

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure The Woman's Realm

Work thou for pleasure—paint, or sing, or carve
The thing thou lovest, though the body starve—
Who works for gory misses off the goal;
Who works for money coins his very soul;
Who works for the work's sake, then, and it may be
That these things shall be added unto thee.

—Kenyon Cox

TAKE A TIP

For economy and variety, meat can be replaced once or twice a week by cheese, eggs, dried peas, beans or lentil dishes.

When oven is in use, plan meals so as to utilize the heat for as many dishes as possible.

One-half tsp. salt is sufficient to season 2 cups of vegetables, flour mixtures, etc.

One tbsp. flour thickens liquid as 1-2 tsp. cornstarch or 1 egg.

When using liquids such as sour milk, buttermilk, molasses, etc., add acid in the proportion of 1-2 tsp. to 1 cup sour milk or buttermilk, or 1 tsp. to 1 cup molasses.

SNOWDROP LEGEND IS ANCIENT

The legend of the Snowdrop is one that dates back to the Garden of Eden. Little Snowdrop was created from flakes of snow—snowdrops—to cheer Eve when she was sent from the Garden of Eden. The angels heard Eve crying, and felt sorry for her, and sent her these little drops of snow to comfort her.

When the drops of snow touched the earth they were changed to flowers. The little touch of green is a sign that after winter Spring will come and there will be no more snow. In the month of February the Little Fair Maids of February began the work of leaving their heads in humility.

HINTS ON ETIQUETTE

If you are giving a party and the guests are having a fine time just visiting, listening to music, etc., don't disturb them in order to introduce games or other activities you had planned. Wait until things seem quiet and there is need of something new added. The idea of entertaining is to give your guests a good time.

WOMEN AND SECRETS

Who said women can't keep a secret? Well, more than 1,000 of them kept quiet for years about one of Britain's most vital secrets—radio-location. Sir Robert Watson-Watt, inventor, disclosed today in London, England, there were three steamships on his staff a decade ago when he started his experiments and gradually he let more and more in on the work until, shortly before the war, more than 1,000 knew the details. "I have never known any to reveal the secret," he said, "or even to give the slightest indication there is a secret to reveal."

HATS TO STAY ON THE HEAD FOR SPRING

Fashions for Spring, 1943 (framed), visualized by the three famous hat designers, Lilly Dache, John Frederick and Sally Victor, were presented at the fashion press (feathered) and bunched in fur yesterday in the Louis XVI Room of the St. Regis Hotel.

The designing triumvirate suggested infectious hats as an escape from present-day stress but "birth-day cake" hats were noticeably absent from the collection. Instead the perky bonnets, young sailors and new one-piece hats proved thoroughly wearable and will probably stay on the head.

MITTENS WITH A FRINGE



DESIGN NO. 1233

The girls of the teen age will be delighted to own these adorable mittens crocheted of one color and the fringe is made of two colors. They are ideal for sportswear. Pattern No. 1233 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

Needlework Department, Charlottetown Guardian

Design No. 1233

NAME _____

CITY _____ PROVINCE _____

STREET ADDRESS _____

A Job Only You Can Do

Price Control Questions
And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are prepared by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q Is \$40 too much to pay for a large unheated room furnished for three adults in a good residential district?

A—If you think this rent is higher than that charged for similar accommodation in the same locality Oct. 11, 1941, you should make application for reduction at your local rentals office of the Wartime Prices and Trade Board.

Q I didn't need to surrender coupons 1 and 2 before their expiry date, January 3 and I now wish to cash 3 and 4 before they expire on January 17. What will I do with the first two?

A Take them out of your ration book and destroy them.

Q My two children both require glasses. Do the consumer credit regulations prevent me buying them on the installment plan?

A No. Such aids to eyesight are exempt from the consumer credit regulations.

A Morning Smile

"Don't they teach you to salute in your company?" roared the major to Patrick Malone, who had passed him without raising his hand.

"Yes, sir," replied Pat.

"Then why don't you salute?"

"Well, sir," Pat replied, "I didn't want to attract more attention than necessary, because I'm not supposed to be out without a pass."

Home Service

Fun to Reduce on Low-Calorie Diet



300 CALS
290 CALS
100S 65+ 25-

BAKED HAM AND PINEAPPLE AND BEANS
STRING BEANS AND POTATO

"Fewer Calories—More Food"

If you could only see yourself as you'll look after the low-calorie diet slim as a willow and years younger.

It would be worth it even if you had to go hungry a while, but you lose two pounds a week without skipping a meal, a course or a vitamin!

You just avoid dishes that are dynamic in calories. A good serving of pork and beans has 400! But a whole lunch may have less—ham (100), buttered string-beans (65), baked potato (100), fresh pineapple (25). Only 260 calories in all.

