

Woman's Realm Social and Personal Fashions Literature

Living & Leisure — The Woman's Realm

Oh, trust ye eye in Providence, For Providence is kind, And bear ye a change of mind. With a calm and tranquil mind. Though pressed and hemmed on every side. His faith and yell win through, For like birds of grass. Has its ain drop of dew.

An edict of King Edward III of England, in 1348, was the first law on record concerning oyster bed resources by setting seasons for protecting oysters.

No less than 149 kinds of birds like fruit or seed of blackberries and raspberries as food.

If the pan to be washed is very greasy, heat it slightly before putting it into the dish pan. It will loosen the grease and cause it to wash more readily.

When the man of the house seems to be particularly hard on trousers cuffs try sewing a small strip of leather on the inside of the cuff. This will save many a frayed and unsightly cuff.

Churches built on English crown land have not been permitted to ring bells since the Reformation.

A grand practical bag is of washable white kidskin with two little bags attached to the outside.

When hunted, mourning doves fly with amazing speed, but when migrating these birds do not travel faster than 35 miles an hour.

THE BETTER WAY

"Every man takes care that his neighbor shall not cheat him. But a day comes when he begins to care that he do not cheat his neighbor. Then all goes well. He has changed his market cart into a chariot of the sun."

More substances can be dissolved by water than by any other liquid.

DON'T BECOME "HAIR APPARENT" FROM SUN

Avoid exposing your hair to the direct rays of the sun for more than fifteen minutes a day any time during the summer. A little sunbath will be fine for your hair, but over-exposure will cause streaks and faded spots and, quite possibly, make your scalp dry and your hair brittle.

In other words, get plenty of sunshine by all means. But get it gradually and sensibly. If, in spite of all warnings, you do get badly sunburned, by all means see a doctor at once.

To keep a bowl steady while using a beater or mixer set it on a cloth on the table.

Some of the designs on native Indian pottery that have been found resemble the spruce root stitching and quilt ornamentation of the birchbark vessels.

Brazil produces more of the world's coffee in 1939 than it was able to sell in recent years. The unsold product has often been dumped into the ocean to keep up the price to a level at which the planters may have a profit. News from Rio de Janeiro states that methods have been found to extract caffeine and these products find a ready sale and residue can be used as plastic material.

Vaseline rubbed into the scalp will retard falling of the hair and will promote a new growth of hair. White vaseline should be used for hair and the red-dish tinted vaseline for dark hair.

A good steel and nickel polish can be made by mixing 1 tablespoonful of turpentine, 1 tablespoonful of sweet oil, and enough emery powder to give the consistency of cream. Apply with a soft

rag, then wipe off, and polish with a dry flannel cloth.

The confidence which we have in ourselves gives birth to much of that which we have in others.

A creamy boiled omelette flavored with almond extract and served on coffee gelatin jelly is a hot-weather inspiration. Inspirations are what we need.

A fruit platter is a delightfully refreshing dessert for luncheon or dinner. Arrange chilled fruits and berries on a large platter garnish with greenery or small spring flowers. Let guests help themselves. Sliced oranges, pears, strawberries and peaches is a favorable combination for a starter.

Isinglass, which is made from the air bladders of fish, formerly was obtained only from the common sturgeon, but to-day quantities are taken from other species.

For a fireside conversational group try a pair of small mahogany Victorian chairs, skirted and draped on either side of a friendly fire.

As to lucky numbers, probably most women would choose "a perfect 35."

The dog-fish species of the shark family, gets its name from the fact that it hunts in packs.

Ralph Waldo Emerson once defined a great story as one which would evoke both tears and laughter.

In bounding animals, such as rabbits, the hind feet register ahead of the front ones. One forefoot registers in front of the other, and the hind feet are placed side by side, beyond the smaller prints.

Home should be a place where a man can say all the things he can't say at the office.

YOU CAN MAKE CUT FLOWERS LAST

It's possible to make cut roses last a full week if they are protected from heat and drafts. So, if you send some roses for a friend's birthday, and she has several attractive flower vases and bowls, she may have a different flower arrangement each day of the following week. The first day she might use a tall glazed pottery vase. Cutting, with slanting stroke, a little of the stems each day so that they will be able to absorb more water, taking off the water-logged leaves and keeping the flowers in a cool room over night, helps to make the blooms last longer.

