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Once there wasn't a long list of Heinz Soups to choose from. The hostess either had to serve a time-taking, expensive home-made first course, or serve ordinary tinned soup.

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HEINZ SOUPS

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START THE DAY HEALTHFULLY WITH HEINZ TOMATO JUICE

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THE BLUE DOOR by RACHEL MACK

CHAPTER VII A harassed looking person, whose name was Jane Emerson and whose features were secretarial, rapped softly on the door of the most imposing suite in the Graycastle dormitories.

"Come!" sounded a voice from within. The invitation came from Madame Leski, the school's dean, who was anxiously awaiting her. When Miss Emerson had entered she dropped wearily into a chair and kicked off her slippers.

"I like candles," answered Ruth. Even in her bewilderment she saw clearly that she was being mistaken for someone else. For some one named Elaine. Nevertheless she ate the meal, happily and ravenously.

"I didn't come by train," Ruth answered. "I came by bus. I got off just in front of the door."

"The monthly meeting of the Breadalbane Rural W. I. was held at the home of Mrs. William McLure Wednesday, February 12th."

"I know there was evil in this thing," Madame Leski exclaimed agitatedly. "A secret society of the most venomous sort!"

"Of course I'll tell you all," answered Jane Emerson impatiently. "I wasn't snooping around in that beastly damp woods to amuse myself."

"Down the corridor a door opened softly, then closed. 'It's Elaine Chalmers getting home,' said Madame unhappily."

"And God knows what harm she'll do," said Jane Emerson. "It isn't as if these were boarding school girls were dealing with. They're grown young women."

"If you need me tonight," he said, "call my room's still on this side of the house."

ter as he went. Ruth's thoughts went after him, seeking she knew not what. "His name is John," she thought simply.

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At the first SNIFFLE Quick! Use this specialized Vicks Vapo-Nol aid for nose and upper throat, where most colds start. Helps prevent colds.

PLEASANT SURPRISE On Friday evening, February 21st a number of neighbors and friends met at the home of Mr. and Mrs. Thomas Oullen, Midgell.

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GRAND JURY CONSIDERS INDICTMENTS

Murder, Kidnapping And Abduction Charged In Indictments Against Bannisters. (C. P. By Guardian's Special Wire) DORCHESTER, N. B., Feb. 25—Seven indictments with 13 counts against Arthur and Daniel Bannister and their mother, Mrs. May Bannister, were under consideration tonight by the grand jury in the Westmorland circuit court.

After hearing five witnesses this afternoon, following the court opening and presentation of indictments, the grand jury returned to the court room at 7.30 o'clock tonight to examine other witnesses.

Arthur, 19, and Daniel, 20, face three indictments each, charging them with the murder of Philip Lake and his common law wife known as Bertha Lake, and with kidnapping and abducting Lake's infant daughter, Mrs. Bannister, 41, is charged with kidnapping and abducting.

The accused brothers had been committed for trial only on one charge, that of murdering Philip Lake. The only charge against Mrs. Bannister at her preliminary hearing was one of kidnapping.

Penalties of 25 years imprisonment for kidnapping and seven years for abduction are provided in the Criminal Code of Canada.

One of the counts against Mrs. Bannister charges her with "procuring counselling" Arthur, Daniel and her daughter Frances, 15, to "forcibly seize" little Betty Lake. Other counts declare that she conspired with her three children in the alleged abduction and that she assisted Arthur in order to enable him to kidnap the child at her home and representing that Betty Lake to be her own (Mrs. Bannister's) infant.

Frances Bannister is one of 39 witnesses to be called before the grand jury. At the preliminary hearings she testified that Arthur had kidnapped the child on the night of Jan. 5, when the baby's father, mother and little brother died in shocking circumstances at Pacific Junction, sparsely settled district 13 miles from Moncton.

twenty-four members and fifty visitors. The meeting opened by repeating the Club Women's Creed in unison, followed by the roll call being answered by pulling the lazy stick. Treasurer reported \$25.10 on hand. School committee reported that a kettle was needed for the school. All other committees reported satisfactorily and the following new ones were appointed: Sick, Mrs. Hubert Blanchard and Mrs. Philip Gallant. School, Mrs. J. J. Corcoran and Mrs. Ambrose Corcoran. Entertainment, Miss Louise Gallant and Mrs. Anthony Blanchard.

