

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure THE WOMAN'S REALM

A BRIDE'S PRAYER
Let me be contented, Lord;
With little honey things;

Winnifred Davis
Avoid violent boiling to keep
vegetables tender. Reduce the heat
to the lowest temperatures required
to maintain the steaming after
the food comes to a steam.

CAREFUL PLANNING NECESSARY
IF QUANTITIES SMALL
Dinner Party—One Room Style
Do you come from a family
where all the extra leaves went in-

Never cut up or peel fruits
and vegetables ahead of the time
you are planning to serve them—
you'll lose certain vitamins.

Do you come from a family
where all the extra leaves went in-

Now you find yourself in the
roll of hostess in a small apartment
with no dining room and limited
kitchen facilities. Can you possibly
have a Christmas dinner party?

Choose the sturdiest table and
parmant as a serving table and ar-

Peppas Many Suffer Low Blood
Count—And Don't Know It
The baffling thing about low blood
count is that you can trust such as
never did—even look healthy and strong,

Get Dr. Williams' Pink Pills today.
They are recommended for the help they give in
increasing the number and strength of red
corpuscles. Then with your blood count up
you'll feel like bounding up the stairs as if
you were floating on air. Ask your druggist
for Dr. Williams' Pink Pills today.

HOUSEHOLD
SCRAPBOOK
By Roberta Lee
Custard
Custard will not curdle if the cus-
tard cups are put into a pan half
filled with cold water instead of hot
water. The custard will firm up
gradually, will be firm and with-
out a drop of whey.

Photographs
When photographs become soiled
sprinkle very lightly with a small
piece of cotton dipped in alcohol
and let dry by evaporation.

Ironing
If a small quantity of turpentine
is added to the pot of starch, it
will prevent the iron from sticking
to the goods.

Are You Planning
to Bake on
Friday?
Any Friday. or
any other bake-
day - you'll bake
better bread,
lighter cakes and
flakier pastry with
PURITY
FLOUR
"Best for All Your
Baking"

How can I treat frost bites?
A. By rubbing the affected parts
with pure oil of peppermint. This
will also prevent the blood count up
and prevent the blood count up
and prevent the blood count up

How can I avoid having
lumps in my cereal?
A. Sometimes cooked cereal be-
comes lumpy when warming up. If
it does, beat with an egg beater and
it will quickly smooth out.

How can I clean soiled eggs?
A. Soiled eggs should be rubbed
with common baking soda wet with
water. This will instantly remove
all stains.

A JOB ONLY YOU CAN DO

Princo Control Questions
and Answers
Questions and Answers on Princo
Control will appear in The Guard-
ian as a regular feature each day.
The questions are those which have
reached the Wartime Prices and
Trade Board from housewives in
this region. The answers are pro-
vided by the Board Readers. Per-
sons who have intelligent questions
to ask on price control are invited
to send them in writing to the
Women's Regional Advisory Com-
mittee of the War Time Prices
and Trade Board.

Q. I have just arrived from
England and have all the necessary
credentials to prove that I have
never possessed a Canadian Pass-
port. Must I have my application
checked by the Board?

Q. I belong to the family
of a discharged service man. It is
difficult to present your creden-
tials to your Local Control Board.

Q. Where may ration coupons
for extension of leave be obtained?
A. When you return to your
unit ask for a ration card to cover
the extension of your leave. You
can mail this to your hostess to
reimburse her for the rationed
commodities she used in making
your meals.

IMPORTANT POTATO
The importance of potato in
the diet was recognized in Europe
in the 17th century when it was
discovered that scurvy followed in
the wake of potato famines. Many
years later it was discovered that
scurvy resulted from lack of vita-
min C, the anti-scorbutic vitamin,
which potatoes supply.

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Dorothy Dix Says—

BUSINESS WORLD ETIQUETTE
Cause Of Young Employee's Offense
May Be Ignorance, Not Intent
DEAR MISS DIX: Will you please write something about girls
having good manners in business offices. I am at my wife's end o-

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ELLEN'S DIARY

By An Island Farmer's Wife
I expected to find the outdoors
blanketed with snow this morning.
Great drifts of it like that in other
Canadian provinces. The drifts this
morning were overhead, orange-

There were things to be done in
preparation for the night. Judy's
newest gown needed the hem turned-

This afternoon when the chores
were pretty well taken care of, I
visited the old pine tree. I have
often visited it before. Sometimes

DEAR DOROTHY DIX: What will be the effect of continuous
novel reading where a person neglects home, family, business, church
and social duties to sit and read novels?

