

Woman's Realm Social and Personal Fashions Literature

Living & Leisure

— THE WOMAN'S REALM —

FROM 'LOCKSEY HALL'

Men, my brothers, men the workers, ever reaping something new; That which they have done but earnest of the things that they shall do.

For I dipped into the future, far as human eye could see, Saw the Vision of the world, and all the wonder that would be;

Saw the heavens fill with commerce, argosies of magic sails, Pilots of the purple twilight, dropping down with costly bales;

Heard the heavens fill with shouting, and there rained a ghastly dew From the nations' airy navies grappling in the central blue;

Far along the world-wide whisper of the south-wind rushing warm, With the standards of the peoples plunging through the thunder-storm;

Till the war-drum throbb'd no longer, and the battle-flags were furled In the Parliament of man, the Federation of the world.

There the common sense of most, Shall hold a fretful realm in awe, And the kindly earth shall slumber, lapt in universal law.

—Lord Tennyson. (Reprinted by request).

NOTES FOR NEATNESS

If lipstick stains cannot be removed from washable fabrics with ordinary washing and sponging with carbon tetrachloride, try rubbing them with a colorless grease such as white Vaseline jelly. Then sponge again with carbon tetrachloride or bleach with peroxide of hydrogen.

The Complexion
A muddy complexion can be cleared by drinking buttermilk. If one would drink a quart a day, a decided change would be noticed in the complexion after a few weeks.

Curtains
The curtains will always hang straight if the selvage is cut off and a narrow hem sewed on in its place. Sometimes this is all that causes uneven curtains.

BIDS FOR SHORT HAIR CUT

Clients buy his paintings and sitters get their hair done—so Italian artist-sculptor-hairdresser Leon Amendola finds his New York salon a profitable and pleasant centre.

Last year the coiffure stylist not only flew 50,000 miles throughout the U. S., but toured Italy, France, Switzerland and England—and sold 30 paintings as well. The tour was for an American beauty concern interested in know which way the scissors were going to jump, and how the shearing of the millions would affect trade in the coming years.

"It will be at least five years before hair hits the shoulders again," he said between demonstrations in the Regency Room of Eaton's College Street, Leon (that's the hair-dressed side of his personality and the name used in his beauty salon) believes it will take that long for the fashion cycle to swing away from the present smoother lines and shorter skirts, just coming in, and the small cloches and other short-hair hats that have inspired new versions of the single and the clipped and softly waved coiffure. He has seen some very interesting bone structure in the genus Canuck, and fine complexions.

He doesn't believe our women do enough with what they've got. "Such beautiful girls," he sighs, "and not venturesome enough to study and develop the fashions and stylings they should adopt."

Leon is a short-hair man from away back. It's healthier, more streamlined as becomes the modern femme; besides the trick of becoming hair dress is all in the styling.

"Smart women in Paris have always had their hair either cut or moulded close to the head," he points out. "They do not go around looking as they were wearing balloons or over-stuffed mattresses."

"If a woman has a beautiful face she should throw it into relief by bringing her hair away from it; if she is very ugly—then perhaps she will need long hair to hide the ugliness."

Today the short-hair controversy in the fashion world is something akin, in its less vital way, to the H-Bomb discussions among scientists and the furore over the affair Bergman. Many women, says Leon, would cut their hair but for their husbands. He takes a poor view of masculine interference in these matters.

Cook's Corner

HOT WATER PASTRY

1/4 cup boiling water
1/2 cup shortening
1 1/2 cups pastry flour
1/2 teaspoon salt
Add boiling water to shortening and beat with fork until fluffy. Add flour, sifted and measured with salt, all at once and continue stirring until mixture forms large, smooth ball that leaves the sides of bowl clean.

Chill thoroughly before rolling.

Always dependable because it's made extra-active.

AND IT STAYS FULL STRENGTH SO LONG

YES, IT'S ALL PURE YEAST—ALWAYS UNIFORM

FOR WOMEN

(WHO BAKE AT HOME)

ONLY

WHAT'S COOKING?

