

# Woman's Realm/Social and Personal/Fashions/Literature

## Living & Leisure

— THE WOMAN'S REALM —

### DOROTHY DIX SAYS —

#### Sauce For Gander

#### Straying Husband Discovers Wife Has Been Unfaithful

DEAR MISS DIX: Several months ago I had an affair with a young woman. I sought diversions because my wife was always complaining and nagging at me. I made a mess of things and came near losing my job. My wife stuck to me through all this trouble, but just as it looks as if the storm is over I find out that for almost a year she has been going to the office of an old school friend and having lunches, theatres, afternoon trips in the country, etc., with him.

She admits that he is giving her the love and companionship that I should have given her. They have discussed divorcing me on account of my affair with the girl and getting married and taking our two children. But when she tells me that she will not leave me since I have learned my lesson, but she will not give up her friend and continues meeting him and informs me that she can marry him any time she wants to. I feel that she can't stick to both of us and should make some definite decision between us.

ANSWER: It seems to me that you have gotten exactly what you deserve because you have been paid back in your own coin. Disloyalty for disloyalty. Faithfulness for faithfulness. Lie for lie. Understand me, I am not upholding your wife. Two wrongs never made a right, and because you choose to wander off the straight and narrow path is no justification for your wife's taking the same downward road.

#### ACTION UNDERSTANDABLE

But anyone can understand that a young and pretty woman whose husband has a wandering foot must be sorely tempted to get good and even with him, and I often marvel that so many women have the innate strength of character not to do so. For there is always plenty of opportunity for the neglected wife to have her fling.

The women of the past who wept their eyes out over recreant husbands, don't seem to have got anywhere. Perhaps the modern woman, who holds over her husband's head the threat of another man who wants to marry her, will make her husband afraid to leave his own fireside. Maybe she will accomplish with her flaunting of her husband what the good wife has been unable to accomplish with her prayers and faithfulness.

But I agree with you that your wife cannot have both husband and lover at the same time. And inasmuch as you have children, it seems to me that it would be best if you two poor, weak sinners would kiss and make up and start afresh.

DEAR MISS DIX: Which has the greater chance for happiness, the girl who marries a man she just likes, but who can give her everything her heart desires so far as money is concerned, or the girl who marries a man she truly loves, but earns only a small salary and has no ability that would enable him to ever make any more? The girl comes from a family in good circumstances and has always had everything she wanted.

#### FOUR GIRLS

ANSWER: It is not a very good prospect for happiness either way, whichever road the girl takes. If she were not in love with the poor boy, I should say that she might fall in love with the rich boy whom she likes. But the poor boy is the catch in it, for if she loves him she will always be thinking of him and longing for him, dreaming of how much happier she could have been with him than with the rich one.

On the other hand, if she marries the boy who can only give her

(Continued on Page 16)



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**HOUSEWIVES, young and old, agree that extra-soapy Sunlight takes the hard work out of housework. Washes cleaner, sweeter smelling. Floors, woodwork, tile all gleam. See for yourself. Get Sunlight today.**

<b>WHITER</b> YES, SUNLIGHT GETS DISHES WHITER	<b>BRIGHTER</b> YES, SUNLIGHT GETS DISHES, POTS AND PANS BRIGHTER	<b>LIGHTER</b> YES, SUNLIGHT MAKES WORK LIGHTER
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### ELLEN'S DIARY

By An Island Farmer's Wife

Now, perhaps more than in the preceding seasons, which allowed them to procrastinate to the point of "It won't make much difference if we leave it till tomorrow" farmers must adapt their work to the weather, reaching out to grasp each opportunity to try to have the plowing and other field endeavours done before Winter sets in—and sighing sometimes over the days that were. James considering present conditions at Alderlea in a little son "If we had just made a little extra effort, we would have had every last furrow turned by this!" And hearing we wonder about it, knowing that no day passed out of his hand without being well filled. However this was on his mind this evening as he sat in the comfort of his old armchair, smoking doubtless weaving nice dreams of the future into his smoke-wreaths, and apparently taken up as well with unrolling the web of the past.

