

Woman's Realm Social and Personal Fashions Literature



A DEODORANT OF DOUBLE ACTION

HELPS PREVENT PERSPIRATION SPOTS AND ODOUR WITHOUT IRRITATING THE SKIN

ARRID gives you double protection. It protects you from perspiration odor, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant, with the fine texture of a heavy cream. It vanishes instantly giving immediate results. With Arrid, you are absolutely safe—can enjoy yourself wherever you are—regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical. 15c, 30c and 50c.



ARRID
The Largest Selling Deodorant

MORNING SMILE

It was the raw recruit's first turn of duty. So his voice was rather shaky as he exclaimed: "Hi! Who goes there?"

Out of the darkness came the startling reply:

"Have a heart, chum," the sentry protested. "I haven't had time to learn the answer to that one yet."

COOK'S CORNER

CHERRY APPLE JAM

Wash apples and chop them finely without paring or coring them. Measure the amount that has been chopped.

Place the chopped apples in a preserving kettle and barely cover with water. Bring to a boil and cook until the apples are very soft. Then press through a coarse sieve to remove the cores and seeds.

Wash and stem, then pit cherries and measure amount equal to the chopped apple. Add to the apple pulp and cook until the fruit pulp and seed are soft. Add to each cup of pulp. Boil rapidly until thick and clear. Pour into hot sterilized jars and seal with melted paraffin. When the first coat hardens, add a second layer of paraffin and cover jars with this or the paper over them and store jam in a cool dry place.

CHERRY ORANGE MARMALADE

4 cups pitted cherries.
2 cups medium oranges
1 1/2 cups lemon juice
1 1/2 cups sugar

Method—Wash the oranges and cut them into quarters or eighths. Discard the pithy portion from the centres, and the seeds. Slice the fruit into very thin slices. Cover the fruit with water and cook until the fruit is soft. Now add the pitted cherries, the lemon juice and the sugar. Stir the mixture until the sugar is completely dissolved and then bring to a boil and keep boiling quite vigorously until the marmalade is thick and clear. Allow to stand for a few minutes before pouring into hot sterilized jars. Seal with melted paraffin and then with a second layer of this when the first has hardened. Store jars in a cool, dry place.

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "We came near losing the game."
2. What is the correct pronunciation of "roseate"?
3. Which one of these words is misspelled? Gullies, guinea, guitar.
4. What does the word "imaginal" mean?
5. What is a word beginning with "at" that means "gloomy, dull"?

ANSWERS

1. Say, "We almost lost the game."
2. Pronounce "ro-say-ee."
3. Gullies.
4. Imaginal.
5. "At" that means "gloomy, dull."

TOGA TOUCHDOWN

The American game of football originated with traditions in Ancient Greece and Rome.

Make Your Own Chocolate Syrup with

FRY'S COCOA

IDEAL FOR CHOCOLATE MILK, ICE CREAM AND DESSERTS

Take 1/2 cup of FRY'S COCOA and 1/2 cup of sugar. Mix well together dry. Stir in 1/2 cup of boiling water, 1/2 cup of milk, 1/2 cup of condensed milk. Boil for one minute. Then pour into a clean dry glass jar. Cover and let cool. Keep this syrup in a cool dry place for instant use.

A JOB ONLY YOU CAN DO
Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guard as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers, persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q Is there a ceiling price on canned fruit and vegetables?

A Prices for canned fruits and vegetables from the 1945 pack will be the same as in 1944.

Q Would you tell me if I have been allowed ten pounds of sugar for canning. I do not remember getting any special coupons for this sugar.

A Every ration book holder in Canada is entitled to ten pounds of sugar for canning. The last of the coupons for this purpose became valid on the 19th of July. Twenty preserves coupons, each coupon worth one-half pound of sugar, were allotted for this purpose. This allotment was over and above the regular preserve allotment. These coupons are still valid and will remain so until declared otherwise by the ration board.

HOUSEHOLD SCRAPPBOOK

By Roberta Lee

Pillow Cases

When the pillow cases begin to break where it is hemstitched, or right through the middle of the hemstitching. Buy some lace or crocheted edge over the remaining piece edge. It will lengthen the life of the case and add to its beauty.

Boiling Milk

If milk boils over on the range, or in the oven, sprinkle a thick layer of salt over the burning milk, allow it to remain for a few minutes, then wipe off.

MUD STAINS

When brushing a mud-stained garment always brush from top to the bottom. All the dirt will not come off if brushed against the warp.

HOW CAN I!!!

By Anne Ashley

Q How can I get a uniform color when dyeing?

A Before adding dye to the large vessel into which the goods is placed, always be sure that the dye is thoroughly dissolved in boiling water. Then strain it into the dyeing vessel. If this is not done, blotches of color are liable to appear in the goods.