GIVES ME LIGHT DOUGHS, TOO

3 out of 4 Canadian Women prefer...

FLEISCHMANN'S YEAST

or the NEW FAST DRY

FRESH

or the NEW FAST DRY

Needs NO Refrigeration!

YOU CAN COUNT ON FLEISCHMANN'S YEAST FOR FASTER RISINGS VERY TIME

ALWAYS DEPENDABLE BECAUSE IT'S MADE EXTRA-ACTIVE

AND IT STAYS FULL STRENGTH SO LONG

YES, IT'S ALL PURE YEAST—ALWAYS UNIFORM

Australia's Prime Minister Plays 'Hookey' From Politics



Robert Gordon Menzies, prime minister of Australia, is shown relaxing from the cares of office in the garden at the family home in Melbourne. With him are his wife and daughter Heather, who holds George, the cat. Menzies, who also held office from 1939-41, became prime minister when the eight-year-old Labor regime in Australia was voted out of power Dec. 10 as a coalition of the Liberal and country parties won a parliamentary election.

Pioneer Days In P. E. I.

By F. H. MacArthur

People have long been educated to look upon medical monopoly as the safest means of insuring their health. This was not the case in pioneer days in P.E.I. Doctors were few and far between and so the early settlers relied largely on their own home remedies to ward off disease or to cure an ailment once it struck down its victim.

Yes, the first settlers were staunch believers in herbs and vegetables as medicines; and in the few paragraphs which follow I am going to name some of these and point out just how they were employed.

When anyone in the family developed an earache, sliced raw onions were applied to the affected area. Tansy tea was used to relieve pain in the back and kidneys. Common red clover was made into salve which the old-timers vowed was superior to anything they could buy on the market. When a sick person developed bed sores the white of an egg beaten was applied to the broken skin. Black elderberries, boiled and mixed with lard, were used for scalds, cuts, etc.

And what household would think of doing without its smelling salts to relieve colds and headaches? Dandelions were frequently brewed into a sort of wine said to be an excellent remedy for biliousness and chronic inflammation of the liver. Alum, too, was always to be found in the medicine chest of the early settlers. It was used to stop bleeding. A tablespoonful of powdered alum and a half-pint of molasses was used to cure cramp in children and painter's colic. Ginger tea was frequently drunk just before bedtime to ward off an approaching cold.

Hops have long been known to possess soothing and sleep-producing properties. The Micmac Indians used hop poultices to relieve asthmatic attacks. The whites also followed this practice for some years, and in addition used the hop poultice to relieve the pain of a bruise or sprain. Sometimes pillows were made of hops, which they claimed induced pleasant slumber.

Lemon juice had many uses among the first settlers. They used it for clearing the complexion, breaking up colds in their early stages, and for dropsy. For the latter, the patient commenced by eating one lemon each day and increasing it until ten or fifteen were eaten in twenty-four hours. Kerosene oil was much employed as an old-time remedy for sore throats, rheumatic pains and neuralgia.

Children were allowed to breathe the vapor from slaked lime for croup and diphtheria. Here's how it was prepared for use: "Take one-half pound of un-slaked lime, and pour over it one quart of hot water. Let it stand for a few hours and then drain off the clear liquid." The liquid was again heated and inhaled by the patient. Mustard, then as now, was an excellent household remedy.

This writer can remember his grandmother gathering wild cherry bark which she peeled from the tree and brewed into a drink for poor digestion and lack of appetite. The dose was a wine-glass three times a day before meals.

Peppermint, goose-grease, snake-root, sulphur, rhubarb, sage and many other items played an important role in relieving the ills of our forefathers. Indeed, to include each remedy separately and tell how it was used would fill a fair-sized volume. A old medicines and old remedies have been so changed and supplanted by new ideas that scarcely a vestige of the principles and practice of old-time

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DOROTHY DIX SAYS -

Tips For Bachelors Masterful Approach Almost Sure-Fire With Girls

DEAR DOROTHY DIX: You are constantly telling women in your column 'how to get their man.' Why not tell us eligible bachelors a sure way to get the girl we want?



