

PHARMACY WEEK October 9th-14th

Pharmacy Week is a week set aside each year for the promotion of professional pharmacy.

CONFIDENCE

When you think that your place, your health, in fact your very life itself is in your druggist's care, it surely makes you realize how great is your implicit trust in this professionally trained family service giver.

We invite you to see our professional window display, which is sure to interest you.

J. Ernest H. Worth 142 Prince Street. Phone 82.

CENTRAL GUARDIAN

This column is reserved for Queen County news of local interest but accepting of a newsy nature may be inserted at a cent a word strictly payable in advance.

GROUND LIME - High Quality - Low Price - Brookville Manufacturing Co., Brookville, N. B.

"ALBEES" High Grade Shoes for Ladies. Black and Brown Swede, ties. Carried from AA width to C. Purdie & Ferguson's. 1928.

Y'S MEN'S Halloween dance. Novelties. Reserve the date, Oct. 31st. 1745.

"INVICTUS" The Best Good Shoe. Always keeps its shape, sold in Charlottetown by Purdie & Ferguson's. 1928.

NOTICE TO ADVERTISERS. - Advertisers are requested to send in their copy so as to reach the Guardian Office by 11.00 A. M. the day previous to insertion, otherwise insertion will be delayed a day.

MEN! See our New "Invictus" Shoes. Newest Fall styles. Prices \$6.00, \$6.50 and \$7.00. Purdie & Ferguson's. 1928.

HUNTER RIVER CHARGE - United Church of Canada. Services for Sunday, October 15: North Wiltshire at 11 a.m., School at 10 a.m.; Hampshire at 3 p.m., School at 1.45 p.m.; Hunter River at 7.30 p.m., School at 10.30 a.m.

WABASSO AND AYRES DEMONSTRATION. - Due to the splendid response and enthusiasm shown in these demonstrations, Miss Starling will be at Prowse Bros., Ltd., again on Saturday, and at three o'clock will present the Cotton Fashion Show and lecture. This gives the ladies of Charlottetown one more chance to win a lovely Wabasso coloured border bedset. Don't forget the time from 3 to 4 o'clock. 1809.

BAPTIST CHURCH. - The morning service will be broadcast by station C. H. C. K. Dr. Vincent will speak on "The Prayer for the Church." The subject of the evening sermon will be "The Man Who Lacked Vision." Included in the music of the day will be Maunders' "While the Earth Remains," Goss' "O Saviour of the World," Turner's "Praise the Lord O Heavens," and "One Sweetly Solemn Thought." Mrs. G. E. Full will give a short organ recital from 6.45 to 7 o'clock.

MOUNT STEWART PASTORAL CHARGE - United Church of Canada. Rev. Sidney J. Boyce, B.A., minister. Oct. 15, 1933: 11 a.m., Mount Stewart worship with story and sermon; 3 p.m., Harvest Thanksgiving service at Donaldson; 7.30 p.m., Rally Day service at Lot 40; 7.30 p.m., Mount Stewart. Special meeting addressed by Wm. Hammond Tombs, President of the P. E. I. Presbyterial. Special singing.

MEDICAL STUDENTS ELECT - Fred Whitehead, Summerside, was elected president of the Dalhousie Medical Society at the annual meeting Wednesday evening. Other officers elected were: Kenneth McKenzie, Vice-president; Laurie Teasdale, Halifax, secretary; James Muir, Eureka, Pictou County, treasurer; executive member, John Robertson, New Glasgow; football manager, Gilbert Holland, Halifax. It was decided that the annual Medical Dance would be held Nov. 10. The meeting went on record as being against combining with the Law Society for this affair. - Halifax Herald.

COLOUR CHRISTMAS CARDS IN spare time. Send ten cents for information, catalogue and samples. "Tally Ho! Art Shop, 120 Wellington West, Toronto. N-535.

ATTENTION - EMBOSSED, MONO-gramed personal Christmas Cards, \$1.25 dozen. Exceeds any dollar line on market. Also albums with higher priced cards. Highest commissions paid. Write Britannic Agencies, Reg'd. 4324 Clarke Street, Montreal. N-540.

