

## British Cough Cure

Will relieve your cough in a short time—you will feel relieved after the first dose. This is an old and well tried remedy and never fails to do good 25c bottle.

### E. A Foster

Central Druggist

### WHY PRODUCE GOES BAD

Dead Products Commence Decaying Quickly and Naturally

Professor C. H. Lee of Manitoba Agricultural College writes as follows: The practice of preserving food for future use is as old as the human race itself. In fact, the lower animals in many cases still instinctively set aside their surplus against a day of scarcity. The honey bee is a marvel in this respect. Their system of concentrating, canning and capping is so perfect that they seldom lose their summer's pack. The dog, too, instinctively buries his surplus bone and hopes to return to find it mellow and appetizing, and in this much the same way as his pioneer Western master may have buried his pemmican or his Eastern mistress her jars of maple syrup.

There is a science underneath this food preservation and the enormous advance which man has made in methods of saving good food for future use has been made by building the process on a scientific basis. Science itself is useless in this respect if not applied. The art of doing what science demands is all important. Woe is the day when the pantry shows that the meat has spoiled, the milk goes sour, the butter rancid, the eggs rotten and the fruit which was so faithfully "put down" refuses to stay down, while the peas which you "put up" likewise refuse to remain in the condition in which you think you put them. In a word, they have all "gone bad."

This going bad is simply going in the way that nature intended. Just so soon as any agency interferes with the life cycle of either plant or animal matter to the extent that it dies, immediately that material becomes defenceless and in the natural process it forms the food for other living things, or in other words it decays. "Dust thou art to dust thou returnest," was certainly spoken of all dead animal and vegetable matter. If the peas above had been allowed to ripen nature would have preserved them in her own way by keeping them alive and that for 10 years or more. The potato likewise fights off the foe of decay so long as it remains alive, but freeze it to death and it soon becomes a putrid mass.

### JOHN STANFIELD'S RESIGNATION

OTTAWA, Jan. 5.—The resignation of John Stanfield, M. P., chief Conservative whip, has not reached the Speaker.

## Flour

In stock at our Seed Warehouse several hundred barrels best brands

Flour, in barrels and 49 and 24 lb. bags, which must be cleared cut at once to make room for cars of seed and grain now on the way, our prices will be found the lowest in the City. Barrels and Bags all sizes.

"Robin Hood" Flour is the best Flour on the Market made from No. 1 Hard Manitoba wheat, makes from 10 to 15 loaves more bread to the barrel than any other brand. Try a barrel you will like it and use no other.

### Carter & Co. Ltd

## UCH! ACID STOMACH, SOURNESS, HEARTBURN, GAS OR INDIGESTION

### THE MOMENT "PAPE'S DIAPEPAIN" REACHES THE STOMACH ALL DISTRESS GOES.

Do some foods you eat hit back—taste good, but work badly; ferment into gassy stomach? Now, Mr. or Mrs. Dyspeptic, jot this down; Pape's Diapepain digests everything, leaving nothing to sour and upset you. There never was anything so safely quick so certainly effective. No difference how madly your stomach is disordered you will get happy relief in five minutes but what pleases you most is that it strengthens and regulates your stomach so you can eat your favorite foods without fear.

Most remedies give you relief sometimes—they are slow, but not sure. "Pape's Diapepain" is quick, positive and puts your stomach in a healthy condition so the misery won't come back.

You feel different as soon as "Pape's Diapepain" comes in contact with the stomach—distress just vanishes—your stomach gets sweet; no gases, no belching, no eruptions of undigested food, your head clears and you feel fine.

Go now, make the best investment you ever made, by getting a large fifty-cent case of Pape's Diapepain from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder.

### Could Use His Fists Well

Here is an interesting excerpt from a recent list of British officers receiving the D.S.O. for gallantry: "Capt. John Macrae, 1st Seaforth Highlanders—For conspicuous gallantry. He took command of his battalion at a critical moment when all the senior officers had become casualties, and by his coolness and energy saved a critical situation. At one time in the darkness he fell into the hands of the enemy, but escaped by the use of his fists."

### Ex-Aviator Jailed

E. C. W. Middleton, who was a British aviator and after being invalided out of the service became a newspaper reporter, has been thrown into jail for going to Dover and discussing the British air service with former comrades. He was trying to get material for an article in the Daily Mail, which was criticizing the Government for slackness in expanding the air defenses of England.