He never before in all his time saw a Fall when there was no plowing done on this farm." It is a unique statement, when we come to consider it for his recollections go back through many a year to a time when anxious to learn the effect of putting his hand to the plow, he must climb his horses or trust them as knowing friends to lower their heads for the rite. Many incidents from those earlier years have grown indistinct, but items which have to do with his early farming he remembers clearly. He can recall, to recount to the like of Jamie and granddaughter, that eager to see at men's work he played "when I was scarcely able to reach the handles" of the implement, and ever since it has continued to be one of his favorite chores.

"But it's the weather," he reminded him sensing some frustration on his part over the unfinished field-work, and complained about this November day which set out to be so lovely at its resplendent dawn, and then settled down to be grayish and dejected, without regard for the washes that were spread on the lines. . . . Carolyn coming with her younger fellow and Rob on a brief outing, smiled tenderly at James' wash: small blankets, tiny white gowns, wee jackets in a nice wave of remembrance which comes to mothers when they catch sight of the like. "I don't know what there is about it," she tried to explain, "but I love to see a baby's wash on the line—the little garments are sort of appealing, don't you think? It's like looking at the babe, but given an especial blessing, and were sanctified, so to speak."

And we grumbled to James about "The Island's sunless November—this year," with its showers and its frost, then stopped to consider our words and were ashamed. And now James are grateful that the fine which means "tonight's sky" will not develop into terrifying proportions; that the river which carries off the over-flow at the waste-gates happily between its woody banks will not rise when tide or fresh-swollen to reach out and claim the surrounding farmsteads; glad so that amid the dim days were the splinkings of sunshine; that fog lift and brisk clear breezes romp into our valley from the West. "How do I like November's weather?" friend of ours repeated our query, not too long ago, "I like it much, Ellen," and she laughed, "even the mud! You might question the truth of this, but there have been the occasions when I've been away living in a warmer climate at this time of year, and I've longed to come home—just to feel again the nip of frost in the air, that is always so stimulating in our Fall weather, and to enjoy the first snow. You remember how surprised we were as youngsters when first flakes fell? We watched the miracle of it and said: 'Why the old woman of the sky has commenced to pluck her geese for Christmas!' and there was a magic about it, we can't seem to forget. Now I'm telling you, Ellen," she laughed, "Heaven's got to be a mighty nice place, to keep this Islander here!"

"What do you say Ellen?" James observers, laying aside his pipe "to a trip to town tomorrow?" "Until Monday—Diary—Good-night."

### How Can I!!!

By Anne Ashley

Q. How can I clean bricks that have become stained by smoke?  
A. By mixing 2 ounces soda, 1 ounce pumice stone, 1 ounce salt, with sufficient water to make a cream. Rub the bricks well with this mixture. Allow to stand for a few minutes, and then brush off with a stiff brush.  
Q. How can I remedy falling hair?  
A. Salt is one good remedy. Rub it thoroughly into the scalp. Also add salt to the water when washing the hair. Pure olive oil rubbed into the scalp at night is also very good.  
Q. How can I keep egg yolks

### That Body Of Yours

By James W. Barton, M.D.

#### DEFECTS OF VISION MAY CAUSE BALD SPOTS

When a bald spot appears on the head the individuals is naturally alarmed. He has seen cases where the entire head was bald and these people were still young. This condition is called alopecia areata.

While the cause of alopecia areata is not known, it is agreed that emotional disturbance is the underlying factor in many cases. Sir Malcolm Morris, the great skin specialist, in his textbook "Diseases of the Skin" states that he has observed a number of cases of baldness immediately following mental shock. A few months ago I quoted Dr. R. E. Peck, in "The Georgia Medical Association Journal," in which he reported that he was caused by sudden and overwhelming fright, and two caused by chronic anxiety.

### The Stars Say --

By Genevieve Kemble

For Tuesday, December 6

THROUGH a policy of conciliation, cooperation, clever tactics and difficult state of affairs may be composed with ultimate triumph the climax. This difficult situation, of rancor, turmoil and perhaps harsh words or more physical encounter, is primarily the result of a too eager or feverish attack on problems, by "flying off the handle" when calmness, strategem, and placating the opposition are the best weapons, thus winning the tangible support of higher-ups.