A LADY IN YOUR COMMUNITY for Sales and Service work. Must be over 28, neat, reliable and willing. Opportunity to earn up to \$35.00 weekly. Apply B. Box 116.

"Sensible girl - that Miss Brown." "What?" "And she's too sensible to look it." "As for Daniels, he's nothing but a cold-blooded scoundrel. But he'll get a shock when he finds us here!" That will probably make his blood boil.

Notice to The Public

About two weeks ago we received a new shipment of Well Fed Baby Beef

which were immediately killed and stored in our sanitary refrigerator. Today we will sell this unusually good quality meat at an

EXCEEDINGLY LOW PRICE We will also have fresh blood puddings, pure pork sausages and potted meat. Call or phone today for your week end supplies at

The Queen MEAT MARKET Phone 1301 223 Queen St. J. R. SEVCIK, Prop.

Eat More MEAT FOR LESS

DUCKS Lb. 20c CHICKENS Lb. 22c SAUSAGES 2 lbs. for 25c POTTED MEAT Bowl 12c

MACHINE SLICED BACON Per lb. 16c

Choice ROUND STEAK Per lb. 14c

Tender BEEF ROASTS Per lb. 12c 14c 16c

All kinds of VEGETABLES at lowest prices.

FRESH COD 6c FILLETS 15c HADDOCK 10c

WHEATLEY'S MEAT and FISH MARKET 38 ELM AVE. PHONE 1218

National Temperance Study Courses For Sunday Schools 1933

Lesson 3, October 22nd, 1933 (International Senior)

THE GREAT PUMP (By A. E. Gillis)

To preserve the health of its citizens a town must have plentiful supply of pure water. In a town on the St. Lawrence River, the city fathers built a fine stone Pumping Station and installed splendid machinery for this purpose. Both within and without everything is kept in perfect order. Not a speck of dust mars the polish of the machinery.

A great pipe brings the water from the river through the floor and is attached to a large horizontal cylinder. This cylinder is in the front near the centre of the machinery. It has several valves opening into it on the lower side and others opening out of it on the upper side. In the cylinder is a plunger half the length of the cylinder, which is driven back and forth by pressure from the engine. When it is in the left half the air pressure of 147 lbs. per sq. inch forces the water from the river through the pipe and valves into the right half. When it is filled the valves close, the bumper, driven by steam pressure into the right half, forces the water through the upper valves into pipes to supply the town. As soon as the water is driven out these valves close. Meanwhile a similar operation takes place in the left half, which has filled with water, and on the return of the plunger the water is forced likewise through the upper valves into the pipes. Heavy pressure from the engine drives the purified water in these pipes through the large water mains and small pipes to every part of the town. In case of fire extra pressure may be used to drive the machinery faster.

The heart, pear shaped and about the size of the closed fist, is enclosed in a strong muscular fibrous sac, a little to the left of the middle line of the chest. It is divided lengthwise by a partition into right and left halves. Each half is divided crosswise into chambers. The upper sections are called the right and left auricles. The lower ones the right and left ventricles. At the top of the right half are valves where the blood flows in and out; and there is one between the auricle and the ventricle. There are similar valves on the left side. As the valves in the cylinders prevented the water from flowing the wrong way, so the valves in the heart prevent the blood from flowing the wrong way.

Like a pump the heart, by muscle contraction controlled from the

brain, sends the pure red blood through a large artery from the left ventricle into smaller ones. These decrease in size as they go through the body. They leave one kind of material with the bones, another with the muscles and so on till all parts are supplied. The smallest arteries are called capillaries through which the blood passes into the veins which carry the blood back to the heart. The blood has gathered up impurities as it went along and is now dark blue, as may be seen in the wrist. It enters the right auricle, is sent to the right ventricle and hurried to the lungs to be rendered pure just as water must be purified. Here it leaves waste matter like carbonic acid and receives oxygen. The blood, once more red, is carried back and near the heart receives food from the liver and intestines. It flows into the left auricle and down to the left ventricle to start its double journey over again. On an average the heart muscles contract and expand about 70 times a minute. About two gallons of blood pass through a man's heart in that time. "The daily work of the healthy heart in an adult is equal to lifting 122 tons one foot." Brisk exercise, extra or heavy work makes the heart beat faster just as water has to be pumped faster during a fire to keep up the supply.

