

# Woman's Realm / Social and Personal / Fashions / Literature

## You Can Use CERTO

BECAUSE CERTO IS FRUIT PECTIN, you can use it and conform with the Wartime Prices and Trade Board Order No. 150 which states:

"No Sugar shall be purchased or used by a consumer for making any jam or jelly in excess of three-quarters of a pound of sugar for each pound of fruit, or in excess of one and one-quarter pounds of sugar for each pound of fruit if pectin is used in the making of such jam or jelly."

On the basis that "fruit" means the weight of "unprepared" fruit, then you are entitled to purchase sugar to make your jams and jellies the Certo way, which gives you approximately two-thirds more jam or jelly from the fruit used.

## Use CERTO (BRAND) FRUIT PECTIN

The Quick, Easy, SURE Way to Make Jams and Jellies

72 Tested Recipes Under label of every Certo bottle



### THE COOK'S CORNER

#### STRAWBERRY WHIP

- 2 cups strawberries
- 1-4 cup hot water
- 1-2 cup sugar
- 1-4 cup cold water
- 1 tablespoon granulated gelatine
- Dash of salt
- 1 tablespoon lemon juice
- 2 egg whites

Method: Wash and stem the strawberries and mash thoroughly. Add the hot water and the sugar. Bring to a boil in a saucepan and boil for 5 minutes. Strain the mixture, then return the juice to the heat, and bring to a boil again.

Pour the hot syrup over the gelatine which has been allowed to soak for 5 minutes in cold water. Stir until the gelatine is dissolved, then add the salt and lemon juice. Measure this mixture. There should be 2 cups, and if there isn't, add more water to make up the required amount. Now chill the mixture until it thickens to a honey-like consistency, then beat with a rotary beater until frothy. Fold in egg whites that have been stiffly beaten. Pour into moulds in cold water and chill until firm. Unmould and serve with custard sauce made with the egg yolks.

#### CUSTARD SAUCE

- 2 egg yolks
- 3 tablespoons sugar or honey
- 1-2 cups scalded milk
- Dash of salt
- 1-2 teaspoon vanilla

Method: Beat the egg yolks slightly and then add the sugar or honey. Gradually stir in the scalded milk and cook over boiling water in the top part of a double boiler, stirring constantly, until the mixture is thick enough to coat a spoon. Remove from the heat immediately and add the salt and vanilla. Chill before serving over strawberry whip.

### A Morning Smile

#### WRITING IT OFF

The daughter of the house arrived home one night looking very sad.

"Whatever's the matter?" asked her mother.

"Oh, I thought John loved me," the girl explained, "but now I know he's not going to propose—at least not for some time."

"How do you know?" asked her mother.

"Because he sent me a box of stationery with my initials on it—and there's enough to last for six months."—Grit.

"I want some arsenic for my mother-in-law."

"Have you a doctor's prescription?"

"No—but here is a photograph of her."

### Dorothy Dix Says—

#### ARE MARRIAGES HAPPIEST WHEN WIFE IS THE ELDER? They Are Successful Only If Husband Has Strong Mother Complex

DEAR MISS DIX—Lately a certain supposed authority on the subject has advanced the theory that the happiest marriages are those wherein the woman is three or four years older than the man. Judging from my own experience, also that of my friends, the most contented couples are those in which the wife looks up to the husband in personal qualities, ability, education and age. If this were reversed and the wife were three or four years older than the man, she would be apt to consider her husband somewhat less able to cope with the world than she is and try to dominate him?



Professor Lewis Terman, the psychologist of Stanford University, deduced that the best years for a successful marriage are for women to be 20 or older, men 22 or older. And I understand that Harvard's leads on the question are the same.

Another viewpoint: wouldn't a woman of 25 or 30 be able to outwit a man of 22 in the courtship deal? Would such a marriage be really his choice? Of course, there are exceptions to all rules, but what do you think of the age factor marriage? C. E. D.

ANSWER—I think that after a man and woman are 30 or older that it does not matter greatly which one is the elder. Both are then mature, settled women. Girls mature earlier than boys do and women what they want in their mates. They are not likely to change. They pick out their wives and husband with their heads as well as their hearts. So if a man finds a woman who meets all his requirements, he is perfectly safe for him to marry her, even if she is 10 or 15 years older than he is.