For the Birthday

Those whose birthday it is, are likely to blunder themselves into a difficult situation, with turmoil, strife, vindictive and resentful reactions, in which promising conditions are uselessly thrown overboard. A policy of compromise, conciliation, and the use of tact or clever strategies, could win out against all menace, and win the hearty and material support of those ready to help promote important projects when level heads not reckless hands, are visible. Unusual prospects crown considered ideals, even exceptional ideas.

A child born on this day has splendid prospects if it be properly trained and disciplined in its tendency to blunder and crash into difficulties. Its innate ideals and ideas need development.

fresh for several days if one has no immediate use for them?  
A. Place them in cold water and keep in a dark, cool place.

### Bride Teaches Economy Mother Food

There was a time when mothers watched their newly married daughters with a look of horror, at what they called unwarranted extravagance. The shoe was on the other foot recently when a young bride, helping her mother prepare a meal, shrieked, "Don't pour the juice of the salmon, Mom! Didn't you know that you should never waste either the juice or the bone? They supply Vitamin D, calcium and phosphorus. I always save the juice to add to fish sauces, chowders and all kinds of salmon dishes. It's extravagant to sacrifice food value."

Amusing to think of the young telling the old how to save . . . and being right about it. For it is a fact that the nutrition value of salmon has fast gained it a rating among the best body-building foods available.

Keenly enjoyed by everyone for its fresh flavor and zesty fat, canned salmon is a favorite in every household. Because there is no waste, it is an inexpensive food, to be used as readily for home meals as for party entertaining.

Each one of the recipes following is a "smash hit" with young or old.

#### BAKED SALMON FLUFF

2 cups flaked, canned salmon  
2 cups medium white sauce  
Salt and pepper to taste  
Dry mustard.  
Worcestershire sauce.  
4 egg whites, beaten.  
Stir salmon into seasoned white sauce. Fold in egg whites. Pour into buttered baking dish. Set in pan of hot water. Cook in moderate oven (350 degrees F.) about 45 minutes.

#### CANADIAN SALMON AND PINEAPPLE

1/2 cup pineapple, cubed or tidbits.  
2 cups flaked canned salmon.  
1/2 tsp. cream or top milk.  
Salt and pepper.  
1 beaten egg.  
Dash of paprika.  
1 cup mashed potatoes  
2 tbsps. milk.  
Grated Canadian Cheese.

Line a greased casserole with the drained pineapple. Mix the salmon with cream, season and add to casserole. Mix the potatoes with the egg, milk and paprika and pile on the salmon. Bake in a moderate oven (350 deg. F.) for 20 minutes. Top with grated Canadian cheese, return to oven and brown.

#### SALMON CHOPS

1 can Salmon  
4 shredded wheat biscuits, rolled  
2 eggs, beaten.  
Salt and pepper.

Mix well and form in oblong shapes, like chops. Stick a piece of macaroni in the end of each. Dust with flour and fry in hot butter or lard.

#### SALMON EN CASSEROLE

1 cup rice (brown rice, preferably)  
1 lb. of Canadian salmon.  
2 eggs.  
1 tbs. butter.  
1/2 cup milk.  
Pinch of salt.

Cook rice and when cold, line baking dish with it. Flake salmon. Beat eggs and add milk, butter and salt. Stir mixture into salmon lightly and pour into baking dish. Cover all with a little of the rice and steam one hour. Serve with tomato juice or white sauce.

#### SALMON ROLL

2 cups flour.  
4 teaspoons baking powder  
1/2 teaspoon salt.  
4 tablespoons shortening.  
1 egg.  
1 cup milk.  
1 large tin salmon.  
4 tablespoons milk.  
2 tablespoons lemon juice.  
2 teaspoons scraped onion.  
1 1/2 tablespoons chopped parsley.  
Sift together flour, salt, and

### Morning Smile

OBLIGING

The works welfare committee had decided to found a band and those wishing to join were instructed to complete a form, giving name, department, and instrument preferred, and deposit it in a box in the lodge. In due course the welfare official collected the forms and, after classifying them, went to interview the blacksmith.