ANSWER: No specific rule can be given for winning a girl, because it all depends upon the girl. But, generally speaking, the way to get a girl is just to go after her tooth and nail, hammer and tongs, as you would after a big order or a political office or anything else that you really wanted.

A stormy, impetuous wooing goes big with ninety-nine girls out of a hundred because in their hearts nearly all women are still cave women. It is the laggard lovers, the ones who do not put any pep into their courting, the ones who let girls shilly-shally with them, who lose out. Many a girl would like to say "no" instead of "yes," if only she dared to. To the bashful suitors who haven't even got the nerve to ask for what they want.

BE PERSISTENT
If you are in love with a girl, never take "no" for a final answer until she marries some other man. Success nearly always comes to the patient suitor. Just camp on your lady love's doorstep and always be Johnny-on-the-spot. Make yourself a necessity to her. Accustom her to little attentions.

Then suddenly some day remove yourself. Begin to rush some girl a little younger and a little prettier than she is, and it is a hundred-to-one shot that she will wake up and find out that without knowing it she has fallen in love with you and that you are the great and only where she is concerned.

If a girl is very puritanical, a good line is getting her to reform you. Confess your sins to her, and the blacker you make them, the better she will like them and the more you will pique her interest.

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Modern Etiquette

By Roberta Leo

Q. When a man is waiting in a doctor's or dentist's office, a barber shop, or some such place, should he give up his turn to a woman acquaintance as a matter of courtesy?

A. No; nor should the woman request or expect this.

Q. If a man takes his fiancée to a bridal shower in her honor, is he privileged to remain at the party?

A. If there are no other men present, it would be much better for him to leave.

Q. Is it improper to say "thank you" to a servant?

A. Most certainly not. A sincerely spoken "thank you" is never out of place.

Morning Smile

TOUGH LUCK

It was in Mount Street, W., at about 1:30 a. m. that two old school-fellows who had been dining noticed a little dog running about in that bewildered way which lost dogs have.

Poor little fellow's lost," commented one. "Pick him up and see if there's a name and address on his collar."

There was. The address was far away, but the noble fellows never hesitated. They decided that the lost pet should at all costs be restored to his sorrowing mistress.

It was a long and dreary drive, but at last the sulky taxi-driver pulled up outside a darkened house. Muck knocking and ringing brought the caretaker to the door. "Mrs. Bronson?" yawned the functionary. "She did live 'ere, but she left and is now living in Mount Street, in the West-end."

NOW—She's Got Exciting ZIP and GLOW — and Plenty of Beauz

DR. WILLIAMS' PINK PILLS

ELLEN'S DIARY

By An Island Farmer's Wife

"We had great fun!" Jamie told Jeanie tonight speaking of the entertainment gained from a spell of coasting after school this evening. Gage had been his companion and we too had come to join the two, that had been with Rob at the choring, but now had wandered off to interests of their own. It had come then to a lovely time of day so pleasant indeed that one could imagine the world about, seemed to put off, in the delight of the afterglow the dropping of dusk. Past recall then were the busy affairs of the day, the realization and disappointments, the mistakes and regrets of the recent hours, lived and now "gone forever." Crimson banners of cloud in long ribbons of color marked the place where the sun had lately descended behind the dark woodlands along the western line of hills, and made a bright background for the quiet and picturesque farmsteads drifting now towards their rest. Windless it was—not a breath stirring, and the air was crisp but not cold, only invigorating. And all was peaceful, blessed with that serenity one often finds on a still, fair, evening, and finding enjoys and presently forgets all the small ills that had been disturbing by day, and in its magic finds every care smoothed away.