You may even have desserts. A chocolate fudge sundae (450) is out, but lemon ice has only 100.

It's easy to keep your good resolutions as you see your new slim figure emerging. Also your property-planned diet has the vitamins foods that make you prettier each day—carrots (20 each), egg (70).

Our 32-page booklet has 48 low-calorie menus, tasty and scientifically planned. Includes a calorie chart, a 3-day liquid diet to start reducing.

Send like in coins for your copy of "The New Way To a Youthful Figure" to the Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

Name _____

Street Address _____

City _____

Province _____

Here's Welcome Relief From ACUTE CATARRH

Put a few drops of Va-tro-nol up each nostril and feel it go to work right where catarrh misery is... bringing quick soothing relief from mucus and misery.



VA-TRO-NOL

SAVE YOUR CLOTHES IN WARTIME with OXYDOL



It washes so clean, clothes come WHITE WITHOUT BLEACHING CLEAN WITHOUT HARD RUBBING

SURE! WE OXYDOL HUSTLE-BUBBLE SUDS WASH WHITE WITHOUT BLEACHING

YES! WE LIFT OUT THE DIRT FOR YOU

AND OXYDOL'S SAFE FOR COLORS AND RAYONS, TOO

SPARKLING WHITE BY RICH SUDSING ACTION ALONE

Yes! Sparkling washes NOW just with rich, safe, washing action — NO HARD RUBBING OR LONG WASHER RUNS!

Let the livelier, harder-working "Hustle-Bubble" suds in OXYDOL today get your wash white without bleaching. Yes, except for some unusual stains—so white it's hard to believe you haven't used a bleach.

Every ounce of the new Oxydol is richer in washing power. It gets more dirt—lifts it out in a gentle way, so easy on clothes.

These bustling, active suds bring your wash so white and clean you just don't need hard rubbing. And you don't need those long, punishing runs in the washer! Actually, you can save as much as 1/2 of washer running time you need with poorer soap!

So change to OXYDOL—the last word in laundry soap. It's so kind to your clothes—safe for lovely colored washables and rayons. Made in Canada.

OXYDOL is Famous for Washing WHITE WITHOUT BLEACHING

Girl On His Hands

By JOSEPH CHADWICK

CHAPTER XVI

Stephen Mitchell looked from John to Virginia and scowled. Their barbed exchange of words had been lost on him. He saw plainly that there was tension between them.

"See here," he said gruffly, "young people like you shouldn't be out at night. You're old enough to know that you're in a bad way. Why don't you kiss and make up?"

Virginia kneeled, she had a weapon that could hurt John. Ridicule. She used it now.

"I really don't think Johnny would want to kiss me. Would you Johnny?" She smiled sweetly.

He said nothing. He stared at his cigarette.

Mitchell made an impatient gesture. "Giddy, forget Rio! I'm to blame for whatever happened down there. I sent John there. Now, I want you two to be friends. I can't have two people I'm fond of scrapping!"

"Well, if Johnny will kiss and make up," Virginia said.

John shot her an angry look. "Don't be ridiculous!"

"It's still ridiculous!" Virginia turned eyes, wide with simulated astonishment, upon her uncle. "Since when, Uncle Steve, do you permit people to talk like this about you?"

He didn't answer. Looking thoroughly annoyed, he lighted a cigar clamped hard between his teeth.

After a moment, he turned to John and said, "Come out to the house for dinner tonight. There are some things I want to talk over with you."

Virginia touched his arm. "No business tonight. You promised to take me to the dance at the Country Club."

"Oh, that's right. Well, John can come along."

"But he probably doesn't want to come along, since he seems to have such an aversion to me. Oh, I know! He can bring his pretty secretary. Invite the lady too, Uncle Steve."

"Sure," Mitchell said. "Bring Miss Jordan along, John."

He wasn't being very astute. He had seen the annoyance on the young man's face.

That afternoon, when John returned to his office from his conference over in the machine shop, Harriet told him that Mitchell had phoned and wanted to see him. He went to the Old Man's office at once.

Mitchell came right to the point. "Look, John, I'm still trying to get Virginia's mind off that Argentinean. She's trying to hide it, but I can see she's still brooding. I can't do much alone, and I need help. Now, if you could only manage to patch up your quarrel with her and see something of her from time to time, I think you'd be a good influence."

John made an angry gesture. "Do you actually believe a girl, twenty-three years old needs to be coddled along as though she were a child?"

"Virginia does. She's had a bad influence going her too long. Her

father, I mean. She's as spoiled as a child."

"Well, I can't think of a single way I can influence her," Mitchell frowned. "Why do you dislike her so? I suppose she gave you good reason?"