"I see that you prefer the cornet," he said. "Have you any particular qualifications?"  
"No," said the blacksmith, "but I could put in a good bit of practice."

### Modern Etiquette

By Roberta Leo

Q. It is customary for a woman to shake hands when she is being introduced to another woman?

A. This is optional, but she can show more sincere pleasure over the introduction if she does offer her hand. And under no circumstances must she show hesitation if the other woman offers her hand first.

Q. If no individual butter knife is provided at the dinner table, should the meat knife be used for this purpose?

A. For spreading butter on bread, yes. But when one is putting butter on potatoes or vegetables, then the fork should be used.

Q. When a man and a woman are to be married, and both are living in a distant city, should the announcements be sent from that city or from the home of the bride?

A. Wedding announcements should be sent in the name and from the home of the bride's nearest relatives.

baking powder, add shortening and mix well. Beat egg lightly in measuring cup, add milk to make 2 cups, add to first mixture and mix. Roll out on floured board a sheet 8" long and 1/4" thick. Mix other ingredients and spread evenly on dough, roll up like jelly roll, bake on sheet in hot oven 470 degrees F., 20-30 minutes. Remove in slices with hot egg sauce. Serves eight.

Egg Sauce: To 2 cups medium white sauce add 2 hard-cooked eggs chopped and, if desired, a "little" chopped parsley.

### When your BACK ACHES...

Backache is often caused by lazy kidney action. When kidneys get out of order excess acids and poisons remain in the system. Then backache, headache, rheumatic pain, dizziness or that tired out feeling may working properly—use Dodd's Kidney Pills. Time-tested, popular, safe, non-habit-forming. Demand Dodd's Kidney Pills, in the blue box with the red band. Sold everywhere. 125

### Dodd's Kidney Pills

#### TABLECLOTH AND NAPKINS

Lace Tablecloths will hang evenly after laundering if care is taken to match the corners evenly and it is ironed with the grain of the material. Be careful not to pull the cloth out of shape by heavy pressing.

Curled Feathers  
Ostrich feathers may be curled by sprinkling them with salt and shaking them in front of a hot fire or over a radiator.

### Needlecraft

— FOR THE HOME —

#### CLEVER MIXERS

One way to magnify your wardrobe and multiply its possibilities . . . add these double-breasted weskits and a slimming double-pleated skirt. All one pattern.  
No. 3098 is cut in sizes 10, 12, 14, 16, 18, 20. Size 16 skirt, 1 1/2 yards 54-inch; sleeved weskite, 1 1/4 yards 54-inch.  
Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.  
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### FOR CHEST COLDS

GENTLE RELIEF with BUCKLEY'S  
Faster Penetrating WHITE RUB

### THE MIGRANTS

Now with this little while of tranquil weather  
The swallows rise in chattering crowds together,  
Prepared, alert to leave Gardens that grieve.

The swallows go, and with them now my heart  
Raises itself, as ready to depart—  
Eager to seek the rose  
Where no wind blows.

—Audrey Alexandra Brown.

Keeping company with coat-and-dress fashions are cape-and-dress costumes, some of the newest capes inspired by the graceful Roman toga. Loose and cape-shaped in back, the fronts of these wraps give a jacket or open coat effect. In either case, much of the dress beneath shows to pretty advantage.

Among the smartest and most practical coat-and-dress ensembles are those teaming a two-thirds-length or three-quarter boxy top with a slim line dress. Some of these coats are fasten-less, some held together with a belt, and others buttoned double-breasted. One such ensemble combines a wrist-length coat of dark rose tweed with tuxedo front and a slender sheer wool dress of the same tone. Quite different and yet similar in silhouette is another costume—a taupe velveteen fingertip jacket cut something like a pea-jacket with a one-piece bodice in the velveteen and straight skirt in matching color wool jersey. Jersey also lines the coat.