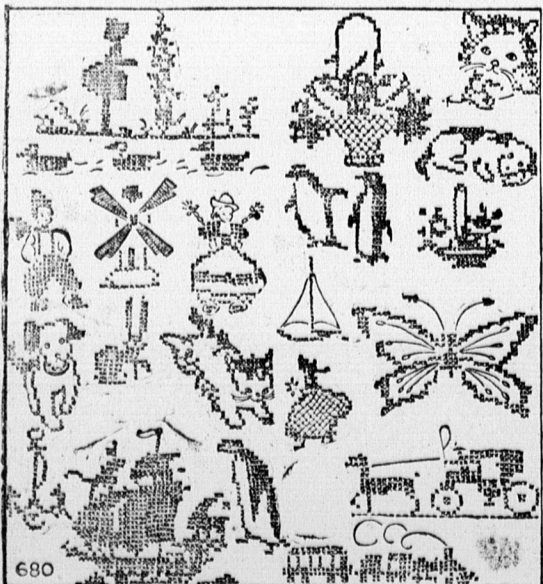
FROTHY SUMMER DRAPERIES

Sheer textures in draperies make for cool-looking rooms on hot days. For a bedroom in frosty white, use bedspread and dressing table skirt of matching lace net, simply tacked with very full curtains of the same material at the windows. A nice effect is obtained by using two pairs of matching curtains at each window — one up to the ceiling, the other hanging just to the sill, the deep drapes to each side in a soft, deep V with simple tie-backs.

TAKE GOOD CARE OF YOUR CANARY

- Never put a wild bird in a cage. But birds bred in captivity cannot fend for themselves and if allowed to go free soon die of starvation. It takes very little to make a canary happy. Follow these simple rules and your bird will repay you a hundredfold.
- Use square cages with perches opposite each other so bird can hop from one to the other and get his exercise.
- Never leave a bird in bright sun for more than a few minutes unless part of the cage is covered,

CROSS STITCH NOVELTIES



DESIGN NO. X 680

Attractive and easy-to-do designs suitable for towels, children's clothes, aprons, curtains, scarf ends, etc. Hot iron transfer pattern No. 680 contains 23 motifs averaging about 3 by 3 inches to 5 by 6 inches each, with complete instructions.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

Do Charlottetown Guardian Needlework Department, Design No. X 680

NAME _____

STREET _____

PROVINCE _____

GOOD NEWS! ALL-BRAN MUFFINS FOR BREAKFAST

Homemakers, as the "family dietitians", like to feature Kellogg's All-Bran Muffins on the breakfast menu regularly. They know the extra "bulk" is needed by many for "regular" habits. They're easy to make and make grand eating.

BASIC BRAN MUFFIN RECIPE

2 tablespoons short-corn meal 1/4 cup milk
1 egg 1/2 cup flour
1 cup sugar 1/2 teaspoon salt
1 cup Kellogg's All-Bran 2 1/2 teaspoons baking powder
Cream shortening and sugar thoroughly; add egg and beat until creamy. Stir in All-Bran and milk and beat until most of moisture is taken up. Sift flour with salt and baking powder; add to wet mixture and stir only until dissolved. Fill greased muffin pans 2/3 full and bake in moderately hot oven (400°F.) about 30 minutes.

Yield: 8 large muffins (3 inches in diameter) or 12 small muffins (2 1/2 inches in diameter).
For the delicate texture and delicious taste of these muffins use Kellogg's All-Bran and no other kind. All-Bran supplies "bulk" to many diets need, and also the intestinal tonic Vitamin B1.



Get your OUNCE OF PREVENTION every day!