#### GIRLS MATURE EARLIER

But when a man is in his early twenties he takes a long shot at happiness if he marries a woman three or four years older than himself, because he is still a boy, with a boy's changing ideals and tastes, while she is a mature, settled woman. Girls mature earlier than boys do and women age faster than men do, so that even at the same age the wife is older than the husband, and if the marriage starts off with her being the elder of the two the disparity between them is greatly marked in a few years.

The only marriages that turn out happily—when the wife is the elder—are those in which the husbands have a strong mother complex. Such men really don't want wives. They want mothers. They want women who will take care of them and put them and cater to all their little whims, just as Mother did. They don't mind being bossed because they like the feeling of security and lack of responsibility they get by being tied to their wives' apron strings.

I think the marriages giving a couple the best chance of happiness are those in which the husband is five to ten years older than his wife. This gives the wife a chance to look up to him and respect his judgment and to be guided by him, and that leaves them near enough in the same age class to enjoy doing the same things and have the same interests.

#### A POOR HOME BETTER THAN NONE

DEAR MISS DIX—I am a young girl, a junior at high-school, with twin brothers who are 14 and a younger brother and sister. We are forlorn, miserable children torn between two parents, and we don't know what to do. Dad is a drunkard, but very kind and considerate when sober. Mother is not true to Dad and goes out with other men.

Mother forever nags and talks about Dad's faults, but he never mentions hers until she gets high to him. They have been married nearly seventeen years and separated frequently, but make up. My twin brothers and I have often been on the verge of running away from home, but I do not see how it will help matters as I am the one who usually brings them to their senses, and the others would be worse off if I deserted them.

What shall we do? Shall my brothers and I run away to try to find happiness for ourselves, or shall we remain at home for the sake of the younger children?

ANSWER—Try to stick it out, my dear, for the sake of your little brother and sister who would have no one to cling to, nothing to anchor them to decency and right living if you deserted them.

You are the one who holds the home, such as it is, together, and even a poor home is a place to come back to at night, a roof to shelter them, food to eat that they would not have if you left them to a drunken father and a philandering mother.

It is a terrible responsibility to be put on one so young as you are, but you would have no happiness in running away from it and thinking of your little brother and sister wandering the streets and perhaps falling into the companionship of the gutter. Brace up and bear your load. God strengthens us to carry on if we meet our problems with courage.

But how can any father and mother face their own consciences when they see the wreck they have made of what should have been a happy home, and three forlorn little kids stumbling in the dark, trying to do the duties the parents have left undone? Surely in all the world there is no more pitiable sight than children trying to reform their fathers and mothers.

#### BREAK THE ENGAGEMENT

DEAR MISS DIX—I am a young man, supposed to marry a girl I thought I loved. Arrangements for the wedding have been made, the invitations sent out. Well, a girl I used to go with came to see me the other day and I found out that she still loved her and that she loved me. The girl I am engaged to has a high social standing and loves me deeply. But, on the other hand, the girl I love and I will be broken-hearted if I go through with this marriage with a girl I have ceased to care for. What should I do? BOB.

(Continued on page 3, Col 4)

#### "Nerves" May Be Cause of Tired Feeling



Her Energy Used Up in Worry

Too tired—no matter what gay plans are afoot! But why—if she's not ill, "Nerves" perhaps.

If you feel exhausted all the time, but have nothing organically wrong with you, you're probably the high-strung type, letting worry eat up all your energy.

And yet, just because you are high-strung, you could be one of the most charming and vital people if you would turn those inward energies outward.

How to do it? Try to understand what's making you nervous. Is there some problem you've tried to ignore?

An unsolved problem, you know, can be as alive and destructive as a disease germ. The thing to do is to force it to the surface. Out in the open it can be driven away.

But ignore it, grow still, more tired and irritable, and you'll drive away friends and family instead. You'll be right-on—the road to a nervous breakdown.

