrs. Fulton Pigot; Auditors, Mrs. Wallace MacIntyre and Mrs. Fulton Douglas. A vote of thanks was tendered the retiring President and Secretary. Reports of committees were heard and new ones appointed. A dainty lunch was served by the hostess, assisted by Mrs. George Morrison. Next meeting will be at the home of Mrs. Fulton Douglas.

The annual meeting of the St. Andrew's Women's Institute was held at the home of Mrs. Major Smallwood. The meeting was a very interesting one, as the election of the new officers for the coming year took place, resulting as follows: President, Mrs. G. D. MacKenzie; Vice-president, Mrs. D. J. MacDonald; Secretary-treasurer, Miss Mary Donovan; Directors, Mrs. Frank MacIntyre, Mrs. Major Smallwood and Miss Amelia Egan; Auditors, Mrs. John MacIntyre and Miss Mary

MacDonald. It was decided at this meeting that card parties would be held during the winter for the purpose of making money. The programme consisted of a monologue, given by Miss Johanna MacIntyre, which was greatly enjoyed by all. A hearty vote of thanks was tendered the retiring President and Secretary. A dainty lunch was served by the hostess, assisted by Miss Johanna MacIntyre and Miss Amelia Egan. Next meeting will be held at the home of Miss Mabel Griffin.

SAINT JOHN GIRL HAS TRAVEL RECORD

SAINT JOHN, N. B., Nov. 23—Miss Marjorie Malcolm has the distinction of being the pupil who has come the longest distance to attend Missouri Valley College, Marshall, Mo., her home being in this city. Her father, Rev. Dr. W. W. Malcolm is a professor of Bible and Philosophy in the College, having held pastorates in West St. John, Lorneville and St. Stephen before going to Missouri.

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You can restore your depleted estate to its former value immediately by means of a **Mutual Life of Canada "Low Rate Life" Policy**

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MILBURN LOT 40 W. I.

The second annual meeting of the Milburn Women's Institute held Nov. 10th at the home of Mrs. George Cobb, six members and one visitor being present. The meeting opened with Creed. Roll call was responded to with "My Favorite Song". Minutes of last annual and regular meetings were read approved and signed by the President. Election of officers for the ensuing year followed: President, Mrs. Ira Stewart re-elected, Vice-President, Mrs. George Cobb, Secretary, Mrs. Lewis J. Moore, Directors, Mrs. Fred Robbins, Mrs. Hudson Bowley, Auditors, Mrs. Leigh Cobb, Miss Gerlie Moore. Delegates to Annual Convention, Mrs. Ira Stewart, Mrs. Leigh Cobb. It was decided that \$3.00 be paid towards expense of delegate to Convention.

Mrs. Ira Stewart kindly invited the members to her home for next meeting. Roll call to be answered with suggestions for Christmas presents.

During the meeting Mrs. Fred Robbins on behalf of the members presented the secretary with a beautiful gift. Mrs. Ira Stewart read the following address.

Milburn, Nov. 10th, 1931.
Mrs. Lewis J. Moore Sec'y Milburn Institute.

Dear Mrs. Jay:—As we are at the close of another Institute year we feel that we could not let this opportunity pass without in some way showing you our feeling toward you for your faithfulness in our Institute you have been secretary since our Institute began and have given of your time. So we ask you to accept this small gift not for its intrinsic value, but as a token of our regard and esteem for you.

Signed on behalf of the Milburn W. I.
Mrs. Ira Stewart, President.
Mrs. George Cobb Vice Pres.
Mrs. Moore who was taken by surprise thanked the members for the kindness shown her.
(Patriot Please Copy)

EMYVALE SCHOOL

Honor roll for October:
Grade X-1, Stephen McDonald;
2, Leo Murray.
Grade VIII-1, Teresa Cusack; 2, Annie Cusack; 3, Leo Cusack.
Grade VII-1, Louise Woods; 2, Kathleen Woods; 3, Mary Hagan.
Grade V-1, Clara Clarkin; 2, Vincent Murray; 3, Mary Coady.
Grade IV-1, James Woods; 2, Clara McDonald; 3, James McDonald.
Grade II-1, Cecil Murray.
Grade I (A)-1, Genevieve Trainor.
Grade I (B)-1, Eileen Clarkin; 2, Blanche Murray; 3, Joseph Coady.
Perfect attendance—James and George McDonald, Damlan and Linus Trainor, Clara Clarkin.
Teacher—L. P. Berrigan.
(Patriot please copy)

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