Our home folks in these Provinces by the sea naturally ask for RED ROSE TEA when they want the very best.

RED ROSE COFFEE is free of dust—settles clear as a bell—no egg needed. 15

BIBLE THOUGHT FOR TODAY

BIBLE THOUGHTS MEMORIZED WILL PROVE A PRICELESS HERITAGE IN

AUGUST 19

NOT EVERY ONE THAT SAITH LORD, LORD:—Not every one that saith onto me Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.—Matthew 7:21.

AUGUST 20

DOMINION:—God hath not given us the spirit of fear: but of power, and of love and of a sound mind.—2 Timothy 1:7.

AUGUST 21

BETTER THAN SILVER AND GOLD:—Goliness with contentment is great gain. For we brought nothing into this world, and it is certain we can carry nothing out. And having food and rainment let us therewith be content.—1 Timothy 6:6 7 8.

AUGUST 22

ADMIT THE MASTER:—Behold I stand at the door, and knock; if any man hear my voice, and open the door, I will come in to him, and will sup with him and he with me. He that hath an ear let him hear what the Spirit saith.—Rev. 3:20 22.

AUGUST 23

PERSONAL SELF GOVERNMENT:—He that hath no rule over his own spirit is like a city that is broken down, and without walls.—Proverbs 25:28.

AUGUST 24

THE GOODENSS OF GOD:—Thou openest thine hand, and satisfiest the desire of every living thing.—Psalm 145:16.

AUGUST 25

CURSING OR BLESSING?—Cursed be the man that trusteth in man and maketh flesh his arm, and whose heart departeth from the Lord.

Blessed is the man that trusteth in the Lord and whose hope the Lord is.—Jeremiah 17:5, 7.

For Thin Falling Hair Use Cuticura

If your scalp is irritated and your hair dry and falling out in handfuls, try this treatment: Touch spots of dandruff and itching with Cuticura Ointment and follow with hot shampoo of Cuticura Soap. Nothing better than Cuticura for all skin and scalp troubles.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, 344 St. Paul St., W., Montreal. Cuticura Soap shaves without mug.

CHILD WELFARE

(Continued from Page 9)

for wheat, but in the near future the conditions may be otherwise. Barley is an easy crop to raise, and may be planted in the late spring for fall reaping, so our agriculturists might assist greatly in the solution of the bread problem, which threatens to be an acute one before many months have passed, by giving attention to the cultivation of barley.

Buckwheat is another cereal which has great food value, and which might be produced in greater quantity as an offset to wheat shortage. This may be served in various palatable and nutritious dishes which may be used to a consnderable extent in lieu of bread.

Of the pulses, peas and beans in the dried state have a dietic value which is well recognized. Compared with the meats and the cereals, they take an intermediate place, being richer in protein and poorer in carbohydrates than the cereals. The fat content corresponds very closely to the cereals, while the mineral content is somewhat greater. A plateful of good thick pea soup contains about as much protein as an ounce of lean meat, and about as much carbohydrate as two ounces of bread. Dry beans are very similar to dry peas in composition, but contain a larger proportion of sulphur, and for this reason are apt to cause flatulence. The protein content of dry peas and beans is about equivalent to that of an equal weight of lean beef, while the carbohydrate content is about three-quarters that of fine wheat flour. It is thus evident that these pulses may be used, to a reasonable extent, to replace both meat and bread.

Amongst the root vegetables, that which is of greatest importance is the potato. The main food constituent of the potato is carbohydrate, but it also contains certain salts and vitamines which serve the important function of maintaining the blood in a healthy condition. These salts are largely lost in boiling, especially if the potato has first been peeled. Peeling is, moreover, otherwise wasteful, inasmuch as a considerable percentage of the nutritive part of the potato is lost in the process. The most economical way of cooking potatoes is roasting. At the present time, rice is an economical partial substitute for potatoes. Rice, however, especially is highly polished, is deficient in salts and vitamines, and unless supplemented by some root vegetable or by fruit is incapable of fully taking the place of potatoes.

The turnip is not a very useful or economical food. Its carbohydrate content is relatively much less than that of potato, being in fact only about five per cent. of its weight. It is very poor, too, in protein. More than ninety per cent. of turnip is water. Carrots and parsnips have greater nutritive value than turnips, but less than potatoes. The same is to be said of beet-root. There can be little doubt that land now used in the production of these vegetables could be more usefully employed in the cultivation of potatoes.