THE COOK'S CORNER

CHICKEN CROQUETTES

One-third cup butter or chicken fat, 1-3 cup all-purpose flour, 1-2 cup milk, 1 cup chicken stock, 1 1/2-2 teaspoons salt, 1-4 teaspoon paprika, 3 table-spoons celery (chopped), 2 cups chicken (diced), 1 cup bread crumbs, 2 eggs (beaten), 1-4 cup milk.
Melt butter in double boiler, then blend in the flour. Gradually add the milk, stirring constantly until a smooth paste is formed. Then add the stock and cook, stirring occasionally until very thick and creamy. Add seasonings, minced celery and chicken. Cook 5-10 minutes into long thin loaves, long and half inch in diameter. Dip in crumbs, then into a mixture of eggs and milk and again into crumbs. Chill in the refrigerator until needed. Fry in deep fat (375 degrees Fahr.) until golden brown. Arrange on plate. Serve hot. This makes 12 servings.

PINEAPPLE CUSTARD PIE

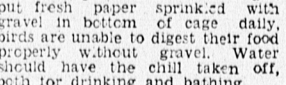
Pare and chop one large pineapple and cook in its own juice until it boils. Make a soft custard with 1 cup of milk and 1 cup of sugar. Stir into this 1 cup of rolled and sifted bread crumbs, and bake in pastry shell until needed. Fry in deep fat (375 degrees Fahr.) until golden brown. Arrange on plate. Serve hot. This makes 12 servings.

FOR AGAINST A SOUTH WALL, AS THE BRICKS GET VERY HOT AND CAUSE THE BIRD GREAT SUFFERING.

- Never leave a cage in a draught; birds are extremely sensitive and easily get pneumonia.
- Cover cage at night leaving one side open.
- Offer them a bath of tepid water daily in summer, every other day in winter. Do not leave bath in or on side of cage for more than an hour. Baths prevent lice.
- Perches should be scraped, they remain damp if washed and give birds rheumatism.
- Change water and seed and put fresh paper sprinkled with gravel in bottom of cage daily. Birds are unable to digest their food properly without gravel. Water should have the chill taken off, both for drinking and bathing.
- Change cuttle-fish every six months.
- Give small amount of either cress, pepper-grass, lettuce, cooked carrot or apple once a day. Greens must be thoroughly washed and must not be wet or too cold.
- Treats can be bought either loose or in cake form. If loose half a teaspoon in small dish every other day is sufficient.
- Cages should be washed in warm soapy water and scalded once a month.
- If a bird is a caught bird and not bred in captivity, let it go. A caught bird pines and suffers until he dies in his prison.

NEW COOKIE PRESS

It's easy to turn out fancy cookies with one of the new simplified presses equipped to make twelve different designs. Simply fill the container with dough (capacity one cup) — about eight cookies, hold the container steady by grasping the sturdy handle at one side, turn the hand grip on the top, and the dough is forced out onto the baking sheet.



It takes good tea to satisfy Maritime tea drinkers, and MORSE'S STANDARD TEA satisfies them in ever increasing numbers. Blended right and priced right at 65 cents a pound.

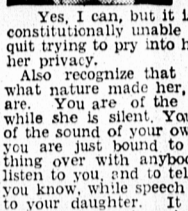
65c per pound package

Dorothy Dix's Letter Box

MOTHERS SHOULD NOT EXPECT DAUGHTERS TO BE LIKE THEM

Don't Worry if Your Girl is Not Talkative — She Likes to Keep Her Own Secrets — Today's Letter Box

Dear Miss Dix—I have the best of husbands and a nice home, but my heart is breaking over the way my only child treats me. It isn't that her conduct causes me any anxiety. She is a good girl, a senior in high school and she gets fine marks, but she just won't confide in me. I long for her to tell me everything she does and thinks. I want to hear all about her friends and what they do, but she never has anything to say unless I ask her, and then she says no more than necessary. I come from a very large and sociable family, and I love to have some one to talk things over with, but I can't get anything out of my daughter. Even when I scold her, she stays as late as 10 o'clock at night, all that she says is that she is sorry. She lets me say what I want to, but never tries to explain the side of the story. I cannot understand her and she simply cannot turn out all the contents of her mind for the amusement even of her mother.



Yes, I can, but it is one that you will not like and perhaps you are constitutionally unable to follow it. It is to let the poor girl alone and quit trying to pry into her thoughts and check up on all she does. Respect her privacy.

