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BY THE HAMPER

Says Appetite Factor In Feeding Children

WASHINGTON, Dec. 18 — (AP) — Believe it or not, ice cream ranks only No. 4 on the dietary hit parade of kids under five.

Given a free choice of diet, says Dr. Harry Bakwin of the pediatric department, New York University College of Medicine, young children rate foods in this order: Meat, butter, fruits, ice cream, milk.

Their attitude toward vegetables "differs just as does adults," he says, and raw vegetables are often preferred. Cereal is the food most often refused and it may be safely omitted from the diet.

Bakwin discusses ways and means of dealing with cases of poor appetite in pre-school youngsters in the Journal of Pediatrics.

One of his hot tips to parents: "There should be no insistence on this or that food. The food likes and dislikes just as in adults." Let 'em eat fried or highly-seasoned foods and gravies if they want such, says the doctor, and "food should be prepared interestingly."

Parents should be urged to forget calories, vitamins and mineral and rely on the child's appetite. It is reasonable to assume that we were endowed with appetite for some purpose.

Bakwin told a reporter he meant by this that children if given their free choice of food wholesome foods, would be guided — by appetite — to select an adequately

balanced diet.

The doctor says poor appetite may stem from some deep-seated emotional disturbance or be the aftermath of some acute infection.

Other causes:

1. But, if your child is healthy and emotionally stable — and still isn't eating much — here are some other causes, together with Bakwin's suggestions for treatment:
2. The need for food is less between the ages of one and five compared with the needs of the infant. During the first year of life, a child gains about 15 pounds, tripling its birth weight.
3. But between one and five the child has an annual average weight gain of only about five pounds. Hence corresponding to the relatively slow weight gain, there's a smaller appetite.
4. A child may refuse to eat, even though hungry, just because he knows it will get his mother riled up.
5. Bakwin warns against trying to force the child, or to bribe or reward him. Just put the food out, leave it there a reasonable length of time, then remove it without comment or show of emotion. If the child requests something between meals — a cracker, fruit or the like — give it to him.
6. Poor training habits in eating may have affected Butch's appetite.
7. Mothers who continue to feed their children after they're able to feed themselves raise another problem. Bakwin says kids like to feed themselves and if denied this, they get balky.
8. Entertainment at mealtimes is generally overdone. Hence, don't go into excessive antics to entice the child to eat.

Farm Organizations Claim Millions Made When Ceilings Lifted

HALIFAX, Dec. 18 — (CP) — A newspaper report that "someone had benefited" as a result of the Government's decontrol order on grain was backed today in the Maritime news by two Maritime farm organizations.

C. T. Fitzrandolph, Bridgetown, N. S., secretary of the Nova Scotia Farmers Association, said "somebody benefited by \$5,000,000 of un-earned money when ceilings were lifted."

In another statement the Maritime Federation of Agriculture agreed that speculators had benefited largely from the decontrol order.

(In Winnipeg yesterday, Stanley N. Jones, president of the Winnipeg grain exchange, termed the newspaper report "fantastic.")

Mr. Fitzrandolph said "evidence clearly shows that it wasn't the farmers or the consumers who benefited from the decontrol, and the opening of the grain exchange and the speculative grain trade."

The Winnipeg grain exchange he said, was one of the "most fantastic organizations operating in Canada today" and it was "beyond comprehension" why the grain exchange should be allowed "to re-open and gamble on the bread of the consumers and the products of the producers."

Roy Grant, secretary of the Maritime Federation of Agriculture, said operation of the exchange was "not in the interests of either the producer or the consumer and can only serve the speculative end of the business."

The Federation, he said, believed "that the speculative trade did profit very largely by holding grain prior to the decontrol order."

C.N.R. Schedules Adjusted During Holiday Season

MONCTON, Dec. 17 — For the convenience of its patrons going home or visiting relatives and friends during the Christmas and New Year holidays, the Canadian National Railways will operate extra trains and adjust the schedules of others, according to Frank L. Dougan, general passenger agent here.

Two additional trains between Sackville and Charlottetown, connecting with the westbound Maritime Express and the Scotian, will be operated daily except Sunday commencing immediately and continuing through January 2 inclusive. It will leave Sackville at 5:46 p.m. and arrive Charlottetown at 10:45 p.m. In the reverse service it will depart at 10:50 a.m. and arrive in Sackville at 4:10 p.m.

On Monday, December 22, and Wednesday, December 24, extra trains will leave Summerside at 4:30 p.m. and arrive Tignish at 9:30 p.m., and reach Summerside at 12:30 a.m. next morning. No. 211 will leave Summerside at 4:30 p.m. on Saturday, December 20, and on Tuesday, December 23, arriving at Tignish at 10:00 p.m.

Train No. 207, Summerside to Borden, will be operated fifteen minutes later on Saturday, Monday, Tuesday and Wednesday, December 20-22-23 and 24. It will leave Summerside at 6:00 p.m., making the connection with No. 40 and 53 at Tignish Junction. Charlottetown to Souris service will be operated one hour and thirty minutes later. Train No. 51 will leave Charlottetown at 4:00 p.m. and arrive Souris at 7:00 p.m. on Saturday and Tuesday, December 20 and 23. On December 22 and 24, Monday and Wednesday, train No. 55 will leave Charlottetown at 4:00 p.m. and arrive Souris 8:00 p.m. These trains will make connections at Mount Stewart Junction for passengers travelling to Georgetown.

City Pair Escape To Backward Farm

By The Canadian Press

In the back-country hills of a summer-holiday area in Ontario nestled The Owl Pen, a remarkable country haven sought out and found by a man (and his wife) who abandoned the weariness of city life.