It is quite impossible to cover the whole subject of food in a small leaflet, and the effort has been limited to those articles which enter into the dietary of practically everyone. The intention of this leaflet is to set forth the main functions of the different foods in common use, and to indicate ways by which economies may be effected in these stressful days. Wastefulness is not commendable at any time and it becomes little short of criminal at a time when the production of food promises to be inadequate to meet the demands. If the policy of thrift in the matter of food were to be generally practised the supply might prove sufficient for actual needs. Obviously, it is of the greatest importance that we should not be compelled to go on short rations. Comparatively few can assist in increasing the production of food, but everyone may do something towards lessening the consumption of food. This, however, should be done as far as possible by a judicious re-appointment of the diet scale and by the avoidance of waste, rather than by a reduction in one's food intake below the requirements of the body. Short rationing is too serious for consideration except in an extremity, and it should be regarded as the patriotic duty of every loyal subject of the crown to do what he or she may be able to avoid so calamitous a necessity. Even full rationing is not without objectionable features. While a ration may be established which provides for absolute requirements, no fixed ration will satisfy the cravings of appetite. This is well demonstrated by the liberal patronage given to the dry canteens of military units.

There are two classes to whom a liberal dietary is essential: children and young adults, and those engaged in laborious industrial pursuits. We must conserve the life of or children. Improper or insufficient feeding of infants is accountable for a large share of our fearful mortality amongst the little ones. Mothers should be impressed with the superlative importance of breast feeding—both in their own interest and in the interest of their children. Nursing mothers, of course, should be liberally fed.

While it is possible to substitute one food for another up to a certain point, it must be realized that the limit is soonreached. Therefore in our campaigning for greater production of foods, consideration should be given to a due appotionment of the vaieties of food to be produced. There is an element of danger in over-emphasizing the need for potatoes and cereals, and neglecting to provide for sufficient yield of the foodstuffs from which we derive the major part of the protein so necessary to nutrition.

Two generations have used

Fruit-a-tives

Made from fruit juices and tonics—to get rid of Stomach, Liver, Kidney and Skin Troubles. 25c. and 50c. a box—at all dealers.

FRUIT-A-TIVES LIMITED, Ottawa, Ont.
Ogdensburg, N.Y., — London, Eng., — Christchurch, N.Z.

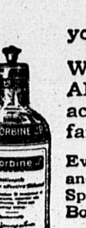
A Twisted Ankle or Wrenched Back

is a pretty serious proposition unless you have the right remedy handy.

Unless you check the inflammation at once, and keep down the congestion and swelling with

Absorbine Jr.
THE ANTISEPTIC LINIMENT
TRADE MARK REG. U.S. PAT. OFF.

you are in for weeks and weeks of pain and suffering.



Why take the risk? Why not get a bottle of ABSORBINE, JR. *NOW* and be ready for any accident that might occur to any member of the family?

Every home needs just such a handy emergency liniment and antiseptic, for soothing and healing Cuts, Burns, Bruises; Sprains, Strains, Sore Throat, Pain in the Chest and Back; Boils, Swellings, Toothache.

$1.25 a bottle
at most druggists or sent postpaid by
W. F. YOUNG INC. - Lyman Building, Montreal.
98

...t Inventions ...d Improvements

(...ntinued from Page 9)

...tains a small water tank ...pillar which supports the From the tank water ...e drop at a time, on to the ...plate where it is immedi... ...porized. The steam formed through perforations in a ...l line across the bottom of ...n and thus dampens the fab... ...he exact moment and in the ...nner required. The amount ...m delivered is adjustable by a regulating screw on the ...ed, and if this screw be completely "off," the user once a dry iron. Every ...gency likely to arise from ...e of water in the iron itself ...en met by prolonged experi... work, and by appropriate and manufacture. Apart ...ts domestic uses, the new finding extensive application ...ndries, tailor shops, and commercial concerns.

...ying and Cleaning Steam.