Also recognize that the girl is what nature made her, just as you are. You are of the glib, talkative type, and you never tire of the sound of your own voice and you are just bound to talk everything over with anybody who will listen to you, and to tell everything you know, while speech comes hard to your daughter. It is agony to her to express her inner feelings, and she simply cannot turn out all the contents of her mind for the amusement even of her mother.

It is unfortunate when girls do not, as the phrase goes, take after their mothers and have the same characteristics, because it makes for congeniality for them to like the same things and enables them to get along better together.

But if they aren't, if mother was a beauty and Mary is homely, if mother loved gaily and parties and if mother was a cook, there is nothing she can do about it. Old Mother Nature had the first say in the matter.

There is no complaint that mothers make often against their daughters than in "Somehow, mothers feel that they have a right to probe into their daughters' most secret thoughts and feelings, and they feel much aggrieved when they find out otherwise."
(Continued on page 8, Col. 7)

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)
(Copyright, 1940, King Features)

Look in the section your birthday comes in, and find out what your outlook is, according to the stars.

For Tuesday, July 2nd.

MARCH 21 to APRIL 20 (Aries)—Manufacturing articles in present demand, selling those articles, vacationing, making short trips, domestic tranquility, romance, writing (not including correspondence) and organization work all are in line for gains.

APRIL 21 to MAY 20 (Taurus)—Business, trading, manufacturing, expanding business to include pressing demands and to aid righteous causes, new inventions and improving old ones, humor and interest, are among the highly favored. Private issues also are sponsored.

MAY 21 to JUNE 20 (Gemini)—No so precious money matters. New business may not show immediate gains, but keep working for betterment and to achieve the goal set for you by employer or yourself.

JUNE 21 to JULY 20 (Cancer)—Quality and quantity, workmanship and good handwork stressed. Keep ahead of schedule rather than behind. Plans and foundation work more favored than quick monetary returns or personal gain.

JULY 21 to AUGUST 20 (Leo)—Attend strictly to your job and refuse to be a part of any rumor or discord. Ask advice of wise, more experienced heads. Read intelligent literature. Today's apect is friendly.

AUGUST 21 to SEPTEMBER 20 (Virgo)—Watch the money end of it this period. Virgoan! Be usually occupied, and if you have any time on your hands, find something to do that will help others. Keep moving forward.

SEPTEMBER 21 to OCTOBER 20 (Libra)—You can and should certainly try to make new gains in finances, property and organization work. Use your remarkable intuition. Make up for lost time.

OCTOBER 21 to NOVEMBER 20 (Scorpio)—Especially good period for advancing personal money matters and general business. Gains through large companies, organizations and the state and government. Stay usefully busy.

NOVEMBER 21 to DECEMBER 20 (Sagittarius)—Vibrations beneficent and in soundly progressive projects. Try some unusual device, method or turn to enhance your work or hobbies.

DECEMBER 21 to JANUARY 20 (Capricorn)—Especially fine period for making advancement through superiors, good friends and endeavor. Consistent activity is better than sporadic force. Mind the diet.

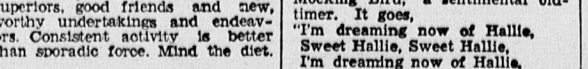
JANUARY 21 to FEBRUARY 20 (Aquarius)—Money and general

business matter rate considerable attention. Large undertakings and widespread activity sponsored. You can play a helpful role for the good of others and their affairs. Rest sufficiently, too.

FEBRUARY 21 to MARCH 20 (Pisces)—Be discreet with reactivities. Moodiness and indifference are strictly taboo. This is a test day for endurance, ambition and consistency. Show us how you can be a real asset.

A CHILD BORN ON THIS DAY will be a sensitive, agile, neat and highly versatile soul who will love his or her family above all worldly goods or gain. Should never be allowed to sacrifice himself for others to the extent of exhaustion or depression. Healthful but not too strenuous outdoor exercise and avoidance of worry are two "musts." Buy, interesting years ahead.