Also plentiful in New York collections is the street length coat and harmonizing dress. Coats come in such materials as fleece, velveteen, chinchilla and cover; dresses in worsted, wool jersey, plaid or thin wool. Sometimes the coloring of both coat and dress match, as in a cape-collared oxford-tweed fleece coat with the same shade of worsted dress. Again, the coat may be in a sharply contrasting shade but lined to tone with the dress. For example, a costume pairs a soft green wool coat lined in dark green crepe like the accompanying shirtwaist dress.

Regardless of what type of coat-and-dress any fashion-conscious woman chooses, she's a jump

### Household Scrapbook

By Roberta Leo

To avoid colds observe the following: Get plenty of sleep and bathe frequently. Drink five or six glasses of water daily. Keep away from persons who have colds. Avoid wet feet and dress according to the weather. Keep the kidneys and bowels in good working order. If your nose begins to run or you have a sore throat take a teaspoon of baking soda in a glass of water three times a day and add more orange juice and milk to your diet.

### HEALTH BREAD

One cup quick oats, 1 cup bran, 1/2 cup brown sugar, 2 teaspoons salt, 4 tablespoons shortening, 4 cups boiling water. Put all together, let this mixture stand until cool. Then mix 2 yeast cakes with 1 cup warm water, 1 tablespoon sugar and 1 teaspoon salt, let stand while the mixture is cooling then add all together, then work in 8 cups flour, let rise until light, form into loaves until light, bake in moderate oven 1 1/2 hours, this makes three or four loaves of bread.

### SKIN IRRITATIONS

PROMPT RELIEF from itching, chafing and chapping with CUTICURA SOAP and CUTICURA OINTMENT

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ahead in her wardrobe planning when she buys such a costume. She saves time that may then be spent on accessories to go along, and she is also apt to save herself the sometimes-inevitable error of getting a coat that clashes in color with her basic dress or suit.

Camouflaging the eyesores in an old house need not be expensive. Try it yourself and see what fun it can be.

Exposed radiators and uneven windows seem to be the most frequent eyesores in older homes. But you can disguise the radiators by building a simple box to cover them.

The most practical kind of a radiator box extends along the entire wall. Part of it covers the radiator and the other part becomes a bookcase or storage drawer.

As for the unsightly windows, venetian or bamboo blinds alone can do wonders.

Exposed plumbing may not bother you. But it can be the perfect excuse to enclose your washbasin with built-in cabinets.

### Better English

By D. C. Williams

1. What is wrong with this sentence? "Neither you or I ever goes there."  
2. What is the correct pronunciation of "agrees"?  
3. Which one of these words is misspelled? Coherency, bankdupey, ascendancy, truancy.  
4. What does the word "temporal" mean?  
5. What is a word beginning with "cot" that means "to agree"?

1. Say, "Neither you nor I ever go there." 2. Pronounce "agrees" as in "fin" (not as in "fine"), as in "agree" as in here, accent last syllable. 3. Bankruptcy, 4. Limited by time. 5. Temporal, but the thing which are not seen are eternal.—II Corinthians. 5. Coincide.

### Cook's Corner

#### SCOTCH POTATO SCONES

Made in a few minutes. Flap mashed potatoes, flour, a little salt to mashed potatoes and turn on to baking board. Add flour till you make a dough which will roll out. Roll out very thinly, cut into rounds, and prick over top with a fork. Bake on hot plate for 5 minutes turning when half cooked.

#### HEALTH BREAD

One cup quick oats, 1 cup bran, 1/2 cup brown sugar, 2 teaspoons salt, 4 tablespoons shortening, 4 cups boiling water. Put all together, let this mixture stand until cool. Then mix 2 yeast cakes with 1 cup warm water, 1 tablespoon sugar and 1 teaspoon salt, let stand while the mixture is cooling then add all together, then work in 8 cups flour, let rise until light, form into loaves until light, bake in moderate oven 1 1/2 hours, this makes three or four loaves of bread.

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SHANGRI-LA BIRTHDAY — Honeymooning at Sea Island, Ga. Vice-President and Mrs. Alben Barkley take him out to celebrate the Veep's birthday. Barkley turned 72 while staying at the resort, which he called "Shangri-La" when he took his bride there for the honeymoon.