...of the scientific half-truths ...have gained common cred... ...is that when water is boiled ...e substances in solution are ...hind by the escaping steam. ...true that pure-distilled water ...tained by condensing steam, ...does not follow that all steam ...re. Every engineer knows too well than when his boil... are working at or near full ..., with the water in furious circulation and steam leaving it at the rate of tons per hour, the steam carries off quite a considerable proportion of water and also some of the solid matter precipitated in the boiler. Steam which is wet and more or less dirty leads to many undesirable consequences. It has a powerful scouring action on the parts of engines and turbines, and thus causes wear and reduced efficiency. The hot water in the steam is useless for power purposes and therefore represents a loss of heat or, if the wet steam be passed through a superheater, the latter has first to dry the steam before it can commence its legitimate function. An even more serious consideration is the risk of steam pipes being broken by the hammering action of water collecting in them from the steam. Many devices have been tried with a view to averting these troubles and a British firm has introduced a steam dryer which is now in successful operation on many hundreds of boilers. In this device, which operates in the principle of the centrifugal separator, the steam is deflected radically through guide vans cast on a plate inside the separator chamber. A vortex motion is thus imparted to the steam and all moisture and solid matter is thrown outwards and expelled through a tangential outlet. The steam, now dry and clean, passes out of the chamber in the direction of its original motion. This type of separator is equally suitable for use in the steam pipe within the boiler, or in an external steam pipe. The higher the rate of steam flow, the more powerful the centrifugal action, and the efficacy of this device has been demstrated under all conditions of working.

A Valveless Pump.

The only way in which liquids can be moved commercially is by pumping, and as liquids are used in the majority of industrial processes, it follows that few machines are of such general interest to the engineer and manufacturer. One of the most difficult problems is that of dealing with fuel oil, lubricating oil, and the various heavy fluids employed in breweries, bleaching works, refineries, paper works, and other concerns. Centrifugal or turbine pumps are not suitable for heavy or viscous fluids and any pump which contains valves is a potential source of trouble and expense.

In the search for a machine which should represent the aome of simplicity and reliability, a British firm has evolved a pump which contains only two moving parts and no valves or springs. The complete pump, which, by the way, is often smaller than the pulley used to drive it, consists of a cylindrical casing, a toothed disc, a gear wheel, and the cover plate. The disc is driven by a shaft entering through the back of the casing, and on the face of the disc there are teeth extending radially inwards. These teeth mesh with the gear wheel which revolves on a stud fixed in the cover. The space between the tops of the two sets of teeth is filled by a crescent-shaped piece cast solid with the cover. As the disc and the gear wheel revolve, liquid is drawn in through the suction pipe and an equal amount is driven out through the discharge pipe. The pump can deliver at a pressure of 70 lbs. per sq. in. (5 atmospheres), and it can be used with hot or cold liquids. When required, it is built from special materials resisting acid or alkaline liquors. As will readily be appreciated these valveless pumps need little in the way of attention or upkeep.

A New Tyre for Commercial Motor Vehicles.

Those of the older generation will recall the glorious feeling of immunity from punctures which they enjoyed when using "cushion" tyres on their bicycles in the early days of the pastime—also the less pleasurable bumps which they experienced as the price of that immunity. Fortunately it soon became possible to obtain pneumatic tyres which combined resilience with strength ample for the requirements of the bicycle and, in due course, for the much higher requirements of private motor cars. The development of motor transport has, however, revived the old problem in a different form and users of commercial vehicles will welcome a tyre which combines the shock-absorbing qualities of the pneumatic with the durability of the solid tyre. For many classes of commercial vehicle the solid tyre is not sufficiently resilient whilst pneumatics are costly and, in the largest sizes, liable to "roll." After prolonged investigation of the many problems involved, a British firm, which has been associetd with rubber tyres from the earliest days, has perfected an air-core tyre, meeting the most stringent requirements. The new tyre, which can be fitted in place of pneumatics without alteration to the wheel or rim, has a hollow centre and a metal base. Permanent cushioning is obtained by the air sealed in the core, and the walls are so designed as to eliminate all tendency to "rolling." The tread is of non-skid design and is specially reinforced so that upkeep costs are reduced to a minimum. Where pneumatic tyres are replaced by the new pattern there is, of course, no need to carry a spare tyre, and larger sizes of the new tyre are being produced for heavier vehicles on which, at present, solid tyres can alone be used.

DALHOUSIE UNIVERSITY
HALIFAX, N. S.

Arts, Science, Commerce, ...Engineering, Pharmacy, Law, Medicine, Dentistry

...LUABLE ENTRANCE SCHOLARSHIPS:
...of value $200.00 to $85.00, awarded on results of matriculation examinations, Sept. ...-28, 1923.

...UALLY VALUABLE SCHOLARSHIPS
awarded at end of each year course.

...IVERSITY HALL
Residence for men, on banks North West Arm.

...RREFF HALL
...tiful new residence for women.