We remember now that the coasting was only incidental to a chore the two children had set themselves of late. They scatter grains for the family of Huns that have chosen to live in this neighborhood, vacating for the present an old haunt nearer the stream to now frequent a hillock in a field close to the buildings. From a doorstep, recently we have been able to look out upon these creatures of the world, snuggled in the shelter there, dark specks against the white of the snow. There was no sight of them however when the boys came there this evening, but signs of their tenacity told us that in all probability they would return to eat presently. Then having spread the place generously for these wild fowls, we came to the coasting. Not down the hillside but along the winding icy courses at the foot where yesterday's thawing streamlets had run.

Faces were happy as bodies braced were exercised at this bracing sport. "There you go!" and a push sent one skimming away a distance, and "Mind that you hold on tightly!" started the younger fellow, following in Jamie's wake. A smooth beckoning trail it was, along which the small sleds sped. "Have you ever been coasting before?" Jamie queried, and then as another thought struck him "with your own little boys?" He doubtless found it difficult to picture a world in which we had ever been young. "Yes," we replied. "Often," "often" And as we watched the delight of these two, we were happy to look back to those bygone years without apology and certainly without regret, knowing well that any time spent so with the children, had been not wasted but to the contrary of benefit to all.

Better English
By D. C. Williams

1. What is wrong with this sentence? "He walked right into the water."
2. What is the correct pronunciation of "pretense"?
3. Which one of these words is misspelled? Jealousy, jasmine, jeopardy, jettison.
4. What does the word "meliorate" mean?
5. What is a word beginning with "is" that means "loneliness"?

ANSWERS
1. Say, "He walked straight into the water." 2. Accent second syllable, not the first. 3. Jeopardy. 4. To make or become better; to improve. (Pronounce mel-i-o-ri-ate as in meal, accent first syllable.) "The lot of the poor has been meliorated." 5. Isolation.

Household Scrapbook
By Roberta Leo

For Emergencies

A wise office girl will keep an extra pair of stockings in her desk drawer. Then, if her stockings are rain-spattered or a run appears in one of them, she can quickly change to a fresh pair.

Rag Rugs
After washing the rag rugs and carpets, dip them into a heavy starch. The rugs will remain clean much longer and keep in better position on the floor.

Old Hairbrush
If your old hairbrush seems to have lost its vitality, it can be made stiff and firm again by dipping it into a strong solution of alum.

Mothers Sing the Praises of JACK and JILL

BUCKLEY'S NEW COUGH AND COLD SYRUP FOR KIDDIES ONLY

Here's great news for mothers—a grand cough and cold remedy just for the little folks made by the makers of Buckley's Mixture, Canada's most famous cough and cold remedy. JACK and JILL Cough Syrup with Vitamin C is NEW—DIFFERENT—and so PLEASANT TASTING they'll take it with a smile. There's no "bottle of the bottle" when you give JACK and JILL. At the very first sneeze or sniffle give according to directions for relief that is PROMPT and SAFE. Be sure to get a bottle today and have it handy.

CONTAINS VITAMIN "C" AT ALL DRUGGISTS 5c

That Body Of Yours

By James W. Barton, M.D.

TREATMENT FOR FLAT FEET

It is told of the late President Woodrow Wilson that he suffered so much with his feet that it was not unusual for him abruptly to leave a walking companion and seek a place where he could remove his shoes and rest. Most of us earn as much money with our feet as we do with our hands, and to be free of painful feet removes many of the mental and emotional hazards that spoil our appearance and prevent enjoyment of life.

Shoes are the most important item in maintaining foot health. Shoes should be long enough for complete freedom of the big toe, so that while standing, it does not touch the end of the shoe. Always stand on your feet when having shoes fitted. Standing permits your feet to spread to their full width. The inner line of the sole from the heel to the toe should be a straight line, and the front end of the shoe should be "rounded," not cut outwards to make a narrow or pointed toe. The heel should have a large walking surface. With all the recent fuss about heel height, it must be admitted that the heels of their shoes are a good size and not more than half as high as they were just a few years ago. A low or Cuban heel is best from the standpoint of foot health.