## CIVIL SERVICE HEROES

Farmer Wants Them Forced to Enlist, Also Waiters

"A Farmer" writes to the Ottawa Journal as follows: "Permit me to evocate a little of my indignation which has been simmering ever since my last visit to Toronto, and now boiling to overflow on my visit to your city, the handsome Capital of our glorious Dominion. What aroused my indignation in Toronto was to see with my own eyes the large hotels employing men waiters who should be either in military service or relieving the shortage in farm labor. I also visited the Provincial Parliament buildings and found the Civil Service filled with young men who ought to have been forced to enlist and their places filled with young women and elderly married men. I leave Toronto for Ottawa, to bid farewell to the last of my sons and only grandson who were passing through this city on their way to the bloody trenches at the front. And during my waiting hours I look into the dining rooms of your palatial hotels and see hundreds of young men filling women's places. Shame on them not responding to their country's call in its hour of dire need. Shame on the hotel proprietors harboring them.

But the boiling point is reached when I visit the Government departments and see hundreds—nay, thousands—of young men (who should be enlisting), harbored by the Government who have been calling upon the farmers to give up their sons to fight their country's enemies. This state of things is easily remedied and should be done so at once. In case of hotels, let travellers refuse to become guests of hotels that employed men waiters, and let the Government substitute women in the Civil Service. While I am on the subject, let me make another proposition in the interest of recruiting, namely: That the public should refuse to buy or read a newspaper that uses its columns in giving publicity to those frauds on real sport, such as baseball, lacrosse, etc., until the war is over, and let their members find their base or goal on the bloody fields of Belgium."

## NATIONAL SERVICE

To the Men of Prince Edward Island.

For the first time in our history an appeal is being made to the manhood of this Province to place their human energy at the disposal of the state for war purposes. A grave situation must be faced seriously. Hitherto during the course of this frightful conflict we have been content to let other men do most of the fighting, and to let other parts of the Empire pay most of the bills. The call from the front is insistent for men, and more men, and now that call comes to us stronger than ever before to give our man power and other available resources to "National Service."

We all know that the British Empire and its Allies are quite equal to the task before them, but what we do not appear to realize is the urgent need of mobilizing our men and material in order to strike such a blow as will effectively proclaim our strength to the whole world—the only way of securing a permanent peace.

The National Service Board of Canada has been charged with the duty of making a complete enrolment of the male population between the age of sixteen and sixty-five. For this purpose the present week has been specially named as "National Service Week," during which cards will be placed in your hands on which you are required to give such information as will enable the country's position in relation to this great struggle to be accurately judged. You are asked to give this information voluntarily, to fill out the answers to ALL questions on the card correctly, and to return it promptly. This is the duty of every man NOW. In performing this duty you do not take upon yourself any further obligation. There is no more law to compel any man to serve his

country after filling in this card than there was before. It is simply a stock taking, such as all good business men practice at this season of the year. But bear in mind that the nation which has always given one hundred per cent protection to our lives and property, free of all cost to us, should be entitled to have both man power and material resources placed at her service in the hour of need.

National service does not necessarily mean active service overseas, though that is the highest form it can take at this time. Food and ammunition for the men at the front is just as essential as the men themselves. Consequently a man may "do his bit," just as effectively at home as he could by going to the front. The whole national service idea is that men and women shall volunteer to serve the state in whatever capacity their services may be valuable in this emergency.

The appeal is now urgently made to every man regarding the National Service enrolment as outlined above. Let Prince Edward Island's response be such as will place this Province in the lead with regard to it. Don't allow any consideration whatever to prevent you from having your card duly completed and returned this week, and don't fail to offer for service of some sort when making the return. Thus will your immediate duty to the nation be most acceptably performed.

If by any chance your card should not reach you, see or write your nearest postmaster who will supply you.

J. A. McDONALD,  
Director National Service for P. E. Island.

### GOOD PLANTING ORDERED IN CITY PARKS OF ITALY

ROME, Jan. 6.—Instructions were issued by the Minister of Agriculture today to the prefects of the departments to increase the food supply of the country by cultivating public ground, including the city parks, using forestry employees for the purpose. In Genoa wheat and potatoes already have been planted in vacant lands.