...GISTRATION DAYS
...ember 24th-29th for all ...and Science students and ...year students in Engineering, Medicine and Dentistry. September 10th for all ...students.

...R FULL INFORMATION
...ply in person or by letter to Registrar.

The ...rafalgar Institute
MONTREAL
...dential and Day School for Girls
(Affiliated to McGill University)
...plete and Graded Courses in Junior, ...dle and Senior Schools. Candidates prepared for University Matriculation.
Languages Music Gymnastics
Science Art Games
...Rev. George Duncan, M.A., D.D., ...sident.
...Ven. J. G. Norton, D.D., Archdeacon of ...treal, Vice-President.
Hon. Chief Justice Archibald, M.A., D.C.L.
Right Hon. Lord Atholstan, LL.D.
...thur W. Currie, K.C.B., G.C.M.G., ...D., Principal, McGill University.
Rev. Principal D. J. Fraser, D.D., ...D., Montreal.
...M. Macdonnell, Esq., M.A.
...Meiklejohn, Esq., B.A.
Rev. Donald Ross, D.D., Kingston.
...har Robertson, Esq.
...Rev. R. Bruce Taylor, D.D., LL.D., ...ncipal, Queen's University.
...: Miss Janet L. Cumming, L.L.A., St. Andrews.
...rincipal: Miss Ellen K. Bryan, B.A., Trinity ...ge, Dublin.
...trance Examination on Monday, 17th ...mber, at 10 a.m.
...hool re-opens on 18th September, at ...m.
...e girls are expected to be in residence ...Monday Evening—they may arrive ...een 5.30 and 8.30 p.m.
...e Principal may be seen at the Institute ...e afternoons of the 11th, 12th, 13th and ...September from 3 till 5 p.m.
...Prospectus and Application Forms apply to ...Riddell, Secretary, 86 St. Francois Xavier Street, ...real.

Royal Victoria College
McGill University
Montreal

founded and endowed by the late Rt. Hon. Baron Strathcona and Mount Royal.

For Women Students, resident and non-resident, preparing for degrees in the faculty of Arts (B.A., B. Sc., B.H.S., B. Com.) and in the faculty of Music. Students are eligible for Scholarships in the Faculty of Arts.

Application for residence should be made early as accommodation in the college is limited. Bursaries and Loan Funds.

Apply to THE WARDEN for circular and information.

University of Toronto
...oronto Conservatory of Music
...EDMUND WALKER, C.V.O., LL.D., D.C.L., Chairman, Board of Governors.
A. S. VOGT, Mus. Doc., Principal.
HEALEY WILLAN, Mus. Doc., F.R.C.O., Vice-Principal.
The most comprehensively equipped School of Music in the Dominion.
RE-OPENS SEPTEMBER 1st, 1923
Highest Artistic Standards. Faculty of International Prestige.
...rpassed facilities for complete courses of study in all branches of Music for Professional and Non-professional Students.
Well appointed Residence for young women students.
PUPILS MAY ENTER AT ANY TIME.
...Conservatory Year Book and Syllabus, Women's Residence Calendar and ...ndar of the Margaret Eaton School of Literature and Expression will be sent ...any address on request.
LOCAL EXAMINATIONS FOR 1924
will be held
...roughout the Dominion, according to locality, in May, June and July next.
ADDRESS—Cor. College St. and University Ave., Toronto.

Save The Children

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather. Stomach troubles, cholera infantum and diarrhoea carry off thousands of little ones every summer, in most cases because the mother does not have a safe medicine at hand to give promptly. Baby's Own Tablets relieve these troubles, or if given occasionally to the well child will prevent their coming on. The Tablets are guaranteed by government analyst to be absolutely harmless even to the newborn babe. They are especially good in summer because they regulate the bowels and keep the stomach sweet and pure. They are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Fixes Blame On DeValera

DUBLIN, Aug. 16—The publicity department of the Free State Government in a statement to the press this evening fixes on Eamonn De Valera the responsibility for the campaign of the Irish Irregulars and republishes all his captured correspondence in proof of this charge.

Englishman Claims Right To Large N. Y. Estate

(By Dominion News Service)

LONDON, Aug. 15.—Frank Edwards, of Clifton Villas, N. W., verger of a church in Camden Town, is a claimant to one hundred million pounds or about five hundred million dollars.

It represents the value of sixty-five acres of land on Broadway, New York, and the romantic history of Mr. Edwards' claim goes back to the days when Broadway was a cowpath.