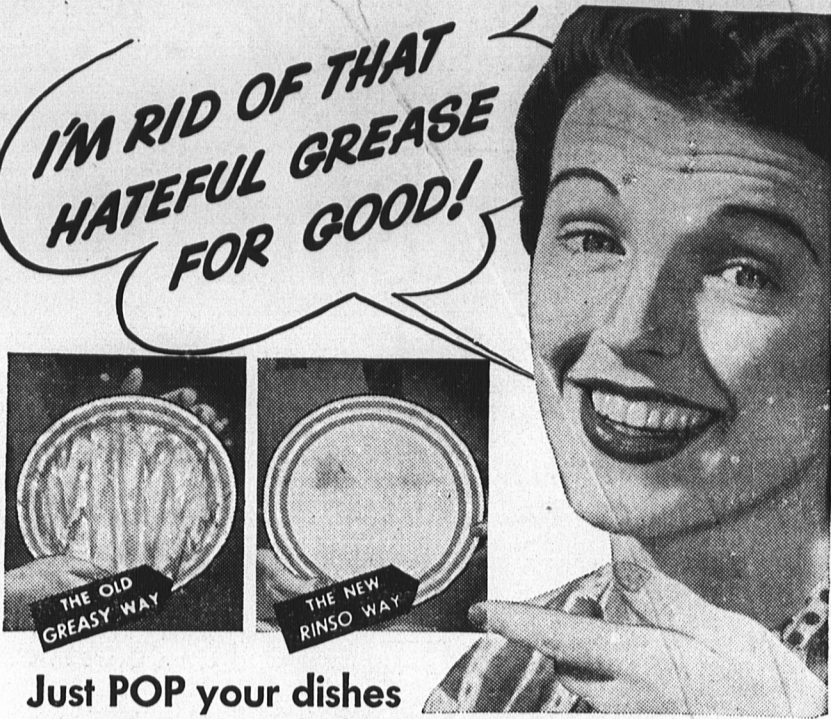
Our 32-page booklet explains causes of "nerves" and "nervous" symptoms, such as indigestion, insomnia. Describes a physical and mental program to overcome them. Gives right diet, body care for sound nerves, vitality.

Send 15 cents in coins for your copy of OVERCOMING "NERVES" AND EVERYDAY HEALTH PROBLEMS to The Charlottetown Guardian, Home Service, Address. Be sure to write plainly your NAME, ADDRESS and the NAME of booklet.

Name

Street Address

Province



### Just POP your dishes into Rinso suds—they'll come out sparkling



IT'S a thrill to find how fast you can wash dishes this grand new Rinso way. They're clean and shining in go time! No greasy smears—no nasty dishpan scum to clean up afterwards. All you do is pop your china, silverware, glass into rich, thick Rinso suds and they'll come out sparkling clean—dry with a fine bright polish. Rinso saves you hours of work—and it's easy on your hands. Rinso suds are gentle, safe—help to keep hands smooth and white.

### RINSO DISSOLVES GREASE

## Living & Leisure The Woman's Realm

#### TO A GRANDCHILD

When you are young you go from day to day, Making a trail that follows you through life. Without much thought you make it, and to get that never can you rub the bad bits out.

When you are old you look along that trail, These memories, some gay, some sad, but all Unchangeable and not to be forgot. So when you're young remember this, my child, And make you memories all of joy and love, And not of selfish acts, or hate or greed.

My happy memories be yours, my dear, When you are old, Your ever loving GRAN.

#### TIMELY SUGGESTIONS

When cleaning up the home lot put the rubbish in a pile and burn it, for it undoubtedly contains insects or disease. Mildewed tops of Perennial Phlox, Delphiniums, rusty Honeysuckle leaves, Rose leaves and trimmings and the dead leaves of the Iris are a source of real danger. Burn them up.

Seedlings pricked out in the home greenhouse, hot frame or flat should be shaded from the sun's line for a few days. This allows them to become re-established more quickly.

Apply a mulch to newly-planted perennials and shrubs. Stake herbaceous and other flowering plants before they become straggling. Snappers, Pansies, Violets and Asters can be bedded out without danger of frost damage.

Hurry ahead with the planting of Peas, Spinach, Lettuce, Radish and Onion Sets if the ground is workable.

#### WHITE BREAD MISSED

The loss of white bread is a real sacrifice to thousands of Britishers.

#### New under-arm Cream Deodorant

safely Stops Perspiration



1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure, white, greaseless, stainless washing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

Arrid is the LARGEST SELLING DEODORANT. Try a jar today! **ARRID** At all stores selling toilet goods (also in 1 1/2 and 3 1/2 jar sizes)

#### Slip the finger of a glove over the neck of bottles to keep in the cork when travelling.

Fat will not splutter when frying if a little flour is sprinkled into it before the cold food is put in.

Triangular tears in garments may be neatly mended if the edges are first worked with a buttonhole stitch, then caught together through the stitches instead of the material.

#### STYLES NEVER BLACKED OUT

Some women, to whom keeping up with the current styles is an irksome chore, and not the delight it is to others, are getting ready to slump for the duration. So this is a warning that now is no time to snub the styles. Fashions are never blacked out by war.