"The best," John said.

"Well, don't ask any questions you don't want to answer. But you will come to the dance tonight, won't you?"

"If you insist."

"I'd like to. You should mix with the people you'll meet there. You'll have a social life to keep up, now that you're climbing in business."

"Very well," John said. "I'll come."

He left in an unpleasant frame of mind. He was also a little worried. He wondered whether he had been too outspoken.

Harriet was busy typing when he entered his own office.

"The typewriter went abruptly silent," Harriet's eyes seemed to light up.

"Why, no?"

"Would you like to go to a dance at the Country Club?"

"Yes—of course," John said shortly. "You see, Mr. Mitchell thinks I should go because of the contacts I could make there, and he suggested I bring you."

He saw Harriet's face fall, but he was in no mood to analyze her reactions. It didn't occur to him until much later that his invitation had been put very tactlessly.

"Sure," Harriet said. "I've never been to the Country Club. It might be fun. Yes, I'd like to go—I'd like very much to go."

"Good! Call for you at eight o'clock. We're to go with Mr. Mitchell and his niece."

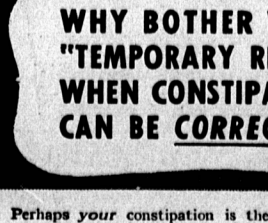
A few minutes before five o'clock, just as John was about to leave his office, he received a callgram. It was from Bert Mason in Rio de Janeiro.

Your Argentinean friend aboard S. S. Aurora on way to United States.

The message gave John a jolt, for he felt sure Monteros was coming to see Virginia. He had thought he'd disposed of the fellow for good, but evidently he hadn't. Everything he had accomplished in Rio might be undone.

He paced back and forth, frowning.

WHY BOTHER WITH "TEMPORARY RELIEF" WHEN CONSTIPATION CAN BE CORRECTED?



Perhaps your constipation is the common type due to lack of the right kind of "bulk" in the diet. If so, how much more sensible it is to try to correct it, rather than to rely on harsh cathartics that bring only temporary relief!

ALL-BRAN'S ALL-BRAN, a nut-sweet, delicious cereal, supplies the proper "bulk" to help you keep regular. Eat ALL-BRAN every day, and drink plenty of water. See how this "Better Way" to treat constipation makes your old "troubles" disappear! But, remember, ALL-BRAN doesn't work like purgatives... it takes time.

Ask your grocer for KELLOGG'S ALL-BRAN today. In two convenient sizes. Or get it in individual serving packages at restaurants. Made by Kellogg's in London, Can.

THE COOK'S CORNER

OLD-FASHIONED CHOCOLATE LAYER CAKE

One-half cup shortening, 1 cup light corn syrup, 1-4 cup honey, 2 cups flour, 1-4 teaspoon salt, 2 teaspoons baking powder, 1-2 cup milk, 3 eggs, melt shortening, mix thoroughly with corn syrup and honey. Sift flour, salt and baking powder and add alternately with milk. Fold in stiffly beaten eggs whites. Bake in 2 layers in moderate oven of 350 deg. Fahr. for 25 to 30 minutes.

Filling: One cup milk, 4 squares chocolate, 1 cup maple syrup for 1-2 cup honey, 4 tablespoons flour, 1-2 cup water. Cook chocolate and milk in top of double boiler until very thick. Add maple syrup and continue cooking until mixture is smooth. Dissolve flour in water and add to chocolate mixture. Continue cooking until mixture thickens again. Cool and spread between layers, on top and sides.

SEVEN MINUTE CABBAGE

1 quart (about 1-2 small heads) finely shredded cabbage, 1-2 teaspoon salt, 2 tablepoons butter, 1 teaspoon lemon juice.

Put in 2 cups of boiling water (about 1 cup) to which salt has been added.

Cover and cook for 7 minutes. Drain and serve with melted butter to which lemon juice has been added.

Sprinkle with paprika. Serves 4

Dorothy Dix Says—

EMOTIONS MISTAKEN FOR LOVE BRING DIVORCES; HEART ACHES

When Soul Kisses, Petting Succumb To Daily Grind, Married Folks Get Real Test

One of the curious things about love is that it is so difficult for us to distinguish our own passions and whether we are suffering from a chronic cardiac condition, or have merely a slight attack of heart burn that a dose of bicarbonate will relieve. That millions of men and women guess wrong is amply proven by the divorce statistics, yet they had all the symptoms, the thrills, the palpitations, the hot and cold flashes, the gone feeling that are popularly believed to be signs of love.