Robert Edwards, great-grand-uncle of Mr. Edwards, of Camden Town, went to America before the War of Independence, in the days when New York was new Amsterdam. He worked hard and saved steadily for years, and then bought a piece of land on Manhattan Island, beyound the limits of the cluster of wooden houses that were the nucleus of the greatest city of the West.

The site of the Woolworth Building in those days was a smiling orchard. The present City Hall is beyond the city boundary that Robert Edwards knew. He leased his country estate to the Crown in the reign of George III.

The war came, and America became independent, but the new Government recognised Edwards' ownership of the land, and took over the unexpired lease. Edwards was a bachelor to his death, and no will of his has been found.

He had the American genius for real estate, and he knew that his land would one day be valuable. His brother was dead, but he wrote to his brother's eldest son Henry, a sailor:—

"When next your ship touches these shores be sure you come to see me, it will be greatly to your advantage."

Henry set sail for New York in the sailing-ship Rhone, carrying with him a bundle of important papers. The ship went down with all hands.

Nobody came to see Robert Edwards from the old country, and when the old man died his estate went into Government keeping.

New York grew, and the fields of barley, wheat, and rye which Robert Edwards cultivated began to sprout richer crops. Wooden houses sprang up and were moved down to make room for brownstone fronts. These were reaped later to give place to theatres, cabarets, and restaurants, Broadway's present crop.

Henry's son tried to prove his title to the Broadway acres but died before his task was complete. His widow had nine children, the eldest being the verger of Camden Town. All of them are now hot on the trail, with a New York senator working in America, and a firm of lawyers on this side, to obtain the property.

One of Mr. Edwards' sisters said yesterday:—

"We have all saved and saved for this, and we are confident of our right to the property. We have all the necessary birth and death certificates, except the birth certificate of Robert. They not keep records so carefully in those days."

Many great families, such as the Astors and the Vanderbilts, owe their wealth to the increase in value of New York land. More than £1,000,000 was paid in 1920 for the small area of New York City known as "The Astor Farm." It is now covered with theatres, tenements and factories.

LADIES SPECIAL
GLYCERINE SHOE DRESSING

Applied with sponge, it is easy to apply, dries at once, giving a fine glossy shine.

No rubbing necessary. Keeps your shoes soft and comfortable.

Shine the surface and Save the Shoe.

Boston Blacking Company
MONTREAL
Manufacturers Packard's Shoe Dressing Specialties
5-423

Wholesale Distributors for P. E. I.
TURNER & CO., LIMITED
Charlottetown

Sunday School Lesson

Lesson 21. August 19.

STEPHEN

Golden Text.—Lo, I am with you always even onto the end of the world.—Matt. XXVIII. 20.

Lesson Text.—Acts VI to VIII. 2. (Stephen's ministry.)

Stephen was the first Christian martyr. Martyr was originally a Greek word meaning witness. In the early days when a Christian witnessed to the truth of Christ's religion he generally got killed for it, so that martyr soon came to mean someone who had died for his religion.

As the infant Christian church grew rapidly it devloped an organization necessary and convenient for its work. Some slip-up in charitable distribution caused the Apostles to hand that work over to a set of church officers especially chosen for the purpose. This enabled the Apostles to have more leisure for their spritual ministry. The new officers were called deacons, from the Greek word for servants. Stephen was one of the first seven deacons appointed. He is described as a "man full of faith and of the Holy Ghost."

Stephen's ministry was very effective. It brought him into dispute with members of a congregation of foreign Jews. When he overcome them in arguments they got up a mob to bring him before the Sanhedrim, where he was accused of blasphemously teaching that Jesus would destroy the temple and charge the customs of Moses. "Are these things so," asks the High Priest. Stephen does not deny that he has taught that the temple will be destroyed. He justifies its destruction in a terrible indictment of the Jewish people before whose leaders he stands. It is they who disobey Moses, not himself; for Moses foretold the Christ and bid them obey Him. It is their ideas about the temple which are blasphemous, as if the Most High dwells in buildings made with hands. They have kept the ritual of the law but their hearts are uncircumcized. Their fathers killed the prophets who foretold the Christ. And now they have slain the Just One Himself.

As he speaks their vision of themselves as God's beloved favored nation fades, and their hopes of national glory. His words strike home. They recognize their national guilt. "They are and to the heart and gnash their teeth."

Stephen is taken cut of the city and stoned to death. Probably the law was scrupulously observed. The judges voted guilty. He was led out and cast down bound from an elevation and the first stone a great one thrown by the witnesses.