The "Nuova Antologia" says that all Italians should begin the year by adopting the system of thorough food mastication as an aid to solving the food problem.

### STOCK QUOTATIONS

(Special to the Guardian.)  
HALIFAX, N. S., Jan. 6.—(Quotations furnished by F. B. McCurdy & Co., stock and bond brokers, members Montreal Stock Exchange, McCurdy Building, Halifax, N. S.)

	Friday	Saturday
Atchison	106 1/2	105 1/2

## Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS

Bears the Signature of *Chas. H. Fletcher*

### In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

A. C. M.	27 1/2	S. P.	108 1/2	97
A. F.	67	S. T. U.	106	106 1/2
Am Loco	76 1/2	U. S. Steel	110 1/2	110 1/2
Anaconda	82 1/2	Union Pac	143 1/2	143 1/2
Am S & R	108	U. T.	100	100 1/2
Can Pac	158			
Can	103			
Crucible Steel	62			
M. F. Ct.	84 1/2			
Mex Nor Power	103			
Prs.	75 1/2			
Reading	101 1/2			

CHIMMIE KNEW.  
Teacher—Now, James, who was Robinson Crusoe?  
Chimmie—He was de guy wot got a long term on de island.

## Free Hemming Our January Linen Sale Commences Tuesday Next, Jany. 9th

Splendid stocks to choose from—all the old reliable makes at only slightly higher prices than the good old days before the war. Prices on all kinds of household linens and cottons are specially reduced during the sale. Make out your lists—come early.

### Roller Towelings

Dark heavy crash worth 14c for.....10c  
Dark heavy crash worth 15c for 12 1-2c  
White linen crash worth 16c for.....13c

### CHECK GLASS TOWELINGS

24 inch glass towelings worth 15c for 12c  
24 inch union towelings worth 17c 14 1-2c  
24 inch linen towelings worth 18c 15 1-2c

### BATH TOWELS

Colored bath towels worth 28c pr. for 22c  
" " " " 50c pr. for 40c  
" " " " 70c pr. for 58c  
" " " " 75c pr. for 60c  
" " " " 80c pr. for 64c  
" " " " 1.00 pr. for 80c  
White bath towels worth 22c pr. for 18c  
" " " " 40c pr. for 32c  
" " " " 64c pr. for 52c  
" " " " 90c pr. for 72c  
" " " " 1.00 pr. for 80c

### LINEN TOWELS

Linen towels are so scarce that very few factories have any to offer. We have a good supply on hand however for this sale at from.....18c to 1.50 pr.

Special See our linen huck tow 24c  
els at per pair .....

### ENGLISH PILLOW COTTONS

Every good made and quality is fully represented. Same old reliable qualities.

42 inch circular pillow cotton worth 35c for .....28c  
42 inch circular pillow cotton worth 38c for .....31c  
42 inch circular pillow cotton worth 40c for .....32c  
42 inch circular pillow cotton worth 50c for .....40c

### UNBLEACHED SHEETING

In these you secure extra quality for your money and they will quickly bleach

72 in. heavy unbleached worth 38c for 31c  
" " " " 40c for 32c  
" " " " 42c for 34c  
" " " " 50c for 40c

### Extra Special 42 inch circular pillow cotton superior quality—smooth even make free from dressing. Worth 35c yard Extra special at .....24c

44 inch circular pillow cotton worth 40c for .....32c  
44 inch circular pillow cotton worth 42c for .....34c  
44 inch circular pillow cotton worth 45c for .....36c

### Extra Social 72 inch extra quality unbleached sheeting—close even weave—worth 42c yard Extra special during sale .....33c

46 inch circular pillow cotton worth 45c for .....36c  
46 inch circular pillow cotton worth 50c for .....40c  
46 inch circular pillow cotton worth 52c for .....42c

Free Hemming During the Sale

## Bleached & Unbleached Tablings

When you consider that table linens have been practically unobtainable for nearly a year, the values we are offering are simply remarkable.

Special at from 28c to \$2.00 per yard

## Beer & Weeks

LINEN DEPT. 5th FLOOR  
"Take the Elevator"

10c 1000 yds 15c yard 10c  
wide longcloth at

Here is a wonderful value which will remain open until the lot is sold. After that we cannot duplicate it. Our special price is less than the factory price today—need we say more.