Q How can I clean and whiten the piano keys?

A By rubbing rather hard with equal parts of alcohol and peroxide of hydrogen. This also removes any stains that are on the keys.

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "We came near losing the game."
2. What is the correct pronunciation of "roseate"?
3. Which one of these words is misspelled? Gullies, guinea, guitar.
4. What does the word "imaginal" mean?
5. What is a word beginning with "at" that means "gloomy, dull"?

ANSWERS

1. Say, "We almost lost the game."
2. Pronounce "ro-say-ee."
3. Gullies.
4. Imaginal.
5. "At" that means "gloomy, dull."

TOGA TOUCHDOWN

The American game of football originated with traditions in Ancient Greece and Rome.

Living & Leisure
THE WOMAN'S REALM

NO WIDER THAN THE HEART

The world stands out on either side. No wider than the heart is wide; Above the world is stretched the sky. No higher than the soul is high. The heart can push the sea and land. Further away on either hand; The soul can spread the sky two and let the Face of God shine through.

But East and West will pinch the heart. That cannot keep them pushed apart; And the whose soul is flat—the Will cave in on him by and by." —Selected.

KITCHEN NOTE

If you can't purchase sour cream use a teaspoon of lemon juice or a cup of vinegar to a cup of sweet milk.

TWO TIMELY HINTS FOR EASIER CANNING

Heavy work gloves, the kind from the 15 cent store, protect hands in the grandest way when they're lifting jars from the boiling water bath.

Use the deep well cooker and its preliminary scalding of tomatoes and peaches easy. As soon as the water boils in the cooker, switch to low heat, fill the basket with the vegetables or fruit; scald, lift out and peel.

SUNTAN

A mottled tan is what you'll get if you put on sunburn lotion unevenly. But its nothing to bother with any sunglasses. The dark zones: time—noon; place—high altitudes or beside water, and get when you think, "I'll not even get a tan today," for the diffused light on such a day can produce a painful burn.

AUTOMOTIVE HINT

Do not run your automobile motor with the fan belt too tight. It should have only sufficient tension to keep it up from being thrown off the pulleys when the motor is run at high speed.

GLASS STRINGS

Kite strings made of glass are used by the U. S. Army Air Force flyers who send up box kites with radio antennas, when forced down at sea. The glass yarn is used because of its strength and the fact that weather and salt.

ONLY MALES CHIRP

Insects don't chirp in unison, as people probably think they do. It just sounds that way. In a chorus of crickets or katydids, it's every man for himself, and they are males, since it's only the males that can chirp.

DO'S AND DON'TS FOR VEGETABLES

First aid for vitamins how to do it and don'ts from the Nutrition Division at Ottawa, which whether they are fresh from the garden or fresh from the market.

HIGH CROWN HAT

I fancied James was relieved when, with wet whetted axes, he went to join the men who were working on the wood-road. Lovely the outdoors was this morning, the sky was blue and silver and only the smallest breath of the trees about the lawn. Cows pasture, before the cropping the day would be upon them, and the new lot played ring-around-a-daisy with his mother in the pines and oaks. From the meadow which mounts gently toward higher ground, James noted the dust from the highway at Braside. It stood a distance, nearer us and lingered as at the end of the hay, in the air. Even as James was looking at this, a fore-runner of rain so that, presently, James saw today may presently bring the rain with evident, borseome binders are in the fields, across the countryside, but as yet none has come to its ripeness in the fields at Alderley.

Julie and I began to eat our peck of salt today and also together began our basic training. Very quietly, she went about her duties, the gloom of the house, missing Judy's merry chatter and nonsense lifted for awhile this evening. I think perhaps, if Pat had been up on his aphides, James might have

DESIGN NO. E.1200

This jaunty hat will line up with any costume. Inexpensive and easy to construct. Pattern No. E.1200 contains complete instructions. Send 15 cents in coin to Needlework Bureau, Guardian Publishing Co.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or Postal Script to Needlework Bureau, Charlottetown, Guardian. Design No. E.1200

Name _____
Street Address _____
City _____ Province _____

Dorothy Dix Says—
Marriage Unchanged But—

Divorces More Numerous Now Because Mutilals Are Treated as Experiments

A correspondent asks: "Why are there more divorces now than there were in our grandparents' time? Is it harder to stay married now than it used to be? And if so, why? Why, with all of our modern sophistication, do we seem to be learning about the art of getting along with our mates? What, in a word, is the matter with marriage that one out of every four or five couples who try it find they can't stand it, and throw up their hands and quit?"

There is nothing new the matter with marriage. It is the same old gamble it has always been, with the same chances of winning out, or losing. It has the same drawbacks and disillusion and the same advantages and glad surprises. It is still heaven, or hell, just as it has always been.