They honestly thought that they were in love when they married, but so many of them found out that what they believed was a deathless passion was only a passing fancy, that it is no wonder that the prudent and hard-boiled youngsters of today ask for some reliable method of testing their own emotions to determine whether they feel for some little quites or some real thing in love or not.

And, alas, there is none to answer their question. No one can tell why love comes, nor how long it will last, nor when it will go, nor why. We only know what the sight of a girl's face will set a boy's pulse to racing one day and the next day it will drop back to normal, and that a girl will see a boy as a Fairy Prince for a week and then behold in him nothing but a grocery clerk ever after.

NATURE'S MYSTERY OFTEN CAUSES SADNESS

This is one of the insoluble mysteries of Nature, and there is nothing sadder than the fact that almost all men and women marry because they think they cannot live without each other, and so many of them find that they cannot live with each other.

But if men and women find it so hard to tell before marriage whether they are in love with each other or not, it is even more difficult for them to tell after marriage whether they have fallen out of love with each other. And, curiously enough, in both cases they apply the thrill test, and when they cease to palpitate over the sound of a footstep, they are united by no longer in love with the wives or husbands to whom they are united by years of comradeship, mutual interests, memories and all the things that tie a man and woman closest together.

It is incredible but true that the great majority of husbands and wives seem to be unprepared for the inevitable slump that comes after marriage, which is nothing but the reaction from the strain of courtship and trying to live and act like cinema heroes and heroines instead of normal human beings.

Apparently they expect to go on living forever at high tension, with the husband always playing the great lover and pressing burning kisses upon his wife's lips, and for the wife to always be a glamorous creature, trailing around in pink chiffons and practicing all the arts and coquetties of a siren to keep him enthralled.

The wife forgets that when a man comes home tired and worn and hungry, with his nerves out to fiddle fiddle with the worries of the day he is in no mood for romantic dalliance. The husband does not take into consideration that being up with a sick baby is no beauty cure for a woman, and that after cooking three square meals a day for her family she naturally smells of the kitchen, not Chanel Number 5. And both of them ignore the fact that they could no more endure a perpetual petting party than they could live on a steady diet of chocolate creams.

WEARIED OF REALISMS, MATES SEEK DIVORCE

But for all of that, when their emotionalism over each other peters out, as it is bound to do in time, they decide that they no longer love each other and that their marriage is a failure. Hence the philanderers of both sexes who have wearied of the homemade bread of affection and crave fresh angel's food with a different flavor. Hence the husbands and wives who find that the kiss of duty has gone stale and that only stolen ones are sweet. Hence the number of husbands and wives who seek divorces for no better reason than that they are fed up with each other.

Hence the divorcees who thought they only wanted to be rid of their tired business men husbands, who no longer thrilled them, to be perfectly happy, and that after cooking three square square meals a day for her family she naturally smells of the kitchen, not Chanel Number 5. And both of them ignore the fact that they could no more endure a perpetual petting party than they could live on a steady diet of chocolate creams.

Hence the philandering husbands who think they are tired of their wives, who have grown fat, fat and forty and whose conversation could be sold for decaying powder if it were put up in bottles and resort to resort, bored, lonely, trying in vain to be flirtatious, and knowing in their souls that they still love their husbands and long for nothing so much as to be back with them, watching them read and snooze behind their evening papers.

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Needlecraft For The Home

DOUBLE YOUR COMFORT

By Making This Two-piece

Because it's just right for our life today, the combination of jersey and silk is immensely popular. Cozy and warm to wear under the coat, or within doors when fuel runs low, it's a very smart and comfortable appearance. Make at least one bright-colored jersey to perk up your wardrobe.

Style No. 2018 is designed for sizes 10, 12, 14, 16, 18 and 20. Size requires 1-4 yards 35-inch or 54-inch fabric for the skirt, and 1-4 yards 35-inch or 3-4 yard 54-inch fabric for jersey.

Send 20 cts for pattern. Write your name, address and style number. Be sure to state size you wish. Style No. 2018

Name _____

Street Address _____

City _____ Province _____

LIKED SERVICE TEST

It is so seldom that girls express a preference for domestic service that two women in a war factory who say they are longing to get back to the old jobs as servants, British press, they are both unmarried, both happiest in a cap and apron. But they have brothers in the army and thought that they themselves ought to pull their weight, too.

HAT PINS IMPORTANT

Hat pins played a big part in this military show. Decorative as well as functional, they were not just convenient accessories but a part of the hat design. Covered with self-fabric, felt, bows or flowers and "iced straws" they eliminated innumerable pins and the resulting pin holes which destroy hat fabrics and straws.

The inquisitive old lady was questioned by the battered man about his appearance.

"Just had a fight with the miasma he explained.

"Liquor?"

"No—she looked me as usual."



2018 SIZES 10-20