For Pleasant Evenings Sing Old Southern Airs



Many Favorites in New Songbook
Just the thing to sing on balmy Summer evenings, these favorite Southern songs. A verse or two—and you feel as romantic as the beauty and bellies of old Dixie! "Carry Me Back to Old Virginia" is a song you'll all adore. "Carry Me Back to Old Virginia, There's where the cotton and the corn and you feel as romantic as the beauty and bellies of old Dixie! "Carry Me Back to Old Virginia" is a song you'll all adore. "Carry Me Back to Old Virginia, There's where the cotton and the corn and you feel as romantic as the beauty and bellies of old Dixie! "Carry Me Back to Old Virginia" is a song you'll all adore.

What grand times you will have singing the many favorites in our Southern songbook. Has 27 ditties complete with words, music, piano accompaniments and guitar diagrams. Includes many loved songs. Includes many loved songs. Includes many loved songs. Includes many loved songs.

Send 30c in coin for your copy of "Songs from Way Down South" to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of Booklet.

Name _____
Street Address _____
City _____ Province _____

Southern Atlantic Legacy

BY SYDNEY PARKMAN

For the next few minutes they worked hard at their excavations, and then the Major gave vent to a strangled exclamation and she saw that he had come upon the leather handle of what seemed to be an ordinary suit-case.

Only the handle was exposed, and with a complete disregard of the fact that the remainder of the bag was still buried, he gripped it and tried to pull it clear of the sand.

"Wait a minute, Daddy!" she said. "Let me clear the sides first." He did not appear to hear her, but continued to tug at the handle with all his strength. It resisted his efforts for some moments, and then the leather parted suddenly, and he lost his balance and rolled over backwards, still grasping the handle in one hand.

He was up in an instant though, cursing under his breath, and digging furiously to free the case. In another minute or so, the top and part of one side were exposed, and he jumped into the miniature pit and was straining to lift it.

He worked it free of its setting of sand by jerking it backwards and forwards, and then, with a tremendous effort, lifted it out and swung it clear.

A second similar case had been exposed by his action, but he paid no attention to this. He dug him- self to his knees again, and with trembling hands snapped open the haps which secured the case, and there the lid lay.

Within were a number of cylindrical canvas bags, packed neatly side by side, and as he snatched one of them, Diana heard the heavy clink of metal.

The bag was secured with cord round the neck, and in another moment he had undone the knot and pulled it open, exposing its contents.

It was picked full of gold coins. For some seconds he remained kneeling there, feasting his eyes on the treasure, while Diana stood peering down over his shoulder. Then he dipped his hand into the bag and drew out a handful of its glistening yellow contents.

They were mostly sovereigns and half-sovereigns, with one or two twenty franc pieces, and an American five-dollar piece, and he let them trickle through his fingers into the bag again with a kind of sensual pleasure.

"I never thought to see gold again in this quantity!" he said at last, in a voice which was almost awestruck. "Hundreds and thousands of genuine gold coins! 'Pon my soul, I can understand Tom's idea now! There's nothing like 'em! And the value! One this one case must weigh a hundredweight!"

A hundredweight of gold! Diana exclaimed. "And there's another case, too!"

"There may be more than that!" the Major returned; and he dropped the bag he was holding and turned back to the excavation. "Come on! We may as well find out how much we have got!"

Between them, they scaped away the sand from round the second suitcase and lifted it out of the hole. It was slightly larger than the first, but appeared to be no heavier, and when it was opened in the same way, it was not quite full. Evidently this was the one which the Captain had drawn upon on the occasion of his two visits to the island.

They spent some time in making certain that there were no more cases buried on the spot, and when they had convinced themselves of this fact, they faced each other, hot and breathless.

"Well, that's that," Diana said. "We can say we've got roughly two hundred-weight of solid gold coin. That must be several thousand pounds worth, at least."

"Well, you can work it out for yourself," the Major told her. "I know it took more than three sovereigns to make an ounce, so there'll be over fifty to the one pound."

"That would be over five thousand sovereigns to each of these cases!" she exclaimed. "Ten or twelve thousands altogether!"

"And you can more than double that," he pointed out exultantly. "Gold is worth at least twice as much nowadays. You can say this little lot is worth from twenty to twenty-five thousands pounds as it stands."