In the walls of every blood vessel are nerves controlling them. In a healthy condition they keep the blood vessels from stretching or shrinking, so as not to hold too much or too little blood. If a person takes alcoholic drinks, these nerves are weakened so the muscular walls of the capillaries dilate, letting in too much blood. That is what causes the flushed face or red nose of a drinker.

The heart muscles also slacken and the heart holds more blood than it should. The pumping is not so powerful and this condition continues till the alcohol wears off. The heart muscle becomes unhealthy and fat, the heart is gradually enlarged and is crowded for room if a person takes alcohol constantly. This, too, causes the thin elastic walls of the blood vessels to thicken and become hard and brittle. Too violent exercise, excitement or fright may cause apoplexy.

In the blood are red and white corpuscles, like tiny discs, millions in a drop of blood. Alcohol steals the oxygen and water from the red corpuscles and cripples them. The white corpuscles fight disease germs and kill or devour them. Alcohol renders them powerless. That is why drinkers are especially susceptible to germ diseases like pneumonia.

Thus it is seen that to keep the heart healthy and working normally to pump pure blood through the body, no alcohol should enter the system as it injures the heart, prevents the brain from controlling it properly, and spoils the blood.

INSTRUCTION GIVEN IN CONTRACT BRIDGE By MRS. HORNBY Phone 297 Residence 240 Sydney St.

Memory Verses - Matt. 7-18-19.

Question 1. How do you account for a drinking man's flushed face and red nose? Describe two special dangers to the body due to drinking alcoholic beverages.

Value 12. Question 2. How does the action of the heart resemble a pump in a pumping station and how does taking alcohol into the body affect the heart's work? Value 9.

NATIONAL TEMPERANCE STUDY COURSE FOR SUNDAY SCHOOLS, 1933

Lesson 3. October 22nd, 1933 (Junior)

THE HYGIENE LESSON (By Muriel Mills Carscallen)

Allan and Marylin sat on the steps of their home one Friday afternoon after school. They were reading a book which their Teacher had given them. It was a book on Hygiene, and so far, the boy and girl had not found it very interesting.

"I don't see why they expect us to study such dry stuff!" exclaimed Allan, in a disgusted tone.

"Nor I," added Marylin, "unless it gets more interesting later on. This chapter on digestion must be the worst in the whole book."

"Grown-ups always eat what they like, anyway, and we have to eat what we're told, so why should we have to learn all about the digestive system?" said Allan.

Mother had come to the veranda while Allan and Marylin were discussing their book, and had overheard the last few remarks. "This is the end of the school-week," she said cheerfully. "You two children sound tired. Suppose we have a real holiday tomorrow afternoon and go on a picnic."

"Hurrah for you, Mother!" shouted Allan. "It takes you to think up something interesting!" Marylin smiled happily. She knew Mother's picnics were always a success.

"Suppose we take Jack and Helen along too," said Mother. "Well go and ask them right now," said Allan and Marylin, and off they went.

Jack Denton and Helen Armstrong were close friends of Allan and Marylin and all four children were in the same class at school.

Saturday was a beautiful, golden autumn day, and the spot which was chosen for the picnic was the prettiest one to be found. It was on the shore of the lazy blue river, and in the shade of a clump of birches which Allan and Marylin had loved as long as they could remember. The river bank on the opposite side was a

The Presbyterian Church in Canada ST. JAMES' CHURCH Minister: Rev. R. Moorhead Legate, B. D., D. D. Public Worship: Morning at Eleven O'clock. Evening at Seven O'clock. Sunday School at Two-thirty. STRANGERS AND VISITORS CORDIALLY INVITED.

AUCTION SALE At Brackley Beach I will sell for Mrs. Hubert McCallum, at her home, on Monday, October 16th, 1933, commencing at 1 o'clock p. m., some stock and farm implements; also a lot of household furniture. Terms at sale. BENJ. CARTER, Auctioneer.