The commonest foot ailment, aside from corns, is flat feet. Flat feet not only pain the feet but cause backache, pain in knee, irritability, and other symptoms. A strong arch, which keeps the body on a sort of support, has three points of pressure to support it: the big toe, the ball of the foot, and the heel. The arch and the bones forming the arch, and the muscles holding up these bones, are what give the foot its proper or claw-like shape. In flat feet these ligaments lose their "stretch," allowing the bones to sag, and the muscles are not strong enough to hold the arch up in position.

Where the ligaments are weak but this arch is not flat on the floor, exercises, such as picking up an object with the toes or walking a few times around the room on outer sides of feet, help to lift the arch.

In advanced cases, when the arch becomes rigid, a plaster cast is made of the foot and suitable arch supports made from these casts.

Jamie told Jeanie "We had great fun!" before dusk brought us back to the house.

Leaving James to mind their house, Jack and Jeanie came for a short visit, and to report on the doings at Alderlea. One made Jamie chuckle; when her father related that granddaughter out about with the farmers this morn-

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How Can I!!!

By Anne Ashley

Q. How can I strengthen buttocks?

A. Two rows of stitching around a buttock will strengthen it and there will be no more annoyance of having the buttock tear at the edges.

Q. How can I polish knives more effectively?

A. Try dipping them in boiling water, drying them, and then applying the polish at once while the metal is still warm.

Q. How can I keep the cork from sticking in the glue bottle?

A. Rub the cork thoroughly with lard before inserting it in the bottle.

The Stars Say - -

By Genevieve Kemble

For Saturday, February 18, SUDDEN turn in the wheel of fortune may come to the fore, with dramatic and dynamic climax to events and productive issues already in the "lap of the gods."

The shrewd and quick grasp of such thrilling opportunities will accelerate the momentum of already preconceived plans, policies and campaigns. The new status will depend on fresh techniques, daring innovations or some special ingenuity, skill or discovery. Be alert on "cashing in" on the bright deal. Push for progress and production with vigor.

Those whose birthday it is, are urged to be alert to "the man chance" which may be the essential factor in turning the door of destiny into new highs in the way of dramatic achievements, original skills or inventions, in which romance, dramatic adventure, the far vision of achieved hopes and wishes are tangibly in sight, ready for the plucking. Dare to be original, to step beyond the bounds of the commonplace, the mediocre.

A child born on this day may step beyond the confines of the everyday and routine, by its originality of thought and action. A career of change, thrills and high adventure is presaged.

After-Meal Pains Due To Indigestion

"I was a sufferer from dyspepsia for over a year. I was depressed and afraid to eat. I tried several remedies, but to no avail. Then I took Dr. Hamilton's Pills, and found great relief. Today I can eat almost anything and digest it. By taking Dr. Hamilton's Pills every other night, I have regular bowel action, my liver is in good order, and I sleep soundly at night."

(Signed) I. Winifred Jemmett. You won't be disappointed in Dr. Hamilton's Pills. Sold by all dealers.

-Needlecraft- FOR THE HOME -

LADY-LIKE MANNER

The shirtwaist dress is a major fashion theme! This one is smartly tailored—but may add the feminine touch of eyelet banding on both bodice and skirt. Long sleeves, if you want them.

No. 3047 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100.

Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department The Charlottetown Guardian.

Name _____ Address _____ City _____ Province _____

VICTORIA SOLDIER DIES

VICTORIA, B. C., Feb. 15 — (C.P.) Col. Hugh MacIntyre Urquhart, 70, honorary aide-de-camp to two Kings for more than 20 years, died today. He suffered a stroke Saturday. One of Victoria's best-known soldiers, he was a colonel of the Canadian Scottish Regiment.