As the months roll by, and more men and boys are drawn into active service, as more girls get into the home end of war work, there will be powerful urges to make fashions respond to the new feelings all women and girls will be having about life. One thing is certain. More sweet, more feminine clothes will be wanted in contrast to world affairs and as a welcome change to men on leave.

Along with this influence there will be the ever increasing stringency of materials, colors and loads of other items that make up our peacetime styles. They will be replaced by new things or eliminated altogether.

And any costume you may hold over from peace time in the delusion you can go on wearing it will become too conspicuous for you to put on after awhile.

Visits by parents and handling of babies by nurses and internes are encouraged at one large hospital, to help overcome the loneliness which infants ordinarily experience from being left alone too much.

## Needlecraft For The Home

Very slimming to the waist is the long over-bouse of this two-piece frock. It's a grand suggestion for those many seersuckers and gingham you want to wear this Summer. It's a natural for spun rayon.

Style No. 3249 is designed for sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 3 3/4 yards 35-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian, The Charlottetown Guardian Needlecraft Department.

Style No. 3249 . . . . .

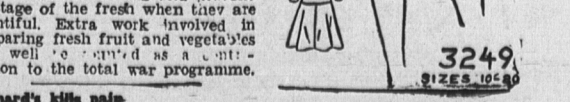
Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

#### HANG UP THE CAN OPENER

In a recent broadcast, Laura Pepper, chief of the Consumer Section, Department of Agriculture, appealed to housewives to buy fresh fruits and vegetables when in season instead of canned. This will conserve the supply of canned goods for the winter months and prevent wastage of the fresh when they are plentiful. Extra work involved in preparing fresh fruit and vegetables can well be considered as a contribution to the total war programme.



#### DRAMATIZING BLACK WITH YELLOW

Chances are there's a black dress hanging in your closet that you think you've worn once too often, but that's never been topped for line and fabric. All it needs, really, is a bright yellow note. See what a yellow belt and gloves will do to revive it; or yellow flowers on your hat and a yellow bag; or perhaps a large yellow cartwheel, that during of Summer millinery fashions.

Or you might copy Miriam Hopkins, the film star, who really dramatizes this combination by wearing a yellow wool jacket, perfectly plain but beautifully cut, over a plain black wool dress, with all-neck accessories. The stark color contrast is breath-taking.

#### USE BRIGHT PATCHES FROM YOUR SCRAP BAG



#### DESIGN NO. 714

Imagine these prim little sunbonnet girls applied on towels. Affording a grand opportunity to use some scraps from your scrap bag. Hot iron transfer pattern No. 714 contains 4 motifs measuring 3 1/2 by 1 1/2 inches each with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department

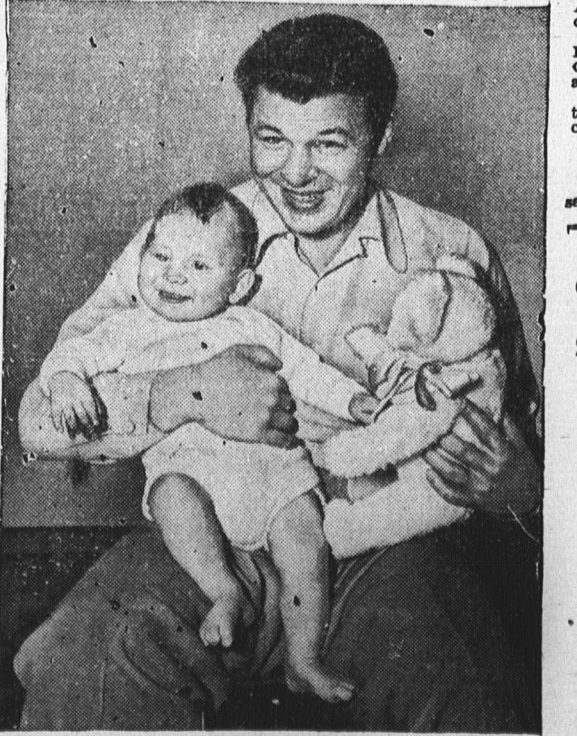
Design No. 714

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## PUDGYFIST AND PAPPY



JACK CARSON — the popular screen star — is shown with his son, John Elmer, and the latter's dearest possession, Theodore Bear. The third member of the happy Hollywood family is Kay St. Germain, the popular radio star, who finds home-making an agreeable career in itself. Jack, senior is starred in Warners' "The Male Animal," "Arsenic and Old Lace," and "The Hard Way."