Stephen suffered like Jeremiah for telling the truth about the destruction of Jerusalem and saying it was not ritual alone but righteousness at all that God wanted. Jeremiah wrote "render onto them a recompense according to the work of their hands. Give them sorrow of heart, They curse upon them." ...ke his Master. Stephen prayed, [illegible] charge."

"Aand when he had said this he fell asleep." This new way of speaking of death came in with the great miracles of Christianity.

Stephen followed in His Master's footsteps through the gates of death. His death was easier because Christ had gone before. Christ died in darkness and gloom. Stephen's face shone like the faoe of an angel He saw the heaven open and His Master standing at the right hand of God and cried: "Lord Jesus receive my spirit."

"And the witnesses laid down their clothes at a young man's feet whose name was Saul." Stephen's death was a great prayer. Saul's conversion: Paul's missionary career was the answer.

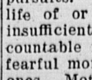
BIBLE QUESTIONS

Test your knowledge of the bible by these question. Retain your answers published in our next issue.

55. What is the first lie in the Bible?
56 What is the first lie in the New Testament?
57. Who was the first Apostle to die for christ?
58. Who fasted when Daniel was in the lions' den?
59. What was Jacob's first great sin?
60. How was Jacob punished?

ANSWERS.

49. Jesus. Luke XXIC. 29.
50. Peter, Acts X. 26.
51. Acts XXVIII. 8.
52 Moses, Ex. XXXII. 26.
53. Absolom II. Sam. XV. 5.
54. Abraham Gen. XVIII. 23.



Every 10c Packet of
WILSON'S
FLY PADS
WILL KILL MORE FLIES THAN $8.00 WORTH OF ANY STICKY FLY CATCHER

Clean to handle. Sold by all Druggists, Grocers and General Stores

CHARLOTTETOWN BUSINESS COLLEGE

THE FIFTIETH ANNUAL TERM OF THIS INSTITUTION OPENS ON TUESDAY, SEPTEMBER 4th, 1923

No Entrance Examination. Applicants for P. W. College make splendid students.

Individual Instruction. Personal Attention.

Every Department fully equipped. Courses Practical.

Hoy to transact Business: How to keep correct record of Business transacted: Arithmetic, Commercial Law, Banking, English, Correspondence, Shorthand Pitmanic), Typewriting, Filing Papers, Mimeographing (Edison Machines), Civil Service, General Accounting and Auditing—form the leading subjects taught. Special subjects as required.

C. B. C. Graduates get ready and steady employment.

This is the Anniversary term of the C. B. C. and will be made the greatest in its long history of SUCCESS.

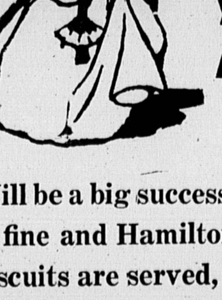
Think of what FIFTY years of experience and unbroken confidence with the public means to the young graduate.

Business men know our standard, and depend on our recommendations. Investigate and consider.

Write today for full information. It will pay you to correspond with

L. B. MILLER, Principal,
Charlottetown

tts101.



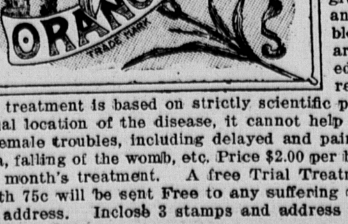
That Picnic You're Planning

Will be a big success if the day is fine and Hamilton's delicious biscuits are served, along with the other good things.

Hamilton's BISCUITS
The Favorites Since 1840

10 DAYS' TREATMENT FREE

A Sure Relief For Women's Disorders



Orange Lily is a certain relief for all disorders of women. It is applied locally and is absorbed into the suffering tissues. The dead waste matter in the congested region is expelled, giving immediate mental and physical relief; the blood vessels and nerves are toned and strengthened, and the circulation is rendered to normal as this treatment is based on strictly scientific principles, and acts on the actual location of the disease, it cannot help but do good in all forms of female troubles, including delayed and painful menstruation, leucorrhoea, falling of the womb, etc. Price $2.00 per box, which is sufficient for one month's treatment. A free Trial Treatment, enough for 10 days worth 75c will be sent Free to any suffering woman who will send me her address. Inclose 3 stamps and address Mrs. Lydia W. Ladd, Windsor, Ont.

SOLD BY LEADING DRUGGISTS EVERYWHERE