FOR SALE 1 Tycoos Sphygmomanometer (new) also Harvard Chair. Bargain for quick sale. MRS. (DR.) E. G. GILLIS, Box 51, Kensington, P. E. Island.

FOR SALE The Salvation Army ADJUTANT AND MRS. W. B. STEVENS OFFICERS IN CHARGE

Holiness Meeting at 11 - Captain Hammond. Sunday School at 2. Salvation Service at 7 - Junior Sergeant Major Mrs. Crockett and Treasurer, Miss Bertha White. We invite you to worship with us.

Dr. W. R. Carson CHIROPRACTOR Three Year Palmer Graduate 124 Prince St. Phone 1072 Home Calls Made.

Table with 5 columns: Item, Price, Item, Price, Item, Price. Includes items like Eno's Sals, Beef Iron and Wine, 16 Oz. Norwegian Cod Liver Oil, etc.

Ross-Drug-United SAINT JOHN-FREDERICTON-MONCTON-AMHERST-CHARLOTTETOWN

PRINCE EDWARD ISLAND BOY SCOUTS ASSOCIATION Farewell To Provincial Commissioner The Rev. G. T. Spriggs, Kensington, Provincial Commissioner who has been called to Sydney Mines Anglican Church, will take farewell of the Charlottetown Scouts at the forenoon service in St. Paul's Church, tomorrow Sunday.

The Baptist Church PRINCE AND FITZROY STS. MINISTER - THE REV. A. C. VINCENT, D. D. ORGANIST - MRS. G. ELLIOTT FULL MORNING WORSHIP 11 O'CLOCK Anthem - "While the Earth Remaineth" ... Maunders Sermon - "The Prayer for the Church" ... Dr. Vincent Anthem - "O Saviour of the World" ... Goss Morning Service Broadcast by C. H. C. K. SUNDAY SCHOOL 2.30 P. M. Come to Sunday School. You'll be interested and your attendance will help officers and teachers. EVENING WORSHIP 7 O'CLOCK Mrs. Full gives a short organ recital from 6.45 to 7 o'clock, using on this occasion, Andante, (Silas); Pilgrim Chorus, (Wagner); Cantilene, (DuBois). Anthem - "One Sweetly Solemn Thought." Sermon - "The Man Who Lacked Vision" ... Dr. Vincent Anthem - "Praise the Lord O Heavens" ... Turner A warm welcome is extended to Students and Visitors to the City.

Zion Presbyterian Church REV. G. CARLYLE WEBSTER, MINISTER. PROF. LOUIS D. THOMPSON - Organist and Choir Leader. MORNING WORSHIP 11.00 A. M. - The Sacrament of the Lord's Supper will be observed. Anthem - "O Taste and See" ... Goss Mixed Quartette and Choir Quartette - "The Broken Heart" ... Dennis Mrs. (Rev.) G. C. Webster, Mrs. F. A. Mutch, Messrs. Bert Livingston and M. Mackinnon 2.30 P. M. - Sabbath School and Bible Classes. EVENING WORSHIP 7.00 P. M. - Post-Communion Time: "The Master's Commission." Chorus - "No Shadows Yonder" ... (Gaul's Holy City) The Choir Soprano Solo ... Mrs. H. S. Henderson "Jesus, Lover of My Soul, Let Me to Thy Bosom Fly."

Trinity United Church Ministers - Rev. E. H. Ramsay, D. D. Rev. C. N. Brown, M. A. Organist - Prof. A. Roy Kendall, L. R. A. M. A. A. G. O. MORNING WORSHIP 11 O'CLOCK Sermon - "My Church" ... Rev. C. N. Brown, M. A. Anthem - "The Lord is My Shepherd" ... Macfarren 2.30 P. M. - Sunday School. 7.00 P. M. - Public Worship. Sermon - "Why The Cross of Christ is Central in Our Religion" ... Dr. Ramsay Anthem - "While the Earth Remaineth" ... Maunders Solo - Selected ... Miss G. Alcorn Visitors and Students Cordially Welcome. Evening Service Broadcast by C. H. C. K.