NO FORMULA FOR TRANQUILITY

No prophet can tell how any marriage is going to turn out. Nor has anyone ever invented a formula for securing domestic bliss. Husbands and wives are still cut off of the original pattern. Adam still blames Eve for probably Grandpa and Grandma were just as hard to get along with as our own husbands and wives are.

LEG SHOW

With warm sunny days painted less can solve any girl's stocking problem. But make sure you do a good job by your leg show! Most important is clear, smooth skin. To remove blotches and small white bumps, work up a good lather with your favorite soap and—using a rough wash cloth or brush scrub vigorously. The more elbow grease you use, the sooner you'll have that satiny smooth texture you're after. Now for your liquid stockings. Cup your hand over the entire leg, starting at the foot, spread liquid with circular motion of both hands. This gives better results than up-and-down. When leg is dry, a light touch. When leg is dry, a light touch. When leg is dry, a light touch. When leg is dry, a light touch.

ELLEN'S DIARY

By an Island Farmer's Wife

One of Jeanie's hens, that (mother-in-law-that I am) I suspect must be hiding a snug nest beneath a demanding hen's breakfast, in the barnyard, in the uncertain voice, brought me back to the morning's "vale of woes" this morning. No rest so sorely I wish for perhaps a bit gloomy until presently, the change of help-ers will be forgotten and our machinery will have settled to its old familiar groove again. Past breakfast, nicely cooked and served, we came to dinner. This in itself was remarkable, considering the fact that Julie was left to the strangeness of a general heat for the tea kettle from a few chips and a stick of wood. More to be forgotten and our machinery will have settled to its old familiar groove again. Past breakfast, nicely cooked and served, we came to dinner. This in itself was remarkable, considering the fact that Julie was left to the strangeness of a general heat for the tea kettle from a few chips and a stick of wood.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

Escape From Heartbreak

Margaretta Brucker

CHAPTER I

The elevator at Prescott's was just beyond the notice counter. From behind the blinds of snags and buttons and hooks and eye-bobs and bobbing, pocket combs and mending cotton, Valerie Wentworth could watch the elevator doors.

My favourite cereal
...but you'll like it too!

SHOT FROM GUNS
FOR QUICK FOOD ENERGY. EASY DIGESTIBILITY

QUAKER PUFFED WHEAT SPARKLES

Surely! he would not let her down, although that was what Penny always insisted. Penny said: "Boy, are you due for a tumble! Before you came, Phil Prescott rushed a girl in the book department. What happened to her? She woke up too late and found herself out on her ear without a job."

Valerie told Penny that she was quite capable of managing her own affairs. Nevertheless, Phil should have told his mother at once that they were married. It would take courage Valerie shivered.

MODERN ETIQUETTE

By Roberta Lee

Q. When a new employee enters an office or store, is it necessary to introduce him to the other employees?

A. It is not necessary, but it is a very courteous thing to do, particularly to the other employees who the beginner will contact regularly.

MODERN ETIQUETTE

By Roberta Lee

Q. If there are many guests at a large dinner, is it the duty of the hostess to introduce each guest to all the others?

A. Not necessarily. It is the duty of the hostess to introduce each guest to those nearest to one another. It is permissible to greet a friend if one catches his eye while in church.

EXTRA TASTY BREAD!

GET FLEISCHMANN'S ACTIVE FRESH YEAST

BECAUSE IT'S FULL-STRENGTH
this active fresh yeast goes right to work. No waiting—no extra steps! And Fleischmann's fresh yeast makes bread that tastes sweeter, is lighter, finer-textured every time.

IF YOU BAKE AT HOME— get Fleischmann's active fresh yeast with the familiar yellow label. Dependable—Canada's tested favorite for over 70 years.

Always fresh—at your grocer's

Needlecrafts
FOR THE HOME

Bob, graceful knee worked out in the simplest way. Wonderfully easy to make with only two pieces in the pattern and brief sleeves extending from the shoulders.

No. 2066 is cut in sizes 12, 14, 16, 18, 20, 22, 24 and 26. Size 36 requires only 2 3/4 yds. 36 in.

Send 20 cents for pattern which includes complete sewing guide, your Name, Address, and Style Number plainly. Be sure to state size you wish.

Address Pattern Department, The Charlottetown Guardian.

Pattern No. 2012

Name _____
Street Address _____
City _____ Province _____

DERPO BUG KILLER

Completely exterminates Beetles, Cockroaches, Fleas, Silverfish, Crickets. At Eaton Simpson, leading drug, hardware cooperative stores, or write Derpe Products, Toronto 4.

DRESS PATTERN IN 2 PIECES

DERPO BUG KILLER

Completely exterminates Beetles, Cockroaches, Fleas, Silverfish, Crickets. At Eaton Simpson, leading drug, hardware cooperative stores, or write Derpe Products, Toronto 4.