The February meeting of this Institute was held at the home of Mrs. Harold Bagnall on Tuesday evening, Feb. 18th with twelve members and one visitor present. The meeting opened with the Ode followed by the Creed in unison. The minutes of last meeting were read by the Secretary, and adopted as read.

The Sick and School Committees gave their reports, and new ones were appointed School Committee: Mrs. Merton Bagnall and Miss Beatrice Stevenson. Sick Committee, Mrs. Russell Nicholson and Mrs. Gwendolyn Stevenson. The Secretary then read the correspondence relating to the Institute and same was discussed. The following bills were presented by the Secretary, \$10.88 for a new blackboard, purchased for the school; \$1.50 for a new Minute Book; 85 cents for oranges purchased for the school children. It was moved that these bills be paid. Roll call was answered with Valentine verses.

Need Vegetables For Virile Race

TORONTO, Feb. 25.—(CP)—Dr. C. T. Currely, curator of the Royal Ontario Museum, speaking before the Vegetable Growers' Association said when a population had passed the meat-eating era—the period when pasturage was plentiful and meat cheap—it either had to turn to more vegetables or had become devalitized.

The Jewish women were among the best cooks in the world. They were trained to appreciate that the responsibility of the race rested on their shoulders and fed their families the most nourishing meals of which they were capable.

"Why do you think the Jews held for their population so many prominent places in Germany—because they were energetic, vital people, and they were that because their women were good cooks. If Hitler wants to get rid of the Jews, he needs to drive them out of Germany. All he needs to do is to put their women from being good cooks."

Explaining a recent report Dr. Currely said: "What I criticized was a tendency today, where populations increased to a point which prevented meat-eating in any quantity, for people, poorer people, to eat instead of many vegetables, badly balanced meals."

"I said the food people ate today is lousy food. If you live on bread and butter you will become intensely lousy because white bread and butter only will not keep up with the work it induces laziness in those who eat it, and naturally it is easier to get ready."

"Everything ought to be done for the pushing of domestic science in our schools and in every other way the preparation of wholesome food should be encouraged. Women, men, boys and girls cannot work, cannot accomplish anything without proper food. The point is, are we going to learn, like the Egyptians, Greeks and Romans, that we must have a cheap mixed diet for our poor people?" Dr. Currely asked.

"I am not interested in the morals," he said, when questioned whether he thought women were lazy. "I'm concerned only with the physical side of life; what people work at. That's what the museum is, a record of man's work. And we cannot get work without food, and under many modern conditions with a cost of a meat diet is prohibitive and people must eat more vegetables to retain vitality."

Miss Agnes Macphail, M. P., commenting on Dr. Currely's criticism said, speaking for her own constituents up in Bruce and Grey Counties of Ontario: "Out our way most women cook three, and even four varieties of vegetables for the mid-day meal in summer time."

the home of Mrs. Merton Bagnall; and roll call will be answered with Irish jokes. The National Anthem brought the meeting to a close, after which lunch was served by the members and a social hour enjoyed.

SAW WIFE IN POOL LONDON, Feb. 25.—A'derman Pearce Miller saw a woman fall into the Bradford Pool, Lincoln, recently, after a cyclist had hit her. He ran up and helped to pull her out; then found it was his wife.

Always Mild-Cool-Smooth SWEET CAPORALS Captivate The purest form in which tobacco can be smoked—Lancet

Halifax Port Arrivals Daily vessel report for 24 hours ending 12 o'clock noon, Mon. Feb. 24, 1936. ARRIVALS—Cairnlglen from Saint John, Can. Challenger from Australia, M. & L. Coaster from Lunenburg, Penland from Local Harbour, Baxter Dick from Local Harbour.

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REGAL FLOUR wonderful for BREAD

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R. P. HEMION Town Clerk and Treasurer Yarmouth, Nova Scotia. N-316-2-27-31

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