Implicit in the origin and growth of this miniature Garden of Eden are the personal experiences of Kenneth McNeill Wells, former newspaper man, and his artist wife, Lucy—and the intimate doings of all their farm animals.

Wells' first book, "The Owl Pen" (Dent) has his name after his picturesque hide-away. It relates how they fashioned their home from the oak timbers of a decayed pioneer farm house near Orillia, survived the extreme winters, created a profitable honey and poultry business and eventually bought additional property to start all over again.

Reshaped from Wells' weekly series of newspaper articles, this entertaining volume has a particular appeal for those who dream of getting away from the city. Its humorous recital of the painful development of The Owl Pen reflects Wells' ability as a feature writer.

Discouraging Incidents

Wells makes light of discouraging heart-breaks, such as when his starving bees were almost annihilated in a hive-against-hive battle for food; or when most of his pullets died from eating shavings from the new hen house floor.

Although he professed a boyhood dislike of the country, Wells displays an inherent understanding of the joys of rural life.

The service from Charlottetown to Murray Harbor will be operated one hour later. Train No. 65 will run on Saturday and Tuesday, December 20 and 23, and No. 209 on Monday and Wednesday, December 22 and 24, leaving Charlottetown at 4:15 p.m.

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UNEMPLOYMENT INSURANCE COVERAGE EXTENDED

(Authority, P.C. 1851, dated December 3rd, 1947)

ON AND AFTER January 1st, 1948, every employee in insurable employment paid by the month whose annual remuneration does not exceed \$3,120.00 will be insured under the Unemployment Insurance Act.

AT PRESENT those paid by the month whose annual remuneration is \$2,400.00 or less are insured under the Act.

THE CHANGE will not affect the coverage of all hourly, daily and piece rated employees and those paid on a mileage basis, who will continue to be insured regardless of earnings.

WEEKLY RATED employees whose earnings are expected to be \$3,120.00 or less per year will continue to be insured under the Act.

UNEMPLOYMENT INSURANCE COMMISSION

J. G. BISHOP, Chief Commissioner
R. J. TAYLOR, Commissioner
C. A. L. MURCHISON, Commissioner

Small Trees Used

VICTORIA, Dec. 18 — (CP) — A pulp mill, operating on small trees previously left after logging and second growth timber on lands that have been logged, will be established at Duncan Bay, on Vancouver Island, 40 miles north of here, Lands Minister E. T. Kenney has announced.

Size and type of plant and number to be employed have not yet been decided. It will be built by Canadian Western Timber Company Limited and associates.

"The project points a new era in forest practice," said Mr. Kenney. "Lands previously logged over will be used to provide a perpetual supply of timber. Greater utilization of our forests means more and more permanent jobs."

"Success of this project is of greatest importance to British Columbia."

It is the third mill to be established in the province this year and Mr. Kenney believes it possible that more mills will be established next year.

Already a pulp mill at Port Alberni has begun operation, consuming 10,000 horsepower of electrical energy. The other project is the Port Edward Cellulose company, subsidiary of the Celanese Corporation of America. This plant is near Prince Rupert and will cost \$15,000,000.

During the last few months several firms have investigated timber resources and sites on Vancouver Island for pulp mills.

PARKDALE W. I.

The December meeting of Parkdale Women's Institute was held in the hall with eighteen members present. The meeting opened by singing the Ode and repeating the Creed in unison. The minutes of the last meeting were read and approved. The reports of the different committees were heard.

The school committee reported two window blinds needed but were not able to get them at present. Mrs. Ferguson and Mrs. Douglas were added to the school committee and a sum of money sufficient for the Christmas treat for the children was voted.

The sick committee reported two cards sent. It was moved, seconded and passed to send flowers or fruit to a sick member and a card to any sick in the district. During the war this was given up but the members are glad to be able to do this again.

The ways and means committee reported on a very successful social evening and auction held at the home of Mrs. R. Beer, in November, each member bringing a donation for the auction. The proceeds of which amounted to \$26.29. They also reported \$10.00 for use of the hall. It was moved the women have the use of the hall the next three Thursdays. The motion was carried.

Mrs. Frank Ross gave a demonstration on wrapping and decorating Christmas parcels, showing some very lovely and original ideas which are sure to be a great help to the members.

For entertainment there were Christmas carols and a Christmas reading by Mrs. Newton which was very much enjoyed by all.

The meeting closed with the King. Lunch was served by Mrs. J. Hogan, Mrs. L. Ferguson, and Mrs. H. Frissell.

Collection amounted to \$150.

JUDGE HEARS PROGRAM

MONTREAL — (CP) — For the first time on record here, a radio program has been reproduced in a courtroom exactly as it came over the air. It was offered as evidence in a recent case in which a plaintiff claimed damages for unauthorized reproduction of an exclusive manuscript.

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for Junior

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for Rumpus Room

MODEL 42741. A RADIO-COMBINATION that plays 12 records automatically. Ideal for dancing or enjoying a full half hour of your choice records—undisturbed. It's amazing value at only \$109.95.

for Record Lovers

MODEL 7714S WITH MIRACLE TONE ARM which eliminates disturbing surface noise. An Automatic Radio-Phonograph that changes 12 records automatically. Handsome genuine Walnut cabinet and only \$149.95.

for Dad

MODEL 704S. LONG AND SHORTWAVE CONSOLE with MIRACLE Tone Arm. 8-tube Radio-Phonograph with Push-pull audio and 12 inch speaker. Exquisite genuine Walnut cabinet... \$319.95.

for The Music Room

MODEL 704A. A Handsome Console RADIO-PHONOGRAPH with MIRACLE Tone Arm. All the newest radio advancements for perfect performance. Plays 12 records automatically. Choice matched Walnut \$369.95. Mahogany \$379.95.

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