St. Paul's Church 18th SUNDAY AFTER TRINITY CHILDREN'S DAY 10.00 A. M. - The Sunday School and Bible Classes. 11.00 A. M. - Morning Prayer and Sermon. Scout Service of Farewell to Provincial Commissioner Spriggs. Mr. Charles Earle will sing. 7.00 P. M. - Evening Prayer and Sermon, followed by Holy Communion. Anthem - "Unto God Give the Glory" ... E. L. Ashford Preacher at both Services Rev. G. T. Spriggs. EVERYBODY WELCOME. REV. H. D. RAYMOND, M. A., RECTOR.

Advertising Rates - Payable in Advance Central Guardian locals, 4c. per word; Western and Eastern locals, 2c. per word; Announcements and Coming Events, 2c. per word; Classified, 2c. per word; In Memoriam Notices, 70c per inch; Lists of Floral and Spiritual Offerings, Cards, etc., 4c. per name; Letters of Condolence, 70c. per inch; Notices of Thanks and Appreciation, 70c. per inch or 4c. per word. Other rates on applications. Minimum Charge for any advertisement twenty - five cents.

For Sale CARBOARD SUITABLE FOR lining outhouses, etc., 1c per sheet. Guardian Office. GRAVENSTEIN APPLES - ALL grades. F. S. Reeves, Southport. 1799.

Agents Wanted AGENTS WANTED TO SELL PERSONAL Printed Stationery and Cards, in Marlimes. Fast selling line, no competition. Excellent for Christmas gifts. Write immediately to Merritt & Kinkpatrick, Grand Falls, N. B. N-588.

SMART NEW STYLE SAMPLE case of printed-to-order Christmas Cards. Case is dome fastened and equipped with handle - it will surprise you. Sent free to reliable salespeople (men and women). Largest line; forty numbers. Do you have a dozen. Interchangeable greetings. Also higher-priced cards. Our boxed assortments pay one hundred per cent profit. Big sellers. Premier Art Guild, 1070 Bleury Street, Montreal. A. W. N-534.

To Let TO LET - HOUSE, 83 CUMBERLAND Street. Hot water heating. Apply 186 Queen. 1761.

TO LET - FINE BUSINESS STAND in Borden. Apply MacDonald's Tea Room, Borden. 1805.

TO LET - FURNISHED HOUSE. All conveniences. Good location. Also Cottage in good condition. Apply Guardian Office. 1746.

TO LET - GARAGE, APPLY 75 Hillsboro Street. 1834

TO LET - FRONT ROOM on ground floor, 170 Sydney St. 1930

TO LET - 274 EUSTON, IN PERFECT condition, all conveniences. Phone 573 or apply 28 Elm Ave. 1931

Miscellaneous HOW TO GET A GOVERNMENT Job. Free Booklet. The M. C. C. Ltd., Toronto (10). 542.

FOX ESCAPED - FEMALE PUP - slightly silvered. Notify Vernon MacMillan, Brackley. 1780.

FURS REMODELED, RELINED and glazed at reasonable prices. Mrs. Davison, 170 Prince Street. 1152.

ONLY EXPERIENCED FURRIERS can remodel, reline, repair, clean and glaze fur coats satisfactorily, scientifically. Calder's 205 Euston St. 1770

SPECIAL OFFER - GUARANTEED Rapid Liquor Home Treatment for Five Dollars. Established quarter century. References. Write Institute 17 Orange, Saint John, N. B. N-387.

Boards Wanted BOARDERS ACCOMMODATED, 102 Fitzroy Street. 1781.

Situation Wanted Gentleman, 28 years old, conversant with both languages, French and English, fair typist, desirous to secure employment. Good references. Apply "A" care Guardian.

OIL BURNERS The Palmer Auto Electric Co. have been appointed General Sales Agents for the celebrated MASTER OIL BURNERS for the Province of Prince Edward Island The MASTER is the only Burner with the side Flame as well as Top Flame and heats oven and water faster. The "MASTER" has full Canadian Government Approval