In the excitement of finding the treasure, she had temporarily forgotten their precarious position, but now she reviewed the situation and racked her brains to read some new meaning into the negroes' abandonment of them, in the light of this discovery.

It left her with only one conclusion—that the men had acted on their own initiative and had seized the opportunity to steal the loot. The Major, however, was obviously wedded to his later theory, as his next words showed.

"Well, I'm going to take good care that whatever happens here, I won't profit by it!" he announced suddenly. "We'll bury this lot again for the time—but in a different place. Somewhere harder to the shore so that we can get at it quicker when we want it. But in any case, where he'll never find it."

He tied up the one bag again, and taking out a second from the case, rose to his feet with one in either hand. "Come on!" he said. "We'll take

She Spent a Fortune on her Hair

—but nobody ever asked her out twice



DOTTIE WAS A HOT-WEATHER OFFENDER

SCIENTIFIC FACTS ABOUT "B.O."

DOTTIE always looked attractive. She took infinite pains with her hair, for example, but she was careless about bathing, even in hot summer weather — offended her would-be admirer . . . And when "B.O."—offensive body odor—comes in, love flies out the window.

All of us have to perspire to live—and this hot humid weather speeds up the time during which sweat left on the body decomposes—turns stale. When this happens YOU have "B.O."

"B.O." can ruin romance, business and social chances. Check it before it starts with Lifebuoy. For Lifebuoy contains an exclusive deodorizing ingredient, not found in any other leading toilet soap. Used in your daily bath, Lifebuoy stops "B.O."—its purifying lather washes offensive sweat deposits away. And Lifebuoy keeps you up—refreshes. Why not take this inexpensive precaution of careful people.



LIFEBUOY IN YOUR DAILY BATH Stops "B.O."

it piecemeal and leave the cases behind for him to find!"

He was already retracing his steps by the way they had come, and she took out two more of the small canvas bags and started to follow him. They were incredibly heavy, considering their size.

At the top of the slope, the Major paused automatically and looked out over the sea to the southwest. The soap had disappeared from his view altogether, and the blue waste of water now showed empty clear to the horizon.

He led the way past the ruined shack and followed their own tracks by the way they had come, and she one ridge of sandhills separated them from the shore. Here, he turned left along the floor of the little valley, and finally came to a large hole in the sand, and having made a large hole by scooping out the sand

ping the heavy bags to the ground. We can bury 'em here and mark the place in some way so that we can recognize it again."

In the course of the next hour they made the trip four more times—their two heavy bags altogether—and when they arrived at the destination with the last consignment, she was ready to drop from sheer heat and exhaustion. The Major had insisted upon burying the empty suitcases again and marking the spot with the anchor, and had even been at pains to smooth over all signs of the excavation by dragging his jacket over the sand, remarking vindictively that he only wished he could be present to see Father Maloney's face when he dug them up.

Now he set to work to bury the canvas bags, and having made a large hole by scooping out the sand

"This'll do," he announced, dropping the heavy bags to the ground.

Needlecraft—For The Home

Feminine fashions are most flattering, especially for warm Summer days. This charming style frock with its square neckline, tiny waist and flaring skirt is ideal for dates and parties. The young graduate will also find that this is just the style she has been looking for to wear on the big day. White dotted swiss or organdie is as lovely for dances later as it is when she receives her diploma. Delicately finished balise or other sheer cotton looks as fresh and crisp as a daisy in the street length version.

Style No. 3313 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 3 1/2 yards of 39-inch material with 1 yard of ribbon for street length; 4 1/2 yards for long version.

Send 20c in coin for your copy of How To Be A Good Swimmer to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of Booklet.

CHILD BURNED TO DEATH—BATHURST, N.B., June 30.—(CP)—Alice Roy, three-year-old daughter of Mr. and Mrs. Hector Roy, was burned to death late Saturday night when fire destroyed her home. She was sleeping in an upstairs room. Two other small children escaped injury, but Mrs. Roy was badly burned in trying to save the children. The remains of the little girl were found in the ruins of the house. An adjoining house owned by Octave Landry was destroyed.

Name _____
Street Address _____
City _____ Province _____