ANSWER: Novel reading can become a vice if indulged in to ex-
cess. In moderation, it is one of the greatest pleasures and consolations
of life.

There are novels that present history in a vivid and dramatic form
that makes the past live again for you. There are novels that take
you to the far places of the earth and make you acquainted with
strange countries.

There are times when we are tired and worn, when to read a good
novel is the best of all rest cures. There are seasons of grief and anxiety
in which we would break under the strain if we could not forget our own
troubled lives in following the lives of some hero and heroine in a book.

DEAR MISS DIX: I am a pretty orphan girl of 15. I have sev-
eral aunts with whom I live and each one of them wishes me to do
something different. One wants me to be a singer, another wants me to
be a pianist, while another thinks I should be an artist. What career
should I choose?

ANSWER: You must be very happy to be possessed of so many
talents, but my advice to you is to take a good course in stenography or
domestic science so that you can support yourself while you are wait-

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WIN YOUR FAMILY'S PRAISE!



Good for you - Digestible as toast!

Colourful Christmas Salads
Jellied Beet or Cranberry salad
with garnish of parsley or cross
Apple and Celery Salad with
some of the red skin left on the
beets; garnish with green
beans and cranberries.

French Dressing and Variations
1/2 cup vinegar
1/2 cup salad oil
1/2 teaspoon salt
1/2 teaspoon sugar
1/2 teaspoon dry mustard

Peanut Butter Dressing: 3 table-
spoons peanut butter. Use on
cabbage or carrot salad.
Cranberry Dressing: 3 tablespoons
cranberry sauce.
Cheese Dressing: 3 tablespoons
grated dry cheese. Use on vege-
table salad.
Minicrat Dressing: 3 table-
spoons minced meat. Use on lettuce
or other greens.

Modern Etiquette
By Roberta Lee
Q. Is one obligated to send a
gift if one has received an invita-
tion to a wedding ceremony, but
not to the reception that follows?

Q. Would it be correct for a
woman to sign her name to a let-
ter as Miss Mary Wilson?

Q. What should a young man
say if he is presented to a girl for
the second time?

Q. I have already had the
pleasure

Q. Do you know that when enemies
meet under the mistletoe bough
they are supposed to lay down
their arms for at least a 24-hour
truce? That's why hostess tries
to hang some mistletoe near the
doorway of her home, thus assur-
ing perfect harmony while her
guests are under her roof.

Q. The Druids held the mistletoe bough
sacred. It was also considered
symbolic and an invitation to the
spirits of the forest to come in
and bring good cheer. The custom
of kissing under the mistletoe dates
back to ancient Britain. To bring
the best type of luck to the one
kissed it is claimed that the bough
must be cut with a golden knife.

Needlecraft FOR THE HOME

FULLY BLOUSE
Three different blouse styles done
with ruffles to frame
neck—each one designed to enhance
the costume look of your suit,
slim or separate—ruffles— it in-
cluded in the one pattern.

No. 2513 is cut in sizes 10, 12, 14,
16, 18, 20 and 40. Size 16 requires
3/4 yards 36 or 38-inch fabric for
front closing blouse with
sleeves; 2 yards edging; 2 yards
38-inch fabric for long sleeved
blouse; 1 1/2 yards 39-inch fabric for
slip-on blouse.

Send 20 cents for PATTERN,
which includes complete sewing
guide. Print your Name, Address
and Style Number plainly. Be sure
to state size you wish.

Address Pattern Department The
Charlottetown Guardian.
Name
Street Address:
City Province

The Earl of Dudley, who said in
the House of Lords that he'd like
to see married couples have a baby
every year, for the first five years
of marriage, now finds himself in
hot water, the Ottawa Journal re-
ports. One British wife wants
him to wash diapers for 2,000
days, another says if he could
have the experience of bearing a
child he'd not be so keen about it.



DEAR SANTA:

Billy hopes you'll bring a scooter,
Sally wants another doll;
Father's a mind for an easy chair
In which to read and lol;
But me—I'll settle for Victory!
Susan (she's in sixth grade now)
Has tastes much older than her years,
If she doesn't get a lipstick, Santa,
Chances are there'll be some tears!
But me—I'll settle for Victory!

Light